



**S303**

**Report**

**Academic Year 2020-21**

**Name of the Event: Webinar on "Prospects of Psychology"**

**Date: November 26,2020**

**Time: 7pm to 8pm.**

**Online Virtual Platform: <http://meet.google.com/pcf-dvqe-qfa>**

**Organized by: Department of Psychology, Vimala College( Autonomous)**

**Collaboration (if any): Nil**

**No. of participants:26**

### **Report**

A webinar was organised by psychology department of Vimala college on November 26,2020 from 7pm to 8pm. The main purpose of the event is to create more knowledge about psychology among students. It was very well planned webinar and many students participated in the webinar. The webinar was conducted by the faculty coordinator Dr Sinto P Anto, Assistant professor and head department of Psychology, Vimala college. The webinar was started with welcome speech by Anjali Muraleedharan, the student coordinator from department of psychology. The resource person, Ms Ashwathy Prasad clinical psychologist trainee, Amritha Institute of Medical sciences, Kochi, gave informative speech about the prospects of psychology. She started her webinar section explaining what is psychology and shared her personal belief that psychologist frequently can be called innovators because they are engaged in evolving new approaches from established knowledge to meet the changing needs of people and organisation. Then she defined about the 3 domains of the prospect of psychology that is, academic, research and clinical practice. After that she explained about the 15 sub fields of psychology clinical, counselling, criminal/forensic, child, educational, cognitive, organizational, community, engineering, health, rehabilitation, sports, evolutionary, social and research psychology . Then explained about the difference between psychologist and clinical psychologist and made clear that there are certain rights and privileges for clinical psychologist in Indian scenario than a psychologist. Then she made a comment that specialised masters in psychology gives us good foundation for career. After that she explained about

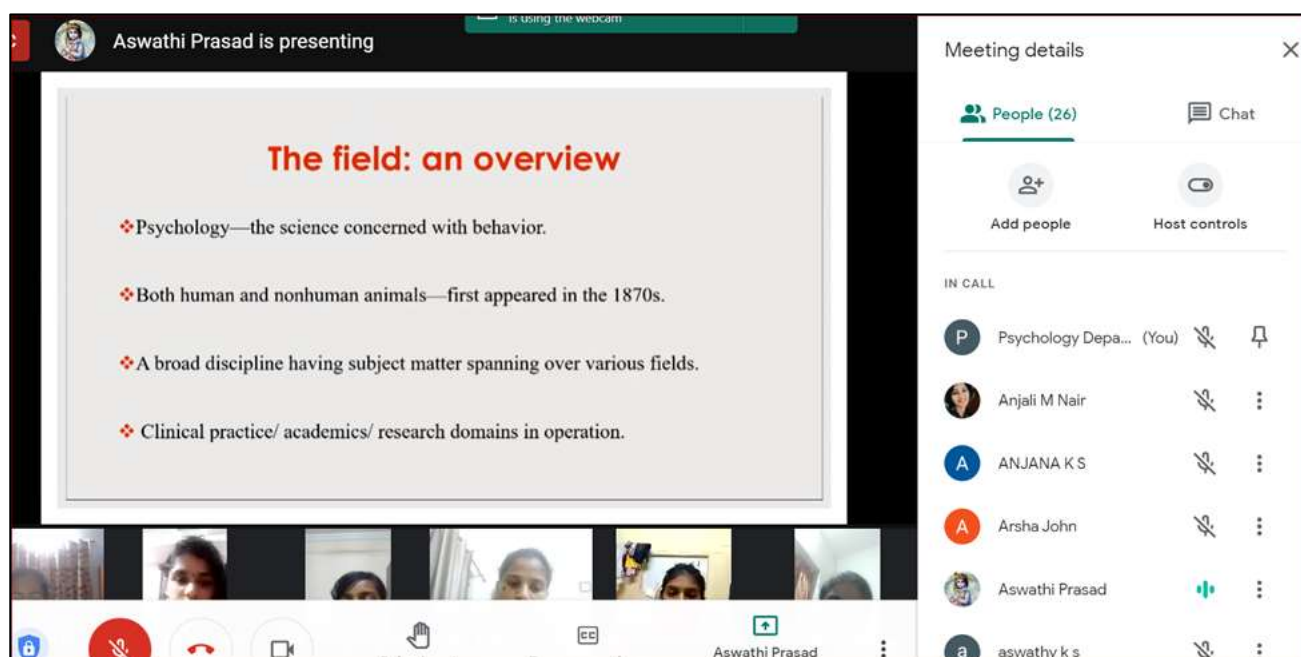


## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

psychology in India, how to become a psychologist and the terms to understand to be a psychologist and she ended her webinar section after the explanation about the difference between the psychologist and a psychiatrists, that psychiatrists are trained medical doctors, they can prescribe medication and they spend as much of their time with patients on medication management as a course of treatment. Whereas psychologist focus extensively on psychotherapy and treating emotional and mental suffering in patients with behavioural intention. They also conduct psychological test, which is critical in assessing a person's mental state and determines the most effective course of treatment. Then the webinar was concluded by Amitha Ashraf with vote of thanks .After that an e-certificate was given to students for participation.

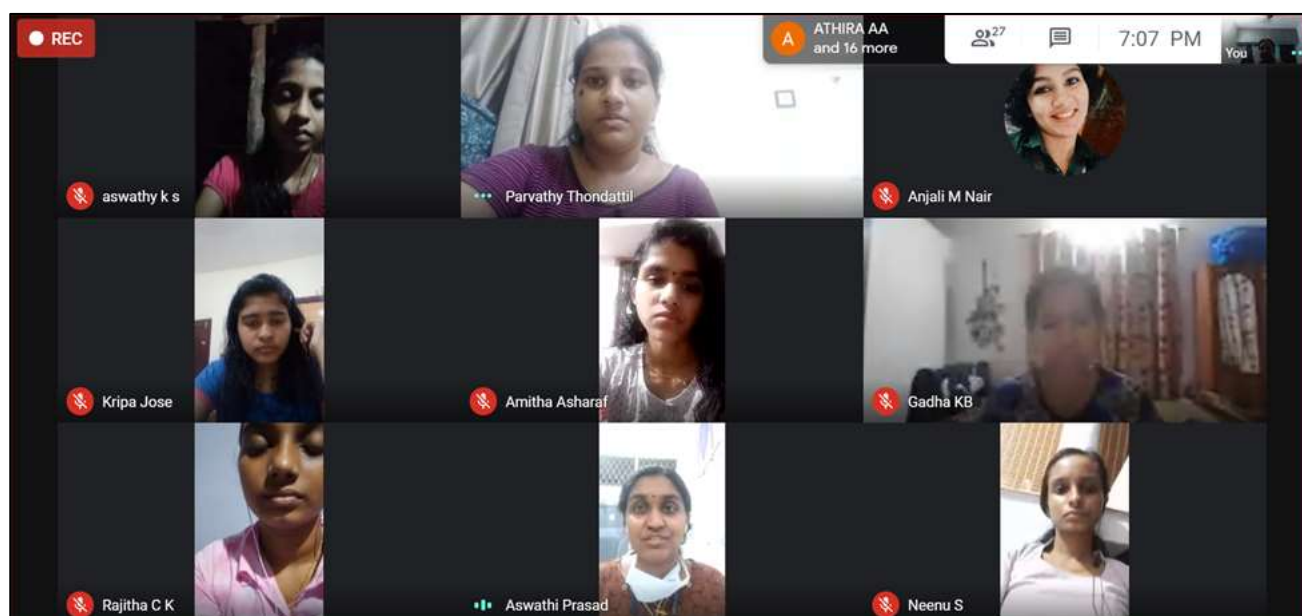
At the end of the webinar there was an interactive section between the resource person and students. As the end was approaching there was a self satisfaction for students after gaining knowledge about prospects of Psychology.

### Photos





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR



### Brochure:



**DEPARTMENT OF PSYCHOLOGY  
VIMALA COLLEGE  
(AUTONOMOUS), THRISSUR**

Organizes Webinar

**Topic: "Prospects of Psychology"**



**26<sup>th</sup> NOV 2020**



**7.00 –8.00 PM**

**ASHWATHY PRASAD**  
Clinical Psychologist Trainee,  
Amrita Institute of Medical  
Sciences, Kochi

[Click here  
to join the meet](#)

**Participation Certificates will be provided**

**Student Coordinators:**  
Anjali Muraleedharan  
(S1 Bsc Psychology)  
Amitha Asharaf  
(S1 Bsc Psychology)

**Faculty coordinator:**  
Dr Sinto P Anto,  
Assistant Professor and  
Head Department of Psychology  
Vimala College, Thrissur



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

### List of Participants

Name of teachers participated	Name Of Students Participated
Dr Sinto P Anto	1. Neenu TS
	2. Aiswarya T A
	3. Adithya P V
	4. Subhash Bhaskaran
	5. Amitha Asharaf
	6. Della Dixon
	7. Arya Dadu
	8. Aleena Antony
	9. Anjitha E Ajith
	10. Aagi K A
	11. Mohsina Ali Mohammed
	12. Rose Mohanlal Pynadath
	13. Krishna K Ravi
	14. Hanna Yesudas
	15. Ayswarya T R
	16. Swathi Rajagopal
	17. Jessija Jenson Erinjery
	18. Prisi Ros Vargees
	19. Rajana T R
	20. Athira. U
	21. Beulah James
	22. Maria Rose Thadathil
	23. Kochurani Shaju
	24. Vidhya Krishnan N.K
	25. Nima Jose C

Head, Department of Psychology  
Vimala College



PRINCIPAL IN-CHARGE  
VIMALA COLLEGE  
(AUTONOMOUS)  
THRISSUR - 680 009

*Assessment Period (2016 - 2021)*