



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

**E50/17-18**

Name of Activity	Public Awareness Programme on Nutrition
Date	19/09/2017, 26-09-2017
Organized by	Department of Home Science, Vimala College, Thrissur
Collaborations (if any)	ICDS, Govt. of Kerala, Thrissur/Social Justice Department of Kerala/Kudumbasree Mission, Thrissur
No. of Students Participated	82

### 1. NUTRITIONAL AWARENESS RALLY

Department of Home Science in association with ICDS, celebrated “NUTRITION WEEK, 2017”, a nutritional awareness rally on the theme – importance of Breast Feeding was conducted on 19/09/2017 at 9am.

Principal, teachers and students of Vimala College participated in this event. Rally started from our college and moved through nearby localities of college. 255 students and 15 teachers participated in rally.



Nutritional awareness rally





## **VIMALA COLLEGE (AUTONOMOUS), THRISSUR**

### **2. NUTRIMIX COMPETITION**

Department of Home Science in association with Social Justice Department of Kerala, kudumbasree mission and ICDS organized a District level Nutrimix cooking competition for the Anganvadi beneficiaries on 26-09-2017.

10 contestants were there for the contest. Dr.Karuna M.S and Mrs.MonyGeege were the judges for the contest.



**Nutrimix competition**



**Nutrimix competition**





## **VIMALA COLLEGE (AUTONOMOUS), THRISSUR**

### **3. NUTRIKID COMPETITION**

Department of Home Science in association with Social Justice Department of Kerala, kudumbasree mission and ICDS organized a **NUTRIKID** competition for the kids under four years of age who are Anganvadi beneficiaries on 26-09-2017. About 14 finalist were selected from which one was the crowned as Nutrikid.

The objective of this competition were to identify physically and nutritionally healthy kid by assessing anthropometric measurements, clinical and social behavior.



**Nutrikid competition**



**Nutrikid competition**





## **VIMALA COLLEGE (AUTONOMOUS), THRISSUR**

### **4. NUTRITION EXHIBITION**

Department of Home Science in association with Social Justice Department of Kerala, kudumbasree mission and ICDS organized a nutrition exhibition as part of Nutrition Week Celebration, 2017. Various poster to impart nutrition education for the public were exhibited. Low cost nutritional recipes prepared using nutrimix powder was also exhibited on 26-09-2017.



**Nutrition exhibition**



**Nutrition exhibition**





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

### Public Awareness Programme on Nutrition

Department of Home Science, Vimala College, Thrissur

Teachers participated from Home Science department	Students participated from Home Science department
Mrs.Monygeege	Krishnendu E C
Dr.Karuna M.S	LibiKuriakose
Ms.Kochurani J Thayyil	Anisha Paul T
Ms.Nimitha Suresh	Athira Ps
Ms.Anitha Davis	Athira V S
Ms.Nitha	Athulya V
	ChithiraN P
	Gayathri K K
	Haritha Surendran
	Krishnapriya N S
	Likitha K R
	Neethu Johny
	Stella Rose E V
	Aiswarya T S
	Aysha O I
	Fatima Nowreen
	NazrinRazak
	Sana R P
	SreelakshmiP S
	WafaHamna Abdul Azeez
	Almiya Paul
	Anju M
	Anu A P
	DelgiJoseph C
	Lisha E S
	Majidha NasrinKadambodan
	Naeema A K
	Riya K Zacharia
	Sona Davis
	SreeshmaN K
	Arathi C V
	Archana Shaju
	Devika T D
	Gayathri M

*Assessment Period (2016 - 2021)*





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

	Geethu Mohandas
	Helen Vincent
	Kessiya K Sam
	Srilakshmi S Menon
	Vaishnavi E S
	Aida Henry
	AiswaryaRajendrakumar
	Akshatha T V
	Amrutha U A
	Aneena Maria Jojo
	Anu Maria Wilson
	AshyaMariyaGeevar
	Bismariya Thomas
	Gopika N G
	HajaraRayamarakkar
	Haritha Henat T S
	Jashlin Anna James
	Jomol O J
	Rifana M
	Sandra P S
	Sharika M S
	Shijitha A A
	Somitha N S
	Thabasma Najeeb
	Tomcy Thomas
	Anila V B
	Anjana C S
	Anjana Gireesan
	Delby N J
	KeerthanaValsan
	Amrutha K R
	Arya Rajan V
	Athira K A
	Kajal M A
	Krishnendhu V C
	Mariya Thomas
	Priya T F
	Renitha Richard
	Reshmi Balakrishnan V
	Simla Thomas
	Theertha U Nair

*Assessment Period (2016 – 2021)*





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

	Athira K Udayan
	SafaNalakathSulaiman
	Pravitha P G
	Riya Mol
	Sana A K
	Neethu Joy
	Aswathy Ajith

HOD, Dept.Home science



PRINCIPAL IN-CHARGE  
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