



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

**E53/17-18**

<b>Name of Activity</b>	<b>Activities of Vimala Community Aid and Sponsorship Scheme (VCASS)</b>
<b>Date</b>	<b>Activities Conducted during the Academic Year 2017-18</b>
<b>Organized by</b>	<b>Vimala Community Extension Center , Vimala College, Thrissur</b>
<b>Collaborations (if any)</b>	<b>Nil</b>
<b>No. of Students Participated</b>	<b>20</b>

Vimala Community Aid and Sponsorship Scheme (VCASS) launched in 2012 is a project by the Vimala Community Extension Center, the extension project of Vimala College, Thrissur. 100 students are enrolled on the sponsorship list with the help of Social Work students and a professional Social Worker. There are certain criteria for the selection of the students. Which include the academic performance of the students as well as the economic background of the students. It's a partnership programme of Vimala College and Thomas Chittilappilly Trust.

### ➤ **Project Area**

It includes the five divisions of Thrissur Corporation, viz., Four, six, seven, eight and nine which are located around the Vimala College.

There are around 23 socio economically backward localities in these divisions. More than 1500 families were living in this area. The students residing in these areas are studying in

- Government Higher Secondary School, Villadom
- Holy Family Convent Girls Higher Secondary School, Thrissur
- Sacred Heart Convent Girls Higher Secondary School, Thrissur
- St. Thomas Higher Secondary School, Thiroor
- Church Mission Society High School, Thrissur
- St. Joseph Higher Secondary School, Thrissur
- Cooperative Public School, Padukkad
- St. Elizabeth English Medium School, Ponganamkadu



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

### ➤ Goals

1. To help disadvantaged children to complete their education.
2. To sensitize the student community about the social realities and making them more sensitive and responsive to social problems.

### ➤ Specific Objectives

1. To provide educational sponsorship to 100 children from the neighboring communities of the college for eight years.
2. To provide the sponsored children with opportunities for their personality development and soft skills development.
3. To address and mitigate the problems faced by children in their academic and family environment.
4. To make the families of the sponsored children to reach out to their communities in promoting developmental activities.
5. To inculcate in our students sensitivity and responsiveness to social problems.
6. To make the development effort of the college more participatory and sustainable.

### ➤ Souhrudham Camp

“**Souhrudham**” camp is a three day social education programme for the school children who enrolled in the VCASS. The camp aims at inculcating a sense of values among children which is essential for the holistic development.

“**Venam namukku oru bala souhrudha madhyama keralam**” a souhrudham camp for the students of VCASS the academic year 2017-2018 was conducted on 28<sup>th</sup>, 29<sup>th</sup> and 30<sup>th</sup> of May 2018 at the Seminar Hall of Vimala College Thrissur.



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### **Educational Material Distribution**

On 17<sup>th</sup> June 2017 VCASS provided educational aid for that year to the children.







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### **Education programmes**

The Department of Physics conducted Astro-Watch Programme on 9<sup>th</sup> December 2017 from 4 pm to 6.30 pm. Along with the Students from Department of Physics Social Work students also became the part of it.





## **VIMALA COLLEGE (AUTONOMOUS), THRISSUR**

### **Childrens' Monthly meeting**

As part of assess the development of childre in their accademic and non accademic performance VCASS conducted monthly meeting. It was sponsored by different departments of Vimala College and they were also including certain programmes on that day such as short films, quiz, group dance etc.

### **Details of Monthly Meeting**

2017-2018

S.NO	DATE	ACTIVITIES	DEPARTMENT
1.	29&30 May 2017	Summer Champ	Social Work
2.	17 <sup>th</sup> June 2017	Educational Aid Distribution	Social Work
3.	08 <sup>th</sup> July 2017	Session On Self-Esteem,Group Discussion	Social Work
4.	26 <sup>th</sup> August 2017	Onam Celebrations	Chemistry
5.	28 <sup>th</sup> October 2017	Class On Life Skill	Social Worker
6.	18 <sup>th</sup> November 2017	Games, Quiz Competition	Physics
7.	09 <sup>th</sup> December 2017	Short Film, Games, Action Song	Jesus Youth
8.	02 <sup>nd</sup> January 2018	Class On Life Skill	Social Worker
9.	10 <sup>th</sup> February 2018	Games ,Group Activities	Economics



## **VIMALA COLLEGE (AUTONOMOUS), THRISSUR**

### **Class on Life skills**

With the collaboration of Vimala Family counselling center VCASS conducted different programmes include life skill traing. Mrs. Sheela Raphael, counsellor of Vimala Family Counselling Center lead the session. It was helpful for the children to enhance their self confidence and it nourished the skills of students. Activities and addicitional guidance of VCASS made that students different from other school children. They could attain immence knowledge from others.





## **VIMALA COLLEGE (AUTONOMOUS), THRISSUR**

### **Onam Celebration**

Each and every year VCASS conducted Onam Celebration for the children at Vimala College. The cultural programmes like group dance, group songs, Nadan pattu, skit, folk dance etc were conducted by the student mentors and the school children. More than 100 students were participated in each year.

### **Counselling facilities for children and parents**

In every year VCASS arranged the facilities for counselling for students and their parents. It helped the students to overcome the problems which they face in their development stages. For that assistance VCASS collaborate with Vimala Family Counselling Center and provide free individual and family counselling.

### **Christmas Celebrations**

As part of recreation activities VCASS conducted the Christmas celebration. Student members of Jesus Youth of Vimala College lead the entire celebration and they arranged different programmes for the students in every year. The celebration conducted at Vimala College auditorium.

### **Community visits**

The VCASS beneficiaries were living in very backward communities near Vimala College. The communities were mainly divided in to 10 zones. Such as ; Maruthur, Pallimoola, Sandhyaram, Kuttial, Adiyara, Puthiyapalam/ Gandhinagar, Puthiyapalam south, S.J.Colony, Villadom. All the 100 beneficiaries were living in these areas. The project coordinator and volunteers visited the sponsored children's home regularly. In every community they conduct group meetings in every week.

### **Medical support**

Medical support was given to the family of a sponsored child. For that VCASS collaborate with child line and child line provided the amount of RS.3000 to the family. VCASS also took the initiative to increase the fund from sponsors.

### **Quarterly school visit**

Quarterly school visit were done to assess the academic performance of the students. Social worker visited each school for this purpose. This also helped in liaising with teachers and collecting mark lists of the students.





## **VIMALA COLLEGE (AUTONOMOUS), THRISSUR**

### **Executive meetings**

VCASS had also conducted executive meetings on every March at Vimala college campus. In this meeting, the VCASS team comprising of project director, staff coordinator, finance in charge, social worker and staff representatives of every department etc conducted discussions about various programmes to be organized as part of this project. The programme is also evaluated and further improvement plans are also prepared by the team.



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

### Activities of Vimala CommunityAid and Sponsorship Scheme (VCASS)

Vimala College, Thrissur

List of student volunteers

1. Sinu Jesin T
2. Hiranya Ravindran T
3. Thulasi M
4. Tissa George
5. Sreeshma P C
6. Savitha P
7. Sruthi P
8. Silpa S
9. Ashna Maria Raju
10. Sonabai Ks
11. Greeshma P S
12. Gopika Ramachandran
13. Sreeshitha Dasan C
14. Tuny Baby T
15. Jinu O Xavier
16. Greena.V.J
17. Jisna Cherian
18. Sreekutty M S
19. Shahana P H
20. Steny T.J.



  
PRINCIPAL IN-CHARGE  
VIMALA COLLEGE  
(AUTONOMOUS)  
THRISSUR - 680 009

*Assessment Period (2016 - 2021)*