### VIMALA COLLEGE (AUTONOMOUS) THRISSUR



# M.A. DEGREE PROGRAMME IN SOCIOLOGY

#### UNDER CHOICE BASED CREDIT AND SEMESTER SYSTEM

**SCHEME AND SYLLABUS** 

**2019 ADMISSION ONWARDS** 

#### **SEMESTER I**

#### **SOC1 CO1 FOUNDATIONS OF SOCIOLOGICAL THEORY**

#### **Objectives**

- 4 Traces out the history of sociology
- 5 Introduces the ideas of the pioneering sociological thinkers
- 6 Recognises the relevance of the classical theory in contemporary societies.

#### MODULE 1 THE ORIGINS OF SOCIOLOGICAL THEORY

Intellectual and Social forces in the development of Sociological Theory: Renaissance, Enlightenment,

French Revolution, Industrial Revolution

- 1.2 Early Social Philosophers: Montesquieu, Condorcet, Saint Simone
- 1.3 Auguste Comte: Positivism, Herbert Spencer: Organic Analogy
- 1.4 Emile Durkheim: Social Fact, Division of Labour, Suicide, Elementary forms of Religious life

#### **MODULE 2 KARL MARX**

- 2.1Karl Marx: Dialectical and Historical Materialism
- 2.2Class and Class conflict
- 2.3Theory of Alienation, Commodity Fetishism
- 2.4Theory of Social Change

#### **MODULE 3 MAX WEBER**

- 3.1Verstehen, Social Action, Ideal Type
- 3.2Theory of Power and Authority, Bureaucracy
- 3.3 Rationality and Modernity-Rationalisation
- 3.4The Protestant Ethics and Spirit of Capitalism

#### **MODULE 4 GEORG SIMMEL**

- 4.1 Formal Sociology, Sociation and Group formation
- 4.2 Relationships and Social types
- 4.3 Philosophy of Money
- 4.4 Modernity Metropolis

#### SOC1 CO2 RESEARCH METHODOLOGY OF SOCIOLOGY

#### Objectives

- To familiarise the students with quantitative and qualitative research
- To understand the steps and stages of research
- To inculcate research aptitude in the students

#### MODULE 1 PHILOSOPHICAL FOUNDATIONS OF SOCIAL RESEARCH

- 1. 1 Major Philosophical Orientations Epistemology, Ontology and Hermeneutics
- 1.2 Scientific Method in Social Science, Nature of Social Reality, Logic of inquiry Induction and Deduction, Objectivity and Reflexivity in Social Research
- 1.3 Social Research Nature and Types, Theory building, Theory-research duality, Inter-disciplinary and Multidisciplinary dimensions, Challenges in Social Research
- 1.4 Methods and Methodologies in Sociological Enquiry, Ethical concerns in Social Research

#### MODULE 2 PROLOGUE TO RESEARCH

- 2.1 Problem Formulation, Review of Literature, Research questions, Objectives, Hypothesis
- 2.2 Concepts, Variables, Conceptual and Theoretical framework
- 2.3 Research Design Definition, Functions and Types
- 2.4 Proposal, Synopsis and Abstract; Preparation of Research Proposal

#### **MODULE 3 DATA COLLECTION**

3.1 Techniques of Primary Data collection: Observation, Questionnaire, Schedule and Interview guide,

#### **Census and Sample Survey**

- 3.2 Sources of Secondary Data: Archives, Census , Survey Reports, Gazetteers, District handbooks, Film and Visual Artifacts
- 3.3 Types of sampling Probabilistic and Non probabilistic.

#### MODULE 4 QUALITATIVE METHODS IN SOCIAL RESEARCH

- 4.1 Nature and scope of Qualitative Research Methods; Methodological issues in qualitative research
- 4.2 Methods: Ethnography and Visual Ethnography, Archival Methods, Oral History, Interviews/ Case

Studies, Content analysis, Life History, Genealogy

4.3 Grounded Theory, Triangulation and Mixed methods: Context and Scope

#### **SOC1 C03 SOCIOLOGY OF INDIAN SOCIETY**

#### Objectives

- To introduce the different approaches to the study of Indian Society
- To discuss the different issues of Indian society
- To analyse the transformations in Indian society

#### MODULE 1 INDIAN SOCIETY: HISTORICAL EMERGENCE

- 1. Historical context and emergence of Modern India- British rule and its impact (
- A.R.Desai, Ramachandra Guha)
- 2. Freedom Movement and the emergence of the Indian Nation (A.R,Desai)
- 1.3 Indian society in the post Independent era (Contemporary India-Deshpande)

#### MODULE 2 APPROACHES TO THE STUDY OF INDIAN SOCIETY-I

- 2.1 Development of Sociology in India, Contextualisation and Indegenisation
- 2.2 Indological approach: Louis Dumont-Homo Heirarchicus, Purity Pollution, Ghurye- Origin and Features of Caste System
- 2.3 Structural-Functional approach: Srinivas- Social structure and Mobility, Dube- Village Society

#### MODULE 3 APPROACHES TO THE STUDY OF INDIAN SOCIETY-II

- 3.1 Cultural approach: Surajit Sinha-Tribes and Indian Civilisation , N.K.Bose- Civilisational View of Indian Society
- 3.2 Dialectical approach: D.P.Mukherjee- Indian Social Structure , A.R.Desai- Social Unrest and Nationalism
- 1.1 Subaltern approach: David Hardiman- Devi Movement, Ambedkar- Annihilation of Caste

#### **MODULE 4 CURRENT ISSUES IN INDIAN SOCIETY**

- 4.1 Contemporary Issues in India: Poverty, Inequality of Caste and Class, Issues in Agrarian Sector
- 4.2 Secularism, Communalism, Ethnicity
- 4.3 Nationalism- Views of Tagore, M.K Gandhi ,Nehru, Constitutional Views

#### **SOC1 CO4 RURAL AND TRIBAL SOCITIES IN INDIA**

#### Objectives

- 1 To acquaint students with basics of rural and tribal societies in our country
- 2 To analyze rural and tribal problems
- 3 To provide knowledge of rural and tribal social institutions

#### MODULE 1 RURAL AND PEASANT SOCIETY

Scope and importance of the study of rural society in India

Rural Society, Peasant Society, Agrarian Society: Features

Perspectives on Indian Village Community: Historical, Ecological

Nature and changing dimensions of village society, Village Studies – Marriot & Beteille

#### **MODULE 2 CHANGING RURAL SOCIETY**

- 2.1 Agrarian Social Structure, Land Ownership and Agrarian Relations
- 2.2 Emergent Class Relations, Decline of Agrarian Economy, De-peasantization
- 2.3 Land reforms and its impact on rural social structure with special reference to Kerala
- 2.4 Migration, Globalisation and rural social transformation

#### MODULE 3 GOVERNANCE IN RURAL SOCIETY

- 3.1 Rural governance: Village Panchayat, Caste Panchayat, Dominant Caste
- 3.2 Decentralisation of Power in Village Society, Panchayati Raj
- 3.3 Community Development Programme in India
- 3.4 People's Planning Programme: A critical appraisal

#### MODULE 4 TRIBAL SOCIETY IN INDIA

- 4.1 History of Indian Tribes, Demographic Features
- 4.2 Integration of the Tribals with the Non-Tribals, Tribe-Caste Continuum,
- 4.3 Tribal Problems in India
- 4.4 Approaches, Planning and Programmes for Tribal Development

#### **SEMESTER II**

#### SOC2 C 05 SCHOOLS OF SOCIOLOGICAL THEORY I

#### Objectives

- 1.2 To familiarize with various schools of sociological theory
- 1.3 To enable a critical examination of the major schools of thought
- 1.4 To help recognize the utility and relevance of the theoretical premises

#### MODULE 1 STRUCTURE AND FUNCTION IN SOCIOLOGICAL THEORY

- 1.1 1.1 Social anthropological tradition: Malinowski, Radcliffe-Brown
- 1.2 1.2 Empirical functionalism: Robert K. Merton
- 1.3 1.3 Analytical Functionalism: Talcott Parsons
- 1.4 Linguistic Tradition: Ferdinande dell Saussure, Structuralism of Claude Levi-Strauss

#### **MODULE 2 CONFLICT THEORY**

- 2.1 Conflict Perspective: Influence of Marx, Weber and Simmel
- 2.2 The Dialectical Conflict Theory: Ralph Dahrendorf
- 2.3 The Conflict Functionalism: Lewis A. Coser
- 2.4 Conflict and Geopolitical Theory: Randall Collins

#### MODULE 3 SYMBOLIC INTERACTIONISM

- 3.1 Theory of Mind, Self and Society: G.H.Mead
- 3.2 Theory of Looking Glass self: C.H.Cooley
- 3.3 Interpretative approach: Herbert Blumer
- 3.4 Dramaturgical Analysis: Erving Goffman

#### **MODULE 4 PHENOMENOLOGY**

- 4.1 The idea of Phenomenology: Edmund Husserl
- 4.2 Phenomenological Interactionism: Alfred Schutz
- 4.3 Social Construction of Reality: Peter Berger and Thomas Luckmann
- 4.4 Ethnomethodology: Harold Garfinkel

#### SOC2 C 06 RESEARCH METHODOLOGY II

#### **Objectives**

- To familiarise with quantitative and qualitative research methods
- To familiarise scaling techniques
- To familiarise the various components and format of report

#### **MODULE 1 MEASUREMENT AND SCALING TECHNIQUES**

- 1.1 Measurement in Research, Measurement Scales: nominal scale, ordinal scale, interval scale, ratio scale., Sources of Error in Measurement
- 1.2 Tests of Sound Measurement, Technique of Developing Measurement Tools
- 1.3 Scaling- Meaning, Purpose, Basic problems of Scaling, Establishing validity and reliability of the Scale
- 1.4 Construction of Scales: Bogardus' Social Distance Scale, Thurston's Equal Appearing Interval Scale, Likert's Internal Consistency Scale

#### **MODULE 2 STATISTICS IN SOCIAL RESEARCH**

- $2.1\,$  Nature , Use and Limitations of Statistics in Social Research
- $2.2\,$  Measures of Central Tendency: Mean, Median and Mode; Measures of Dispersion: Mean Deviation, Standard Deviation
- 2.3 Correlation-Meaning and types, Karl Pearson's Correlation, Spearman's Rank Correlation; Regression: Meaning and Purpose, Linear regression
- 2.4 Parametric test: t-test, F-test; Non-parametric test: Chi-square Test

#### **MODULE 3 PROCESSING AND ANALYSIS OF DATA**

- 3.1 Classification and Tabulation of data –Tables: Frequency Table and Two way
- 3.2 Graphical and Diagrammatic representation of Data : Graphs-Histogram, Ogives ;

Diagrams- Bar Diagram and Pie Diagram

- 3.3 Data Analysis: Editing, Coding and Classification of Data, Interpretation and Inference
- 3.4 Use of Computers in Data Analysis

#### **MODULE 4 REPORTING AND ACADEMIC WRITING**

- 4.1 Report Writing Purpose of reporting, Types: Technical Report, Popular Report
- 4.2 Format of Report; Style Manuals: MLA, APA; Referencing, Bibliography and Indexing
- 4.3 Academic Writing: Significance, Forms: Article, Monograph, Dissertation, Thesis
- 4.4 Issues of Copyright and Plagiarism, Use of Softwares in Social Research

#### **Objectives**

- To familiarise with the basic ideas of Urban Sociology
- To discuss issues of urban development
- To initiate a critical discussion on Urban society

#### MODULE 1 BASICS OF URBAN SOCIOLOGY

Classical sociological traditions of Urban Sociology-

Views of Durkheim, Weber, Simmel

Conceptualisations of Tonnies and Redfield on Urban Society

Basic Concepts: Urbanism, Urbanity, Urbanization, city, town, Mega-Cities metropolis and

Megalopolis, Ethnic Enclaves, Gated Communities

Classification of urban centres, Industry, Service and Business centred developments

#### MODULE 2 URBAN ECOLOGICAL PROCESSES AND THEORIES

- 2.1 Urban Ecology, Elements of Urban Ecology-POETS
- 2.2 Ecological Processes: Invasion, Succession, Concentration, Centralisation, Segregation
- 2.3 Urban community and spatial dimensions: Park, Burgess and Mc kenzie
- 2.4 Contemporary Human ecological approach of Hawley and Duncan

#### MODULE 3 RECENT THEORETICAL PERSPECTIVES IN URBAN SOCIOLOGY

- 3.1 Neo-Weberian perspectives of Pahl, Rex and Moore
- 3.2 Socio spatial approach of Henri Lefebvre
- 3.3 Marxian approach of David Harvey
- 3.4 Neo Marxian approach of Manuel Castells

#### MODULE 4 URBANISATION IN INDIAN CONTEXT

- 4.1 Impact of colonialism and neo-colonialism on Urbanisation in India
- 4.2 Sociological implications of Indian urbanization: Impact on class and occupational structures, religion and polity, kinship networks
- 4.3 Urban Social Problems: Poverty, Slums, Gentrification
- 4.4 Urbanisation in India: Contributions of Patric Geddes, MSA Rao

#### SOC2 CO8 GENDER STUDIES

#### Objectives

- To introduce the basic concepts of Gender Studies
- To familiarize the theoretical perspectives on Gender
- To discuss the Gender dynamics in Indian society
- To discuss Gender relations in the context of Kerala society

#### MODULE 1 GENDER AS A SOCIAL CONSTRUCT

Gender Studies: Genesis ,Women's studies/gender studies

Basic Concepts - Sex/Gender, Gender identity, Gender Stereotypes, Gender

Discrimination, Gendered division of labour , Heteronormativity, LGBTIQ

Different waves of Feminism, Feminist Perspectives -

Liberal, Radical, Marxist, Socialist, Eco-feminism

#### MODULE 2 PERSPECTIVES ON GENDER

- 2.1 Nancy Chodorow, Ann Oakley, Simone de Beauvoir
- 2.2 Judith Butler, Julia Kristeva,
- 2.3 Queer theory, Queer politics
- 2.4 Theories of masculinity: Sherry.B.Ottner, R.W. Connel

#### MODULE 3 GENDER DYNAMICS IN INDIA

- 3.1 Social institutions and Gender reproduction- Caste, Class, Religion
- 3.2 Gender and economy:, property relations, gender wage-gap, unpaid labour and glass ceilings
- 3.3 Representations of Gender: Objectification and stereotyping, Gendered Violence
- 3.4 Issues of sexual minorities in India

#### MODULE 4 GENDER AND KERALA SOCIETY

- 4.1 The making of the ideal Malayalee Woman- J.Devika kulasthreeyum Chandappennum
- 4.2 Politics, women, and well-being: How Kerala became a model- Robin Jeffrey
- 4.3 Scripting Lives: Narratives of 'Dominant Women' in Kerala- Sharmila Sreekumar
- 4.4 Hierarchies of masculine performance FRIENDSHIP AND FLIRTING: MICRO-POLITICS IN KERALA, SOUTH INDIA CAROLINE OSELLA & FILIPPO OSELLA

#### **SEMESTER III CORE**

#### SOC3 C 09 SCHOOLS OF SOCIOLOGICAL THEORY II

#### Objectives

- 2.1 To familiarize with various schools of sociological theory
- 2.2 To initiate critical discussion on the major schools of thought
- 2.3 To create an awareness on the relevance of the theoretical premises

- 1.1Anthropological tradition: Malinowski, James Frazer, Marcel Mauss
- 1.2 George.C.Homans- Propositions of Exchange
- 1.3 Peter.M.Blau- Basic Exchange Principles, Cognitive Dissonance
- 1.4 Richard Emerson: Social Network Theory

#### MODULE 2 INTERPRETATIVE TRADITION IN SOCIOLOGY

- 2.1 Interpretive Tradition: Influence of Weber
- 2.2 Karl Mannheim: Sociology of Knowledge
- 2.3 Clifford Geertz: Interpretation of Culture
- 2.4 Mary Douglas: Purity and Pollution

#### **MODULE 3 CRITICAL THEORY**

- 3.1 Conceptual foundations of early Critical Theory
- 3.2 Frankfurt School and Critical Theory
- 3.3 Adorno, Horkheimer, Benjamin
- 3.4 Revival of Critical Theory: Habermas

#### MODULE 4 NEO FUNCTIONALISM AND NEO MARXISM

- 4.1 Niklas Luhmann: Theory of Social Systems
- 4.2 Jeffrey C Alexander: Neofunctionalism
- 4.3 Antonio Gramsci: Hegemony, Theory of Civil Society; Louis Althusser: The Theory of State
- 4.4 Ralph Miliband: The State in Capitalist Society, Nicos Poulantuzaz: State and post Modernity, Miliband Poulantzas debate

#### **SOC3 C 10 SOCIOLOGY OF DEVELOPMENT: THEMES AND PERSPECTIVES**

Objectives

- 3 To familiarise the student with conceptual discussions on development
- 4 To initiate discussions on the theoretical views of development
- 5 To evaluate the Indian experience of development

#### MODULE 1 CONCEPTS AND PERSPECTIVES OF DEVELOPMENT

- 1.1 Basic concepts: Change, Progress, Evolution, Modernization: Factors of Social Change
- 1.2 Indices of Development, Human Development Index, Gender Development Index
- 1.3 Changing conceptions of Development: Economic Development, Human development, Social development, Sustainable Development
- 1.4 Paths of Development: Socialist, Capitalist, Gandhian, Mixed

#### MODULE 2 THEORIES OF DEVELOPMENT&UNDERDEVELOPMENT

- 2.1 Modernization Theory: W. W. Rostow, Daniel Lerner
- 2.2. Dependency Theory: G. Frank Development of underdevelopment

Samir Amin – Unequal development

Immanuel Wallerstein – World system

- 2.3. Alternative Development Model: Mahatma Gandhi Gram Swaraj
- E. F. Schumacher Intermediate Technology
- 2.4Critique of Development: Arturo Escobar, Amartya Sen

#### MODULE 3 DEVELOPMENT AND DILEMMAS IN INDIA

- 3.1 Indian Experience of Development: Sociological appraisal of Five-Year Plans,
- 3.2 Grassroot initiatives :Community DevelopmentProgrammes, Panchayati Raj

Institutions, Self Help Groups

- 3.3 Globalisation: socio-cultural repercussions of globalization, social implications of Information and technology revolution
- 3.4 Development induced Displacement and Rehabilitation,

#### MODULE 4 KERALA MODEL OF DEVELOPMENT

- 4.1 Kerala Model of Development, Critic of the Kerala Model
- 4.2 Development and its beneficiaries -differential access, the displaced in Kerala
- 4.3 Development and local governance Micro level planning
- 4.4 Field Study- Visit to Institutions, Project sites, Self Help Groups

#### SOC3 E03 SOCIOLOGY OF HEALTH

#### **Objectives**

- 1. To provide the basic understanding of health in Social context
- 2. To create awareness on the sociological perspectives of Health and Medicine
- 3. To familiarize with the activities of World Health Organization
- 4. To evaluate health planning policies and programmes in India.

#### MODULE 1 HEALTH IN SOCIAL CONTEXT

- 1.1 Meaning and definitions of health, Dimensions of health, Determinants of health
- 1.2 Changing Concepts of Health, Culture and health, Health development
- 1.3 Social basis of health: Social class and health, Gender and health, Ethnicity and health,

#### MODULE 2 THEORETICAL PERSPECTIVES OF HEALTH AND MEDICINE

- 1.1 2.1 Structural Functional perspectives: The sick role, the Physicians' role
- 1.2 2.2 Symbolic interactional perspectives: The social construction of

## illness, The Social construction of treatment 2.3 The Social conflict perspectives: The access issues, the profit motive, Medicine as Politics, Labelling approach

#### MODULE 3 HEALTH CARE AND SOCIAL PROBLEMS

3.1 Family and health, Occupational health, Health and ageing, environment

Health and

- 3.2 Social epidemiology, Community health problems
- 3.3 Private and public health care services, Problems in health care service MODULE 4 HEALTH ORGANIZATION, POLICIES AND PROGRAMMES
  - $4.1\,$  Health- a global issue: World Health Organisation, Red Cross Society, Community Health programmes in India
  - 4.2 Social Security measures and Role of Governmental Agencies
  - 4.3 Health and Health Care in Kerala with special focus on maternal and child health, and health of aged

#### **SOC3 E04 SCIENCE, TECHNOLOGY AND SOCIETY**

#### Objectives

- 1. To understand Technology as a form of knowledge
- 2. To introduce sociological perspectives towards Science & Technology Studies
- 3. To understand the relationship between science, technology and society
- 4. To critically evaluate the various impact of technology

Module 1: Technology as Form of Knowledge

- 1.1.Power relations in knowledge production Science-non science dichotomy, Science and technology duality, State of indigenous knowledge
- 1.2. Scientism in social sciences Perceptions on research in social sciences thrust on Objectivity, Quantitative techniques and consequent reductionism
- 1.3. Perspectives on technology and society: Technological Determinism, Social Constructionism, Post humanism

Module 2: Science and Technology as a Concern of Sociology

- 2.1.Concepts and ideas on Social impacts of Technology -Technocracy, Technological Determinism, Y Generation, McDonaldisation, Disneyfication, Fordism and Post-Fordism,
- 2.2. Views on contemporary societies Daniel Bell-Post Industrial Society, Manuel CastellsNetwork Society,
- 2.3. Theoretical views on technological interventions in social life: Bruno Latour Actor-Network

Theory (ANT), Ulrich Beck-Risk Society

Module 2: Technological Interventions and Society

- 2.1Technological interventions in re-defining space and time Industrialisation and urbanization, migration.
- 2.2 Changing notions of Time and Space, Flows and Boundaries, Virtual Community
- 2.2 E-Governance and Surveillance Society, State Policy, Digital Divide and Inclusion, Cyber Crime

Module 4 Technology and its Impact on Society

- 4.1 Technology and Emerging Political Processes
- 4.2 Technology and Changing Family Relations
- 4.3 Technology and Changing Health Systems

#### **SOC4 C11 CURRENT DEBATES IN SOCIAL THEORY**

Objectives

- To familiarise the students with the contemporary debates in social theory
- To initiate discussions on the recent theoretical concepts and ideas
- 2 To help the students to understand the relevance of theoretical discussions in contemporary society

MODULE 1 INDIVIDUALISATION AND SOCIETY

- 1.1 Giddens: Structure and Agency, Structuration Theory
- 1.2 Bourdieu: Cultural reproduction, symbolic violence, Habitus and Field, Forms of Capital
- 1.3 Zygmund Baumann: Liquid Modernity, Fragmentation and Discontinuity

**MODULE 2 CULTURE AND SOCIETY** 

- 2.1 Raymond Williams: Cultural Materialism
- 2.2 Rolland Barthes: Death of the Author, Myth and Society
- 2.3 Derrida: Deconstruction as a method, Difference and Differance

**MODULE 3 POWER AND SOCIETY** 

- 3.1 C Wright Mills: Power and Power
- 3.2 Elite Foucault: Archeology of Knowledge, Discourse Analysis, Discipline and Punish,

History of Sexuality

3.3 Manuel Castells: Power of Identity

**MODULE 4 LATE MODERNITY** 

4.1 George Ritzer: McDonaldisation

- 4.2 Fredric Jameson: Cultural Logic of Late Capitalism
- 4.3 Daniel Bell-Post Industrial Societies

#### SOC4 C12 ECONOMIC SOCIOLOGY

#### **Objectives**

- 1. To introduce the basic concepts of Economic Sociology
- 2. To familiarize the theoretical perspectives of Economic Sociology
- 3. To analyse the impact of Globalisation on economy
- 4. To understand the relationship between economy and society

#### Module 1 Basic Concepts of Economic Sociology

- 1.1 Concepts: Value, Labour, Money, Rationality, Property and Property Relations, Production, Distribution
- 1.2 Reciprocity, Resdistribution and Exchange; Market Exchange, Gift Exchange
- 1.3 Mode of Production, State and Market: Welfarism and Neoliberalism
- Module 2 Classical Theoretical Perspectives of Economic Sociology
- 2.1 Marx: critique of political economy, Durkheim: division of labour, Weber: sociology of capitalism
- 2.2 Simmel: Philosophy of Money, Veblen: Conspicuous consumption, Parsons
- : Economy as a sub system
- 2.3 Polanyi:economy as instituted process, Granovetter :Problem of embeddedness Module 3 Globalisation and Economy
- 3.1 Globalization and Nation State, Neo-Liberalism and Global Capitalism
- 3.2 International Financial Management Balance of Trade and Balance of Payment
- International Monetary Fund, General Agreement on Trade and Tariffs, (GATT), World Trade Organization (WTO)
- 3.3 Global Business and Corporates: MNCs and TNCs, Corporate Social Responsibility, Digital Economy, E-Commerce
- Module 4 Economy and Society
- 4.1 Economic action and social structure: Meaning of Economic action, varieties of embeddedness, Social networks in economic behavior
- 4.2 Free trade versus fair trade , Changing Nature of Labour Relations:Knowledge

industry, out sourcing, flexible labour 4.3 Gender and economy: property relations, gender wage-gap, unpaid labour and glass ceilings, Feminisation of Labour

#### **SOC4 E 06 GUIDANCE AND COUNSELING**

#### Objectives

- 1. To provide a basic understanding about guidance and counseling
- 2. To create awareness of the different techniques and the process of counseling
- 3. To familiarise with the areas of counseling
- 4. To recognize the significance of counseling in contemporary society

#### **MODULE 1 INTRODUCTION**

- 1.1 Counseling: Meaning and Definition, Guidance: Meaning and purpose, Difference between guidance and counseling
- 1.2 Goals of Counseling-immediate and long-term, Relevance of counseling
- 1.3 Types of counseling: Crisis counseling, Facilitative counseling, preventive counseling, Development counseling, Group Counseling

#### MODULE 2 PROCESS AND TECHNIQUES OF COUNSELING

- 2.1 Counseling process, Preparation for Counseling, Proceeding of Counseling, Follow up
- 2.2 Variables affecting Counseling process, Counselor-counselee relationship
- 2.3 Techniques of Counseling: observation, listening, responding, non-verbal Behavior, communication, questioning, silence, transference.

#### **MODULE 3 AREAS OF COUNSELING**

- 3.1 Family and marital Counseling
- 3.2 Educational and vocational Counseling
- 3.3 De-addiction Counseling.

#### MODULE 4 MODERN TRENDS IN COUNSELING

- 4.1 Problem solving-role of Voluntary and non-Voluntary agencies
- 4.2 Transactional analysis
- 4.2 Rational emotional therapy