



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

E56-19/20

Name of Activity	Swasthya Yoga - Musical Yoga Presentation and Demo of Various Yogasanas at St. Mary's College, Thrissur
Date	21/06/2019
Organized by	7 Kerala Girls Battallion,Thissur and NCC Unit, Vimala College, Thrissur
Collaborations (if any)	St. Mary's College, Thrissur
No.of Students Participated	52

Vimala college NCC conducted a programme named “Swasthya 2019”. Cadets observed international yoga day with musical yoga presentation and demo of various yogasanas in St Mary's college.



Cadets demonstrating various Yogasanas at St. Mary's College, Thrissur



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NCC Unit, Vimala College, Thrissur

No. of Participants: - 52

Date: 21/06/2019

List of Participants

SL.NO.	NAME	ATTENDANCE
1	AKSHARA R	X
2	ANJALI C ANIL	X
3	ASWATHY K VIJAYAN	X
4	DEEPTHY K V	X
5	DEVIKA K M	X
6	GOPIKA P	X
7	HAREESHMA P J	X
8	JISMA GEORGE	X
9	LEKSHMI S M	X
10	NEETHU KRISHNA	X
11	ROSHMY SIMON	X
12	SANDRA SETHU K	X
13	SHINY P S	X
14	SNEHA N S	X
15	SURYA K S	X
16	TESSA RAJU AKKARAPPATTY	X
17	VISMAYA DINESH BABU	X
18	AGNA V A	X
19	AKHILA JOSE	X
20	ALPHONSA AUGUSTINE	X
21	ANNAPRIYA P S	X
22	FEBA SAJU	X
23	JOSHNA JOHNSON	X
24	JYOTHIKA M	X
25	KATHIYA VARGHESE	X
26	MANJUSHA NEERUKETTY BAIJU	X
27	PADMAJA P G	X
28	REJITHA P G	X
29	SAJISHA T S	X
30	SANA JOSEPH	X
31	SREELAKSHMI MENON	X
32	SYAMA P S	X
33	VEENA P N	X
34	THULASI K	X
35	AISWARYA K	X





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36	ANAGHA C S	A
37	ANN MARIYA SEBI C	X
38	ANN MARTIN	X
39	ANCY T D	X
40	ATTANICAL ANIL ANJALI	X
41	BHADRA A	X
42	BINDUJA K B	X
43	CELIN D ROSE	X
44	GIFTY MARIA	X
45	GLORIA BABU	X
46	JUHIYA C B	X
47	KRISHNAPRIYA JAYACHANDRAN	X
48	PRINCY C PAULSON	X
49	SHANNON KANJIRATHINGAL PAULSON	X
50	SHIVANI ROSHAN	X
51	SREERUDRA K	X
52	SREERUDRA K	X




K. LOVJI K.N.
Associate NCC Officer
7 (Kerala) Girls Bn (Army Wing)
Vimala College, Thrissur




PRINCIPAL IN-CHARGE
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THRISSUR-680 009