



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

E14/17-18

Name of Activity	Awareness Programme on Waste Management and Health
Date	01/08/2017
Organized by	NSS Units, Vimala College, Thrissur
Collaborations (if any)	Kerala Institute of Local Administration (KILA), Thrissur
No. of Students Participated	183

NSS units of Vimala College organized a seminar on waste management and health on August 1, 2017. State level resource person Sri Unnikrishnan, from KILA handled the session. 183 NSS volunteers from various departments attended the seminar. Programme Officer Dr Mimi Mani Panakkal delivered the welcome address. Principal Dr SrMarrietteATheattil delivered the presidential address. Programme Officer Smt. Laveena Varghese felicitated the function. Volunteer Secretary Sreekutty from Sociology department expressed vote of thanks.

Sri Unnikrishnan put forward the provoking thought 'Freedom from waste'. Waste management includes all activities required to manage waste from its inception to its final disposal. He discussed about few disposal methods like landfill, incineration, recycling, reuse, biological reprocessing, compost methods, earth pot compost, biowaste combustion can, toilet linked biogas plant etc. He discussed about the abundance of lifestyle diseases like pressure, sugar, cancer, mental diseases etc. He discussed about the food styles. He recommended the volunteers to avoid harmful cleaning agents and gave them advice to implement the use of eco friendly materials.

As a part of the seminar, the students took a pledge in which we showed our interest for a waste free society. The NSS volunteers realized that 'Nothing is beyond our reach and nothing is impossible to a willing heart'.



VIMALA COLLEGE (AUTONOMOUS), THRISSUR



Resource person Sri Unnikrishnan addressing the students



Students taking pledge for waste free society



VIMALA COLLEGE (AUTONOMOUS), THRISSUR



Presidential addresss by Principal

Awareness Programme on Waste Management and Health

NSS Units, Vimala College, Thrissur

No. of Participants: 183

Date: 01/08/2017

1.	Chinju E V	2.	Blessy C B
3.	Hima K N	4.	Shahsana K
5.	Raji R B	6.	Bini C O
7.	Dhanya R	8.	Ashlin Babu
9.	Femi K Simson	10.	Aiswarya P S
11.	Neethu Babu	12.	Arya K R
13.	Surya N	14.	Anusree Ravindran
15.	Siji John C	16.	Anjana C U

Assessment Period (2016 - 2021)



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

17.	Meriya Veronica Sam	18.	Unnimaya V S
19.	Adheena	20.	Jismi P Johnson
21.	Anjana V G	22.	Therese T T
23.	Harsha K Chandrasenan	24.	Densha Varghese
25.	Gopika Jayadasan	26.	Najuva K A
27.	Avani B U	28.	Shamily E Joseph
29.	Athulya P	30.	Harishma A
31.	Divya Rajpurohit	32.	Sreekutty P S
33.	Athulya P S	34.	Anagha E Ajith
35.	Smruthi K	36.	Jeleeta John
37.	Anjaly Ramachandran	38.	Athira K R
39.	Krishnapriya C C	40.	Aardra Nandan
41.	Shilly Leo	42.	Arundhathi C A
43.	Greeshma N S	44.	Jismy P Joseph
45.	Anjali C S	46.	Jimi Biju
47.	Amalin Varghese	48.	Meera Suresh
49.	Anju Nandan	50.	Aswathy M M
51.	Ann Mariya T James	52.	Priya Benny C
53.	Anju Mariya Thomas	54.	Anjitha T V
55.	Krishnendu Raju	56.	Fiza Manju Tom



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

57.	Chanchala C	58.	P P Seemandini
59.	Rakendu K R	60.	Juliya Jacob
61.	Sandra Satheesan	62.	Alisha Rose Nixon
63.	Ann Rose V V	64.	Sneha Thomas
65.	Jisha A S	66.	Ann Mary Kurian
67.	Sabna P S	68.	Sreelakshmy T
69.	Krishnapriya Pc	70.	Jeslin Johnson
71.	Sabsheera Farsana B	72.	Manju K Mathew
73.	Linnet John	74.	Karthika Priyadarsini
75.	Aroma Rose Palakkal	76.	Shalu S Thayil
77.	Mariya Anto	78.	Adra K S
79.	Jomol P O	80.	Safna Saleem V S
81.	Christena Ceejo	82.	Aneesha K A
83.	Anu K Chacko	84.	Aswathy T N
85.	Abhirami O M	86.	Akshaya S
87.	Akshaya V S	88.	Ashika E V
89.	Tiya Boban	90.	Abhirami K V
91.	Gayathri M	92.	Jismy Joshy
93.	Srilakshmi S Menon	94.	Jini Davis
95.	Tomcy Thomas	96.	Sreedevi N R



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

97.	Vaishnavi E S	98.	Lakshmi K
99.	Hilda Jacob P	100.	Angel Rose Davis
101.	Safna	102.	Busthana Basheer
103.	Sneha Saju.P	104.	Swaliha P Abdulwahid
105.	Sandra Sivadas	106.	Aiswarya A K
107.	Krishnendu M.U	108.	Archana N S
109.	Jasna A.R	110.	Malavika E S
111.	Neha E.S	112.	Sruthi Tomy C
113.	Jemimah Mary Anil	114.	Nithya Antu
115.	Lavanya I A	116.	Devika M
117.	Angel Treesa Anil	118.	Sreethu M M
119.	Rose S Palissery	120.	Niranjana Ajith
121.	Sreethu Sreenivasan	122.	Anupama K.V
123.	Navami Prabha	124.	Akhila C V
125.	Kavya V.R	126.	Nitha Wilson
127.	Geethu P.S	128.	Akshara P S
129.	Monisha N.M	130.	Libina P Babu
131.	Honey T	132.	Gopika N G
133.	Mariya Raphael	134.	Nandhana P S
135.	Thrishna P.U	136.	Aneesha C S



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

137.	Devika P.K	138.	Liya Joy
139.	Jasitha Jaleel	140.	Prasanthi K
141.	Smrithy Krishna P.R	142.	Kavya Krishna Kumar
143.	Basila Basheer	144.	Saranya K S
145.	Meeba Babu	146.	Athuliya P S
147.	Sruthy K.S	148.	Desna Davis P
149.	Arya Ajith	150.	Adithya M S
151.	Aswathy Unnikrishnan	152.	Anaga Haridas
153.	Aswathy U.M	154.	Abhirami K V
155.	Silpa Rajagopal	156.	Athulya P V
157.	Aqueena Anto	158.	Neeshma Anil P
159.	Silpa Shaju	160.	Sneha P S
161.	Manju C.M	162.	Bismi Jose
163.	Agna Joy B.T	164.	Amritha M A
165.	Godlin Xavier	166.	Muhseena K M
167.	Theertha M.S	168.	Anjana Sreenivasan
169.	Akshatha T.P	170.	Lekha K R
171.	Kavya M	172.	Aiswarya V M
173.	Harsha T.S	174.	Anusree K
175.	Prabhitha K	176.	Ashly Antony



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

177.	Sreenandana A P	178.	Sneha Jayaraj A
179.	Sumamgala C	180.	Anila K.S
181.	Aswathy	182.	Ashika Vinod
183.	Neenu P.B		



N.S.S. Programme Officer
Vimala College
Thrissur-9



PRINCIPAL IN-CHARGE
VIMALA COLLEGE
(AUTONOMOUS)
THRISSUR - 680 009