



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

E55/17-18

Name of Activity	Activities on Gender Sensitization
Date	One Year Programme Conducted during the Academic Year 2017-18
Organized by	UGC Centre for Women Studies, Vimala College, Thrissur
Collaborations (if any)	Nil
No.of Students Participated	255

- **Gender and Communication Differences**

UGC Centre for Women's Studies organized an interactive session on the topic Gender and Communication Differences on 14th June 2017 at Silver Jubilee Seminar Hall. Dr.Nisha Francis, Associate Professor, Department of Malayalam, Vimala College was the resource person of the programme.



Inaugural session



VIMALA COLLEGE (AUTONOMOUS), THRISSUR



Students attending session

- **“Being Bold And Beautiful: Respecting Yourself And Building Confidence”**

The UGC Centre for Women’s Studies organized an interactive session on “Being Bold and Beautiful: Respecting yourself and Building Confidence”. The resource person of the programme was Ms.Maya Davi Chalissery. The main objective of the session was to motivate the students and make them confident.



A session on building confidence in women



VIMALA COLLEGE (AUTONOMOUS), THRISSUR



Students attending session

She suggested students to be confident irrespective of outer beauty and complexion. She displayed the video “Change the Rhyme”. She pointed out that colour and external beauty is not the base of success. It’s inner beauty and courageousness determines the success

- **Awareness class on AIDS/HIV**

Awareness Programme on Spread of HIV/AIDS was organized on 27-07-2017. The Resource Person of the Programme was Sr. Chaithanya, Director of CEON (Chavara organization for Nurturing life) Nedumkandam.



A session on HIV/AIDS



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

HIV/AIDS has emerged as the single most formidable challenge to public health. College Students of today are exposed to the risk of HIV/AIDS. The session was conducted to determine the knowledge among students regarding HIV/AIDS and provide suggestions for HIV/AIDS education in colleges.

- **Self Motivation**

As a part of certificate course in gender sensitization organized by the UGC Centre for women Studies conducted a class on leadership skills among young girls and women. The Resource Person of the Programme was Mr.Lims, Assistant Professor of Dept.of Social Work,Vimala College(Autonomous). He discussed the importance of failures and encouraged students to strive for the better in each step of future life.



Students attending a class on self-motivation

- **Awareness Class on Sustainable menstrual Hygiene**

An awareness class on sustainable menstrual hygiene was organised by UGC Centre for Women's Studies on 20th July 2017. Sudha Menon, coordinator of the Red Cycle/ Green the Red Campaign were the Resource person of the programme. The class was started with prayer. Miss Nisha Francis, Joint coordinator of the Centre for Women's Studies welcome the resource person to the program.



VIMALA COLLEGE (AUTONOMOUS), THRISSUR



An awareness session on menstrual hygiene

Talk period is an awareness program which imparts knowledge related to menstruation among college students. It challenges the taboos, social stigma and misconceptions associated with menstruation and educate students on the biological process, importance of menstrual hygiene management, alternative menstrual hygiene practices and related socio-political and environment issues. The resource person introduced eco-friendly hygiene practices.

- **Awareness class on reproduction**

As a part of certificate course in gender sensitization organized by the UGC Centre for women Studies conducted a class on Reproduction and Menstruation on 02/08/2017. The Resource Person of the Programme was Dr. Honey Sebastian, Assistant Professor of Dept. of Zoology, Vimala College (Autonomous).



VIMALA COLLEGE (AUTONOMOUS), THRISSUR



A class on reproduction

- **Family Planning and Contraceptive Methods**

On 9th August 2017 the UGC Centre for Women Studies organised an awareness class on Family Planning and Contraceptive Methods. The Resource Person of the Programme was Dr. Honey Sebastian, Assistant Professor of Dept. of Zoology, Vimala College (Autonomous). The awareness class was aimed to give the premarital awareness on family building.



An Awareness Session on Family Planning and Contraceptive Methods



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

- **Space for Women**

UGC Centre for Women's Studies organized an interactive session on the topic Gender and Communication Differences on 16th August 2017 at Silver Jubilee Seminar Hall. Dr.Jancy, Associate Professor, Department of Malayalam, Vimala College was the resource person of the programme. Resource person defined the significance of finding an ideal space for each and every woman. She stated that, Men and women have distinct viewpoints and attitudes towards life, think differently, and therefore do not have the same notions of what is essential in communication.



An interactive session on the topic Gender and Communication Differences

- **Prevention of Sexual Harassment at Work Place**

On 23rd August 2017 UGC Centre for Women's Studies in collaboration with Department of Sociology, Vimala College organised a seminar on Prevention of Sexual Harassment at Workplace. The Resource Person of the programme was Mr. K.C Santhosh Kumar, Director, MAYA (Media Association for Youth and Adolescents). The main objective of the programme was to provide preventive measures against the sexual harassment at work place .Dr.Anooja, Assistant Professor, Vimala College welcome the resource person to the programme.



VIMALA COLLEGE (AUTONOMOUS), THRISSUR



A Session on Prevention of Sexual Harassment at Work Place

The seminar contains the following topics:

- What is Sexual Harassment?
- What Doesn't Constitute Sexual Harassment?
- Sexual Harassment and Its effects on the Victim.
- Preventive Measures against sexual harassment.

He termed sexual harassment as any unwelcome sexual behaviour it includes physical contacts and advances, a demand or request for sexual favours, sexually coloured remarks, showing pornography, and any other unwelcome physical verbal or non-verbal conduct. He suggested that all employers or persons in charge of work place whether in public or private sector should take appropriate steps to prevent sexual harassment.

- **WOMEN AND MEDIA**

UGC Centre for Women's Studies Vimala College as a part of the certificate course in Gender Sensitisation conducted an interactive session on "Women and Media" on 20th September 2017. The Resource person of the programme was Ms. Anu P.P, Assistant Professor, Department of Malayalam. The programme was intended to aware the students about the different versions of portrayal of women in the media and its effects in the society.



VIMALA COLLEGE (AUTONOMOUS), THRISSUR



A session on women and media

She highlighted the portrayal of woman in media as a part of commodification. Society imitates media. Media represent women as a mere object for the satisfaction of male section of the society. The roles of women are basically assigned and determined by media itself. They illustrate women as a subordinate to men. The films picture the male dominant stories and even teaches us to love immoral heroes. The society imitates whatever the media shows. The positive effects of media upon the society was also described by the resource person. The problems of women especially of sexually harassed victims were open up to the society by media.

- **Meditation**

UGC Centre for Women's Studies Vimala College as a part of the certificate course in Gender Sensitisation conducted a meditation program for the students of the college on 27-09-2017. The chief trainer of the programme was Mr. Praveen Lal. He defined and demonstrated methods of meditation.



VIMALA COLLEGE (AUTONOMOUS), THRISSUR



Students attending a class on mediation

- **Women and Law**

UGC Centre for Women's Studies Vimala College as a part of the certificate course in Gender Sensitisation conducted a session on the topic "Women and Law" in the lissieux hall on 20th December 2017 at 10:30 AM. The resource person for the day was MujeebRahman , Subjudge of Thrissur District.



A session on women and law



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Activities on Gender Sensitization

UGC Centre for Women Studies, Vimala College, Thrissur

Sl N o	Name	Department/Co urse	Attendance														
			14-06-2017	19-07-2017	02-08-2017	09-08-2017	20-09-2017	27-09-2017	12-10-2017	22-11-2017	24-11-2017	13-12-2017	25-12-2017	26-12-2017	02-02-2018	09-02-2018	04-07-2018
1	Krishnapriya Suresh	MA English S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
2	Sreelakshmi K V	MA English S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
3	Athira Dniesh	MA English S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
4	Ninu S	MA English S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
5	Aparna Sathyan	MA English S1	×	×	×	×	×	A	×	×	×	×	×	×	×	×	×
6	Gopika K Gopi	MA English S1	×	×	×	×	×	×	×	×	×	×	×	×	A	×	×
7	Anjana Gopal	M.comS1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
8	Athira N R	M.comS1	×	A	×	×	×	×	×	×	×	×	×	×	×	×	×
9	Niranjana M	M.comS1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
10	Gopika T U	M.comS1	×	×	×	A	×	×	×	×	×	×	×	×	×	×	×
11	Roshny T R	Msc.ZoologyS3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
12	Liny K Jose	Msc.ZoologyS3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
13	Maya P R	Msc.ZoologyS3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
14	Chithira M J	Msc.ZoologyS3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
15	Agaja P A	Msc.ZoologyS3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
16	Silpa Sreekrishnan	Msc.Nutrition and diet S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
17	Sona A K	Msc.Nutrition and diet S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×

Assessment Period (2016 - 2021)



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

18	Rizvana	Msc.Nutrition and diet S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
19	Fathima N A	Msc.Nutrition and diet S1	A	×	×	×	×	×	×	×	×	×	×	×	×	×	×
20	C R Rajeesh	Msc.Nutrition and diet S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
21	Athirenraj	Msc.Nutrition and diet S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
22	Gadha Gopal B	Msc.Nutrition and diet S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
23	Reshmi Babu	Msc.Nutrition and diet S1	×	A	×	×	×	×	×	×	×	×	×	×	×	×	×
24	Sruthy T S	MA Malayalam	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
25	Keerthi M K	MA Malayalam	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
26	Amrutha K Sunil	MA Malayalam	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
27	Vineetha P V	MA Economics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
28	Vinma E V	MA Economics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	A
29	Bindhya Suresh	MA Economics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
30	Feba C Anto	Msc Mathematics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
31	Aparna C	Msc Mathematics	×	×	×	×	×	×	A	×	×	×	×	×	×	×	×
32	Rahana A S	Msc Mathematics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
33	Amrithakala M P	Msc Mathematics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
34	Reny Simon	Msc Textiles	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
35	Sruthi K	Msc Botany	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
36	Shonima P K	MA Malayalam	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

37	Ranjima M R	Msc Chemistry	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
38	Divya A	Msc Chemistry	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
39	Soumya S	Msc Chemistry	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
40	Sumaya P S	Msc Chemistry	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
41	Mrudula P V	Msc Chemistry	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
42	Arya Suresh	Msc Chemistry	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
43	Gopika Ramachandran	MSW	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
44	Greeshma P S	MSW	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
45	Bagyalakshmi K B	M.Com	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
46	Anuju K V	M.Com	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
47	Meera Mohan K	Msc Botany	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
48	Sreethu Gopi	MA Malayalam	A	×	×	×	×	×	×	×	×	×	×	×	×	×	×
49	Sruthy C S	MA Malayalam	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
50	Reshma N S	MA Sociology	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
51	Swathy K M	MA Sociology	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
52	Hiranya Ravendran T	MSW	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
53	Anaswara K S	MA Sociology	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
54	Anila K R	Msc Botany	×	×	×	×	×	×	×	A	×	×	×	×	×	×	×
55	Varadha P R	MA Malayalam S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
56	Deepa K G	MA Malayalam	×	×	×	×	×	×	×	×	×	×	×	×	×	×	A
57	Divya K V	MA Malayalam	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

58	Anusha N B	MSc Botany	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
59	Shahna K H	MSc Botany	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
60	Sreelakshmi K J	MSc Botany	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
61	Sreeshitha Dasan C	MSW S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
62	Tuny Baby T	MSW S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
63	Sruthi N Menon	MA Economics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
64	Priyatha V P	MA Economics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
65	Sumithra S	MA Economics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
66	Sneha M S	MA Economics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
67	Ruchi Mehta	M.com S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
68	Delna Elizabeth Baby	M.com S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
69	Femina A C	M.com S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
70	Sreelakshmi P M	M.com S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
71	Reshma Ravendran	M.com S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
72	Aiswarya S Iyer	M.com S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
73	Sowmya Raman K	M.com S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
74	Nishitha C S	M.com S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
75	Nimmy Varghese	MA Economics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
76	Krishnedhu P L	MA Economics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
77	Ramya Prabha R	MA Economics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

78	Smruthy Santhosh	MA Economics	×	×	×	A	×	×	×	×	×	×	×	×	×	×	×
79	Anju K R	MA Economics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
80	Aswathy Rama Chandran	MA Economics	×	×	×	×	×	×	×	×	×	×	A	×	×	×	×
81	Thulasi M S	MA Economics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
82	Manjusha V T	MA Economics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
83	Deepika G	MA Economics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
84	Haritha K	MA Economics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
85	Athira P	MA Economics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
86	Neethu Sathyan E	MA Sociology	×	×	×	A	×	×	×	×	×	×	×	×	×	×	×
87	Savitha P	MSW	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
89	Thulasi M	MSW	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
90	Sreeshma P C	MSW	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
91	Sreekutty M S	MSW	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
92	Shahana	MSW	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
93	Bonia Aleyas	Msc Physics S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
94	Arutha K U	Msc Physics S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
95	Jayalakshmi K	Msc Physics S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
96	Sona Bai K S	MSW S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
97	Sruthi P	MSW S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
98	Amrutha K R	Msc Nutrition and diet	×	×	×	×	×	×	×	×	A	×	×	×	×	×	×
99	Raveena Raveendhran	Msc Physics S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

100	Vaishnavi T	M.comS1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
101	Reshmi Balakrishnan	Msc Nutrition and diet	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
102	Navya Suresh	Msc Chemistry S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
103	Kajal M A	Msc Nutrition and diet S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
104	Varsha C V	Msc Nutrition and diet S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
105	Athira K A	Msc Nutrition and diet S3	×	×	×	A	×	×	×	×	×	×	×	×	×	×	×
106	Arya Rajan	Msc Nutrition and diet S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
107	Theertha U Nair	Msc Nutrition and diet S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
108	Krishnedhu V C	Msc Nutrition and diet S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
109	Karthika K	Msc Zoology S1	×	×	×	×	×	×	×	×	×	×	×	×	×	A	×
110	Henna Ali	Msc Zoology S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
111	Anjitha V P	Msc Zoology S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
120	Maya Gopal	Msc Zoology S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
121	M S Shilpa	Msc Zoology S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
122	Manjusha K M	MA English Literature	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
123	Krishnedhu T	MA English Literature	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

12 4	Joyce N S	MA English Literature	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
12 5	Athira S	MA English Literature	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
12 6	Krishnapriya K S	MA English Literature	×	A	×	×	×	×	×	×	×	×	×	×	×	×	×
12 7	Sarayu Sidharthan V	M.com S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
12 8	Jishidha P R	M.com S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
12 9	Angha Ravi	M.com S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
13 0	Anna Job C	M.com S1	×	×	×	×	×	×	×	×	×	×	×	×	A	×	×
13 1	Angha T	M.com S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
13 2	Safa Nalakath Sulaiman	Home science S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
13 3	Aswathy Agith	Home science S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
13 4	Athira Kudhayan	Home science S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
13 5	Pravitha P G	Home science S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
13 6	Malavika Nair	Msc Botany	×	×	×	×	×	×	A	×	×	×	×	×	×	×	×
13 6	Ragina Razack	MA English S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
13 7	Sreelakshmi Sivaraman	MA English S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

13 7	Greeshma K P	MA English S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
13 8	Saarika P S	MA English S3	×	×	A	×	×	×	×	×	×	×	×	×	×	×	×
13 9	S Dhanya	MA English S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
14 0	Anita Grace M W	MA English S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
14 1	Anjali M V	MA English S3	×	×	×	×	×	×	×	×	×	×	×	×	×	A	×
14 2	Athira P A	MA English S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
14 3	C Raajeesh	Msc Nutrition and Diet S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
14 4	Gadha Gopal B	Msc Nutrition and Diet S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
14 5	Shipa S	MSW S1	×	×	×	×	A	×	×	×	×	×	×	×	×	×	×
15 0	Sinu Jesin T	MSW S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
15 1	Simna E S	Msc Physics S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
15 2	Sreelakshmi K S	Msc Physics S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
15 3	Devika	Msc Physics S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
15 4	Athira K Dnagar	Msc Physics S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
15 5	Salini	Msc Physics S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
15 6	Merlin Elizabeth	BA Functional English S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

15 7	Sukanya Bala G	BA Functional English S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
15 7	Saron Davis	MA Sociology	×	×	×	×	×	×	×	×	×	×	A	×	×	×	×
15 8	Aparna V G	BA Malayalam	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
15 9	Rifana M	Bsc Family and Community Science	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
16 0	Anlin James	Bsc Family and Community Science	×	×	A	×	×	×	×	×	×	×	×	×	×	×	×
16 1	Sandra P S	Bsc Family and Community Science	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
16 2	Amrutha U R	Bsc Family and Community Science	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
16 3	Sarika V Rajan	Bsc Family and Community Science	×	×	×	×	×	×	A	×	×	×	×	×	×	×	×
16 4	Kessiya K Sam	Bsc Family and Community Science	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
16 5	Anina MAriya Joje	Bsc Family and Community Science	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
16 6	Helen Vincent	Bsc Family and Community Science	×	×	×	×	×	×	×	×	×	×	×	×	×	×	A
16 7	Greeshma K P	MA English Literature S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
16 8	Sreelakshmi Sivaraman	MA English Literature S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

169	Bahiya Ali	Bsc Zoology	×	×	×	×	×	×	A	×	×	×	×	×	×	×	×
170	Tesma Joby	MA English Literature S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
171	Jesty Mol V Joseph	MA English Literature S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
172	Nahna Kamarudheen V	MA English Literature S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
173	Liny K Jose	Msc Zoology S4	×	×	×	×	×	×	×	×	×	×	×	×	A	×	×
174	Chithira M J	Msc Zoology S4	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
175	Dhilsha Lakshmanan	Msc Zoology S4	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
176	Maya P R	Msc Zoology S4	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
177	Padmaprabha R	Msc Zoology S4	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
178	Agaja P A	Msc Zoology S4	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
179	Vishnu Priya K K	Msc Zoology S4	×	×	A	×	×	×	×	×	×	×	×	×	×	×	×
180	Roshy T R	Msc Zoology S4	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
181	Sreelaksmi K J	Msc Botany S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
182	Meera Mohan K	Msc Botany S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
183	Elsamol K B	Msc Botany S3	×	×	×	×	×	×	×	×	×	×	×	×	A	×	×
184	Chinju V S	Msc Botany S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

18 5	Surya C B	Msc Botany S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
18 6	Swathy C s	Msc Botany S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
18 7	Jeena K	Msc Botany S3	×	×	×	A	×	×	×	×	×	×	×	×	×	×	×
18 8	Nimisha C N	Msc Botany S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
18 9	Athira Roy	Msc Botany S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
19 0	Anila K R	Msc Botany S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
19 1	Anusha N B	Msc Botany S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
19 2	Sruthi K	Msc Botany S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
19 3	Sivaranjini T S	Msc Botany S1	×	×	×	×	×	×	×	×	×	A	×	×	×	×	×
19 4	Bonia Aleya A S	Msc Physics S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
19 5	Amrutha K U	Msc Physics S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
19 6	Jayalaksmi K	Msc Physics S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
19 7	Arsha V P	Msc Mathematics S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
19 8	Kavya Sethumadha nan	Msc Mathematics S1	×	×	×	A	×	×	×	×	×	×	×	×	×	×	×
19 9	Vandhana K V	Msc Mathematics S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
20 0	Aparna C	Msc Mathematics S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

201	Keerthana S	Msc Mathematics S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
202	Keerthana S	Msc Mathematics S1	×	×	×	×	A	×	×	×	×	×	×	×	×	×	×
203	Rahana A S	Msc Mathematics S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
204	Anjana Gopi	Msc Mathematics S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
205	Rizvana	Msc Nutrition and diet S1	×	×	×	×	×	×	×	×	×	A	×	×	×	×	×
206	Gadha Gopal	Msc Nutrition and diet S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
207	Asia Julka	Msc Nutrition and diet S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
208	Athira Raj	Msc Nutrition and diet S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
209	Silpa Sreekrishnan	Msc Nutrition and diet S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
210	Reshmi	Msc Nutrition and diet S1	×	×	×	×	×	×	×	A	×	×	×	×	×	×	×
211	Nivya	Msc Nutrition and diet S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
212	Athira .p	Msc Botany	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
213	Shahna K.H	Msc Botany	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
214	Vineetha .P.V	Msc Economics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
215	Namitha .V	Msc Economics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
216	Nimmy Varghese	Msc Economics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

21 7	Krishnendhu P.L	Msc Economics	×	×	×	A	×	×	×	×	×	×	×	×	×	×	×
21 8	Arya Rajan .V	Msc Nutrition and Dietetics S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
21 9	Athira .K.N	Msc nutrition and diet	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
22 0	Theertha U. Nair	Msc nutrition and diet	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
22 1	Reshmi balakrishnan	Msc nutrition and diet	×	×	A	×	×	×	×	×	×	×	×	×	×	×	×
22 2	Varsha .C.V	Msc nutrition and diet	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
22 3	Krishnedhu .V.C	Msc nutrition and diet	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
22 4	Dhivena Babu	M.com S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
22 5	Anna .Job.C	Mcom S1	×	×	×	×	×	×	×	×	×	×	×	A	×	×	×
22 6	Gopika T.U	Mcom s1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
22 7	Anagha Ravi	M.com S1	×	×	×	×	×	×	A	×	×	×	×	×	×	×	×
22 8	Sarayu Sidharthan .N.V	M.com S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
22 9	Simna E.S	M.com S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
23 0	Sreelakshmi K. S	Msc Physics S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
23 1	Salini .P.P	Msc Physics S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
23 2	Athira. K.Divakar	Msc Physics S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

23 3	Devika .M	Msc physics S1	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
23 4	Ansha Beegum A.S	Msc nutrition and diet	×	×	×	A	×	×	×	×	×	×	×	×	×	×	×
23 5	Hiba Ibrahim Kutty	Msc nutrition and diet	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
23 6	Nisha .P. Ullas	Msc nutrition and diet	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
23 7	Navamikris hna . T	MA English	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
23 8	S. Dhanya	MA English	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
23 9	Anjali .M.V	MA English	×	×	×	×	×	A	×	×	×	×	×	×	×	×	×
24 0	Athira .P.A	MA English	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
24 1	Aswathy .K.N	Msc mathematics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
24 2	Greeshma P.U	Msc mathematics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
24 3	Aahitha John	Msc mathematics	×	×	×	×	×	×	×	×	×	×	×	A	×	×	×
24 4	Swathy	Msc mathematics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
24 5	Vidhya P.R	Msc mathematics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
24 6	Sreehma .M.S	Msc mathematics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
24 7	Dhanya .C.J	Msc mathematics	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
24 8	Gadha Ajithkumar	MA Sociology S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

24 9	Femi Francis	MA Sociology S3	×	×	A	×	×	×	×	×	×	×	×	×	×	×	×
25 0	Smrithy Perinchery	MA Sociology S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
25 1	Sreelakshmi .P.M	M.com S3	×	×	×	×	×	×	×	A	×	×	×	×	×	×	×
25 2	Delna Elizebeth baby	M.com S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
25 3	Femina .A.C	M.com S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×
25 4	Reshma Ravindran	M.com S3	×	×	×	×	×	×	×	×	×	×	×	×	×	A	×
25 5	Nishitha	M.com S3	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×

C-ordinator

UGC Centre for Women Studies

Vimala College (Autonomous), Thrissur



PRINCIPAL IN-CHARGE
VIMALA COLLEGE
(AUTONOMOUS)
THRISSUR-680 009

Assessment Period (2016 – 2021)