

## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

## Criterion I Curricular Aspects



## 1.3.1 UGC Centre for Women's Studies - Activities on Gender Sensitization



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In the year 2016-17, the UGC Centre for Women's Studies has conducted an array of programmes including a series of state level webinars, National Level Workshop on Gender and Research Writing, conducted a Health check-up Campaign for the staff and Students etc. On the occasion of the International Women's Day, on 8 th march UGC Centre for Women's Studies took out a mass Bullet rally in Vimala College Thrissur.

UGC Centre for Women's Studies organized the following activities in the year 2017-18:an interactive session on the topic Gender and Communication Differences, an awareness class on AIDS, Talk on" Self-Motivation", an awareness class on Reproduction and Menstruation, Interactive session on Family Planning and Contraceptive Methods, a ten days Faculty Development Programme On Entrepreneurship etc.

In 2018-19, UGC Centre for Women's Studies organised a series of activities such as a talk on "importance of breakfast", a session on the topic "Prevention of Sexual Harassment at workplace – Law, an interactive session on the topic of WOMEN IN MEDIA, a session on the topic "Central government policies, schemes and information dissemination to the people", conducted a seminar on "Mental Health" in connection with the World Mental Health Day, an Extempore Competition in connection with "International Women's Day" and organised a Thyroid detection medical camp and seminar among PG students

The Centre conducted a Certificate Course on Gender Sensitization for all the II year Post Graduate students of the college in 2019-20. The following activities have also been conducted by the centre: As part of the self-employment training UGC Centre for Women Studies conducted a tailoring class for housewives in the locality of college. UGC-Centre for Women Studies in collaboration with Kerala Institute of Local Administration (KILA) organised a Three day workshop on Capacity Building of Elected Women Representatives in Kerala with Special Focus on Thrissur District. Along with these, talks, seminars, workshops etc were also conducted.



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