



Criterion V

Student Support and Progression



5.4.1 Alumnae Association - Activity Report

2019 - 2020



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Activity Report of the Alumnae Association

2019 - 2020

The activities of the year 2019-20 began with the Alumnae Reunion and Annual General Body Meeting held on 12th October 2019 in the College auditorium. The Co-ordinator, Dr Sr Marriette A Therattil rendered the welcome address which was followed by the presentation of reports. A great humanitarian and a true catholic who extends acts of kindness towards the needy people, Sr Merrin Paul CHF was the Chief Guest for the day. The Silver Jubilarians (1994 batch) and the Golden Jubilarians (1970 batch) were honoured. The Co-ordinator adorned them badges commemorating 25/50 years of their graduation. Afterwards investiture ceremony was held. The fresh graduates and post graduates of 2018-19 batches were initiated into the association by their respective tutors. They were presented with souvenirs. Kalacharya Vasantha Aravind - Director of Koothambalam, Coimbatore and an alumna of Home Science department - enthralled the audience with her dance performance.

The sixth volume of alumnae newsletter, *Dear Alumna*, was released. Election for the executive committee was held and new office-bearers assumed their charges in the General Body Meeting.

The first venture of the newly appointed executive committee was their visit to Pakalveedu at Padukkadu on 21-10-2019. As per the feedbacks collected from the inmates, the Association took the decision to provide hands on training to them. In collaboration with the textile unit of Home Science Department, a training programme on floor mat making, was initiated on 19th December 2019. The Association also handed over an amount of Rs 10000/- to their caretaker Mrs Lija for her daughter's wedding.



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Vimalardhram, the community extension service of the Association, aims to lend a hand to the nearby locality. On 9th January 2020, the executive members visited Ashraya Bhavan, a rehabilitation centre dedicated to the welfare of the needy sections of the society. The association handed over grocery and other items worth Rs 12000/- to the Centre, generously contributed by alumnae and teachers of the College.

The Star of Vimala Contest in honour of Rev Sr Stella Maria, the founder principal of our college, was held on 30th January 2020. The preliminary off stage round witnessed the selection of 9 finalists from among 26 participants. The much awaited final round was judged by Dr Sheeba Thattil, Former Faculty, Dept of English, Vimala College; Dr Betsy Paul, Associate Professor, Dept. of English, St. Aloysius College and Ms Chithra, Trainer at IAS Hotspot, Thrissur. Akshara Santhosh (S6 BSc Chemistry) was crowned as the 'Star of Vimala' while Sandra Thomas (S6 B A Functional English) and Nazrin Razak (S4 P G Nutrition and Dietetics) won the First and Second Runner Up positions.

During this period of COVID 19 pandemic, the Association with the support of our foreign chapter, Vimex UAE has contributed Rs. 80,000/- towards facilitating access to online teaching for our needy students. The timely help of our Alumnae during this dreadful time is quiet appreciable.

An International webinar on Mental Wellness Awareness was organized on 27th July 2020 to enlighten the minds of the alumnae during this period of anxiety. Our own alumna, Ms Jayasri Pisharody, Integrated Wellness practitioner, UAE handled this session and spread the radiance of positive energy to the audience. Thus we could conclude the activities of the year 2019-20 on a positive note.



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