



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Criterion V

Student Support and Progression



5.3.3 Sports and cultural events/competitions organised by the Institution 2019-2020

Assessment Period (2016 - 2021)



COMPETITIONS

1. Name of the Event: World Environmental Day- an Interschool Drawing Competition

Date: 12-06-2019

Time: 10.00 am

Venue: Department of Botany

Organized by: Department of Botany

Collaboration (if any):

No. of participants: 11

Brief Report of the Event (with Photograph)

On behalf of World Environmental Day celebrations, an Interschool Drawing Competition was held at Department of Botany, Vimala College on 12 June 2019. Students from various neighbouring schools participated in the competition. The 1st and 2nd Prizes were won by Soorya K. Suresh, Holy Family C. G. H. S. S, Thrissur and Emmanuel George T, C. M. S. H. S. S respectively.





VIMALA COLLEGE (AUTONOMOUS), THRISSUR

2. Name of the Event: INSIGHT- Review Paper Writing Competition

Date: 21 November 2019

Time: 10.30 am

Venue: Department of Botany

Organized by: Enflammer- Journal Club, Department of Botany

Collaboration (if any):

No. of participants: 24

On 21 November 2019 Enflammer the Journal club, Postgraduate Department of Botany, organized “INSIGHT” Workshop on “Preparing and Publishing a Scientific Manuscript” for UG and PG students. The prime objective of the INSIGHT is to develop a knowledge in students, how to write and publish an article in a journal. The program started at 10:30 am. Anjusha Suki, S4 M.Sc .Botany, the student coordinator delivered the welcome address.



Assessment Period (2016 - 2021)


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INSIGHT had two sessions. Dr.Karthika S Menon (Assistant Professor on contract, Department of Botany) with attractive power point presentations took the First session: “Making of a Manuscript”. She explained briefly about the IMRAD format which is very important in the manuscript preparation. She also mentioned the ethics to be considered while writing the manuscript.

The second session was about “Uploading a Manuscript In a Journal” by Dr.ManjuMadhavan (Assistant Professor, Department of Botany). She introduced many best known online journals in different fields and about their impact factor to be checked before uploading into an e-journal. She recommended the journal “Plant Archives” as the first journal to upload our research paper. She also introduced many UGC approved Indian Journals. As whole she enlightened the students to pursue their future in research.

24 students from the Departments of Botany attended the programme. Rose Mary Martin, S4 M.Sc Botany, Student Coordinator delivered the vote of thanks.

At the end of the programme Dr.ManjuMadhavan, Teacher Coordinator proudly announced about the Interdepartmental Review paper contest. The best review paper will be awarded with attractive cash prize and certificate. Thus INSIGHT becomes the first successful programme of Enflammer with the coordination and cooperation of all the teaching staff and students of Department of Botany.



Assessment Period (2016 – 2021)


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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

3. Name of the Event: GANDHI QUIZ-‘GANDHIJI AND LIFE’

Date:03-10-2019

Time: 10.30am

Venue: Department of Chemistry

Organized by: Department of Chemistry

Collaboration (if any):

No. of participants:110

Brief Report of the Event (with Photograph)

As a part of 150th birth anniversary celebrations of Mahatma Gandhi, the great Indian leader, Department of Chemistry has conducted an interdepartmental quiz competition on the topic ‘Gandhiji and Life’ on 03 October 2019. Ms. Nimitha K C, Assistant professor on contract, Department of Chemistry was the quiz master. After the preliminary rounds, 6 groups were selected to the final round. The programme includes 6 rounds which includes questions related to the life of great Mahatma. Riya Raj and TinuNorby of S3 B Sc Chemistry have got first prize. Dhanya K M and Praveena P, S3 B.Com regular and Vidya S and Sisira K S, S1 MA English have secured the second and third prize respectively. The winners were congratulated by Dr. Nancy Mathew, Assistant professor, Department of Chemistry by giving them autobiography of Mahatma Gandhi , ‘*EnteSathyanweshanaPareekshanangal*’. The quiz programme was informative and interesting.



Gandhi quiz : ‘Gandhiji and life’

Coordinator

Dr. Sreelakshmi P Bhaskar



Assessment Period (2016 – 2021)


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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

4. Name of the Event: NATIONAL MILK DAY CELEBRATIONS 'KSHEERA' an interdepartmental quiz competition

Date: 22-11-2019

Time: 10.30am to 12.30pm

Venue: Marian Seminar Hall

Organized by: Department of Chemistry

Collaboration (if any): MILMA Dairy, Thrissur.

No. of participants: 180

Brief Report of the Event (with Photograph)

National milk day was celebrated by the Post Graduate Department of Chemistry in association with Milma, Ramavarnapuram on 22 November 2019. An interdepartmental quiz competition was conducted. The program was arranged in Marian seminar hall at 10.30 am. Program was started with a prayer. Mr. Anil Kumar, Senior marketing executive, Milma welcomed the gathering. 5 teams from various departments were participated in the quiz. A faculty from Milma Dairy was the quiz master. Quiz was informative and interesting too. Students of B Voc Food processing secured first prize and students of B Sc Chemistry and Botany secured second and third prize respectively. Prizes were distributed and vote of thanks was delivered by second year student.



Assessment Period (2016 - 2021)


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VIMALA COLLEGE (AUTONOMOUS), THRISSUR



Coordinator
DR. Sreelakshmi P Bhaskar



Assessment Period (2016 - 2021)


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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

5. Name of the Event: Sr. Canisia Ever Rolling Trophy General Quiz Competition

Date: 07-02-2020

Time: 10.30am

Venue: Silver Jubilee Seminar HALL

Organized by: Department of Chemistry

Collaboration (if any):

No. of participants: 80

Brief Report of the Event (with Photograph)

Department of Chemistry has conducted Sr. Canisia ever rolling trophy general quiz competition on 07February 2020. Mr. Sreekumar V, Assistant professor, Department of History was the quiz master.



Coordinator
Dr. Bijoy P Mathew



Assessment Period (2016 - 2021)


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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

6. Name of the Event: Riti 4.0

Date: 30 August 2019

Time: 9:30 to 4:30 pm

Venue: Lisseux Hall

Organized by: Department of Computer Science

Collaboration (if any):

No. of participants: 98

Brief Report of the Event (with Photograph)

On 30 August 2019, the department of Computer Science of Vimala College hosted an Inter Collegiate IT fest RITI 4.0. Dr RamaniBhai, Asst Professor and HoD of Vidya Engineering College inaugurated the fest.

ABOUT THE COLLEGE
Vimala College (Autonomous), a first grade women's college, under the CMC Management was established in 1976. The college offers UG Undergraduate, PG Postgraduate programmes, Other programmes like PG Diploma, B.Tech. & Community College and is a center for research in English, Commerce, Physics, Economics and Social Work. The institution was accorded autonomy in 2003 and conferred the status of College with Potential for Excellence (CPE) in 2010 and is on a rising scale in three accreditation of NAAC.

ABOUT RITI 4.0
RITI 4.0 is a one-day intercollegiate IT festival conducted by the Department of Computer Science, Vimala College. It is a platform for students to showcase their technical talents as well as to provide an opportunity to enhance their soft skills.

Staff Coordinators
Sr. Divya O. M.
854220513
Ms. Sreedula M.
999550689

Student Coordinators
Steffy K. Thomas
Romika Paul

VIMALA COLLEGE (AUTONOMOUS),
THRISSUR
Re-Accredited by NAAC with 3.5 on 4-point scale (3rd Cycle)

DEPARTMENT OF COMPUTER SCIENCE
PRESENTS

RITI 4.0
REFLECT THE RADIANCE

AN INTERCOLLEGIATE TECHNO FEST

30th August 2019
Time: 9AM to 4PM
Venue: Lisseux Block



Assessment Period (2016 - 2021)

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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Crack The Hack

- Individual participation
- 3 levels with complexity ranging from simple to complex

Sherlock Room

- Pre requisites are guts and fun
- Group of maximum 3 members

Sell Your Skills

(Digital marketing)

- A team of 3 participants
- The theme will be given on spot
- 40 mins for discussion and preparation and 10 mins for presentation

D_Poster

- Individual participation
- Theme will be given on spot
- Can use either MS Paint or Adobe Photoshop

Code Raze

- Based on coding skills in C
- Individual participation

Capture The Flag

(Android phone Hacking)

- Group event of 2 members
- Preliminary stages involved
- Participants must have a smart phone

Registration fee: Rs 100/-
(one individual & one group event)
Extra event will be charged @ Rs 50/-
Participants must have their ID cards.

Usage of any electronic gadgets are not allowed
Decision of the jury will be final



2020-21 RITI 4.0

1. RITI 4.0 - RITI 4.0

2. RITI 4.0 - RITI 4.0

3. RITI 4.0 - RITI 4.0

4. RITI 4.0 - RITI 4.0

5. RITI 4.0 - RITI 4.0

6. RITI 4.0 - RITI 4.0

7. RITI 4.0 - RITI 4.0

8. RITI 4.0 - RITI 4.0

9. RITI 4.0 - RITI 4.0

10. RITI 4.0 - RITI 4.0

Vimala College (Autonomous), Thrissur

Department of Computer Science

RITI 4.0

1. RITI 4.0 - RITI 4.0

2. RITI 4.0 - RITI 4.0

3. RITI 4.0 - RITI 4.0

4. RITI 4.0 - RITI 4.0

5. RITI 4.0 - RITI 4.0

6. RITI 4.0 - RITI 4.0

7. RITI 4.0 - RITI 4.0

8. RITI 4.0 - RITI 4.0

9. RITI 4.0 - RITI 4.0

10. RITI 4.0 - RITI 4.0

SrDivya O M
Coordinator
HOD Sr. Ani Davis K



Assessment Period (2016 - 2021)

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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

7. Name of the Event: Story Reel An Inter Departmental Short film Competition

Date: 30 November 2019

Time: 09:30 to 4:30 pm

Venue: Computer Science Dept

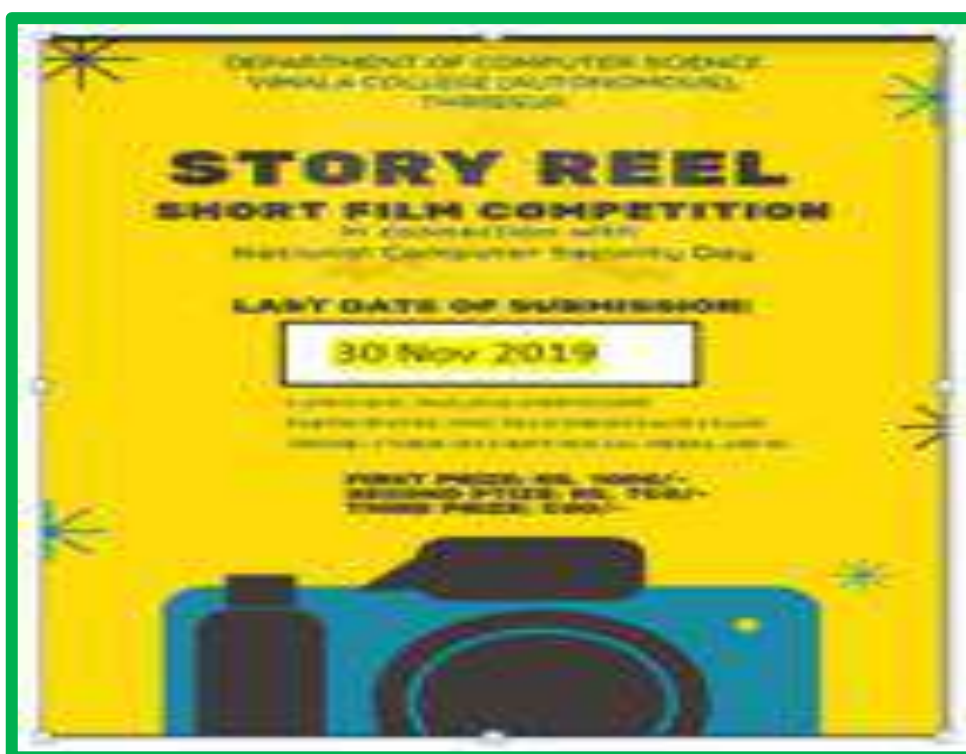
Organized by: Department of Computer Science

Collaboration (if any):

No. of participants: 10

Brief Report of the Event (with Photograph)

On 30 November 2019, the Department of Computer Science of Vimala College hosted an Inter Departmental Short film Competition for the students in connection with National Computer Security Day. The theme was Cyber Security or Social Media Abuse. 10 Departments participated in the event.



SrAni Davis K
Coordinator



Assessment Period (2016 - 2021)


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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

8. Name of the Event: E Mantra Competitions 2019

Date: 02 December 2019

Time: 9:30 to 4:30 pm

Venue: Computer Science Lab, Leisure Tower of College

Organized by: Department of Computer Science

Collaboration (if any):

No. of participants: 65

Brief Report of the Event (with Photograph)

As part of Computer Literacy Day, Department of Computer Science organized “E-MANTRA, IgniTe Your Mind” on 02 Dec 2019 for students from other departments of Vimalacollege at Leisure Tower. Our Principal Dr Sr Mable inaugurated the programme.

Various competitions were held at Leisure tower on the same day from 11.30 am to 12.30 pm.

“Tech Fun” – Computer games, “Tech Touch” – Identify Computer Hardware parts,

“Tech Words” – A to Z Computer related words writing, “Pic Puzzle” – Picture Puzzles

and “Step@Spot” – Spot Choreography were the events conducted. Sr. Ani Davis K, HOD, Department of Computer Science handed over prizes to the winners.

Competitions for teaching and non teaching staff were also organized on 5 th Dec 2019 at Computer Lab, Other Departments, Office and at Exam sections from 10.30 am to 12 pm. PickYour Luck, Crossword Puzzles and Treasure Hunt were the main attractions. Prizes were alsodistributed to the winners.



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Ms Sreekala M
Coordinator



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

9. Name of the Event: D Poster- A digital poster-making competition

Date: 03 October 2019

Time: 1.30- 3.30

Venue: Computer Science Lab

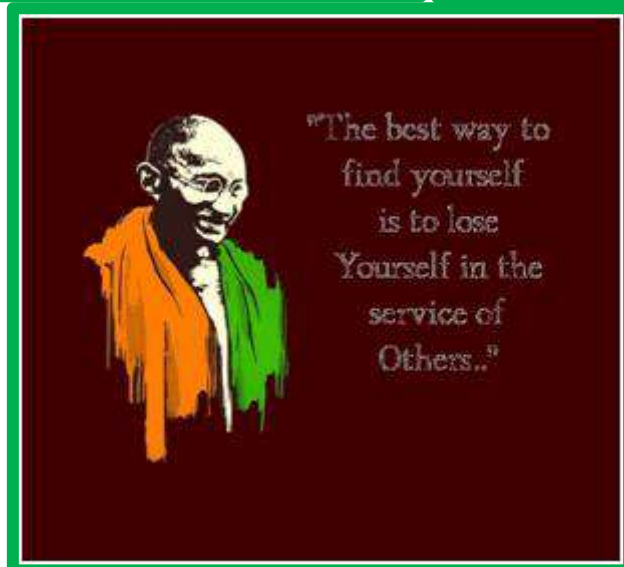
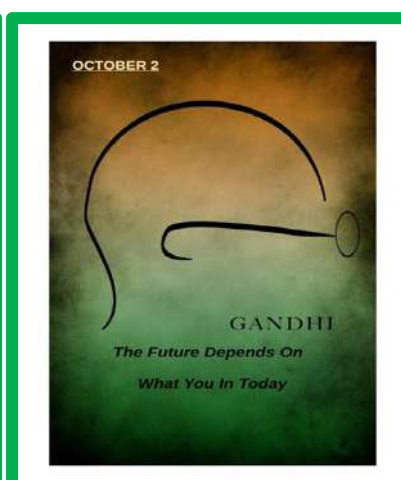
Organized by: Department of Computer Science

Collaboration (if any):

No. of participants: 25

Brief Report of the Event (with Photograph)

As part of Gandhi Jayanti celebrations, the Department of Computer Science conducted "D_poster on Gandhian thoughts" on 03 October 2019, which was a digital poster-making competition open to all students. The students of B.Voc Web Technology secured first and second positions in the competition.



Ms Jesna James
Coordinator



Assessment Period (2016 – 2021)


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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

10. Name of the Event: Flower arrangement competition

Date: 26/09/2019

Time: 10.00 am- 11.00 am

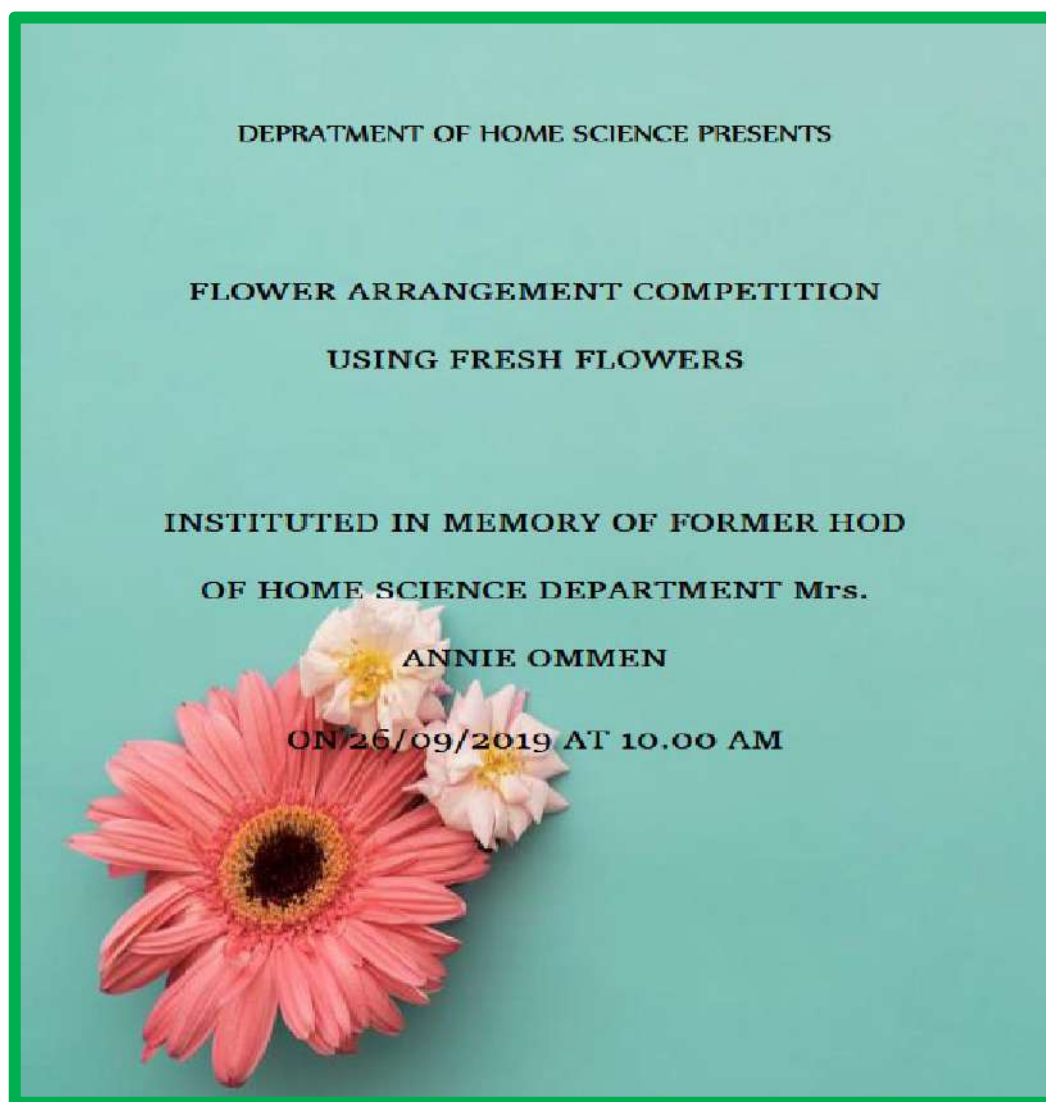
Venue: Food science Lab, Home Science

Organized by: Department of Home Science, Vimala College, Thrissur

In memory of Mrs. Annie Oommen, former HOD of Home Science, Department of Home Science conducted a Fresh Flower arrangement competition on 26th September 2019, 10.00 am to 11.00 am at Food Science Lab. The best arrangement was awarded with a trophy and certificate. Sr. Sowmya from Home Science secured the first position.

List of attachments:

- i. Brochure



Assessment Period (2016 - 2021)


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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

11. Name of the Event: Dress designing competition using Khadhi

Date: 03/10/2019

Time: 1.30 pm Venue: Textile lab

Organizer: Department of Home Science, Vimala College (Autonomous), Thrissur

No. of Participants: 11

Report on the activity

Objectives:

1. To promote khadhi products among people ,especially the youth.
2. To create demand for khadhi and help weavers get work throughout the year.

The Department of Home Science, Vimala college (Autonomous), Thrissur has organized an inter departmental dress designing competition using Khadhi in collaboration with Anjali Varma , Be mine Bridal studio, as part of 150th year of celebrating the birth anniversary of Mahatma Gandhi , on 03 October 2019, 1.30 pm, at Textile lab of Home Science department. Best two designs were selected by Anjali Varma, Designer, Be mine bridal studio, Thrissur. Beenu T. J (6th Semester B.Sc Textiles and Fashion Technology) and Lisieux France (6th Semester B.Sc Textiles and Fashion Technology) got First and second position respectively. As part of **Khadhi day** all the staffs of department were asked to wear handloom sarees on October 2nd 2019.



Assessment Period (2016 - 2021)


PRINCIPAL IN-CHARGE,
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VIMALA COLLEGE (AUTONOMOUS), THRISSUR



Dress designing competition



Assessment Period (2016 - 2021)


PRINCIPAL IN-CHARGE,
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VIMALA COLLEGE (AUTONOMOUS), THRISSUR



As part of the **Khadhi day**, all the faculties were asked to come in Handloom saree.

List of attachments:

- i. Brochure
- ii. List of participants
- iii. Photos



Assessment Period (2016 - 2021)


PRINCIPAL IN-CHARGE,
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BE INDIAN WEAR INDIAN

KHADI..... a fabric that breathes ' warm in winter, cool in summer ' Khadi is a handspun and hand woven cloth which acquired patriotic status during Indian freedom struggle and it gave a ' SWADESHI SPIRIT '

DEPARTMENT OF HOME SCIENCE PRESENTS

COMPETITION ON DRESS

DESIGNING USING KHADI





VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Dress Designing Competition, based on Khadi, on 4th Oct. 2019 at 1.30 pm, Venue- Textile Lab

Sl.No	Name of Participants	Class	Department	Sign
1	Amritha Mary Rongappa	PAI ⁴ year Textile & Costume Science	Home Science	
2	Resha E.S	"	"	
3	Hilda Varghese	"	"	
4	Raja C.A	SB TFT	"	
5	Rini Riji K	SB TFT	"	
6	Liliana Francis	SB TFT	"	
7	Breeda T.J	SB TFT	"	
8	Annet P.S	SB TFT	"	
9	Vinitha C.W	SB TFT	"	
10	Aziya Fahmya	SB TFT	"	
11	Aishwarya-Jashy	SB B.A. SO-ciology	Sociology	

Scanned with CamScanner

Dr. Thomas Ruby Mariamma
Head, Department of Home Science Vimala College (Autonomous), Thrissur



Assessment Period (2016 - 2021)

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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

12. Name of the Event: Nutrition week celebration –Nutrigirl Contest

Date: 24-09-2019

Time: 2:00pm

Venue: Vimala college auditorium,TCR.

Organized by: Dept of Home Science, Vimala College. Participants: 10 students for final round

Report of the Event

Objectives

- To educate young and adult women about the importance of eating healthy to ensure good health during reproductive ages.
- To make aware of importance of physical activity and good nutrition.

REPORT OF THE ACTIVITY

As part of nutrition week celebration- 2019, Department of home science conducted “NUTRI GIRL-2019” competition on 24th September 2019. The Competition was scheduled with 4 rounds- 3 offstage and 1 on stage. 123 students from different departments of Vimala College participated in the Round I. A questionnaire was formulated to elicit information from all the subjects on their social, Life style status and anthropometric measurements (Height, Weight, BMI, Waist Hip Ratio). 25 students

were selected for the next level- knowledge assessing round. The 2nd - knowledge assessing-round consisted of a written test of objective questions on health, nutrition and dietetics. After the second round, 10 students were selected for Body Fat monitoring round. Final round was conducted on stage round which had 3 sections of question answer. The members of the jury were Smt. Nimmi Thomas, Head, Research Development Cell, ManjilasPvt. Ltd., Thrissur, Smt. Betty Thomas Assistant Prof. PG Department of Home Science and Smt. ChitraChandran, Faculty, Hotspot IAS Coaching Centre, Thrissur.

Haritha from 2nd B.Sc. Sociology secured the title of Nutrigirl and Arundhadhi of 1st M.com bagged the 1st runnerup.

Crowning of the winner was done by the Principal, Dr. Sr. Mable. The winners were also gifted hampers from Double Horse, ManjilasPvt. Ltd. by the HR manager Smt. Reema John.

Outcome

- The programme helped to make the students and staff of Vimala College about importance of nutrition in life.
- It also helped to make new generation girls on being fit rather than looking slim or stylish.



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

STUDENTS SELECTED FOR II ROUND OF NUTRIGIRL ON 17/09/19



Questionnaire Measuring the Height



Measuring the waist hip circumference



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Crowning of the Nutrigirl





Winners





VIMALA COLLEGE (AUTONOMOUS), THRISSUR

13 (a). Name of the Event: Power point presentation competition

Date: 18/12/2019

Time: 01.30 pm to 03.00 pm

Venue: LissieuxHall

Organized by: Department of Mathematics

Collaboration (if any):

No. of participants: 3 teams

Brief Report of the Event (with Photograph)

The Department organized an intercollegiate Mathematics fest "DWITHI-2K19" on 18th and 19th December 2019. As a part of the fest an intercollegiate power point presentation was conducted. Three teams participated in the competition.

Please visit the link for video:

Link for feedback:

List of attachments:

1. Brochure




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Assessment Period (2016 - 2021)



DEPARTMENT OF MATHEMATICS PRESENTS

Dwithi

2K19 ON 18/12/19 AND 19/12/19

our events :

- seminar ,
- ariyumo parayaamo (quiz) ,
- manichithrathazhu (code breaking competition),
- ppt competition
- movie ,
- saadhanam kayyil indo (treasure hunt)
- polaris exhibition ,
- sudoku competition

registration closes on 16/12/19
for more details contact
9188137228/9048662437/9388401392
dwithipolaris@gmail.com

VIMALA COLLEGE MATHEMATICS
DEPARTMENT PRESENTS

PPT - INFLUENCE OF MATHEMATICS IN MODERN LIFE

FIRST PRIZE RS 2000
SECOND PRIZE RS 1000

VISIT US ON 18TH DECEMBER 2019

TIME : 1:30PM - 3:00PM
REGISTRATION FEE : RS 150
PRESENTATION TIME : 5 MINS
MAXIMUM 2 PARTICIPANTS





VIMALA COLLEGE (AUTONOMOUS), THRISSUR

13 (b). Name of the Event: MANICHITHRATHAZHU- Code Breaking

Date: 18/12/2019

Time: 09.30 am

Venue: Room No: 706

Organized by: Department of Mathematics

Collaboration (if any):

No. of participants: 6

Brief Report of the Event (with Photograph)

The Department organized an intercollegiate Mathematics fest "DWITHI-2K19" on 18th and 19th December 2019. As a part of the fest a code breaking competition named "MANICHITHRATHAZHU" was conducted on 19th December 2019 at 9.30 am and 6 people participated in the competition.

Please visit the link for video:

Link for feedback:

List of attachments:

1. Brochure




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DEPARTMENT OF MATHEMATICS PRESENTS

Dwithi

2K19 ON 18/12/19 AND 19/12/19

our events :

- seminar ,
- ariyumo parayaamo (quiz) ,
- manichithrathazhu (code breaking competition),
- ppt competition
- movie ,
- saadhanam kayyil indo (treasure hunt)
- polaris exhibition ,
- sudoku competition

registration closes on 16/12/19
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VIMALA COLLEGE MATHEMATICS
DEPARTMENT PRESENTS

MANICHITHRATHAZHU CODE BREAKING

REGISTRATION FEE : 50 PER HEAD
DATE : 19TH DECEMBER 2019

**FIRST PRIZE RS 500
SECOND PRIZE RS 200**

- THE GAME STARTS AT 9:30 AM
- THE GAME IS CONDUCTED IN 3 LEVELS (1, 2, 3)
- THE TIME IS 5 MINUTES FOR EACH LEVEL
- THE PERSON WHO BREAKS THE CODE WITHIN THE MINIMUM TIME LIMIT WOULD BE DECLARED WINNER
- THE JUDGES DECISION IS FINAL
- RESULTS WILL BE ANNOUNCED ON 19TH DECEMBER 2019





VIMALA COLLEGE (AUTONOMOUS), THRISSUR

13(c). Name of the Event: SUDOKU Competition

Date: 18/12/2019

Time: 11.30 am

Venue: Room No: 705

Organized by: Department of Mathematics

No. of participants: 30

Brief Report of the Event (with Photograph)

The Department organized an intercollegiate Mathematics fest "DWITHI-2K19" on 18th and 19th December 2019. As a part of the fest an intercollegiate SUDOKU competition was conducted on 18th December 2019 at 9.30 am. Thirty students participated in the competition.

1. Brochure



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DEPARTMENT OF MATHEMATICS PRESENTS

Dwithi

2K19 ON 18/12/19 AND 19/12/19

our events :

- seminar ,
- ariyumo parayaamo (quiz) ,
- manichithrathazhu (code breaking competition),
- ppt competition
- movie ,
- saadhanam kayyil indo (treasure hunt)
- polaris exhibition ,
- sudoku competition

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VIMALA COLLEGE MATHEMATICS
DEPARTMENT PRESENTS

SUDOKU

FIRST PRIZE RS 1000
SECOND PRIZE RS 500
18TH DECEMBER 2019

REGISTRATION FEE RS 50

- THE GAME STARTS AT 11:30 AM
- REGISTRATION CLOSSES AT 11:00 AM
- PARTICIPANTS SHOULD REPORT 15 MINS BEFORE ALLOTTED
- SHEETS WOULD BE PROVIDED
- DURATION IS 30 MINS





VIMALA COLLEGE (AUTONOMOUS), THRISSUR

13(d). Name of the Event: SADHANAM KAYYILUNDO- Treasure Hunt

Date:19/12/2019

Time:11.00 am

Venue: College

Organized by: Department of Mathematics

Collaboration (if any):

No. of participants: 12 teams

Brief Report of the Event (with Photograph)

The Department organized an intercollegiate Mathematics fest “DWITHI-2K19” on 19th December 2019. As a part of the fest an intercollegiate treasure hunt competition named “SadhanamKayyilundo” was conducted on 19th December 2019 inside the college campus. Twelve teams participated in the competition.

Please visit the link for video:

Link for feedback:

List of attachments:

1. Brochure




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Assessment Period (2016 – 2021)



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

VIMALA COLLEGE (AUTONOMOUS)
DEPARTMENT OF MATHEMATICS
PRESENTS

DWITHI 2K19

POLARIS - EXHIBITION

18-19th December 2019

REGISTRATION CLOSING ON 16TH
DECEMBER 2019 AT 4 PM
FOR MORE DETAILS, CONTACT
9188137228 / 9048662437 /
9388401392
dwithipolaris@gmail.com

DAY II - 19/12/2019

9:30 AM	"Manichitrathazhu" - Code Breaking Venue : Room No 706 Reporting Time : 9:15 AM Registration Fee : Rs 50 First prize : Rs 500 Second prize : Rs 200
10:30 AM	Movie "The Man who knew infinity"
11:00 AM	Venue : College Auditorium "Sadhanam Kayyil Indo?" - Treasure Hunt Reporting Time : 10:45 AM Registration Fee : Rs 200 per team Number of Participants : 4 First prize : Rs 2000 Prize Distribution Venue : College Auditorium
2:00 PM	

2019

VIMALA COLLEGE MATHEMATICS DEPARTMENT PRESENTS

SADHANAM KAYYIL INDO? TREASURE HUNT

FIRST PRIZE RS 2000

DECEMBER 19TH 2019

NUMBER OF PARTICIPANTS - 4
REGISTRATION FEE - RS 200

TIME : 11:00 AM

ELECTRONIC DEVICES ARE PROHIBITED




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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

13(e). Name of the Event: Quiz competition

Date: 18/12/2019

Time: 11.30 am

Venue: Room No: 705

Organized by: Department of Mathematics

Collaboration (if any):

No. of participants: 20 teams

Brief Report of the Event (with Photograph)

The Department organized an intercollegiate Mathematics fest "DWITHI-2K19" on 18th and 19th December 2019. As a part of the fest an intercollegiate quiz competition named "AriyamoParayu" was conducted on 18th December 2019 at 11.30 am and 20 teams participated in the competition.

Please visit the link for video:

Link for feedback:

List of attachments:

1. Brochure



Assessment Period (2016 - 2021)


PRINCIPAL IN-CHARGE,
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DEPARTMENT OF MATHEMATICS PRESENTS

Dwithi

2K19 ON 18/12/19 AND 19/12/19

our events :

- seminar ,
- ariyumo parayaamo (quiz) ,
- manichithrathazhu (code breaking competition),
- ppt competition
- movie ,
- saadhanam kayyil indo (treasure hunt)
- polaris exhibition ,
- sudoku competition

registration closes on 16/12/19
for more details contact
9188137228/9048662437/9388401392
dwithipolaris@ gmail.com

Ariyumo.? parayu...(Quiz)

venue : room no-705
Time : 11.30 am
No of participants : 2
Registration fee :
100 per team
First Prize : 2000/-
Second Prize : 1000/-





VIMALA COLLEGE (AUTONOMOUS), THRISSUR

14. Name of the Event: Intercollegiate Quiz Competition Agni 2k19

Date: 26/07/2019

Time:

Venue: Silver jubilee seminar hall

Organized by: Dept. of Physics

Collaboration (if any): NA

No. of participants: 120

Brief Report of the Event (with Photograph)

The PG students organized an interdepartmental quiz competition AGNI 2K19 in honour of Late Dr APJ Abdul Kalam, the former president of India. The first prize winners were Amrutha Manoj K and Dona Paulose of first year B.Sc Physics. Niya Baby and Aiswarya S of third semester B.Sc Physics bagged the second prize & Meenu O and Divya Davis of S3 B.Sc Physics secured third position.



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Following competitions were organized as part of the 'zoo fest'

15(a). Name of the Event: Intercollegiate quiz competition on the topic 'Prolife'

Date: 23.01.2020

Time: 8.30-10 am

Venue: Lissieux hall

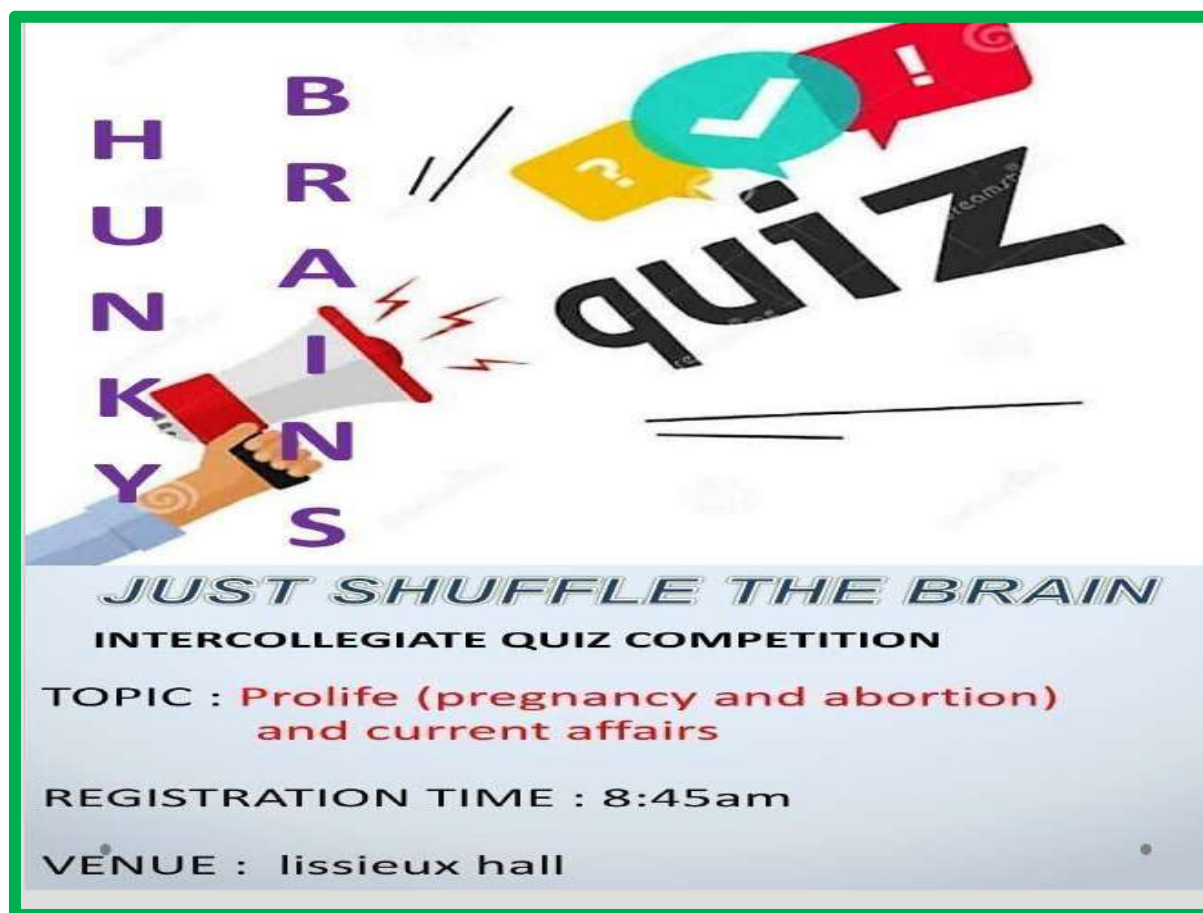
Organized by: PG Department of Zoology

No. of participants: 5 teams from various colleges

Faculty coordinators; Dr Sheeba P

Student coordinator: Sr Rosemary, Krishnaja, III DC students

Brochure



Assessment Period (2016 - 2021)


PRINCIPAL IN-CHARGE
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Quiz master is conducting the quiz



15(b). Name of the Event: Intercollegiate treasure hunt competition

Date: 23.01.2020

Time: 12 am

Venue: college campus

Organized by: PG Department of Zoology

No. of participants: 4 teams from various colleges

Faculty coordinator: Dr Indu MS

Student coordinator: Sr Rosemary, AdithyaGirijavallaban, III DC students

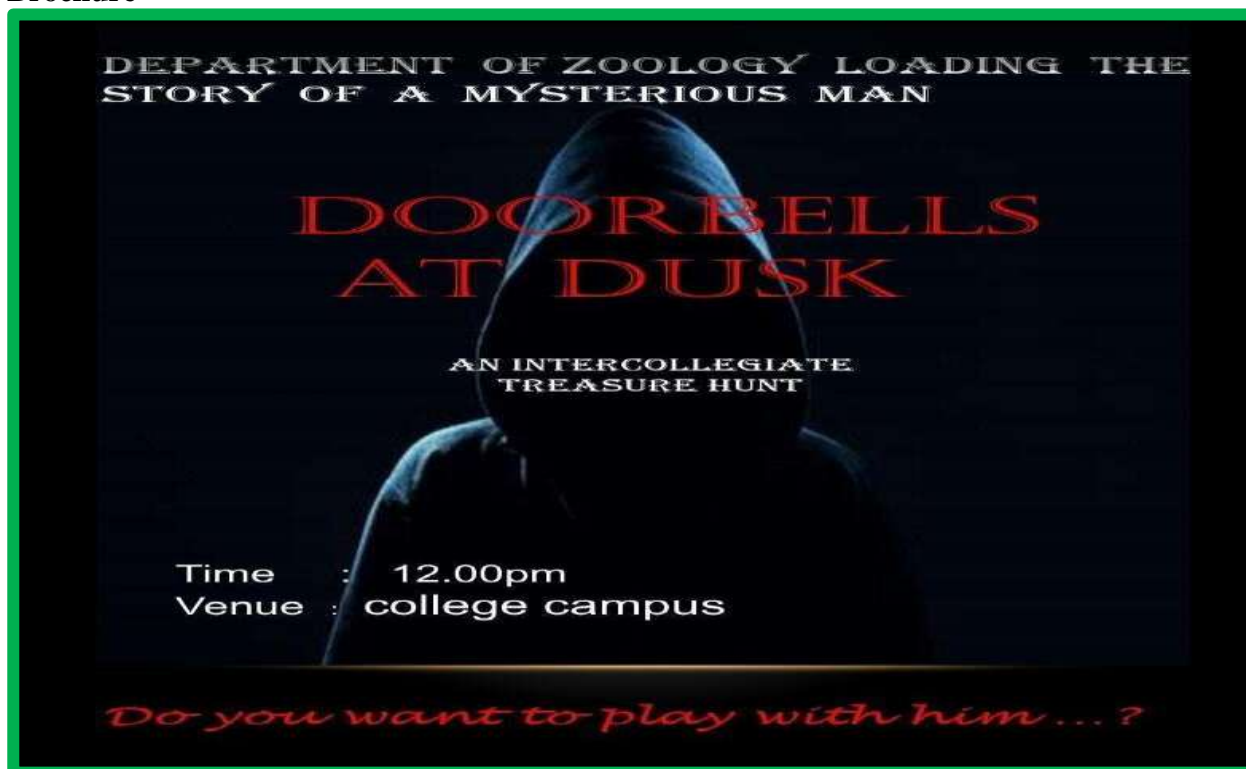
Treasure hunt competition





VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Brochure



15(c). Name of the Event: Intercollegiate Face painting competition on the topic 'Prolife-a step to save the life'

Date: 23.01.2020

Time: 12 am

Venue: College campus 'Nakshthraavanam'

Organized by: PG Department of Zoology

No. of participants: 4 teams from various colleges

Faculty coordinator: Dr Petrisia Joseph

Student coordinators: JiyaJoyson, AdithyaGirijavallaban, III DC students

Face painting competition



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Brochure





VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Brochure



Prize distribution ceremony by the HoD of Zoology, Dr Honey Sebastian for the winners




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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

16. Name of the Event: Observance of 'Gandijayanthi' and Elocution competition associated with it

Date: 03 October 2019

Time: 11 am to 12 am

Venue: Zoology lab

Organized by: PG Department of Zoology

No. of participants: all UG, PG students

Faculty coordinator: Dr Sheeba P

Student coordinator: Mary Ann, Rosemol, III DC students

Report

II DC students organised 'Gandijayanthi' celebration at Zoology lab. Gopika K and AdithyaGirijaVallabhan presented a ppt showcasing the 'Life of Gandhi'.

Gopika K presenting the ppt showcasing the 'Life of Gandhi'.



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Elocution competition on the topic 'Gandhiji- the man of principle'-judged by Mr Jins from dept of Commerce



Dr Honey Sebastian
Head, Department of Zoology, Vimala College (Autonomous), Thrissur- 680009



Assessment Period (2016 - 2021)


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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

17. Name of the Event: Elocution Competition In Connection with National Integrity
Elocution competition in Connection with the observance of Vigilance awareness week on the topic 'Integrity-a way of life'

Date: 22 November 2019

Time: 11 am to 12 am

Venue: Zoology lab

Organized by: PG Department of Zoology

No. of participants: all UG, PG students

Faculty coordinator: Dr Sheeba P

Student coordinator: Mary Ann, Rosemol, III DC students

Report

Elocution competition in Connection with the observance of Vigilance awareness week on the topic 'Integrity-a way of life'

Elocution competition- topic 'Integrity-a way of life'



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR



Dr Honey Sebastian, Head, Department of Zoology



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

18. Name of the Event: A PowerPoint presentation Competition in connection with the observance of 'World Aids Day'

Date: 19 December 2019

Time: 11.30 am to 12.30 pm

Venue: Zoology lab

Organized by: PG Department of Zoology

No. of participants: 4 team from dept of Botany, Zoology, FCS and Economics participated in the competition

Faculty coordinator: Dr Sheeba P

Student coordinator: NihalaNaseefa CH, III DC student

Report

A PowerPoint presentation competition was organized for UG students in connection with the observance of 'World AIDS day'. AnjalyRajendran from Dept of Zoology and Ann Mary from Dept of Botany were the 1st and 2nd prize winners. Certificate of merit was distributed to the winners

Elocution competition



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR



Dr Honey Sebastian, Head, Department of Zoology



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

19. Name of the Event: Elocution competition in connection with the observance of 'Water conservation day'

Date: 22 November 2019

Time: 11 am to 12 am

Venue: Zoology lab

Organized by: PG Department of Zoology

No. of participants: 6 II DC students participated

Faculty coordinator: Dr Sheeba P

Student coordinator: SrLiya Jose, Rasathi III DC students

Elocution competition - 'Water conservation day'.



Dr Honey Sebastian, Head, Department of Zoology



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

20.Name of the Event: A quiz competition on the topic 'Wild life'

Date: 22 August 2019

Time: 11 am to 12 am

Venue: Zoology lab

Organized by: PG Department of Zoology

No. of participants: II year UG students, Botany, TFT and FSC batch

Faculty coordinator: Dr Honey Sebastian

Student coordinator: Ann Mary, II DC student

Report

A quiz competition was organised for III sem UG students of Botany, Zoology, FCS and Textiles and Fashion Technology at Zoology lab on the topic 'Wild life'

Photo



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR



Dr Honey Sebastian, Head, Department of Zoology



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

21.Name of the Event: Business Track 2K19

Date: 18/12/2019

Time: 9.30 to 3.30

Venue: Vimala College (Autonomous), Thrissur

Organized by: PG Department of Commerce & Research

No. of participants:

Brief Report of the Event (with Photograph)

Business Track is the brainchild of our former Principal and faculty Dr. Sr. Lissy John Irimpan to awaken the talent and creativity in youngsters. Various competitions are held by the department with the active participation of students. In this year's edition of Business Track, nearly 200 students from various colleges were participated in five competitions namely Best Manager, Business Quiz, Treasure Hunt, Spot Photography and Dance (spot and pair). Business Track 2K19 was held on 18/12/2019

The Winners of Various Competitions

Sl No	Event	Winners	Prize
1	Best Manager	Joseph Dayas (Christ College IJK)	Rs.10,000
2	Business Quiz	MuhammedFadhal N.P & MuhammedShafi K (Farook College, Kozhikode) Second-Varun Suresh & Abin Roy (St.Aloysius College, Elthuruth) Rs.3,000/-	Rs 5,000
3	Spot Photography	ImthiyasIqbal (St.Thomas College, TCR)	Rs.3,000
4	Spot Dance	Anurag M.N (Image Creative Education)	Rs.2,500
5	Pair Dance	Aiswarya S & Smrithi Krishna T.K (Little Flower College, GVR)	Rs.5,000
6	Treasure Hunt	AkashLal & Team (St.Aloysius College, Elthuruth)	Rs.5,000



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

List of attachments:

- Brochure

PG DEPARTMENT OF COMMERCE AND RESEARCH
VIMALA COLLEGE (AUTONOMOUS), THRISSUR
PROUDLY PRESENTS
BUSINESS TRACK 2K19

Registration Fee

- Best Manager ₹ 200
- Treasure Hunt 400 (per team)
- Group dance ₹ 500 (per team)
- Other events ₹ 150 (per head)
- Non participant ₹ 150 (per head)

Business Quiz

- 1st - ₹ 5000
- 2nd - ₹ 3000

Treasure Hunt ₹ 5000

Best Manager ₹ 10000

Dance Events

- Solo (Spot) - ₹ 2500
- Pair - ₹ 5000
- Group - ₹ 10000

Spot Photography ₹ 3000

Media Partners

18TH DECEMBER 2019
OPEN FOR ALL: Age limit 25yrs.

Staff Coordinators

- Ms. Nisha Leela Jose 8606496306
- Ms. Mary Liya K.R 9526376114

Student Coordinators

- Liphy Raphy 9496214705
- Soumya Sathyan 9074356522

businesstrack_19
vimalabusinesstrack2019@gmail.com



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

22. Name of the Event: PPT competition in connection with Gandhi Jayanthi

Date: 03/10/2019

Time:

Venue: Vimala College (Autonomous), Thrissur

Organized by: PG Department of Commerce & Research

Collaboration (if any):

No. of participants:

Brief Report of the Event (with Photograph)

The Department of Commerce conducted a PPT competition in connection with Gandhi Jayanthi. Winners of the PPT competition “Gandhi Smrithi” conducted on 3rd October 2019 in connection with 150th birth anniversary of Mahatma Gandhi. 1st Prize was given to Rebeka Mathai and Liz Erinjery from S3 Sociology



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

23. Name of the Event: An Inter Departmental Debate Competition

Date: 11-07-2019

Time: 11 am onwards

Venue: Dept. of Economics

Organized by: Post Graduate & Research Dept. of Economics

No. of participants: 25

Brief Report of the Event (with Photograph)

An Inter Collegiate Debate competition on the topic Demographic Divident in India which has been moderated by Sri.Lims Varghese, Dept. of Social Work, Vimala College Autonomous, Thrissur.



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

24. Name of the Event: An Inter Departmental Essay Writing Competition

Date: 01-10-2019

Time: 10 am

Venue: III BA Classroom

Organized by: Post Graduate & Research Dept. of Economics

No. of participants: 15

Brief Report of the Event (with Photograph)

An Inter Departmental Essay writing Competition on the topic 'The Legacy of Gandhi in Contemporary Times' organized by Post Graduate and Research Dept. of Economics and jointly with Dept. of History, Vimala College (autonomous), Thrissur on 1st October 2019.



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

25. Name of the Event: An Intercollegiate General Essay Competition Sr.Philomina Ever Rolling Trophy

Date: 21/01/2020

Time: 10.30 am

Venue: Dept. of Economics

Organized by: Post Graduate & Research Dept. of Economics

No. of participants: 22

Brief Report of the Event (with Photograph)

An Intercollegiate General Essay Competition for Sr.Philomina Ever Rolling Trophy on the topic 'Challenges of Indian Democracy' organized by Post Graduate and Research Dept. of Economics, Vimala College (autonomous), Thrissur on 21st January 2020. Alvin S4 Physics, Christ College, Irinjalakuda won first prize.



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

26. Name of the Event: *Intercollegiate Cartoon competition on the topic "Indian economy and COVID 19"*

Date: 26/5/2020

Time:

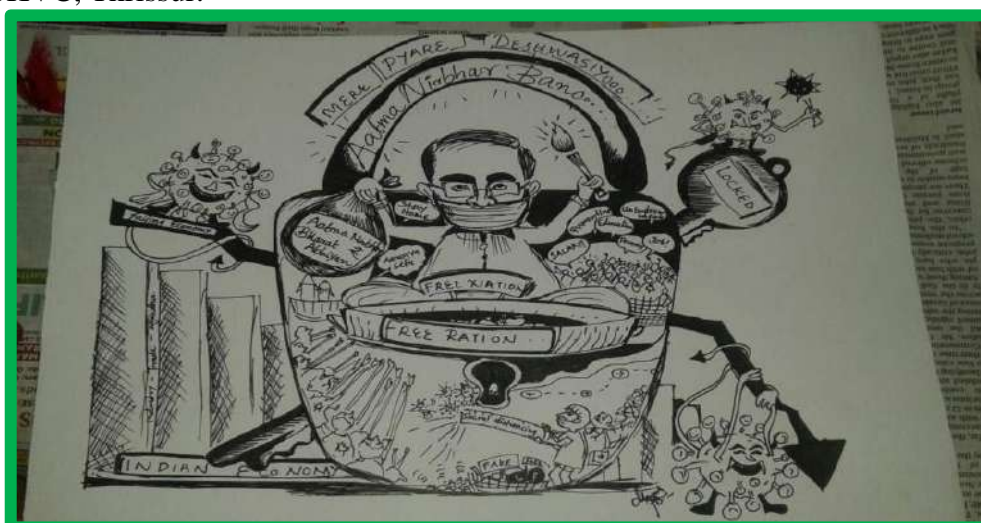
Venue:

Organized by: Dept. of Economics

No. of participants: 6

Brief Report of the Event (with Photograph)

The PG and Research Department of Economics organized an *Intercollegiate Cartoon competition on the topic "Indian economy and COVID 19"*. The winner is Manjula P B, BA Sanskrit, SKVC, Thrissur.



Dr. Mary Thomas K Coordinator



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

27. Name of the Event: Imprintz 2020

Date: 22 January 2020.

Brief Report of the Event (with Photograph)

The Department of English organized Imprintz 2020, the inter collegiate literary festival on 22nd January 2020.



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

28. Name of the Event: The 45th Poets Artists' Day

Date: 17 November, 2019.

Brief Report of the Event (with Photograph)

The 45th Poets Artists' Day for the Leo trophy was held on 17 November, 2019.



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

29. Name of the Event Lochana Inter University Quiz

Date: 30 September 2019

Time: 10.30am

Venue: Silver Jubilee Seminar Hall

Organized by: Department of Malayalam

Collaboration (if any):

Participants: 100

Brief Report : Department conducted Inter University Quiz programme in memory of first HOD of Malayalam, SR Cruz on 30.09.2019. Dr Fr Sunil Jose, Assistant Professor, Department of Malayalam, St. Aloysius College, Thrissur lead the programme . St Thomas College Thrissur, University College Trivandrum , Govt. College Pattambi bagged first second and third prizes respectively .



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

30 .Name of the Event:Ezhuthola Paper Presentation Competition

Date: 06 January 2020

Time: 10.30am

Venue: Seminar Hall

Organized by: Department of Malayalam

Collaboration (if any): Nil

Participants:100

Brief Report : Department conducted Inter University Paper Presentation Competition on PuthuKavithaAkhyanaBhavukathwavam on 6th January 2020. Dr Somanathan P and Dr R V M Divakaran were the Judges. Mr Gerome P George of SSSU Thrissur Region MA Malayalam student won the Prize. Total number of 100 students including audience attended the function.



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

**31. Name of the Event :REFLETS DU PASSE 2020:
Revisiting of AugusteCompte in Contemporary India
Date: 20 January 2020**



PG Department of Sociology, Vimala College (Autonomous), Thrissur has organised REFLETS DU PASSE 2020: Revisiting of Auguste Comte in Contemporary India, an Inter Collegiate Academic Event which commemorated 222nd birth anniversary of the founding father, on 20th January 2020 at Marian Hall from 9.15 a.m to 3.30 p.m. The chief guest of this event was Prof. Kuldip Singh Dhindsa, Former Director General of JCDV Sirsa who has inaugurated the event. The competition session began with ILMESTYS which is opened exclusively for Sociology students to find out the emerging Sociologist. In KOPFKINO, VARI AIKA, SCINTILLA, BOSCA CEIST students participated enthusiastically. Mar Athanasius College, Kothamangalam won the prize for best participation. Whereas Sandeepanividhyapeeth has won special award for the school for participation.



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1. ILMESTY'S

"IGNITE THE VISIONARY IN YOU."

This event tries to evoke the sociological spirit in you. There are two rounds :

1. PAPER PRESENTATION : 5mins
2. CRISIS MANAGEMENT : 10mins

In **ROUND 1** participants are expected to present a paper on "the relevance of the contributions of Auguste Comte in contemporary India."

The **ROUND 2** is an interesting one which focuses on crisis management capacity of the participant. An imaginary crisis (related to India) will be given to the participant and he/she should come up with a better crisis management plan.

Open only for Sociology students



ANUPAMA C.M : 7306329806
SAANJANA : 9846956658



2. KOPFKINO

"WHERE YOUR IMAGINATIONS BLOOM."

This is your chance to bring out your imagination and guessing skills. Kopfkino is a team event, with 2-3 participants in each team.

ROUND 1: Pictures in relation to certain basic principles and concepts in sociology will be displayed. Guessing them right will give you the scores.

ROUND 2: The top 3 teams will be selected to the final round. Here the participants have to recognize the photos of the sociologists and find out their particular contribution given in the clues.

Open only for Sociology students



JESSIJA JENSON ERINJERY : 7034089036
GRACE MARY : 8078349155



3. SCINTILLA

"VISUALISE YOUR BRILLIANT THOUGHTS."

Here is your chance to transfer ideas in to posters. The theme for the poster making competition is "INDIA THEN, NOW AND BEYOND."

The posters are evaluated on the basis of the comprehensive presentation of the theme and the level of creativity.

Participants can prepare the posters from home, and should deliver them to the respected volunteers in morning itself.



SOORYA : 9447695395
MANISHA : 7025906760



5. VÄRI AIKA

"TAINT YOUR IDEAS, LET OTHERS GET INSPIRED."

Grab your chance to persuade people through your amazing skills in face painting. This event is a thematic and artistic portrayal of your ideas.

The theme for face painting is "INDIA THEN, NOW AND BEYOND"

TIME ALLOTTED : 1 HOUR

Participants are expected to bring the required materials for the event.



ADNA : 9546963305



4. BOSCA CEIST

"EARN DOUBLE, ENHANCE KNOWLEDGE."

This event is more or less a quiz game.

The participants can select one question from the quiz box, lock it for 5 rupees and earn 10RS for the right answer.

It's a fun event where you can earn money and knowledge as well.








BHAVYA : 8301903519
SNEHA RENNY : 9746877549





VIMALA COLLEGE (AUTONOMOUS), THRISSUR

32. Name of the event: **SwachhPakhwada** (Date: 16th January – 30th January 2020)

 <p>Ministry of Education Department of Higher Education Government of Kerala</p>  <p>PG Department of Sociology Organises..... SWACHHTA PAKHWADA 2020 @ VIMALA</p>  <p>Cleanliness Drive Programme [16th – 30th January 2020] Inaugural Session – 16th 2020 @Marian Hall at 12:15pm. Vimala College Autonomous Thrissur – 09 Kerala.</p> <p>"COMMITTED TOWARDS A SWACHH BHARAT"</p>	 <p>Ministry of Education Department of Higher Education Government of Kerala</p>  <p><u>Programme Schedule</u></p> <p>Displaying of Theme – S4 BA Sociology Prayer Welcome Swachhta pldege taking ceremony Documentary Presentation- S4 MA Sociology Inaugural Address – Dr. Sajeer T.V Environment Scientist KFRI, Thrissur Song on Earth – S6 BA Sociology</p> <p><u>Cordinating Committee</u></p> <table border="0"> <tr> <td>Teacher coordinator Dr V. Shinju</td> <td>Student coordinator Jasitha Jaleel</td> </tr> </table> <p>S6 BA Sociology students</p>	Teacher coordinator Dr V. Shinju	Student coordinator Jasitha Jaleel
Teacher coordinator Dr V. Shinju	Student coordinator Jasitha Jaleel		

SwachhPakhwada started in April 2016 with the objective of bringing a fortnight of intense focus on the issues and practices of Swachhata by engaging GOI Ministries or departments in their jurisdiction. It is mainly focused to spread awareness on cleanliness as part of its SwachhtaAbhiyan. As part of spreading awareness on cleanliness and plastic waste management, Department Sociology, Vimala College has organised SwachhtaPakhwada on 16th January, 2020. The programme was carried out under the guidance of Dr V. Shinju Head of the Department and JasithaJaleel student coordinator and the whole class of S6 BA Sociology students. SWACHHTA PAKHWADA is a cleanliness drive programme started on 16th January and extended up on to 30th January 2020.



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

On 17th January 2020 morning as part of this two week cleanliness programme, the Department of Sociology organised Plogging means picking up trash such as used plastic bottles while jogging or running. Around 25 students and Dr. Mini (Vice principal, Vimala College) and Dr.V.Shinju, other three faculty were participated in plogging at 6.15 a.m.



The competitions were regarding on the topics of Swachhta, water conservation and forest conservation. The competitions were speech, Poster making and slogan writing. There was a competition called Best out of Waste which is creating useful items out of waste materials in the surroundings. We had a good number of participants in various competitions.



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

33. Name of the event: Quiz competition as a part of Women's Day Celebration

(Date: 06/03/2020, Time: 10.30 to 11.30, Venue: 6th semester class room, Sociology department)

'International Women's Day' was celebrated in our department on March 6, 2020. It was the day to acknowledge all the men and women in the world for making this world a better place for everyone to live in. The significance of the Day was highlighted by Dr V Shinju, Head of the Department.

As part of this event we had conducted Quiz and Essay competitions. It was a successful event with great students' participation



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THRISSUR - 680 009



VIMALA COLLEGE (AUTONOMOUS), THRISSUR



Assessment Period (2016 - 2021)


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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

34. Name of the Event: Inter Collegiate Dance Competition MENARI 20

Date: 29th February 2020

Time: 10 am

Venue: Auditorium

Organized by: Noopuram Dance Club

No. of participants: 500

Brief Report of the Event (with Photograph)

An Inter Collegiate Dance Competition 'MENARI 2K19' organized by Noopuram Dance Club, Vimala College (autonomous), Thrissur on 29th February 2020. Three categories were included for competition; Group Dance, Duet and Solo Spot.



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR



Brochure



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

35. Name of the Event: Talent Hunt

Date: 04/07/2019

Time: 10 am

Venue: Auditorium

Organized by: Noopuram Dance Club

Collaboration (if any): Nil

No. of participants: 300

Brief Report of the Event (with Photograph)

The Noopuram Dance Club, Vimala College (Autonomous), Thrissur organized a Talent Hunt for the first year students. To identify the students with the caliber in Classical, semi-classical, western and contemporary dance forms. Number of students from all the departments participated in the talent hunt. Talent hunt for first year students organized by Noopuram Dance Club, Vimala College (autonomous), Thrissur on 4th July 2019.



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

36. Name of the Event: Slogan writing Competition

Date: 12-06-2019

Time: 10.30

Venue: Botany lab

Organized by: Nature Club

No. of participants: 20

Brief Report of the Event

Nature Club organized Slogan writing Competition on 12-06-2019. 20 students participated in the competition.



Slogan writing competition



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

37. Name of the Event: INTER UNIVERSITY HINDI FEST (Hindi Recitation & Extempore)

Date: 25th September 2019

Time:

Venue: Silver jubilee seminar hall

Organized by: Department of Hindi

Collaboration (if any): SSUS Regional Centre, Thrissur

No. of participants: 30

1. Hindi Recitation: 15
2. Hindi Extempore: 15

Brief Report of the Event (with Photograph)

In connection with hindi day, the department of hindi, in collaboration with SreeSankaracharya University Of Sanskrit Regional Centre, Thrissur Organized **INTER UNIVERSITY HINDI FEST** On 25th September 2019. Smt. Prabhavathy C.V, Assistant Director Of Official Language , All India Radio, thrissur inaugurated the programme the resource person of the programme was Dr Babu K Viswanathan. We conducted hindi recitation & extempore competition .30 students participated from various colleges and universities. These competitions helped the students to improve their oratory skills , independent outlook, and attitude towards hindi language and literature.

List of attachments:
photographs



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR



Coordinator
Dr.Mimi Mani Panakkal,



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CULTURAL EVENTS

38. Name of the Event: 152nd Birth anniversary celebrations of Marie Curie

Date: 07-11-2019

Time: 10.30am

Venue: Silver Jubilee Seminar Hall

Organized by: Department of Chemistry

Collaboration (if any):

No. of participants: 175

Brief Report of the Event (with Photograph)

Department of Chemistry celebrated the 152th Birth anniversary celebrations of Marie Curie, the eminent female Chemist on 07th November 2019. A documentary named 'Marie Curie- Radium' was shown.





**Postgraduate Department of Chemistry
Vimala college(Autonomous),Thrissur**

152th Birth anniversary celebrations of Marie Curie

DOCUMENTARY : 'MARIE CURIE -RADIUM'

Venue: Silver Jubilee Seminar hall

Time & Date : 07th November 2019 @ 8.45 am

All are cordially invited...



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

39. **Name of the Event:** World Science Day Celebrations

Date: 10-11-2019

Time: 9.30am

Venue: Silver Jubilee Seminar Hall

Organized by: Department of Chemistry

Collaboration (if any):

No. of participants:175

Brief Report of the Event (with Photograph)

As a part of World Science day, 10th November, Department of Chemistry organized World Science day celebrations, AGAHI 2K19 on 10 November 2019. It involves interschool elocution, quiz competitions for high school students. The formal function was inaugurated by Dr. T R Govindankutty, retired scientist, *Bhabha Atomic Research Centre (BARC)* and key note address was delivered by him. A Science book exhibition was also conducted in association with Kerala SasthraSahithyaParishath.



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40.Name of the Event: International year of periodic table (IYPT), 'THEMELIOS' 2019

Date: 05-12-2019

Time: 10 am

Venue: College Auditorium

Organized by: Department of Chemistry

Collaboration (if any):

No. of participants: 395

Brief Report of the Event (with Photograph)

The Department of Chemistry, Vimala College celebrated international year of periodic table (IYPT), '**THEMELIOS**' 2019 on Dec 5th 2019 at 10 am in the College auditorium. The programme started with a prayer. Welcome speech delivered by Dr. Theresa.C.J, Head of the department and our honourable Principal Dr. Sr. Beena Jose delivered presidential address. Programme inaugurated by Dr. SujaHaridas, Assistant Professor of the Dept. of Applied chemistry, CUSAT who was the chief guest. She is an eminent personality and BSc Rank holder from Vimala College in Chemistry and Msc Rank holder from CUSAT also. She gave valuable information about periodic table during inaugural speech.

Launching of You Tube channel of the Department was done by the Principal. The channel was named 'LuMo' means light. A video presentation on the topic 'Women and Periodic table' was done by the final year UG students. The video was uploaded in the You Tube channel.

After the Key note address, students performed various cultural programs. Fashion Show named 'ELEMENTS' were performed by the students of complementary course S₄ Textiles and Fashion Technology. The show grabbed the mind of all Chemistry lovers because they depicted the colour and essence of some elements like carbon, chlorine, copper, helium through their costumes. Element dance and skit was performed by the second year B Sc chemistry students. Dance drama was informative and attractive.

Complementary students of S₄ Botany and S₄ Family and Community Science made an exhibition which includes arrangement of periodic table using pulse and cereals and role of elements in plant growth. A cake was made by students of Family and Community Science with a periodic table on it.

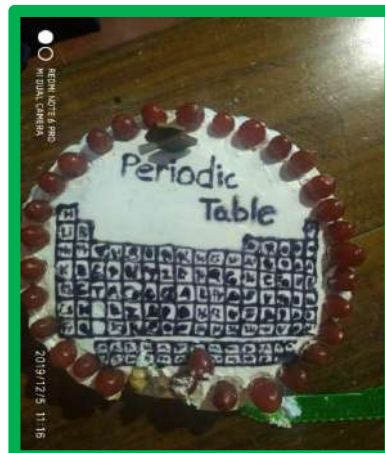
Various competitions were conducted like intercollegiate 'Element Haiku' competition and troll making competition in association with IYPT celebrations.

Vote of thanks was delivered by Dr. Jiji Abraham, Assistant Professor, and Department of Chemistry.





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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

41. Name of the Event: 150th birth anniversary celebrations of Mahatma Gandhi

Date: 03-10-2019

Time: 2.00 pm

Venue: College Auditorium

Organized by: KhadiGramodyogBhavan

Collaboration (if any):

No. of participants: 23

Gandhi Day Celebration Department Of Chemistry

As a part of 150th birth anniversary celebrations of Mahatma Gandhi, the great Indian political leader, department of Chemistry has conducted a Khadi visit- 'Knowing Khadi' on 03 October 2019. 23 students of S3 B Sc. Chemistry along with Dr. Theresa C J and Ms. Nimitha K C have visited 'Mulberry cocoon silk weaving centre, Cheror, a sister concern of KhadiGramodyogBhavan, Avaniserry. Students along with the faculty reached there at 2.15 pm. The experience was quite amazing and knowing Khadi and Khadi products were something like knowing the pulse of Indian villages. The effort put forward by the employees has to be appreciated. The students enjoyed spending time with them and they have shared their experiences. Spinning of silk threads and weaving in Charkha were new to the students as well as the faculty. After spending time with the employees, they have shown us the textiles woven by them. After spending one hour with them, we have returned.



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Khadi visit: 'Knowing Khadi'

42. Name of the Event: Nutrition Exhibition- Nutri girl Contest and Healthy cooking contest Date:26-09-2019

Time:10:30am

Venue: Leisure Tower,vimala college. Organized by: Dept of Home Science

Collaboration (if any): National Service Scheme(NSS)

No. of participants: Students and faculty of vimala collegeReport of activity

Objectives:

- To impart knowledge about nutrition in different stages of life.
- To educate young and adult women about the importance of eating healthy to ensure ¹good health during reproductive ages.
- To make aware of importance of physical activity and good nutrition.
- To prepare novel healthy recipes
- To impart art of cooking in students

Report of Activity

National nutrition week is observed from September 1st to 7th September to provide knowledge among people about the importance of nutrition and human health. As part of nutrition week celebration Dept of Home Science in association with NSS of Vimala College conducted a nutrition exhibition and healthy cooking contest on September 26th 2019. The competitions like healthy cake making, salad and health drink preparation contests. The programme was inaugurated by Dr. Sr. Beena Jose (Principal ,Vimala College).An exhibition was also followed where they exhibit foods, charts on nutrition and nutritional importance of prepared foods were displayed . The students from different departments of Vimala College visited and participated in the competitions

Outcome:

This programme helped students to increase their knowledge on nutrition,human health and also cooking skills .It also helped them to enhance their creativity by decorating food and through presentation .



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Photos



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

43. Name of the Event: MESMER

2020 Date: 31ST JANUARY 2020

Time: 10.30 AM

Venue: COLLEGE AUDITORIUM

Organized by: DEPARTMENT OF HOME SCIENCE

No. of participants: 19



Inauguration of Mesmer 2020 by Designer Anjali Varma



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR



Fashion Show- Mesmer 2020



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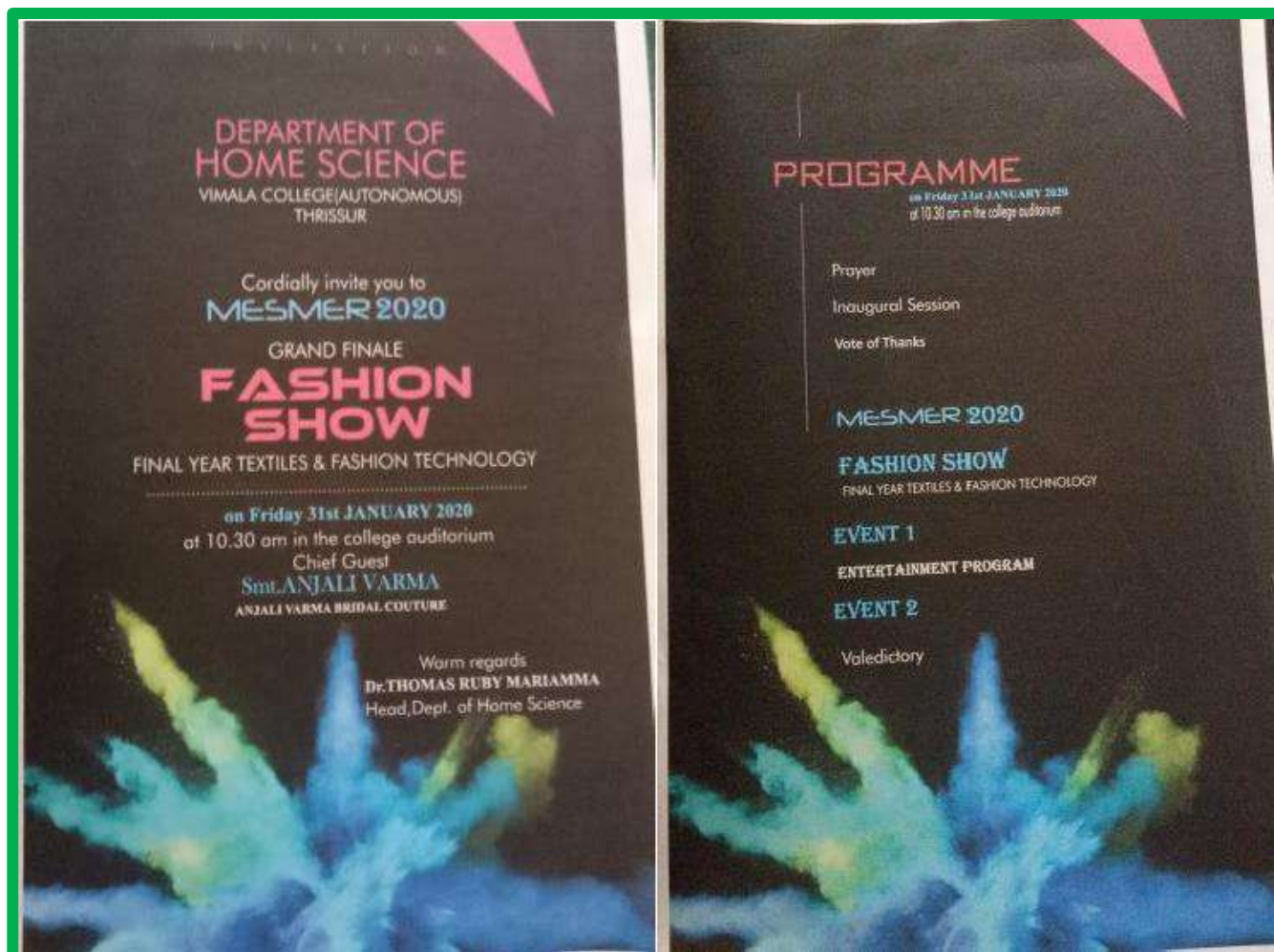


VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Best Design award to Ms Anjali Antu Presented by Dr. Sr. Beena Jose, Principal

List of attachments:

- i) Brochure



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

44. Name of the Event: HEALTHY WHITE

Date: 26/11/2019

Time: 11.30 am to 12.30pm

Venue: Leisure tower

Organized by: B. Voc Food Processing-Department of Home Science, Vimala College (Autonomous), Thrissur

No. of participants: Treasure Hunt -20

: Demonstration of Adulteration in milk-30

Brief Report of the Event

As a part of National Milk day celebration, On 26th November 2019 the students of B.Voc Food Processing, Department of Home Science, conducted HEALTHY WHITE at Leisure Tower from 11.30 am to 12.30pm. The Programs held include inter-departmental Treasure hunt and Demonstration of adulteration in milk. 10 groups (2 each in a group) participated in the treasure hunt and the group that collected maximum clues were declared as the winners. Department of Botany bagged first prize in the treasure hunt. In between the competitions, easy adulteration tests for milk also demonstrated to check the quality of milk at household level.

List of attachments:

- i. Photos
- ii. Brochure
- iii. List of Participants

i. PHOTOS



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Demonstration of easy adulteration tests in milk





VIMALA COLLEGE (AUTONOMOUS), THRISSUR



Prize distribution of treasure Hunt



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BROCHURE

*As a part of National Milk day,
We the students of B.Voc Food Processing,
From the department of Home Science,
PRESENTS
HEALTHY WHITE
On Thursday, 26th November 2019*

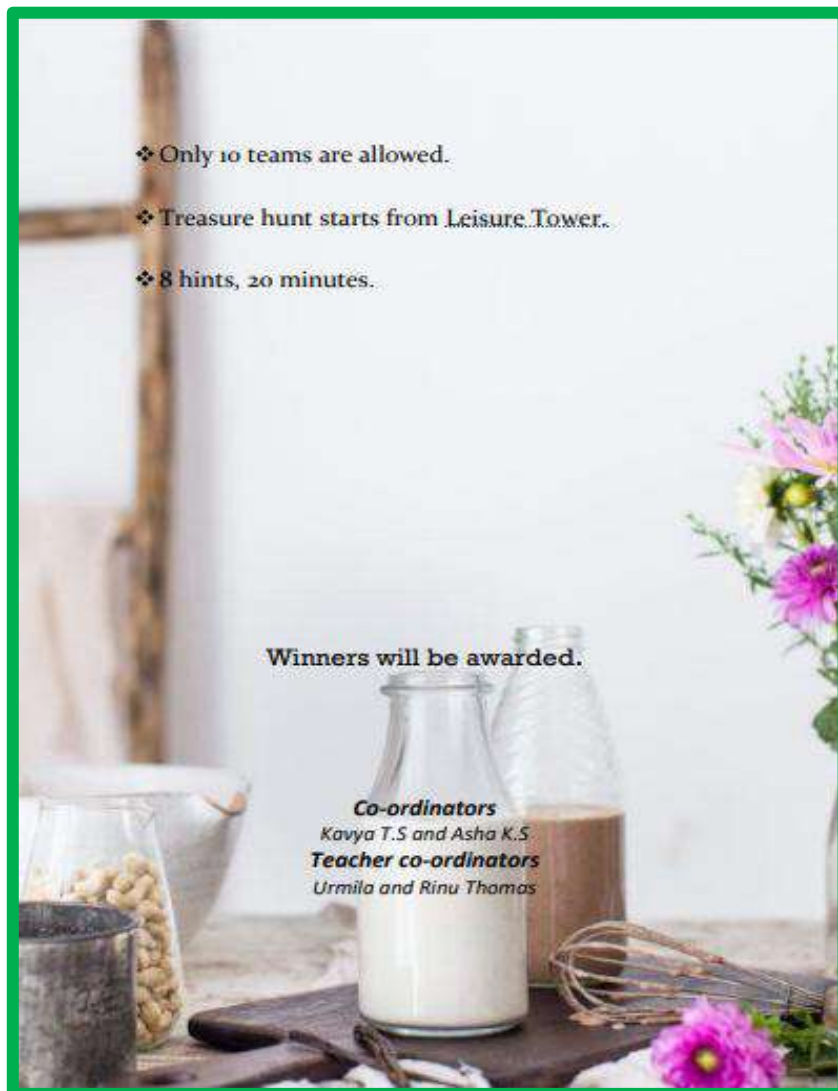
Programs to be held

- Treasure hunt with quiz competition
- Demonstration of adulteration in milk

Rules and regulation

- ❖ A team should contain two persons.
- ❖ Registration should be done before 10 A.M.







VIMALA COLLEGE (AUTONOMOUS), THRISSUR

45. Name of the Event: Sanjeevani – Nutrition Exhibition-world food day

Date: 27,28th November 2019

Time:9:30-3pm

Venue: Vimala College (Auditorium) Organized by: Dept of Home Science

Collaboration (if any): State Nutrition Bureau,TVM

District Medical Office,TCR No. of participants: 510

Report of activity

As part of World food Day celebrations Dept of Home Science in association with State Nutrition Bureau (Directorate of Health Services), District Medical Office, TCR organized a 2 day Nutrition awareness exhibition and nutrition awareness classes on November 27th and 28th 2019. Dr. Thomas Ruby Mariamma, Head, Dept. of Home Science welcomed the gathering. In the presidentship of Dr. Sr. Beena Jose, the programme was inaugurated by Respected Mayor Ajitha Vijayan(TCR). Dr. Reena K.J (district medical officer,TCR) delivered message to the audience about nutrition.

Chief Scientific Officer, Mrs. Tharakumari (State Nutrition Bureau, Trivandrum) was also present who delivered vote of thanks.

In association with the programme we organized an intercollegiate state level healthy cookery competitions viz. Healthy Breakfast contest , Salad and snack making contest on 27th November 2019. The two day exhibition also included awareness classes on nutrition and related health complications by district medical officer and dietiticians for college and school students. Students of st.clare high school and sandeepani school visited the stalls.

Photos



Inaugural function at the College Auditorium



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR



Director, NCD, Thrissur visiting the exhibition



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR



Inauguration of Sanjeevani by Thrissur Mayor Smt. Ajitha Vijayan

VIMALA COLLEGE
(AUTONOMOUS)
Thrissur, Kerala

**COLOUR YOUR WORLD
WITH GOOD FOOD**

come be a part of 2 day exhibition cum
nutrition awareness class conducted by State
Nutrition Bureau, Thiruvananthapuram in
association with Department of Home Science,
Vimala College (Autonomous).

**Date : 27th & 28th
November 2019**

**Inauguration : 10:30 am on 27th
November @ Main Auditorium -
Vimala College, Thrissur**

Attractions : Healthy food exhibition stalls
The exhibition will be open for viewing from
10 am to 2 pm.

Teacher Coordinator: Betty Thomas
Student Coordinator: Sharika V Rajan




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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Brochure

കോർഡിനേറ്റേഴ്സ്

ഡോ. തോമസ് റൂബി മറിയമ്മ
(ഹെഡ്, ഹോം സയൻസ് വിഭാഗം, വിമല കോളേജ്)
ശ്രീമതി. മോനി. ജി. ജി.
ശ്രീമതി. ബെറ്റി തോമസ്
(അസിസ്റ്റന്റ് പ്രൊഫസർമാർ, ഹോം സയൻസ് വിഭാഗം, വിമല കോളേജ്)

സംഘാടകർ

സംസ്ഥാന പോഷകാഹാര കാര്യാലയം, തിരുവനന്തപുരം
ജില്ലാ മെഡിക്കൽ ഓഫീസ്, തൃശ്ശൂർ
വിമല കോളേജ് ഹോം സയൻസ് വിഭാഗം, തൃശ്ശൂർ

സംസ്ഥാന പോഷകാഹാര കാര്യാലയം
തിരുവനന്തപുരം

മാനന്തലം,

ഒരു നാണയത്തിന്റെ ഇരുവശങ്ങൾ പോലെയാണ് നല്ല ആരോഗ്യവും, പോഷക സമൃദ്ധമായ ആഹാര ശീലങ്ങളും. എന്നാൽ വേഗതയേറിയ ആധുനിക ലോകത്തിൽ ഫാസ്റ്റ് ഫുഡ് സംസ്കാരവും, അന്നു രോഗകരമായ ഭക്ഷണശീലവും, ജീവിതശൈലി രോഗങ്ങളും നമ്മെ കുമ്പസാരപ്പെടുത്തുന്നു. ഇവയെല്ലാം സാഹചര്യത്തിൽ, ആരോഗ്യകരമായ ജീവിത ശൈലിയിലേക്ക് മുന്നേറ്റം കൈ പിടിച്ചു നടത്തുവാൻ പോഷകാഹാര ബോധവൽക്കരണ പ്രശ്നങ്ങളേകൽ ഏറെ സഹായിക്കുന്നു. തൃശ്ശൂർ വിമല കോളേജിലെ ഹോം സയൻസ് വിഭാഗവും സംസ്ഥാന പോഷകാഹാര കാര്യാലയവും സയുക്തമായി സംഘടിപ്പിക്കുന്ന 'സഞ്ചീവനി' പോഷകാഹാര ബോധവൽക്കരണ പ്രശ്നങ്ങളേ നവംബർ 27ന് രാവിലെ 10:30ന് വിമല കോളേജ് ഓഡിറ്റോറിയത്തിൽ തൃശ്ശൂർ കോർപ്പറേഷൻ മേയർ ബഹു. ശ്രീമതി. അമൃത വിജയൻ ഉദ്ഘാടനം ചെയ്യുന്നതാണ്. ഉദ്ഘാടന സമ്മേളനത്തിൽ പ്രിൻസിപ്പൽ സിസ്റ്റർ. ബീനാ ജോസ് അധ്യക്ഷത വഹിക്കുന്നതാണ്. ഉദ്ഘാടന ചടങ്ങിലേക്കും തുടർന്നു നടത്തപ്പെടുന്ന ബോധവൽക്കരണ ക്ലസ്റ്ററുകളിലേക്കും കോളേജ് വിദ്യാർത്ഥികൾക്കായി സംഘടിപ്പിക്കുന്ന വിവിധ മത്സരങ്ങളിലേക്കും ഏവരുടെയും സാന്നിധ്യവും സഹകരണവും അഭ്യർത്ഥിക്കുന്നു.

ഡോ. റീന കെ. ജെ
ജില്ലാ മെഡിക്കൽ ഓഫീസ്, തൃശ്ശൂർ

ശ്രീമതി. എസ്. താരാകുമാരി
ചീഫ് സയന്റിഫിക് ഓഫീസർ,
സംസ്ഥാന പോഷകാഹാര കാര്യാലയം,
തിരുവനന്തപുരം

കാര്യാലയം

പ്രാർത്ഥന

സ്വാഗതം : ഡോ. തോമസ് റൂബി മറിയമ്മ
ഹെഡ്, ഹോം സയൻസ് വിഭാഗം, വിമല കോളേജ്

അധ്യക്ഷൻ : ഡോ. സിസ്റ്റർ ബീനാ ജോസ്
പ്രിൻസിപ്പൽ, വിമല കോളേജ്

ഉദ്ഘാടനം : ബഹു. ശ്രീമതി. അമൃത വിജയൻ
മേയർ, തൃശ്ശൂർ കോർപ്പറേഷൻ

മുഖ്യപ്രഭാഷണം : ഡോ. റീന കെ. ജെ
ജില്ലാ മെഡിക്കൽ ഓഫീസ്, തൃശ്ശൂർ

ആശംസ : ശ്രീ. കുഷ്ണൻകുട്ടി മാസ്റ്റർ
വാർഡ് കൗൺസിലർ, ചേറൂർ

നന്ദി : ശ്രീമതി. എസ്. താരാകുമാരി
സയന്റിഫിക് ഓഫീസർ,
സംസ്ഥാന പോഷകാഹാര കാര്യാലയം,
തിരുവനന്തപുരം



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

46. Name of the Event: FILM FESTIVAL

Date: 19/12/2019

Time: 10.30 am

Venue: College auditorium

Organized by: Department of Mathematics

Collaboration (if any):

No. of participants: 74

Brief Report of the Event (with Photograph)

The Department organized an intercollegiate Mathematics fest "DWITHI-2K19" on 18th and 19th December 2019. As a part of the fest a film festival was conducted on 19th December 2019. The movie "The Man who Knew Infinity" was screened in the college auditorium.

Please visit the link for video:

Link for feedback:

List of attachments:

1. Brochure



Assessment Period (2016 - 2021)


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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

DAY II - 19/12/2019

9:30 AM	'Manichithrathazhu' - Code Breaking Venue : Room No 706 Reporting Time : 9:15 AM Registration Fee : Rs 50 First prize : Rs 500 Second prize : Rs 200
10:30 AM	Movie 'The Man who knew Infinity'
11:00 AM	Venue : College Auditorium 'Saadhanam Kayyil Indo?' - Treasure Hunt Reporting Time : 10:45 AM Registration Fee : Rs 200 per team Number of Participants : 4 First prize : Rs 2000 Prize Distribution
2:00 PM	Venue : College Auditorium

DEPARTMENT OF MATHEMATICS PRESENTS

Dwithi

2K19 ON 18/12/19 AND 19/12/19

our events :

- seminar ,
- ariyumo parayaamo (quiz) ,
- manichithrathazhu (code breaking competition),
- ppt competition
- movie ,
- saadhanam kayyil indo (treasure hunt)
- polaris exhibition ,
- sudoku competition

registration closes on 16/12/19
for more details contact
9188137228/9048662437/9388401392
dwithipolaris@gmail.com



Assessment Period (2016 - 2021)


PRINCIPAL IN-CHARGE
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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

47. Name of the Event: POLARIS

Date: 18/12/2019 & 19/12/2019

Time: 9.30 am to 3 pm

Venue: Room No: 703 and 704

Organized by: Department of Mathematics

No. of participants: 60

Brief Report of the Event (with Photograph)

The Department organized an intercollegiate Mathematics fest "DWITHI-2K19" on 18th and 19th December 2019. As a part of the fest a mathematical exhibition PRAGATHI was conducted on 18th and 19th December 2019.

Please visit the link for video:

Link for feedback:

List of attachments:

1. Brochure



Assessment Period (2016 - 2021)


PRINCIPAL IN-CHARGE,
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DEPARTMENT OF MATHEMATICS PRESENTS

Dwithi

2K19 ON 18/12/19 AND 19/12/19

our events :

- seminar ,
- ariyumo parayaamo (quiz) ,
- manichithrathazhu (code breaking competition),
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- sudoku competition

registration closes on 16/12/19
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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Department of Physics 2019-20

48. Toy exhibition (14/06/2019)

Third year B.Sc students constructed Toys based on the basic principles of Physics and an exhibition was arranged in the department. Students explained the working principle to the friends and teachers. Students tried their level best to convert their ideas into working toys.



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

49. Freshers Day (12/07/2019)

The fresher's day was conducted on 12th July 2019 at 10.30 am in silver jubilee seminar hall. The programme was inaugurated by Dr. K A Malini.K.A, by lighting the candles .After that, teachers handed over lighted candles to the fresher's and welcomed them to the department. This was followed by an ice breaking session. Various cultural activities were performed by second year and third year students.





50. Programme on Chandrayaan (30/07/2019)

As a part of the successful launch of Chandrayaan 2 on 22nd July 2019, the Vimala Astronomy Club (VAC) along with the department of physics celebrated this great victory on 30th July 2019 at 11:30 am in the college auditorium. The programme was officially inaugurated by Dr Malini K.A, HOD Department of physics. There was the esteemed presence of the faculties of department of physics. A ppt was presented by Niya Baby of 2nd year B.Sc. Physics. There was also a video presentation based on this event. Dr Anu Rose shared her experience at VSSC Space Laboratory with the students. Through this event the students were able to acquire more knowledge about Chandrayaan 2





51. Student Solar Ambassador Workshop(02/10/2019)

The Student Solar Ambassador Workshop initiated by IIT Mumbai and IIT Delhi was conducted in the department on 02nd October 2019 at 10.00 am. The workshop was inaugurated by Dr.Minimol.K.A, Vice Principle of the college. She emphasized on the Gandhian ideals and the theme of the programme “non – violence to nature”. The inaugural section was concluded with an oath taken by the participants pledging themselves to be citizens upholding ideals of conservation of nature and sustainable energy source.

The first section was based on tool kit analysis followed by a section deliberating on the working principles and circuits. The last section focused on the physical components and the assembling of Solar Urja Lamp. Then the participants moved on to the assembling of Lamp. The participants responded that the event provided hands on experience and was a fresh venture indeed. The students take their solar lamp which made by themselves to their homes.




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VIMALA COLLEGE (AUTONOMOUS), THRISSUR



	Decimal	DMS
Latitude	10.553516	10°33'12" N
Longitude	76.22686	76°13'36" E
2019-10-02(Wed) 12:33(PM)		



Assessment Period (2016 - 2021)


PRINCIPAL IN-CHARGE,
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52. Programme on Solar Eclipse (19/12/2019)

As part of Vimala Astronomy club (VAC) an event named PRAVEGA 19-20 has been conducted on 19th December 2019 at 10.30 am in the Lisseux Seminar Hall. The event was an initiative by the club to spread knowledge and awareness about the upcoming Annular Solar Eclipse on 26th December. The event was formally inaugurated by Dr.Asha P Rao, head of the department of social work. A talk on scientific and other aspects of solar eclipse was conducted by Mr.Santhosh.P.Jose, assistant professor, department of Physics. It was followed by a power point presentation on Nobel prize winners of Physics 2019. Second year students performed a tribute performance in honor of the Space Scientist KalpanaChawla





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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

53. Name of the Event: Zoo fest 'Sramsana 2020' and flash mob announcing the zoofest

Date: 22 January 2020-flash mob in the campus, 23 January 2020-Zoo fest 'Sramsana 2020'

Time: 8.30-3.30

Venue: Basket ball court, Auditorium, silver jubilee seminar hall, leisure tower

Organized by: PG Department of Zoology

No. of participants: 98

Faculty coordinators; Dr Sheeba P, Dr Honey Sebastian, Dr Feebarani John

Common brochure

<p>HUNKY BRAINS Quiz competition Topic: prolife (pregnancy & abortion) Scurvent affairs Time: 9.00am-10.00am venue: Lissies hall 1st prize: 1000/- 2nd prize: 500/-</p> <p><u>Guidelines</u> # Reg fee :50/- #2 members in a team #participants please register before 22/01/2020 #spot registration is possible #Reporting time: 8.45am</p> <p>DOOR BELLS AT DUSK Treasure hunt Venue: College campus Time: 12.00 prize money: 1500/-</p>	<p><u>Guidelines</u> #4 members in a team #Reg. fee :100/- (for a team) #Reporting time: 11.45am</p> <p>DAUB face painting competition Topic: pro-life a step to save a life.. venue: Nakshatranam Time: 12.00pm prize money: 500</p> <p><u>Guidelines</u> Reg fee: 20/- #2 members in a team #reporting time: 11.45</p> <p>SNAP YOUR SELFIE Selfie contest online: sramsana2020@gmail.com Topic: friendship</p>	<p>GAMES SCOOBY DOOBY DOO Games AQUASA fish show AHARA BANGLA food fest</p>
<p>STAFF COORDINATORS Dr Honey Sebastian Dr Petrisia Joseph Dr Sheeba P Dr Feebarani John Sr Frony Jacob</p> <p>COMMITTEE MEMBERS Sr Rose Mary Adithya Girijavallabhan Anusree NB Aparana J Athira CA Jeslin Johnson Gopika TG Gopika K AnnMary K Thomas Hema Jomon Anuja Anjali Rajendran</p> <p>For more details: 9744834636- Dr Honey Sebastian (HOD) 906835170- Sr Rose Mary</p>	<p>SEMINAR AND DISCUSSION PRO-LIFE <i>"A step to save a life...."</i> <i>"Population is a curse or blessing???"</i></p> <p>EXHIBITION</p> <p></p> <p>A touch of life...</p>	<p> VIMALA COLLEGE (AUTONOMOUS) DEPARTMENT of zoology PRESENTS...</p> <p>SRAMSANA 2020 <i>Not your body not your choice</i></p> <p>INTERCOLLEGIATE ZOOLOGY FEST</p> <p> 23 january 2020 Thursday</p>



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Inaugural ceremony by the Principal



Assessment Period (2016 - 2021)


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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

54. Name of the Event: Flash Mob at Selex Mall

Date: 07/12/2019

Time: 5 to 6 pm

Venue: Selex Mall, Thrissur

Organized by: PG Department of Commerce & Research

Collaboration (if any):

No. of participants:

Brief Report of the Event (with Photograph)

As part of promotion our Inter Collegiate Competition "Business Track 2K19" scheduled on 18th December 2019, our students performed a flash mob at Selex Mall, Thrissur between 5 pm and 6 pm on 07th December 2019



Assessment Period (2016 - 2021)


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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

56. Name of the Event :Reading Day

Date: 20th June 2019

Time: 10.30am

Venue:College Auditorium

Organized by: Department of Malayalam

Collaboration (if any): Nil

Participants:100

Brief Report : : In connection with Reading Week Celebrations Department conducted a talk and interaction session with Malayalam writer and author of 'Susannayudegranthapura ' Sri Ajay P Mangatt on 20.06.2019 at Auditorium



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57. Name of the Event: Vallathole Smrithi

Date: 30 July 2019

Time: 10.30am

Venue: Auditorium

Organized by: Department of Malayalam

Collaboration (if any): Nil

Participants: 100

Brief Report : Department conducted Vallathol Smrithi on 30.07.2019. Sri Murali Puranattukara recited Vallathol Poems at Auditorium.



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

58. Name of the Event: **Keralappiravi Celebrations**

Date: 1st November 2019

Time: 10.30am

Venue: Campus

Organized by: Department of Malayalam

Collaboration (if any): Nil

Participants: 100

Brief Report : Department celebrated Keralappiravi with various programmes. Conducted Malayaladinam on 01.11.2019 and Malayalothsavam on 07.11.2019. Principal Sr Mable inaugurated the programme.



Assessment Period (2016 - 2021)


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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

59. Name of the Event :Mother Tongue Day

Date 20 February 2020

Time: 10.30am

Venue: Auditorium

Organized by: Department of Malayalam

Collaboration (if any): Nil

Participants:100

Brief Report: Dept.of Malayalam, College Thrissur celebrated Mother Tongue Day on 20.02.2020.On this day Department conducted a seminar on the topic Mother Tongue -My Right. Dr AshaRaoAsso.Prof. Department of Social work,DrSwarnaAsso.Prof. Department of Mathematics Ms AnujaAsso.Prof. Department of Politics were the resource persons. Students actively participated in the discussion sessions .



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

60. Name of the Event :Chavittunatakam

Date: 12 December 2019

Time: 10.30am

Venue: Auditorium

Organized by: Department of Malayalam

Collaboration (if any): Nil

Participants:100

Brief Report : In collaboration with Kerala Folklore Academi , Department conductedChavittunatakam on 12.12.2019. Professional group from Kochi performed ‘Kara man charitham’ on the stage.



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

61. Name of the Event: Talent Hunt

Date: 04/07/2019

Time: 10 am

Venue: Auditorium

Organized by: Noopuram Dance Club

Collaboration (if any): Nil

No. of participants: 300

Brief Report of the Event (with Photograph)

The Noopuram Dance Club, Vimala College (Autonomous), Thrissur organized a Talent Hunt for the first year students. To identify the students with the caliber in Classical, semi-classical, western and contemporary dance forms. Number of students from all the departments participated in the talent hunt. Talent hunt for first year students organized by Noopuram Dance Club, Vimala College (autonomous), Thrissur on 4th July 2019.



Assessment Period (2016 – 2021)


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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

62.Name of the Event: Jail Welfare Day Celebration

Date:04/10/2019

Time: 2 pm

Venue: Central Prison & Correctional home ,Viyyur

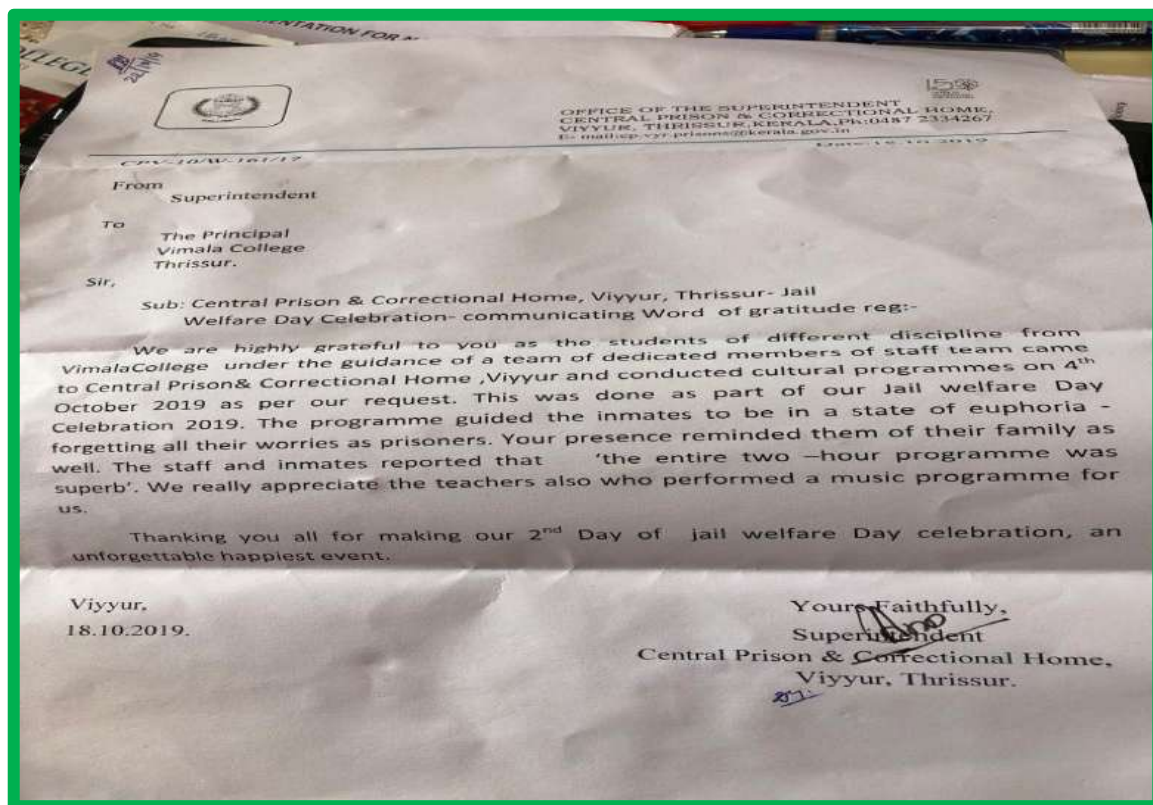
Organized by: Noopuram Dance Club &IQAC

Collaboration (if any): Nil

No. of participants: 20

Brief Report of the Event (with Photograph)

The Noopuram Dance club members were presented cultural programmes in connection with Jail Welfare Day Celebration at central prison Viyyur, organized by Noopuram Dance Club, Vimala College (autonomous), Thrissur on 4th October 2019.



Assessment Period (2016 - 2021)


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63. Saarang Music Club

Talent hunt

The music club flagged off its first programme - Talent hunt to tap the singers among first years on 11/07/2019.





VIMALA COLLEGE (AUTONOMOUS), THRISSUR

64. Cultural Programme At Viyyur Central Prison - Saarang Music Club

On October 04, 2019 the music club in collaboration with Dance club presented variety programmes in the Cultural Event at Viyyur Central Prison.



Assessment Period (2016 - 2021)


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65. Christmas Carol Song Programme

The music club in collaboration with the Jesus Youth groomed students for Christmas carol song, which was recorded on December 16, 2019 and telecasted in Shalom TV on 26/12/19. It was also uploaded in Youtube <https://www.youtube.com/watch?v=nCpNjsmjZwY>





VIMALA COLLEGE (AUTONOMOUS), THRISSUR

66. YOGA DAY OBSERVANCE

DATE: 21 JUNE 2019

TIME: 9:30 - 12:30

VENUE: ST MARY,S COLLEGE,THRISSUR

ORGANISED BY: NCC Unit ,VimalaCollege,Thrissur

NUMBER OF PARTICIPANTS: 52 CADETS

Brief report of the event:

Vimalacollege NCC conducted a programme named “Swasthya 2019”. Cadets observed international yoga day with musical yoga presentation and demo of various yogasanas in St Mary's college.



Assessment Period (2016 – 2021)


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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

67. NAME OF EVENT: OBSERVANCE OF KARGIL VIJAY DIWAS 2019

DATE: 26 JULY 2019

TIME: 9.30- 11.30AM

VENUE: VIMALA COLLEGE

ORGANISED BY: VIMALA COLLEGE NCC UNIT

NO OF PARTICIPANTS: 52

Brief report of the event : NCC cadets organised Kargil Vijay Diwas. Commodore R R Ayyar , VSM, Group Commander of Ernakulam Group was invited as the Chief guest .Flowers were offered at the Amar JawanJyothy.



Kargilvijaydiwas celebration at vimala college auditorium



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

68. NAME OF EVENT: ECO SHOP –UPCYCLED PRODUCTS EXHIBITION CUM SALE

DATE : 01 NOVEMBER 2019

TIME: 11.30- 12.30

VENUE: VIMALA COLLEGE

ORGANISED BY: VIMALA COLLEGE

NO. OF PARTICIPANTS:52 CADETS

Brief report of the event: Cadets of vimala college organized an Eco shop in the campus collecting articles made from eco-friendly materials and selling them at the outlet set in the Campus.



Cadets at the ecoshop



Assessment Period (2016 – 2021)


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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

69. NAME OF EVENT: CLASS AND RALLY ON ROAD SAFETY

DATE: 01 DECEMBER 2019

TIME: 10.30-11.30

VENUE: VIMALA COLLEGE

ORGANISED BY: ROAD SAFETY AUTHORITY

COLLABORATION: VIMALA COLLEGE

NO. OF PARTICIPANTS : 51 CADETS

Brief report of the event: A programme named “drive safe, live long” was organised to ensure road safety and the need to adhere to the rule. Cadets demonstrated various safety measures to adhere safety.



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

70. RESPONSIBILITY"-AWARENESS RALLY ON NO PLASTIC AND GARBAGES ON ROAD

DATE: 11 NOVEMBER 2019
TIME: 9:30-1:30
VENUE: THRISSUR THEKKINKAD MAIDAN
ORGANISED BY: NCC VIMALA COLLEGE
COLLABORATION: THRISSUR CORPORATION
NO. OF PARTICIPANTS: 36 CADETS

Brief report of the event: A Rally was conducted reinstating the need to maintain a clean state with no plastics and garbages on the road. The rally was led by SUO Jisma George



Cadets marching in the rally in Thekkinkad Maithan



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

71. NAME OF EVENT: OBSERVANCE OF HAND WASH DAY

DATE : 15 OCTOBER 2019

TIME: 9:00-10:00

VENUE: KINDERGARTEN, CHEROOR

ORGANISED BY: NCC VIMALA COLLEGE

COLLABORATION: KINDERGARTEN, CHEROOR

NO. OF PARTICIPANTS: 52 CADETS

Brief report of the event: In connection with Hand wash day, Cadets visited the children at nearby kindergarten and demonstrated how to wash Hands and keep themselves Hygienic.



Cadets giving demonstration to children about hand washing



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

72. Name of the Event: Summer Coaching Camp

Date: April 2019 -to- May 2019

Time: 6:30 AM to 8.30:AM

Venue: Vimala College Ground

Organized by: Department of Physical Education

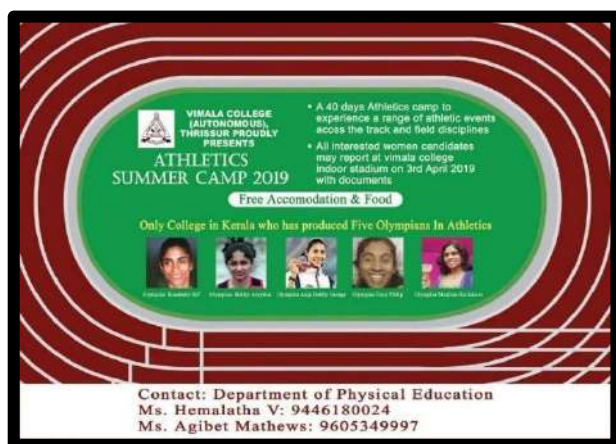
No. of participants: 32

Name of the teacher coordinators:

1. Hemalatha .V, HOD,Dept. of Physical. Education

1. Agibet Mathews, Assit.Professor,Dept of Physical.Education

Brief Report of the Event with photos:



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

73. Name of the Event: Summer Camp for Kids

Date: April 2019 -to- May 2019

Time: 6:30AM to 8.30AM

Venue: Vimala College Ground

Organized by: Department of Physical Education

No. of participants: 19

Name of the teacher coordinators:

1. Hemalatha .V, HOD,Dept. of Physical. Education
2. Agibet Mathews, Assit.Professor,Dept of Physical.Education

Brief Report of the Event with photos:



Assessment Period (2016 - 2021)


PRINCIPAL IN-CHARGE,
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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

74.Name of the Event: 5th International Yoga Day

Date: June 21st 2019

Time: 8.30AM

Venue: Vimala College Basketball Court

Organized by: Department of Physical Education

No. of participants: 55

Name of the teacher coordinators:

1. Hemalatha .V, HOD,Dept. of Physical. Education

1. Agibet Mathews, Assit.Professor,Dept of Physical.Education

Brief Report of the Event with photos:

The 5th International yoga day 2019-20 Vimala college has celebrated it with great enthusiasm and vigor almost 50 participants took part in that event . Yoga Club trained student volunteers organized a mass display on Surya Namaska ,Yoga Dance and some asanas in front of the college.

The yoga session started exactly at 8: 30 Am with meditation standing on Tadasana .Then moved to Surya Namaskar or Sun salutation a yoga warm up routine based on a sequence of gracefully linked asanas with background music in a sun raising formation. Then we moved to a star formation to perform a yoga dance for Thum Hi Ho music, which includes almost 15 sitting, laying and standing asanas. After the display a motivational speech was delivered by our Principal to continue practice yoga for keeping the body and mind healthy .



List of Students Attached



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

75. Name of the Event: Independence Day

Date: 15 August 2019

Time: 8.30 AM

Venue: In Front of Vimala College

Organized by: Department of Physical Education

No. of participants: 66

Name of the teacher coordinators:

1. Hemalatha .V, HOD, Dept. of Physical. Education
2. Agibet Mathews, Assit. Professor, Dept of Physical. Education

Brief Report of the Event with photos:

Department Organized the 73rd Independence Day celebration on August 15th 2019.



Assessment Period (2016 - 2021)


PRINCIPAL IN-CHARGE
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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

76. Name of the Event: National Sports Day

Date: 29- August 2019

Time: 8.30AM

Venue: In Front of Vimala College

Organized by: Department of Physical Education

No. of participants: 200

Name of the teacher coordinators:

1. Hemalatha .V, HOD, Dept. of Physical. Education
2. Agibet Mathews, Assit. Professor, Dept of Physical. Education

Brief Report of the Event with photos:

The National sports day, commemorating the birth anniversary of Indian hockey legend Dhyan Chand, was celebrated at Vimala College, spreading the message of **“FIT VIMALA FIT INDIA MOVEMENT”** through a mass display on Dance Aerobics Programme. More than 200 students and around 10 teachers participated in the event.

With the growing importance of staying fit the department of Physical Education is also conducting a Fitness Program for all the staffs and students of the college at the college Auditorium.



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

77. Name of the Event: Felicitating the International Players

Date: 29-Jul-2019

Time: 10.30AM

Venue: In Front of Vimala College

Organized by: Department of Physical Education

No. of participants: 73

Name of the teacher coordinators:

1. Hemalatha .V, HOD, Dept. of Physical. Education
2. Agibet Mathews, Assit. Professor, Dept of Physical. Education

Brief Report of the Event with photos:




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Assessment Period (2016 - 2021)



VIMALA COLLEGE (AUTONOMOUS), THRISSUR



Assessment Period (2016 - 2021)


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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

78. Name of the Event: V Fit Program

Date: Aug2019-to - Oct. 2019

Time: 2.30 PM to 3.00 PM

Venue: Vimala College Indoor Stadium

Organized by: Department of Physical Education

No. of participants: 400

Name of the teacher coordinators:

1. Hemalatha .V, HOD,Dept. of Physical. Education
2. Agibet Mathews, Assit.Professor,Dept of Physical.Education

Brief Report of the Event with photos:



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

79. Name of the Event: Health Mela at the Amphitheater

Date: 31-Jan-2020

Time: 11.30 AM to 3.00 PM

Venue: Vimala College Indoor Stadium

Organized by: Department of Physical Education

No. of participants: 56

Name of the teacher coordinators:

1. Hemalatha .V, HOD, Dept. of Physical. Education
2. Agibet Mathews, Assit. Professor, Dept of Physical. Education

Brief Report of the Event with photos:

The Health and Fitness club organized a **HEALTH MELA** for all the students and faculty members. To check some of the basic test like anthropometric measurements and cardio vascular and cardio respiratory test .



Assessment Period (2016 - 2021)


PRINCIPAL IN-CHARGE,
VIMALA COLLEGE
(AUTONOMOUS)
THRISSUR - 680 009



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

HEALTH MEET (STAFF) - 2021			
Sr No	Name	Dept	PP
1	Rose V.J	Commerce	✓
2	Hemalatha	Physical Edu	✓
3	Dr. Ajmal		✓
4	Baby		✓
5	Mr. George	Vice Principal	✓
6	Maya Sija B.A	Commerce	✓
7	Arshia Kaula Jose	Commerce	✓
8	Ranjana	Library	✓
9	Dr. K. S. S. S.	Office	✓
10	Dr. J. J. J.	Office	✓
11	Dr. V. S. S.	Office	✓
12	Dr. S. S. S.	Commerce	✓
13	Dr. S. S. S.	Office	✓
14	Dr. S. S. S.	Zoology	✓
15	Dr. S. S. S.	Zoology	✓
16	Dr. S. S. S.	Commerce	✓
17	Dr. S. S. S.	Commerce	✓
18	Dr. S. S. S.	Commerce	✓
19	Dr. S. S. S.	Zoology	✓

Sr No	Name	Rank	Dept	P.P	Sign
1	Shreya Baskar	5/19	Commerce - M.com	✓	✓
2	Arghya Baskar	8/19	Commerce - B.com	✓	✓
3	Dr. S. S. S.	5/19	Commerce - M.com	✓	✓
4	Dr. S. S. S.	5/19	Commerce - M.com	✓	✓
5	Dr. S. S. S.	5/19	Commerce - M.com	✓	✓
6	Dr. S. S. S.	5/19	Commerce - M.com	✓	✓
7	Dr. S. S. S.	5/19	Commerce - M.com	✓	✓
8	Dr. S. S. S.	5/19	Commerce - M.com	✓	✓
9	Dr. S. S. S.	5/19	Commerce - M.com	✓	✓
10	Dr. S. S. S.	5/19	Commerce - M.com	✓	✓

Total amount collected = 390

Sr No	Name	Dept / Rank	P.P	Signature
1	Aradhana K.J	B.A Economics	✓	✓
2	Aradhana K.J	B.A Economics	✓	✓
3	Aradhana K.J	B.A Economics	✓	✓
4	Aradhana K.J	B.A Economics	✓	✓
5	Aradhana K.J	B.A Economics	✓	✓
6	Aradhana K.J	B.A Economics	✓	✓
7	Aradhana K.J	B.A Economics	✓	✓
8	Aradhana K.J	B.A Economics	✓	✓
9	Aradhana K.J	B.A Economics	✓	✓
10	Aradhana K.J	B.A Economics	✓	✓
11	Aradhana K.J	B.A Economics	✓	✓
12	Aradhana K.J	B.A Economics	✓	✓
13	Aradhana K.J	B.A Economics	✓	✓
14	Aradhana K.J	B.A Economics	✓	✓
15	Aradhana K.J	B.A Economics	✓	✓
16	Aradhana K.J	B.A Economics	✓	✓
17	Aradhana K.J	B.A Economics	✓	✓
18	Aradhana K.J	B.A Economics	✓	✓
19	Aradhana K.J	B.A Economics	✓	✓
20	Aradhana K.J	B.A Economics	✓	✓
21	Aradhana K.J	B.A Economics	✓	✓
22	Aradhana K.J	B.A Economics	✓	✓
23	Aradhana K.J	B.A Economics	✓	✓
24	Aradhana K.J	B.A Economics	✓	✓
25	Aradhana K.J	B.A Economics	✓	✓
26	Aradhana K.J	B.A Economics	✓	✓
27	Aradhana K.J	B.A Economics	✓	✓
28	Aradhana K.J	B.A Economics	✓	✓
29	Aradhana K.J	B.A Economics	✓	✓
30	Aradhana K.J	B.A Economics	✓	✓
31	Aradhana K.J	B.A Economics	✓	✓
32	Aradhana K.J	B.A Economics	✓	✓
33	Aradhana K.J	B.A Economics	✓	✓
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37	Aradhana K.J	B.A Economics	✓	✓
38	Aradhana K.J	B.A Economics	✓	✓
39	Aradhana K.J	B.A Economics	✓	✓
40	Aradhana K.J	B.A Economics	✓	✓
41	Aradhana K.J	B.A Economics	✓	✓
42	Aradhana K.J	B.A Economics	✓	✓
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51	Aradhana K.J	B.A Economics	✓	✓
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53	Aradhana K.J	B.A Economics	✓	✓
54	Aradhana K.J	B.A Economics	✓	✓
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56	Aradhana K.J	B.A Economics	✓	✓
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71	Aradhana K.J	B.A Economics	✓	✓
72	Aradhana K.J	B.A Economics	✓	✓
73	Aradhana K.J	B.A Economics	✓	✓
74	Aradhana K.J	B.A Economics	✓	✓
75	Aradhana K.J	B.A Economics	✓	✓
76	Aradhana K.J	B.A Economics	✓	✓
77	Aradhana K.J	B.A Economics	✓	✓
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81	Aradhana K.J	B.A Economics	✓	✓
82	Aradhana K.J	B.A Economics	✓	✓
83	Aradhana K.J	B.A Economics	✓	✓
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86	Aradhana K.J	B.A Economics	✓	✓
87	Aradhana K.J	B.A Economics	✓	✓
88	Aradhana K.J	B.A Economics	✓	✓
89	Aradhana K.J	B.A Economics	✓	✓
90	Aradhana K.J	B.A Economics	✓	✓
91	Aradhana K.J	B.A Economics	✓	✓
92	Aradhana K.J	B.A Economics	✓	✓
93	Aradhana K.J	B.A Economics	✓	✓
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95	Aradhana K.J	B.A Economics	✓	✓
96	Aradhana K.J	B.A Economics	✓	✓
97	Aradhana K.J	B.A Economics	✓	✓
98	Aradhana K.J	B.A Economics	✓	✓
99	Aradhana K.J	B.A Economics	✓	✓
100	Aradhana K.J	B.A Economics	✓	✓



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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

80. Name of the Event: Workshop on Kalaripayattu for the 1st year UG students by Mr. DilSagar

Date: 21- Feb. 2020

Time: 10.30AM

Venue: In Front of Vimala College

Organized by: Department of Physical Education

No. of participants: 67

Name of the teacher coordinators:

1. Hemalatha .V, HOD, Dept. of Physical. Education
2. Agibet Mathews, Assit. Professor, Dept of Physical. Education

Brief Report of the Event with photos:




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SPORTS EVENTS

1. Name of the Event: Calicut University Inter Collegiate Women Handball Championship 2019-2020

Date: 17 & 18 Oct 2019

Time: 8.30AM to 5:30PM

Venue: Vimala College Ground

Organized by: Department of Physical Education

No. of participants: 240

Name of the teacher coordinators:

1. Hemalatha .V, HOD, Dept. of Physical. Education

2. Agibet Mathews, Assit. Professor, Dept of Physical. Education

Brief Report of the Event with photos:

Vimala College Thrissur Organized the Calicut University Inter collegiate Women Handball Championship on 17th and 18th October 2019-2020 at Vimala College Indoor Stadium. Nine teams participated in the tournaments. Tournament started at 10.00 am

1. Providence College Calicut
2. AMC G E I Manisser
3. St: Joseph College IJK
4. Yuvakshetra PLD
5. PSMO College Thirurangadi
6. Christ College Irinjalakuda
7. CPE Calicut
8. Don Bosco Mannuthy
9. Vimala College Thrissur

The closing ceremony was held at 1.30 pm on 18th October 2019 after the completion of all the Final and Selection procedure. Smt Hemalatha V, Dept. of PhyEdn., Vimala College, Thrissur welcomed the gathering. The meeting was presided by Dr. Sr. Namitha Vice Principal Vimala College Thrissur. The prizes were distributed by Dr. Sakir Husain, The Director Dept. Of Physical Education University of Calicut. All India Inter University Team and coach (Shri. Sosim) declared. The two days championship came to an end after the vote of thanks proposed by Smt. Agibet Mathew Dept. of Physical Education, Vimala College, Thrissur.





VIMALA COLLEGE (AUTONOMOUS), THRISSUR



CHAMPIONSHIP 2019-2020 (WOMEN)

Sl. No.	College	Phone No.	Mail ID	Head of the Dept.
1.	Christ College	22-2242200	christcollege@gmail.com	12.1.1
2.	AME Group of Institutions Jagadeesh Institute of Management	9447855111	Jagadeeshinstitute@gmail.com	12.1.1
3.	Don Bosco College, Maruthy	7937926303	donbosco095@gmail.com	12.1.1
4.	St. Joseph's College, Kottayam	9846765314	stjosephscollege@gmail.com	12.1.1
5.	Vivekananda College, Maruthy	9445555500	vivekanandacollege@gmail.com	12.1.1
6.	Vimala College, Kottayam	9445555500	vimalacollege@gmail.com	12.1.1
7.	Training department, Calicut University	9445555500	calicutuniversity@gmail.com	12.1.1
8.	Princess College			12.1.1
9.	Princess College			12.1.1



Assessment Period (2016 - 2021)


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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

2. Name of the Event: Calicut University Intercollegiate fencing Championship - Men & Women

Date: 17 & 18 Oct 2019

Time: 8.30AM to 8:30PM

Venue: Vimala College Indoor Stadium

Organized by: Department of Physical Education

No. of participants: 139

Name of the teacher coordinators:

1. Hemalatha .V, HOD, Dept. of Physical. Education
2. Agibet Mathews, Assit. Professor, Dept of Physical. Education

Brief Report of the Event with photos:

Vimala College, Thrissur organized Calicut University Intercollegiate Fencing Men & Women championship 2019-2020. The Championship was conducted on 16th December 2019 at Vimala College Indoor stadium Thrissur.

Twenty five Colleges from Calicut University participated in the Championship. (Twelve Men Teams and Thirteen Women Colleges) The teams Reported at 8.00am at Vimala College Indoor stadium.

Teams Participated 2019-2020

Name List of Participating Colleges for Men in the Calicut University Inter collegiate Fencing championship 2019-2020

1. Don Bosco College Mannuthy
2. N M S M College Kalppatta
3. Vivekananda College Kunnankulam
4. S K V C College Thrissur
5. St: Thomas College Thrissur
6. St: Aloysious College Elthuruth
7. Govt. College Koduvally
8. Govt. College Kuttanallur
9. Prajothy Nikethan Puthukkad
10. St: Joseph College Devagiri
11. Don Bosco Sulthanbathery
12. GCPE Calicut



Assessment Period (2016 - 2021)


PRINCIPAL IN-CHARGE
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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Team Championship

MEN

Position	College	Points
First	NMSM COLLEGE KALPPATTA	46
Second	ST. THOMAS COLLEGE THRISSUR	23
Third	G C PE	15
Fourth	SREE KERALA VARMA COLLEGE THRISSUR	8

WOMEN

Position	College	Points
First	VIMALA COLLEGE THRISSUR	31
Second	SREE KERALA VARMA COLLEGE THRISSUR	19
Third	PRAJOTHI NIKETHAN PUTHUKKAD	13
Fourth	GCPE CALICUT	10



Assessment Period (2016 - 2021)


 PRINCIPAL IN-CHARGE,
 VIMALA COLLEGE
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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

INTER COLLEGIATE		MEN & WOMEN 2019-2020	
College	Ph. No.	Name of the	No. of players & m/c
BOYS			
1. Don Bosco Murthi	2827986302	Thakur	1
2. Don Bosco Murthi	9946594653	Shahin	2 + 1
3. Vimala College	9456513874	Rajesh	12 + 1
4. St. Mary's	9466321212	Shahin	6 + 1
5. St. Mary's	9466321212	Shahin	10 + 1
6. St. Mary's	9466321212	Shahin	8
7. St. Mary's	9466321212	Shahin	1
8. St. Mary's	9466321212	Shahin	1
9. St. Mary's	9466321212	Shahin	12 + 1
10. St. Mary's	9466321212	Shahin	5
11. St. Mary's	9466321212	Shahin	1
12. St. Mary's	9466321212	Shahin	1
13. St. Mary's	9466321212	Shahin	10
GIRLS			
1. St. Mary's	9466321212	Shahin	1 + 1
2. St. Mary's	9466321212	Shahin	1
3. St. Mary's	9466321212	Shahin	5
4. St. Mary's	9466321212	Shahin	8
5. St. Mary's	9466321212	Shahin	1
6. St. Mary's	9466321212	Shahin	11 + 1
7. St. Mary's	9466321212	Shahin	7
8. St. Mary's	9466321212	Shahin	12 + 1
9. St. Mary's	9466321212	Shahin	2
10. St. Mary's	9466321212	Shahin	2
11. St. Mary's	9466321212	Shahin	9
12. St. Mary's	9466321212	Shahin	12
13. St. Mary's	9466321212	Shahin	1



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