



VIMALA COLLEGE (AUTONOMOUS), THRISSUR



5.3.1 Awards for Sports & Cultural Events List of Students (2016-2021)

Assessment Period (2016 - 2021)



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Awards for Sports & Cultural Events - 2016-2021

Year	Name of the Award/ Medal	Team / Individual	Inter- university / state / National/ International	Name of the event	Name of the student
2020-2021					
SPORTS					
2020-21	Gold	Individual	Inter National	Soft baseball Asian Games at Nepal, Khopra	Sayana K
2020-21	Gold	Individual	Inter National	Soft baseball Asian Games at Nepal, Khopra	Sandra M
2020-21	Gold	Individual	Inter National	Soft baseball Asian Games at Nepal, Khopra	Sreelakshmi T K
2020-21	Gold	Individual	Inter National	Soft baseball Asian Games at Nepal, Khopra	Sneha T
2020-21	Gold	Individual	Inter National	Soft baseball Asian Games at Nepal, Khopra	Bisha O
2020-21	Gold	Individual	Inter National	Soft baseball Asian Games at Nepal, Khopra	Anagha K
2020-21	Gold	Individual	Inter National	Soft baseball Asian Games at Nepal, Khopra	Arya M
2020-21	Gold	Individual	National	Senior Nationals Tug of War Championship	Anu Xavier
2020-21	Silver	Individual	National	Senior Nationals Fencing Championship	Dona Maria Tom
2020-21	Bronze	Individual	National	Senior National Ball badminton Championship	Jasmine Paul. C
2020-21	Gold	Individual	National	Senior Nationals Tug of War Championship	Preethy Krishna
2020-21	Gold	Individual	National	Junior Nationals Tug of War Championship	Greeshma M
2020-21	Participation	Individual	National	Junior Nationals Handball Championship	Arunima Sunil R S
2020-21	Participation	Individual	National	Junior Nationals Handball Championship	Prajila M



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2020-21	Participation	Individual	National	Junior Nationals Handball Championship	Anjali M
2020-21	Participation	Individual	National	Junior Nationals Handball Championship	Sneha K
2020-21	Participation	Individual	National	Senior Nationals Handball Championship	Krishna Priya
2020-21	Participation	Individual	National	Senior Nationals Softball Championship	Sandra M
2020-21	Participation	Individual	National	Senior Nationals Softball Championship	Arya M
2020-21	Gold	Individual	National	Senior Nationals South Zone Softball	Sandra M
2020-21	Gold	Individual	National	Senior Nationals South Zone Softball	Arya M
2020-21	Silver	Individual	National	Senior Nationals Softball Federation Cup	Sandra M
2020-21	Silver	Individual	National	Senior Nationals Softball Federation Cup	Arya M
2020-21	Silver	Individual	National	Senior Nationals Softball Federation Cup	Sreelakshmi T K
2020-21	Silver	Individual	State	Senior State Judo Championship	Sabithamol S
2020-21	Gold	Individual	State	Junior State Judo Championship	Sabithamol S
2020-21	Participation	Individual	State	25 Kerala State Cross Country Championship	Simi Paul AP
2020-21	Participation	Individual	State	25 Kerala State Cross Country Championship	Simi Paul AP
2020-21	Bronze	Individual	State	Junior State Ball badminton Championship	Jasmine Paul. C
2020-21	Bronze	Individual	State	Kerala State Ameture Boxing	Telcy Annit Benny
2020-21	Bronze	Individual	State	25 Kerala State Cross Country Championship	Sharnya M S
2020-21	Bronze	Individual	State	Junior State Ball badminton Championship	Volga Davis
2020-21	Bronze	Individual	State	Senior State Tug Of War	Arathi A
2020-21	Bronze	Individual	State	Senior State Tug Of War	Preethi Krishna
2020-21	Bronze	Individual	State	Senior State Tug Of War	Ananya Rajan
2020-21	Bronze	Individual	State	Senior State Tug Of War	Anu Xavier
2020-21	Bronze	Individual	State	Senior State Tug Of War	Prajila M
2020-21	Bronze	Individual	State	Senior State Tug Of War	Ramya AV
2020-21	Bronze	Individual	State	Senior State Tug Of War	Femin



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2020-21	Bronze	Individual	State	Senior State Tug Of War	Greeshma M
2020-21	Gold	Individual	State	Junior State Judo Championship	Anagha Shanmughan
2020-21	Gold	Individual	State	Junior State Judo Championship	Harsha Venu
2020-21	Gold	Individual	State	Junior State Judo Championship	Sruthy K
2020-21	Gold	Individual	State	Senior State Judo Championship	Anagha Shanmughan
2020-21	Gold	Individual	State	Senior State Judo Championship	Harsha Venu
2020-21	Silver	Individual	State	Senior State Judo Championship	Sruthy K
2020-21	BronZe	Individual	State	Senior State Fencing Championship	Dona Maria Tom
2020-21	Participation	Individual	State	Junior State Ball badminton Championship	Adhulya Prakash
2020-21	Silver	Individual	State	Senior State Softball Championship	Sandra M
2020-21	Silver	Individual	State	Senior State Softball Championship	Arya M
2020-21	Silver	Individual	State	Senior State Softball Championship	Sreelakshmi T K
2020-21	Silver	Individual	State	Senior State Softball Championship	Sayana K
2020-21	Silver	Individual	State	Senior State Softball Championship	Sneha T
2020-21	Silver	Individual	State	Senior State Softball Championship	Binsha o
2020-21	Silver	Individual	State	Senior State Softball Championship	Anagha K
2020-21	Gold	Individual	State	Youth State Boxing Championship	Theertha P
CULTURAL PROGRAMMES					
2020-21	Youth Orator	Individual	State	First prize in Youth Orator of Kerala 2020 conducted by J C I Kochi	Sneha Rajeev
2020-21	Quiz - First	Individual	National	First place in the event Quiz at the National Level Virtual Intercollegiate Statistics Fest ESTIMATO 2020	Aswini Rajendran



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2020-21	Statistical Paradox - Second	Individual	National	Second place in the event Statistical Paradox at the National Level Virtual Intercollegiate Statistics Fest ESTIMATO 2020	Aswini Rajendran
2020-21	Best Paper	Individual	National	Secured First prize in paper presentation- Role of Women in pandemic scenario conducted by St Marys College Thrissur	Anjana C S
2020-21	Best Poster Award	Individual	National	Secure 1st prize in poster presentation in the National webinar on paradigm shift in Home Science education conducted by Home Science Association of India	Anila V B
2020-21	Second Prize	Individual	State	Second prize for e- quiz competition, ICAR Krishi Vigyan Kendra Malappuram, Kerala Agricultural University	Jashlin Anna James

2019-2020

SPORTS

2019-20	Participation	Individual	Inter National	Junior Asian Handball Lebanon	Anjaly Venu
2019-20	Participation	Individual	Inter National	Junior Asian Handball Lebanon	Dilna George
2019-20	Silver	Individual	National	Senior National	Anusha K Joseph
2019-20	Silver	Individual	National	Senior National	Sneha S
2019-20	Silver	Individual	National	Senior National	Jasla Saleem
2019-20	Silver	Individual	National	Senior National	Anu Xavier
2019-20	Silver	Individual	National	Youth National Judo	Sabithamol S
2019-20	Gold	Individual	National	AIJU Tug of war ,outdoor	Anusha K Joseph
2019-20	Gold	Individual	National	AIJU Tug of war ,outdoor	Sneha S
2019-20	Gold	Individual	National	AIJU Tug of war ,outdoor	Jasla Saleem



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2019-20	Gold	Individual	National	AIIU Tug of war ,outdoor	Amrutha P K
2019-20	Gold	Individual	National	AIIU Tug of war ,outdoor	Anu Xavier
2019-20	Gold	Individual	National	AIIU Tug of war ,Beach	Amrutha P K
2019-20	Gold	Individual	National	AIIU Tug of war ,Beach	Anu Xavier
2019-20	Bronze	Individual	National	AIIU Tug of war ,Beach	Sneha S
2019-20	Bronze	Individual	National	AIIU Tug of war ,Beach	Jasla Saleem
2019-20	Bronze	Individual	National	AIIU Handball	Anjaly venu
2019-20	Bronze	Individual	National	AIIU Handball	Dilna George
2019-20	Bronze	Individual	National	AIIU Handball	Anusha K
2019-20	Bronze	Individual	National	AIIU Handball	Agila C V
2019-20	Bronze	Individual	National	AIIU Handball	Rakhi ATV
2019-20	Bronze	Individual	National	AIIU Handball	Krishnapriya
2019-20	Bronze	Individual	National	Khelo India AIIU Athletics	Anaswara C
2019-20	Silver	Individual	National	AIIU Baseball	Anagha K
2019-20	Participation	Individual	National	AIIU Cross country	Athira Anil Kumar
2019-20	Participation	Individual	National	Under 23 National Wrestling	Anagha Shanmughan
2019-20	Participation	Individual	National	Junior National Judo	Anagha Shanmughan
2019-20	Participation	Individual	National	Junior National Judo	Harsha Venu
2019-20	Participation	Individual	National	Senior National Weightlifting	Prathibha kumary
2019-20	Participation	Individual	National	Senior National Weightlifting	Gopika
2019-20	Participation	Individual	National	Senior National Handball	Anjaly venu
2019-20	Participation	Individual	National	Senior National Handball	Dilna George
2019-20	Participation	Individual	National	Senior National Handball	Anusha K
2019-20	Participation	Individual	National	Senior National Handball	Agila C V
2019-20	Participation	Individual	National	Senior National Cross-country	Athira Anil Kumar



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2019-20	Participation	Individual	National	Junior National Handball	Anjali M
2019-20	Participation	Individual	National	Junior National Handball	Arunima Sunil R S
2019-20	Participation	Individual	National	Senior National Kabaddi	Ancy P
2019-20	Participation	Individual	National	Senior National Kabaddi	Survana V S
2019-20	Participation	Individual	National	Junior National Wrestling	Harsha Venu
2019-20	Participation	Individual	National	AIJU Weightlifting	Prathibha Kumari M P
2019-20	Participation	Individual	National	Khelo India AIJU Weightlifting	Prathibha Kumari M P
2019-20	Participation	Individual	National	AIJU Judo	Harsha Venu
2019-20	Participation	Individual	National	AIJU Cricket	Rinu C J
2019-20	Participation	Individual	National	AIJU Athletics	Nayana
2019-20	Participation	Individual	National	AIJU Ball badminton	Athulya P Prakeshan
2019-20	Participation	Individual	National	AIJU Softball	Anagha K
2019-20	Participation	Individual	National	AIJU Softball	Sneha T
2019-20	Participation	Individual	National	AIJU Kabaddi	Arathi A
2019-20	Participation	Individual	National	AIJU Kabaddi	Dona Maria Tom
2019-20	Participation	Individual	National	AIJU Fencing	Dona Maria Tom
2019-20	Silver 4x100 R	Individual	National	South Zone National Athletics	Nanditha Udayaraj
2019-20	4th position	Individual	National	AIJU Athletics	Anaswara C
2019-20	Gold	Individual	National	AIJU Tug of war ,Beach	Anusha K Joseph
2019-20	Silver	Individual	National	Senior South Zone Wrestling	Anagha Shanmughan
2019-20	Participation	Individual	National	Khelo India Junior National Handball	Anjali M
2019-20	Participation	Individual	National	Khelo India Junior National Handball	Arunima Sunil R S
2019-20	Silver	Individual	State	Senior State Tug of War	Anu Xavier
2019-20	Bronze	Individual	State	Senior State Wushu	Sreeshma P M
2019-20	Participation	Individual	State	Senior State Mixed Tug of War	Arathi A



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2019-20	Participation	Individual	State	Senior State Mixed Tug of War	Preethi Krishna
2019-20	Participation	Individual	State	Senior State Mixed Tug of War	Sneha Maichael Cheeran
2019-20	Participation	Individual	State	State Inter District Club Athletics	Fathima Fidha A K
2019-20	Bronze	Individual	State	State Inter Club Athletic	Rinjitha C S
2019-20	Participation	Individual	State	Senior State Base Ball	Sreelakshmi T K
2019-20	Silver	Individual	State	Senior State Soft Ball	Binisha O
2019-20	Silver	Individual	State	Senior State Soft Ball	Sreelakshmi T K
2019-20	Silver	Individual	State	Senior State Soft Ball	Anagha K
2019-20	Silver	Individual	State	Senior State Soft Ball	Sayana K
2019-20	Gold	Individual	State	Senior State Athletics	Sreeranjini H R
2019-20	Silver	Individual	State	Senior State Tug of War	Sneha S
2019-20	Silver	Individual	State	Senior State Tug of War	Jasla Saleem
2019-20	Bronze	Individual	State	Senior State Wushu	Safa Ameena T
2019-20	Bronze	Individual	State	Senior State Wushu	Raseena Iqbal
2019-20	Bronze	Individual	State	Senior State Wushu	Greshma S
2019-20	Gold	Individual	State	Senior State Wushu	Sneha Maichel Cheeran
2019-20	Gold	Individual	State	Under 23 Wrestling State	Anagha Shanmughan
2019-20	Silver	Individual	State	Under 23 Wrestling State	Sruthy K
2019-20	Silver	Individual	State	Under 23 Wrestling State	Harsha Venu
2019-20	Bronze	Individual	State	Under 23 Wrestling State	Greshma S
2019-20	Silver	Individual	State	State Inter Club Athletic	Athira Anilkumar
2019-20	Bronze	Individual	State	State Inter Club Athletic	Athira Anilkumar
2019-20	Gold	Individual	State	State Inter Club Athletic	Sreeranjini H R



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2019-20	Participation	Individual	State	State Inter Club Athletic	Nandhitha Uyadhyaraj
2019-20	Bronze	Individual	State	State Inter Club Athletic	Dona Maria Tom
2019-20	Bronze	Individual	State	State Inter Club Athletic	Nandhitha Uyadhyaraj
2019-20	Bronze	Individual	State	State Inter Club Athletic	Sharanya M S
2019-20	Participation	Individual	State	State Inter Club Athletic	Remya AV
2019-20	Participation	Individual	State	State Inter Club Athletic	Sinu Siddique
2019-20	Participation	Individual	State	State Inter Club Athletic	Simi Paul
2019-20	Participation	Individual	State	State Inter Club Athletic	Stella Mery
2019-20	Silver	Individual	State	Senior State Tug of War	Amrutha P K
2019-20	Silver	Individual	State	Senior State Tug of War	Sneha S
2019-20	Silver	Individual	State	Senior State Tug of War	Jasla Saleem
2019-20	Silver	Individual	State	Senior State Tug of War	Anna Mariya
2019-20	Silver	Individual	State	Senior State Tug of War	Prejila M
2019-20	Silver	Individual	State	Senior State Tug of War	Ancy P
2019-20	Silver	Individual	State	Senior State Tug of War	Ananya Rajan
2019-20	Silver	Individual	State	Senior State Tug of War	Anu Xavier
2019-20	Participation	Individual	State	Senior State Tug of War	Sinu Siddique
2019-20	Participation	Individual	State	Senior State Tug of War	Aleena Devasia
2019-20	Participation	Individual	State	Senior State Tug of War	Ramy A V
2019-20	Gold	Individual	State	State Wrestling Championship	Anagha Shanmughan
2019-20	Silver	Individual	State	State Wrestling Championship	Harsha Venu
2019-20	Silver	Individual	State	State Wrestling Championship	Sruthy K
2019-20	Bronze	Individual	State	State Wrestling Championship	Greshma s
2019-20	Participation	Individual	State	Senior State Mixed Tug of War	Anna Mariya
2019-20	Participation	Individual	State	Senior State Mixed Tug of War	Rakhi A T V



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2019-20	Participation	Individual	State	Senior State Mixed Tug of War	Aneesha Joseph
2019-20	Participation	Individual	State	Senior State Mixed Tug of War	Aleena Devasya
2019-20	Participation	Individual	State	Senior State Mixed Tug of War	Prajila M
2019-20	Participation	Individual	State	Junior State Athletics	Sinu Siddique
2019-20	Participation	Individual	State	Junior State Athletics	Rinjitha C S
2019-20	Participation	Individual	State	Junior State Athletics	Simi Paul A P
2019-20	Participation	Individual	State	Junior State Athletics	Nanditha Udaya Raj
2019-20	5000m Gold	Individual	State	Junior State Athletics	Athira Anil Kumar
2019-20	Gold	Individual	State	Under 23 State Wrestling	Anagha Shanmughan
2019-20	Gold	Individual	State	Under 23 State Wrestling	Sabitha mol S
2019-20	Silver	Individual	State	Under 23 State Wrestling	Sruthy K
2019-20	Silver	Individual	State	Under 23 State Wrestling	Harsha Venu
2019-20	Bronze	Individual	State	Under 23 State Wrestling	Greshma S
2019-20	Gold	Individual	State	Senior State Weightlifting	Prathibha Kumari M P
2019-20	Silver	Individual	State	Senior State Weightlifting	Gopika V S
2019-20	Bronze	Individual	State	Senior State Weightlifting	Ranjini R S
2019-20	Silver	Individual	State	Senior State Wrestling	Anagha Shanmughan
2019-20	Bronze	Individual	State	Senior State Wrestling	Greshma S
2019-20	Water polo Silver	Individual	State	Senior State Swimming	Salini S
2019-20	Gold	Individual	State	Junior Judo State	Anagha Shanmughan
2019-20	Gold	Individual	State	Junior Judo State	Harsha Venu
2019-20	Silver	Individual	State	Junior Judo State	Sruthy K
2019-20	Gold	Individual	State	Senior Judo State	Harsha Venu
2019-20	Silver	Individual	State	Senior Judo State	Greshma S
2019-20	Bronze	Individual	State	Senior Judo State	Anagha Shanmughan



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2019-20	Bronze	Individual	State	Senior Judo State	Sruthy K
2019-20	Participation	Individual	State	Senior Judo State	Sabitha mol
2019-20	Participation	Individual	State	Senior Judo State	Selvapriya
2019-20	Participation	Individual	State	Senior Judo State	Priya M

CULTURAL PROGRAMMES

2019-20	Participation	Individual	National	Republic Day Parade	Kathiya Varghese
2019-20	First	Team	State	First prize in fashion show at St Marys College Thrissur	Aiswarya Sivan
2019-20					Alna Varghese
2019-20					Ayana Ramesh
2019-20					Ayshath A A
2019-20					Bhagya Sadanandan
2019-20					Mary George
2019-20					Swathy Suresh
2019-20	First	Individual	State	First prize in Salad Making Competition contest organised by, State Nutrition Bureau under Directorate of Health Science, Trivandrum for the Nutrition Awareness Exhibition at Vimala College, Thrissur	Jisna Maria
2019-20	First	Individual	State	First prize in Salad Making Competition contest organised by, State Nutrition Bureau under Directorate of Health Science, Trivandrum for the Nutrition Awareness Exhibition at Vimala College, Thrissur	Alna Varghese



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2019-20	Second	Individual	State	Second prize in Salad Making Competition contest organised by, State Nutrition Bureau under Directorate of Health Science, Trivandrum for the Nutrition Awareness Exhibition at Vimala College, Thrissur	Anu A P
2019-20	Second	Individual	State	Second prize in Soup Making Competition contest organised by, State Nutrition Bureau under Directorate of Health Science, Trivandrum for the Nutrition Awareness Exhibition at Vimala College, Thrissur	Helen Vincent
2019-20	Second	Individual	State	Second prize in Soup Making Competition contest organised by, State Nutrition Bureau under Directorate of Health Science, Trivandrum for the Nutrition Awareness Exhibition at Vimala College, Thrissur	Sahva Nazrin
2019-20	First	Individual	State	First prize in Healthy breakfast Making Competition contest organised by, State Nutrition Bureau under Directorate of Health Science, Trivandrum for the Nutrition Awareness Exhibition at Vimala College, Thrissur	Akshatha T
2019-20	First	Individual	State	First prize in Healthy breakfast Making Competition contest organised by, State Nutrition Bureau under Directorate of Health Science, Trivandrum for the Nutrition Awareness Exhibition at Vimala College, Thrissur	Jashlin Anna



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2019-20	First	Team	State	First prize in Quiz competition organized by Mathrubhoomi	Mariya Lilly Thomas & Irine Mariya V S
2019-20	First	Team	State	War of Sane Dhara 2k19	Praveena P & Dhaya K M
2019-20	Runner Up	Team	State	Runner Up, TARANG 19" The Best Management Team, School of Management Studies, NIT Calicut 2nd and 3rd Novemeber 2019	P Anjana Menon & Sreelakshmi Dileep
2019-20	Third Prize	Individual	State	Third prize in state level story writing competition conducted by Kudumbasree, CTS Kerala	Athulya P S
2019-20	Second	Individual	State	R J Hunt St Mary's College, Thrissur	Sandra Thomas
2019-20	Second	Individual	State	State Level Essay Competitions	Mridula Muraleedharan
2019-20	First	Individual	State	All Kerala Inter Collegiate Quiz conducted by Old Students Association Dept. of Statistics, CUSAT	Muhseena K M



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2018-2019

SPORTS

2018-19	Silver	Individual	National	AIIU Tug of war	Anusha K Joseph
2018-19	Silver	Individual	National	AIIU Tug of war	Sneha S
2018-19	Silver	Individual	National	AIIU Tug of war	Jasna Joseph
2018-19	Silver	Individual	National	AIIU Tug of war	Amrutha P K
2018-19	Gold	Individual	National	AIIU Soft ball	Anagha k
2018-19	Gold	Individual	National	AIIU Soft ball	Sneha T
2018-19	Bronze	Individual	National	South zone National Ball Badminton	Delma C D
2018-19	Bronze	Individual	National	Senior National KURASH	Selvapriya S
2018-19	Gold	Individual	National	Junior National Tug og War	Jasla Saleem
2018-19	Gold	Individual	National	Junior National Tug og War	Anu Xavier
2018-19	Gold	Individual	National	WUSHU KUNGFU South Zone	Safa Ameena T
2018-19	Gold	Individual	National	WUSHU KUNGFU South Zone	Sreeshma P M
2018-19	Gold	Individual	National	WUSHU KUNGFU South Zone	Raseena Iqbal
2018-19	silver	Individual	National	AIIU Tug of War	Sneha S
2018-19	Gold	Individual	National	South Zone Senior National Handball	Anusha k
2018-19	Silver	Individual	National	Senior National Tug of War	Sneha s
2018-19	Participation	Individual	National	AIIU Judo	Rosmi Stephen
2018-19	Participation	Individual	National	AIIU Kabaddi	Arathi A
2018-19	Participation	Individual	National	AIIU Weightlifting	Anagha Shaji
2018-19	Participation	Individual	National	AIIU Fencing	Anjali Mohan
2018-19	Participation	Individual	National	AIIU Swimming	Malavika B
2018-19	Participation	Individual	National	AIIU Base ball	Rinu C J
2018-19	Participation	Individual	National	AIIU Base ball	Anagha K



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2018-19	Participation	Individual	National	AIIU Base ball	Binsha o
2018-19	Participation	Individual	National	AIIU Handball	Anusha K
2018-19	Participation	Individual	National	AIIU Handball	Krishnaja P K
2018-19	Participation	Individual	National	AIIU Handball	Anjali Venu
2018-19	Participation	Individual	National	AIIU Handball	Anjitha K
2018-19	Participation	Individual	National	AIIU Handball	Anupriya VR
2018-19	Participation	Individual	National	AIIU Handball	Rakhi ATV
2018-19	Participation	Individual	National	Senior National Wrestling	Rosmi Stephen
2018-19	Participation	Individual	National	Senior National Wrestling	Veena Thampi
2018-19	Participation	Individual	National	South Zone National Athletics	Sreeranjini A R
2018-19	Participation	Individual	National	Senior National Federation Ball Badminton	Ajna Moidu K
2018-19	Participation	Individual	National	Junior National Handball	Vidya K
2018-19	Participation	Individual	National	Junior National Handball	Anjali Venu
2018-19	Participation	Individual	National	Junior National Handball	Agila C V
2018-19	Participation	Individual	National	Junior National Handball	Dilna George
2018-19	Participation	Individual	National	Junior Nationals Softball	Sayana K
2018-19	Participation	Individual	National	Junior Nationals Softball	Sneha T
2018-19	Participation	Individual	National	Senior Nationals Kurash	Bincy E R
2018-19	Participation	Individual	National	Senior Nationals Kurash	Dhanusha Sadanandan
2018-19	Participation	Individual	National	Senior Nationals Kurash	Priya M M
2018-19	Participation	Individual	National	Senior Nationals Kurash	Greshma S
2018-19	Participation	Individual	National	Senior Nationals Wushu	Raseena Iqbal
2018-19	Participation	Individual	National	Senior National Cycle Polo	Ancy p
2018-19	Participation	Individual	National	Senior National Cycle Polo	Nranjana Sasi
2018-19	Participation	Individual	National	Senior National Cycle Polo	Anju Shaji



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2018-19	Participation	Individual	National	Federation National Cycle Polo	Ancy p
2018-19	Participation	Individual	National	Junior National Weightlifting	Anagha Shaji
2018-19	Participation	Individual	National	Senior National Baseball	Anagha K
2018-19	Participation	Individual	National	Senior National Baseball	Rinu
2018-19	Participation	Individual	National	Senior National Baseball	Sreelakshmi T K
2018-19	Participation	Individual	National	Senior national Handball	Anusha k
2018-19	Participation	Individual	National	AIJU Athletics	Anaswara C
2018-19	Bronze	Individual	National	Senior National Kurash	Veena Thampi
2018-19	Participation	Individual	National	Aiiu Fencing	Veena Thampi
2018-19	Gold	Individual	National	Junior National Tug of War	Steeva Shaji
CULTURAL PROGRAMMES					
2018-19	Third	Individual	International	Third prize in Paper Presentation competition	Sruthi K Dinesh
2018-19	Third	Individual	International	Third prize in Paper Presentation competition	Niranjana Sudheer
2018-19	First	Individual	International	First prize in Paper Presentation competition	Lakshmi Sureshkumar
2018-19	First	Individual	International	First prize in Paper Presentation competition	Kavya Krishnakumar
2018-19	First	Team	State	YUVA MASTERMIND - Best Project conducted by Malayala Manorama	Adithya A, Aloysia Francis, Anjana C, Anupama K Xavier, Rakhi Sankar.
2018-19	Third	Individual	National	Third Prize in National level photography competition conducted at Chandigarh University	Aleena Theres
2018-19	Third	Individual	State	All Kerala Inter Collegiate Quiz competition	Mridula Muraleedharan
2018-19	Second	Individual	Inter University	Second prize in the photography competition. Inter University fest at Thirupathy on October 11, 2018	Aleena Theres



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

2017-2018

SPORTS

2017-18	7th Position	Individual	Inter National	World University Judo	Aswathy P R
2017-18	First	Individual	National	AIJU JUDO	Jais Mathew
2017-18	Gold	Individual	National	AIJU Judo	Rosmi Stephen
2017-18	Silver	Individual	National	Junior National Tug of War	Jesla Salim
2017-18	Silver	Individual	National	Junior National Tug of War	Jomily Johnson
2017-18	Gold	Individual	National	Senior National Tug of War	Anusha K Joseph
2017-18	Gold	Individual	National	Senior National Tug of War	Athulya P S
2017-18	Gold	Individual	National	Senior National Tug of War	Suvarna S
2017-18	Silver	Individual	National	Senior National Tug of War	Sneha S
2017-18	Gold	Individual	National	Senior National Tug of War	Jasna Joseph
2017-18	Silver	Individual	National	Senior National Judo	Aswathy P R
2017-18	Bronze	Individual	National	Junior National & Cadet Judo	Rosmi Stephen
2017-18	Silver	Individual	National	AIJU Zonal Handball	Anusha K
2017-18	Silver	Individual	National	AIJU Zonal Handball	Krishnaja P K
2017-18	Silver	Individual	National	AIJU Zonal Handball	Sindhoora V V
2017-18	Silver	Individual	National	AIJU Zonal Handball	Dilna George
2017-18	Silver	Individual	National	AIJU Zonal Handball	Agila C V
2017-18	Silver	Individual	National	AIJU Zonal Handball	Anjali Venu
2017-18	Silver	Individual	National	AIJU Zonal Handball	Anjitha K
2017-18	Silver	Individual	National	AIJU Zonal Handball	Gopika K V
2017-18	Participation	Individual	National	AIJU Aquatics	Athira G
2017-18	Participation	Individual	National	AIJU Aquatics	Malavika B
2017-18	Participation	Individual	National	AIJU Kabaddi	Drisya P S



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

2017-18	Participation	Individual	National	AIIU Weightlifting	Ancy Daniel
2017-18	Participation	Individual	National	AIIU Tug of war	Veena thampi
2017-18	Participation	Individual	National	AIIU Tug of war	Amrutha P K
2017-18	Participation	Individual	National	AIIU Handball	Sindhoora V V
2017-18	Participation	Individual	National	AIIU Handball	Agila C V
2017-18	Participation	Individual	National	Junior National Handball	Sindhoora V V
2017-18	Participation	Individual	National	Junior National Handball	Dilna George
2017-18	Participation	Individual	National	Junior National Handball	Agila C V
2017-18	Participation	Individual	National	Junior National Handball	Anjali Venu
2017-18	Participation	Individual	National	Senior National Handball	Anusha K
2017-18	Participation	Individual	National	Senior National Handball	Krishnaja P K
2017-18	Participation	Individual	National	Senior National Handball	Dilna George
2017-18	Participation	Individual	National	Senior National Handball	Agila C V
2017-18	Participation	Individual	National	Senior National Weightlifting	Sruthy Santhosh
2017-18	Participation	Individual	National	Senior National Cycle polo	Vidya K
2017-18	Participation	Individual	National	Senior National Cycle polo	Niranjana Sasi
2017-18	Participation	Individual	National	Senior National Cycle polo	Selvapriya S
2017-18	Participation	Individual	National	AIIU Athletics	Anaswara C
2017-18	Participation	Individual	National	AIIU Athletics	Akshayamol A K
2017-18	Participation	Individual	National	Open National Athletics	Sruthilekshmi L
2017-18	Participation	Individual	National	Open National Athletics	Anaswara C
2017-18	Participation	Individual	National	AIIU Aquatics	Anjana Mohanan
2017-18	Participation	Individual	National	AIIU Handball	Anusha K
2017-18	Participation	Individual	National	AIIU Handball	Krishnaja P K
2017-18	Participation	Individual	National	AIIU Handball	Dilna George



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

2017-18	Participation	Individual	National	AIJU Handball	Anjitha K
2017-18	Participation	Individual	National	AIJU Handball	Anjali Venu
2017-18	Participation	Individual	National	AIJU Handball	Gopika K V
2017-18	Participation	Individual	National	Senior National Weightlifting	Ancy Daniel
2017-18	Silver	Individual	National	AIJU Athletics	Jilna M V
2017-19	Participation	Individual	National	Open National Athletics	Reeba Anna George
2017-18	Silver Pole Vault	Individual	state	Senior State Athletics	Anaswara C
2017-18	Bronze Shot Put	Individual	state	Senior State Athletics	Rijina M
2017-18	Participation	Individual	state	Senior State Athletics	Anju Mohan
2017-18	Participation	Individual	state	Senior State Athletics	Akshayamol A K
2017-18	Gold 100	Individual	state	Junior State Athletics	Jilna M V
2017-18	Gold 200	Individual	state	Junior State Athletics	Jilna M V
2017-18	Participation	Individual	state	Junior State Athletics	Sruthy V C
2017-18	Gold in Long Jump	Individual	state	Trails Open Nationals Athletics	Sruthy Leksmi L
2017-18	Gold in pole Vault	Individual	state	Trails Open Nationals Athletics	Anaswara C
2017-18	Silver in Long Jump	Individual	state	Trails Open Nationals Athletics	Akshayamol A K
2017-18	Silver in 1500m	Individual	state	Trails Open Nationals Athletics	Reeba Anna George
2017-18	Gold	Individual	state	Junior State Judo	Rosmi Stephen
2017-18	Bronze	Individual	state	Junior State Judo	Bincy E R
2017-18	Bronze	Individual	state	Junior State Judo	SelvaPriya
2017-18	Gold	Individual	state	Senior State JUDO	Rosmi Stephen
2017-18	Silver	Individual	state	Senior State JUDO	Jais Mathew
2017-18	Bronze	Individual	state	Senior State JUDO	Veena Thampi
2017-18	Participation	Individual	state	Senior State Tug of war	Anjali Mohan
2017-18	Participation	Individual	state	Senior State Tug of war	Niranjana Sasi



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

2017-18	Silver	Individual	state	Senior State Tug of war	Jesna Joseph
2017-18	Silver	Individual	state	Senior State Tug of war	Selvapriya S
2017-18	Silver	Individual	state	Senior State Tug of war	Veena Thmpi
2017-18	Silver	Individual	state	Senior State Tug of war	Rosmi Stephen
2017-18	Silver	Individual	state	Senior State Tug of war	Anusha K Joseph
2017-18	Silver	Individual	state	Senior State Tug of war	Athulya P
2017-18	Participation	Individual	state	Junior State Tug of war	Drisya P S
2017-18	Participation	Individual	state	Junior State Tug of war	Sneha S
2017-18	Participation	Individual	state	Junior State Tug of war	Kavya P S
2017-18	Participation	Individual	state	Junior State Tug of war	Nimisha B
2017-18	Participation	Individual	state	Junior State Tug of war	Aleena Benny
2017-18	Participation	Individual	state	Junior State Tug of war	Jomily Johnson
2017-18	Participation	Individual	state	Junior State Tug of war	Vidya K
2017-18	Participation	Individual	state	Junior State Tug of war	Amrutha P K
2017-18	Gold	Individual	state	Junior State Handball	Sindhoora V V
2017-18	Gold	Individual	state	Junior State Handball	Dilna George
2017-18	Gold	Individual	state	Junior State Handball	Agila C V
2017-18	Gold	Individual	state	Junior State Handball	Anjali Venu
2017-18	Gold	Individual	state	Junior State Handball	Anjitha K
2017-18	Gold	Individual	state	Junior State Handball	Anna maria
2017-18	Gold	Individual	state	Junior State Handball	Gopika K V
2017-18	Gold	Individual	state	Junior State Handball	Anupriya V R
2017-18	Gold	Individual	state	Junior State Handball	Vidya K
2017-18	Gold	Individual	state	Senior State Handball	Anusha K
2017-18	Gold	Individual	state	Senior State Handball	Sindhoora V V



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

2017-18	Gold	Individual	state	Senior State Handball	Anjali Venu
2017-18	Gold	Individual	state	Senior State Handball	Dilna George
2017-18	Gold	Individual	state	Senior State Handball	Agila C V
2017-18	Gold	Individual	state	Senior State Handball	Krishnaja P K
2017-18	Participation	Individual	state	Senior State Handball	Prinsha Krishnan
2017-18	Participation	Individual	state	Senior State Handball	Vidya K
2017-18	Participation	Individual	state	Senior State Handball	Anjitha K
2017-18	Participation	Individual	state	Senior State Handball	Anupriya V R
2017-18	Participation	Individual	state	Senior State Handball	Anna Maria
2017-18	Bronze 800m Free Style	Individual	state	State Aquatics	Malavika
2017-18	Bronze 4x50 m Mixed FSR	Individual	state	State Aquatics	Malavika
2017-18	Bronze 1500m FS	Individual	state	State Aquatics	Malavika
2017-18	Bronze 4x100m MR	Individual	state	State Aquatics	Malavika
2017-18	Participation	Individual	state	Senior State Tug of war	Sruthy V C
2017-18	Gold	Individual	state	Junior State Weightlifting	Amrutha K R

CULTURAL PROGRAMMES

2017-18	First	Individual	National	All India Level NIAP Competition	Harsha Unnikrishnan
2017-18	First	Team	National	First Prize in Cloth Show Legado 2k17 National Fest at Holy Grace Academy of Management Studies	Nazrin Razak Aida Henry & Aleena Babu
2017-18	First prize	Team	National	First prize in corporate walk event for the National Management Fest INFLORE 17 at Rajagiri Centre for Business Studies	Sreelashmi K G Nazrin Razak & Alda Henry
2017-18	Second prize	Team	National	Second prize in EXODUS, National level Techno Cultural fest	Aida Henry & Nazrin Rasak



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

2017-18	Best Project	Team	State	Best project in the Student Science Festival organised by Janmabhoomi	Rakhi Sankar Anjana C, Anupama Xavier Adithya A P AthiraUnni
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2016-2017

SPORTS

2016-17	Gold in 100m Hurdles	Individual	National	Senior Nationals Athletics	Sugina M
2016-17	Silver	Individual	National	Senior Nationals Tug of War	Athulya P S
2016-17	Silver	Individual	National	Senior Nationals Tug of War	Anusha K Joseph
2016-17	Silver	Individual	National	Junior Nationals Tug of War	Jesna Joseph
2016-17	4 th Position	Individual	National	Junior Nationals Handball	Sindhoora V V
2016-17	4th Position	Individual	National	Junior Nationals Handball	Anusha K
2016-17	100 m Hurdles Gold	Individual	National	AIJU Athletics	Sugina M
2016-17	4x100 m Relay Gold	Individual	National	AIJU Athletics	Sugina M
2016-17	Silver 100m Hurdles	Individual	National	National Open Athletics	Sugina M
2016-17	Bronze	Individual	National	AIJU Weight Lifting	Ancy Daniel
2016-17	4x400m Relay Bronze	Individual	National	AIJU Athletics	Anju Mohan
2016-17	Fourth Position	Individual	National	AIJU Handball 4thposition	Sindhoora V V
2016-17	Fourth Position	Individual	National	AIJU Handball 4thposition	Gayathri P
2016-17	Fourth Position	Individual	National	AIJU Handball 4thposition	NeethuK V
2016-17	Participation	Individual	National	Senior Nationals Handball	Anusha K
2016-17	Participation	Individual	National	Senior Nationals Weightlifting	Ancy Daniel
2016-17	Participation	Individual	National	Senior Nationals Weightlifting	Sruthy Santhosh
2016-17	Participation	Individual	National	AIJU Aquatics	Anjana Mohan



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

2016-17	Participation	Individual	National	AIJU Aquatics	Priya C
2016-17	Participation	Individual	National	AIJU Aquatics	Malavika B
2016-17	Participation	Individual	National	AIJU Weightlifting	Sneha M S
2016-17	Participation	Individual	National	AIJU Fencing	Chinnu Wilson
2016-17	Participation	Individual	National	AIJU Athletics	Josna Jose
2016-17	Participation	Individual	National	AIJU Athletics	Akshaya K
2016-17	Participation	Individual	National	AIJU Athletics	Akshayamol A K
2016-17	Participation	Individual	National	AIJU Athletics	Sruthy Lekshmi
2016-17	Gold	Individual	State	Kerala State Senior Judo Championship	Jais Mathew
2016-17	Participation	Individual	National	AIJU Athletics	Geethu K K
2016-17	Participation	Individual	National	Junior National Handball	NeethuK V
2016-17	Silver in 100m,4x100mR	Individual	National	Junior Nationals Athletics	Jilna M V
2016-17	Gold in Water polo	Individual	National	Senior Nationals Aquatics	Priya C
2016-17	Participation	Individual	National	Senior Nationals Aquatics	Anjana Mohan
2016-17	Third in -70kg	Individual	National	Junior Nationals Judo	Devikrishna V S
2016-17	Participation in +78kg	Individual	National	Junior Nationals Judo	Anjali Santhosh
2016-17	Participation	Individual	National	Senior Nationals Judo	Devikrishna V S
2016-17	Participation	Individual	National	Senior Nationals Judo	Anjali Santhosh
2016-17	Participation	Individual	National	Junior Nationals Weightlifting	Athira P Mathew
2016-17	Participation	Individual	National	Junior Nationals Weightlifting	Sneha M S
2016-17	Participation	Individual	National	Senior Nationals Weightlifting	Linta Thomas
2016-17	Participation	Individual	National	Senior Nationals Weightlifting	Amrutha K R
2016-17	Participation	Individual	National	Senior Nationals Weightlifting	Subitha Kumari S M
2016-17	Participation	Individual	National	Senior Nationals Weightlifting	Sneha M S
2016-17	Participation	Individual	National	AIJU Aquatics	Jyothi M



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

2016-17	Participation	Individual	National	AIIU Aquatics	Athira G
2016-17	Participation	Individual	National	AIIU Judo	Aswathy P R
2016-17	Participation	Individual	National	AIIU Judo	Regin Tomy
2016-17	Bronze in-70kg	Individual	National	AIIU Judo	Jais Mathew
2016-17	Participation	Individual	National	AIIU Judo	Devi Krishna V S
2016-17	Participation	Individual	National	AIIU Weightlifting	Linta Thomas
2016-17	Selected	Individual	National	AIIU Power lifting	Linta Thomas
2016-17	Participation	Individual	National	AIIU Handball 4th position	Linta Thomas
2016-17	4x100 m Relay Gold	Individual	National	AIIU Athletics	
CULTURAL PROGRAMMES					
2016-17	Participation	Individual	International	Asian Book of Records	Swarna Sajish
2016-17	Participation	Individual	National	Indian Book of Records	Swarna Sajish
2016-17	Second Prize	Team	National	Second prize in fashion show competition at MA College	Aleena babu
					Aida Henry
					Nazrin Razak
2016-17	Best Performer	Individual	State	Best performer in Be Youthful, Theme show, conducted by Bharath Matha College	Nazrin Razak
2016-17	First Prize	Team	State	First prize in Theme show competition at Bharath Matha college, Ernakulam	Nazrin Razak
					Aida Henry
2016-17	One among Top 10	Individual	State	One among top 10 in Essay competition organized by APT	Jayalakshmi K
2016-17	First Prize	Individual	State	First prize in yoga competition	Sreelakshmi K G



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