



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

S209

Report

Academic Year 2020-2021

Name of the Event: Webinar for parents on the topic"Role of parents in Adolescent Mental Health"

Date:10-10-20

Time: 7pm to 8pm.

Online Virtual Platform:<http://meet.google.com/unc-qezz-qah>

Organized by: Department of Psychology,Vimala College(Autonomous),

No. of participants:141

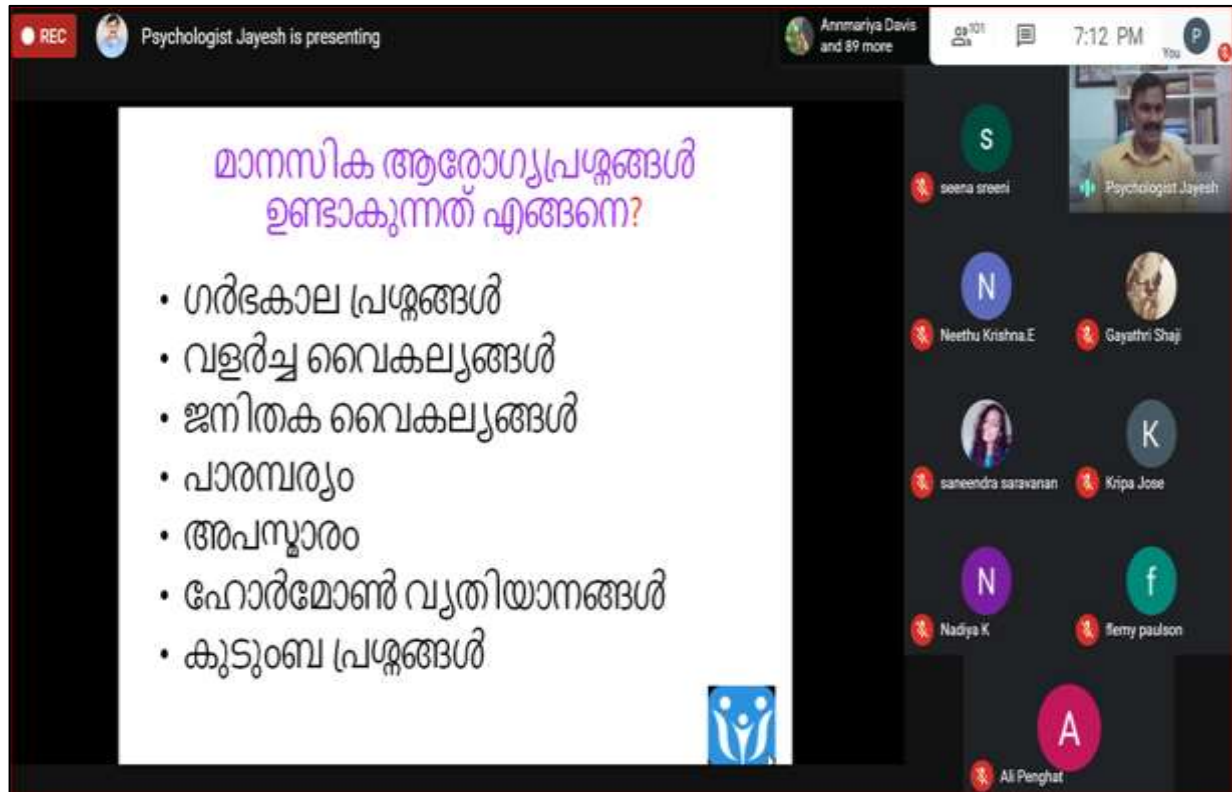
Report

Department Of Psychology Conducted A Webinar For Parents On The Topic"Role Of Parents In Adolescent Mental Health" On 10-10-20 In Connection With World Mental Health Day Celebration. The Session Began With The Welcome Address By Dr Sinto P Anto, Head Of The Department, Department Of Psychology, Vimala College, Thrissur. The Resource Person For The Webinar Was Mr. Jayesh, Clinical Psychologist And Family Consultant, Co-Operative Hospital, Irinjalakuda. He Spoke About Various Causes Of Mental Disorders And Explained The Symptoms Of Various Disorders. The Resource Person Discussed The Mental Health Problems Faced By Adolescents And Suggested Various Measures To Handle These Problems. He Stressed The Importance Of Parenting In The Development Of Adolescents And Gave Certain Tips To Manage The Emotional Problems Of Adolescents. About 100 Parents Took Part In The Webinar And An Interactive Session Was Done At The End Of The Session.



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Photos



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Brochure:



DEPARTMENT OF PSYCHOLOGY
VIMALA COLLEGE (AUTONOMOUS),
THRISSUR

Organizes
Webinar series
in connection with



Topic : "Role of Parents in Adolescent Mental Health"



10th Oct 2020



7.00pm -8.00pm

Mr. Jayesh.K G
Psychologist and Family
consultant General Hospital
Irinjalakuda

[Click here to join the meet](#)

Registration is free
Participation certificate will be provided
Target Participants : Parents

[Click here for Registration](#)

Student coordinators:
Gayathri P Suresh(s3 sociology)
Anupama (S3 Sociology)

Faculty Coordinator:
Dr Sinto P Anto,
Assistant Professor and
Head Department of Psychology
Vimala College, Thrissur

List Of Participants

Name of Teacher Participated :Dr.Sinto P Anto

Name Of Students
1. Rekha Joy
2. Ali Mohammed.V.M
3. A P Yesudas
4. Manoj T K
5. Jose Paul
6. Priya Sajeev
7. Sankaran Cc
8. Ashraf Op And Laila Op
9. Muraly
10. Parvathy.V
11. Ajith Kumar E R
12. Jessy P J
13. Nisha Mp
14. Premkumar Tr
15. Mini Shony
16. Sheeja Jenson Erinjery

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17. Manoj Mr, Subha Np
18. Ajitha
19. Saravanan V.C And Rekha M.V
20. Geetha Devi K
21. Krishnakumar
22. Manju Mm
23. Sadasivan
24. Shalat Paulson
25. Sivadasan. P
26. Vijayasree K N M
27. Rajesh K
28. Sathyabhama K.G
29. Sheeba Shaju
30. Raju C N
31. Kunjumani & Yasodamani
32. Ka Tony
33. Jessy Jose
34. Linza Babu
35. Ramesh V.S And Suma A.B
36. Bhuvandas. C.R, Jisha Bhuvanadas
37. Siji Chandran P
38. Ramesh V.S And Suma A.B
39. Jestine C V
40. Bhajananandhan.K.A
41. Balan K.A And Sindhu P.K
42. Shanmugan
43. Kala R
44. Francis Paul E.T
45. P.V Thomas
46. Ramadas M
47. Abdul Nazar K
48. Ravi
49. Renuka A
50. Reena M D
51. Nafiya K B
52. Antony P O
53. Jeena Davis
54. Sheeja Jiju
55. Sreenivasan P K
56. Radhakrishnan P
57. Baby P T
58. John Pk
59. Sunil K S
60. Jihara Lishad
61. Latha Ravi
62. Shanmughan P.A
63. Swapna P K
64. Lissy
65. Jessy Ninan
66. . Babu Mb

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67.	Magy Varghese
68.	A Sankunny
69.	Sony John
70.	Sunitha M S
71.	Davis Pa
72.	Rajitha A P
73.	Indu. Joshy And Joshy. M. A
74.	Joshy James P
75.	Biju Td
76.	Wilson Pa
77.	Sunny
78.	Shyja Chakko
79.	Biji
80.	Leena Mathews
81.	Kumaran Vc
82.	Vinod
83.	Balagangathara Thilakan
84.	Priya Pk
85.	Indu V V
86.	Manoj M
87.	Tony Simon
88.	Sini Biju
89.	Girija Rathnan
90.	Bindu Jayaprakash
91.	Lalson G Chiramel
92.	Roopa Sajeev
93.	Ceena Mohanakrishnan
94.	Mini.A.A
95.	Renee Roshan
96.	Kamalam
97.	Lissy Varghese
98.	Elizabeth Sheeba Seby
99.	Rincy C F
100.	Sheeba Varghese
101.	Vinod K K
102.	Kannan K
103.	Sheeba Sebastian
104.	Sajitha T .M
105.	Jessy James
106.	Subha.V.R
107.	Varghese
108.	Unnikrishnan,Nisha
109.	Mini Antony
110.	Sheeja Johnson
111.	Anu Binesh
112.	Lalson George
113.	Bindhu Joshy
114.	Jefry Johnson
115.	K Sathish Kumar
116.	Ramadas M

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117.	Sankaranarayanan T
118.	Shiny V Cyriac
119.	Suraja Ak
120.	Smithashaji, Shaji Pv
121.	Shiny Varghese
122.	Babu K
123.	Mathew Philipose
124.	Aneesh Kumar Pp
125.	Sunitha K C
126.	Prajisha P
127.	Mother Superior
128.	Raji Santhosh
129.	Seena K C
130.	Mathew Philipose
131.	Binu Francis
132.	Rema Mohanan
133.	Usha Mk
134.	Karthikaa Muraly
135.	Ramakrishnan V
136.	Joby
137.	Sreekumar
138.	Prakashan. K
139.	Satheesan V
140.	Elsy Pg

HOD,
Department Of Psychology



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