

# E50/17-18

Name of Activity	Public Awareness Programme on Nutrition
Date	19/09/2017, 26-09-2017
Organized by	Department of Home Science, Vimala College, Thrissur
Collaborations (if any)	ICDS, Govt. of Kerala, Thrissur/Social Justice Department of Kerala/Kudumbasree Mission, Thrissur
No. of Students Participated	82

#### 1. NUTRITIONAL AWARENESS RALLY

Department of Home Science in association with ICDS, celebrated "NUTRITION WEEK, 2017", a nutritional awareness rally on the theme – importance of Breast Feeding was conducted on 19/09/2017 at 9am.

Principal, teachers and students of Vimala College participated in this event. Rally started from our college and moved through nearby localities of college. 255 students and 15 teachers participated in rally.



Nutritional awareness rally



#### 2. NUTRIMIX COMPETITION

Department of Home Science in association with Social Justice Department of Kerala, kudumbasree mission and ICDS organized a District level Nutrimix cooking competition for the Anganvadi beneficiaries on 26-09-2017.

10 contestants were there for the contest. Dr.Karuna M.S and Mrs.MonyGeege were the judges for the contest.



**Nutrimix competition** 



**Nutrimix competition** 



#### 3. NUTRIKID COMPETITION

Department of Home Science in association with Social Justice Department of Kerala, kudumbasree mission and ICDS organized a **NUTRIKID** competition for the kids under four years of age who are Anganvadi beneficiaries on 26-09-2017. About 14 finalist were selected from which one was the crowned as Nutrikid.

The objective of this competition were to identify physically and nutritionally healthy kid by assessing anthropometric measurements, clinical and social behavior.



Nutrikid competition



Nutrikid competition



#### 4. NUTRITION EXHIBITION

Department of Home Science in association with Social Justice Department of Kerala, kudumbasree mission and ICDS organized a nutrition exhibition as part of Nutrition Week Celebration, 2017. Various poster to impart nutrition education for the public were exhibited. Low cost nutritional recipes prepared using nutrimix powder was also exhibited on 26-09-2017.



Nutrition exhibition



Nutrition exhibition



#### **Public Awareness Programme on Nutrition**

#### Department of Home Science, Vimala College, Thrissur

Home Science departmentdepartmentHome Science departmentMrs.MonygeegeKrishnendu E CDr.Karuna M.SLibiKuriakoseMs.Kochurani J ThayyilAnisha Paul TMs.Nimitha SureshAthira PsMs.Anitha DavisAthira V SMs.Anitha DavisAthira V SMs.NimithaAthulya VChithiraN PGayathri K KHaritha SurendranKrishnapriya N SLikitha K RNeethu JohnyStella Rose E VAiswarya T SAysha O IFatima NowreenNazrinRazakSana R PSreelakshmiP SWafaHamna Abdul AzeezAlmiya PaulAnju MAnu A P
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Anu A P
DelgiJoseph C
Lisha E S
Majidha NasrinKadambodan
Naeema A K
Riya K Zacharia
Sona Davis
SreeshmaN K
Arathi C V
Archana Shaju
Devika T D
Gayathri M



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Kajal M AKrishnendhu V CMariya ThomasPriya T FRenitha Richard	Arya Rajan V
Krishnendhu V C Mariya Thomas Priya T F Renitha Richard	Athira K A
Mariya Thomas Priya T F Renitha Richard	Kajal M A
Priya T F Renitha Richard	Krishnendhu V C
Renitha Richard	Mariya Thomas
	Priya T F
Deelews: Delelwishner V	Renitha Richard
Reshmi Balakrishnan V	Reshmi Balakrishnan V
Simla Thomas	
Theertha U Nair	 Simla Thomas



Athira K Udayan
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Pravitha P G
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Sana A K
Neethu Joy
Aswathy Ajith

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