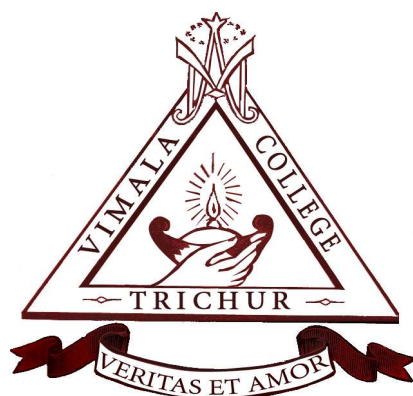


Vimala College (Autonomous)

Thrissur



GOLDEN JUBILEE SOUVENIR

(2017)



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Golden Sheaves



VIMALA COLLEGE (AUTONOMOUS)
THRISSUR, KERALA - 680 009

Our Patroness



My soul magnifies the Lord



Saint
Chavara Kuriakose Elias



Saint Euphrasia of
the Sacred Heart of Jesus



His Holiness Francis
cordially imparts the requested Apostolic Blessing to

Rev. Sr. Marias V. L.,
Staff and Students of
Vimala College, Thrissur

on the occasion of the 50th Anniversary of the Institution
invoking through the intercession of the Virgin Mary
an abundance of Divine graces

1967 - 2017

Ex Eccelsa Vaticana, die 23. 2. 2017

+ Vincent Fernandez
Vicarius Generalis - Pontifex

Message

वै. सत्य कुमार
Y. SATYA KUMAR



भारत के उप-राष्ट्रपति के विशेष कार्य अधिकारी
OFFICER ON SPECIAL DUTY
TO THE VICE-PRESIDENT OF INDIA
नई दिल्ली/NEW DELHI - 110011
TEL.: 23016344 / 23016422 FAX : 23012645

E-mail: osd-vpi@nic.in

11th September, 2017

Dear Dr. Sr. Marriette A. Therattil,

Namaste.

It is to acknowledge with thanks the receipt of your letter dated 25th August, 2017 requesting message from Hon'ble Vice President of India on the occasion of Golden Jubilee year 2016-2017 celebrations of Vimala College, Thrissur, Kerala.

The Hon'ble Vice President conveys his best wishes for the success of the event.

With regards,

Yours sincerely,

(Y.SATYA KUMAR)

Dr. Sr. Marriette A. Therattil
Principal, Vimala College
Thrissur – 680 009
Kerala.

Message

JUSTICE (Retd.) P. SATHASIVAM
GOVERNOR OF KERALA



RAJ BHAVAN
KERALA

15 September 2017



MESSAGE

I am glad to know that Vimala College, Thrissur intends to bring out a Souvenir in connection with its Golden Jubilee celebrations.

I do hope that the Souvenir will highlight the various accomplishments of the Institution and wish the publication all success.

[Justice (Retd) P. Sathasivam]

Tel.: 0471-2721100 | Fax: 0471-2720266



No.1058/Press/CMO/17.

August 31, 2017.



MESSAGE

I am happy to know that the Vimala College, Thrissur, is bringing out Souvenir in connection with the Golden Jubilee celebrations.

I extend my good wishes to the celebrations and to the souvenir which is being brought out to mark this occasion.

Pinarayi Vijayan

Dr. Sr. Marriette A Therattil
Principal
Vimala College
Thrissur - 680 009
mail@vimalacollege.edu.in

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Ramesh Chennithala
Leader of Opposition



11/9/2017

Message

I am extremely happy to know that VIMALA college Thrissur is going to publish a souvenir in connection with their Golden Jubilee year celebrations to be held this year.

Over a fifty years of excellent service to the higher education field, Vimala College Thrissur left an indelible mark in the sphere of our socio-cultural-education. I extend my heartfelt wishes to the golden jubilee celebrations and to the souvenir publishing to mark this historical event.

RAMESH CHENNITHALA

Cantonment House, Vikas Bhavan P. O., Thiruvananthapuram-695 033

Phone-Office : 0471-2315625, 2512050 Fax : 0471-2315625 Res : 0471-2318830

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George Cardinal Alencherry
Major Archbishop of the
Syro-Malabar Church



Mar Andrews Thazath
Arch Bishop of Trichur



Mar Raphael Thattil
Auxiliary Bishop of Trichur

George Cardinal Alencherry
Major Archbishop
Syro-Malabar Church



Prot. No. 2153/2017

08 December 2017



MESSAGE

I am very glad to know that Vimala College, Thrissur, in the Archeparchy of Thrissur celebrates the Golden Jubilee of the founding of the College and intends to publish a souvenir to mark the occasion. Vimala College (autonomous), a first grade women's College under the CMC Management, was established in 1967. Ever since its inception, the College has been in the forefront of higher education in the State. It is a matter of great pride that this Educational Institution has made remarkable progress in academic and co-curricular activities. Some of them are that the institution accorded Autonomy in 2015 and conferred the status of College with Potential for Excellence in 2016, the three NAAC accreditations bestowed on the Institution Five Star Status in 2001, A – Grade with a CGPA of 3.3 in 2008 and A- Grade with a CGPT of 3.5 in 2014. Vimala has made remarkable strides in curricular, co-curricular and extracurricular activities to emerge as a centre of learning to be reckoned in the higher education map of the country. Let me congratulate you: the Manager, Principal, Teaching and Non-Teaching Staff and the Students on the commendable achievements you have already made.

The role played by this College in providing its students quality education without compromising the moral values deserves appreciation. The Council of Vatican II, in its document on education says, "A true education aims at the formation of the human person in the pursuit of his ultimate end and of the good of the societies of which, as man, he is a member, and in whose obligations, as an adult, he will share" (*Gravissimum Educationis* 1). The amount of learning that is available today will prove meaningless if the students are not directed properly. An educational institute is like a lamp on the hill tops to light up its surroundings. It provides students with a noble vision and an appropriate approach to life and service. I congratulate everyone who has added up towards the betterment of the students and the institution past fifty years. May the formation given at Vimala College enable the students to become not only a good human being but also a good citizen of our country who can contribute to the building of the nation! I wish the celebrations every success. May God bless you on all your endeavours!



George Cardinal Alencherry
Major Archbishop of the Syro-Malabar Church

The Syro – Malabar Major Archiepiscopal Curia
Mount St. Thomas, P.B.No. 3110, P.O. Kakkanad, Kochi – 682 030, Kerala, India
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Mar Andrews Thazhath
ARCHBISHOP OF TRICHUR



ARCHBISHOP'S HOUSE, TRISSUR, 680 005, KERALA, INDIA



I am very much delighted to know that Vimala College is publishing a Souvenir to mark its Golden Jubilee. Following the footsteps of the great educational visionary St. Kuriakose Elias Chavara, the sisters of the Congregation of Mother of Carmel have proved their dedication in refining human person through education. Since its bifurcation from St. Mary's College in 1967, Vimala College has been spearheading in pursuit of excellence both in academic and non-academic fields. Your sincere efforts to empower women and bring about their holistic transformation could contribute great leaders for the nation and the world in every sphere.

It is with great joy that I place on record my deep appreciation to the Management, Principal, Staff and PTA of Vimala College for the dedicated service you have rendered in the past fifty years to uplift the society.

May God Almighty bless you and guide you in all your endeavours to spread the light of knowledge far and wide.

Yours in Lord,

+ Andrews Thazhath

+ Andrews Thazhath

Metropolitan Archbishop of Trichur

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SANTHOM MISSION INDIA

Bishop Raphael Thattil

Apostolic Visitor for the Syro-Malabar Migrants in India outside the proper territory



I am happy and excited that Vimala College is bringing out a Souvenir as a milestone to commemorate the auspicious event of its Golden Jubilee. Through fifty years of undaunted efforts Vimala College has reached the zenith of glory in various fields. It is a matter of great pride that the alumnae of this institution are found in all walks of life rendering meritorious service to the society. You have every reason to be proud of your achievements. The curricular, co-curricular and extracurricular activities of the college have formed thousands of students every year channelizing their talents for the wellbeing of the society.

Congratulations!

May God Almighty bless you abundantly in your efforts to be the guardian of knowledge for years to come.

Yours in Our Lord Jesus



Mr Raphael Thattil
Apostolic Visitor
for the Syro-Malabar Migrants in
India outside the Proper Territory

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Rev. Sr. Sibi CMC
Superior General



Rev. Sr. Anija CMC
Provincial Superior



CONGREGATION OF THE MOTHER OF CARMEL

CMC Mount Carmel Generalate – Aluva

Thaikkattukara P.O, 683106, Ernakulam Dt. Kerala, S. India

Ph.0484 – 2620408, 2627050 2624270.

E-mail – cmcgeneralate@gmail.com, Web. www.cmcgeneralate.org

Sr. Sibi CMC
Superior General



It is with much delight that I write on the occasion of the Golden Jubilee celebrations of Vimala College, a premier institution under the CMC Management. Time has been witness to the efforts of entire communities of teachers, students and other stake holders that have borne fruit in the form of glories bestowed upon the College. The flag of Vimala has been flying high for fifty years now, fulfilling the vision of creating and moulding generations of empowered young women. Through her journey over the years, Vimala has crossed several milestones in academics and other fields, furthering the cause of education and upholding the ideals bequeathed by the founders. It is my pleasure and honour to offer felicitations to the Manager, Principal, staff and students who have been instrumental in shaping Vimala into what she has become today.

This is an occasion of great joy not only because of the successes achieved and laurels won, but also because the past is symbolic of what is possible and the future is the opportunity to better what has been done. The Almighty is to be remembered with gratitude for the blessings received and in reverence for the grace that must accompany every endeavour undertaken.

I wish Vimala College the very best. May the Lord shower the choicest of His blessings upon all your efforts.

Sr. Sibi CMC
Superior General



Message

Sr.Anija CMC
Provincial Superior
Congregation of the Mother of Carmel
Nirmala Province



NIRMALA PROVINCE
Kolazhy PO, Thrissur-680010
E mail- nirmalaprovince @gmail.com
Ph.2201770, 2200448



Dear Principal, Staff and students,

Golden stars sparkled on the horizon of Vimala College as she celebrated the golden jubilee of her glorious inception. It's with great pleasure that I send you my felicitations on this joyous occasion. I appreciate the noble responsibility you have shouldered in moulding generations of young women holding up the battens of truth and of love.

It is laudable indeed that several innovative programmes have been formulated to mark this mega event in the annals of Vimala. On this happy occasion, while greeting all of you, I urge you to rededicate yourselves to the task of making your *Alma Mater* an authentic instrument in building up a new human society based on the values of universal brotherhood that the Gospel teaches.

Let us raise our hearts in praise to the Lord Almighty who has been our anchor in trials and to our heavenly patroness *Vimalamatha*, for sheltering us with love and care under her divine mantle. May the Lord bless you all to carry out all your future endeavours and the Jubilee projects in a befitting manner.

With cordial best wishes and prayers,

Sr.Anija

Manager&Provincial Superior

AJITHA JAYARAJAN
MAYOR
THRISSUR CORPORATION



Division - 39, Kokkalai,
Kalathil House, Sneha 77,
Koorichenry P. O., Thiruvananthapuram - 680 007,
Mob : 9495012545
☎ : Res : 0487 - 2429305

Date.....16.09.2017.



സന്ദേശം

സാംസ്കാരിക നഗരത്തിന്റെ സിന്ദൂര തിലകമായ പ്രിയപ്പെട്ട വിമല കോളേജിന് 50 വർഷം പ്രായമായി എന്ന വാർത്ത അത്ഭുതത്തോടെയും അതിലേറെ ആദരവോടെയുമാണ് ശ്രവിച്ചത്. ഒരു മനുഷ്യനെ സംബന്ധിച്ചിടത്തോളം ജീവിതത്തിന്റെ അന്ധതാണ്ട് പിന്നിടുന്നു എന്നു പറയുമ്പോൾ ജീവിതത്തിന്റെ സായാഹ്നത്തിലേക്ക് പ്രവേശിക്കുന്നു എന്നാണു വിവക്ഷിക്കുന്നതെങ്കിൽ ഒരു കലാലയത്തെ സംബന്ധിച്ച് സുവർണ്ണ ജൂബിലി ആഘോഷിക്കുക എന്നതിനർത്ഥം കലാലയം എന്ന സ്നേഹപദത്തിനപ്പുറം വിശ്വസർവ്വകലാശാലയുടെ വിശാലതയിലേയ്ക്കുള്ള അലിഞ്ഞുചേരലാണ്.

പഠന-പാഠ്യേതര വിഷയങ്ങളിൽ സംസ്ഥാനതലത്തിൽ മികവിന്റെ നിറകൂടമായി നിൽക്കുന്ന വിമല കോളേജ്, സുവർണ്ണ ജൂബിലി വർഷത്തിൽ നടത്തിയ 'കനിവും ഉണർവും മികവും മിഴിവും' സഹഗാമികളോടും സഹജീവികളോടുമുള്ള കലാലയത്തിന്റെ സ്നേഹം, ആർദ്രത, കാരൂണ്യം, പരിലാളന എന്നിവയുടെ തുവൽസ്പർശങ്ങളാണ്.

തൃശ്ശൂരിന്റെ മാത്രമല്ല, സംസ്ഥാനത്തിന്റെ തന്നെ സ്ത്രീശബ്ദത്തിന്റെ അരങ്ങായ വിമലയുടെ സുവർണ്ണ ജൂബിലിയോടനുബന്ധിച്ച് ഓർമ്മകളുടെ സിന്ദൂരച്ചെപ്പിലേയ്ക്ക് സൂക്ഷിക്കാനുള്ള സുവനീറിന് എല്ലാ ഭാവുകങ്ങളും നേരുന്നു.



സ്നേഹപൂർവ്വം,

അജിത ജയരാജൻ,
മേയർ.

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Editorial



The fear of the Lord is the beginning of wisdom - Proverbs

Golden Sheaves, the fingerprint of this higher education institution reminds me of the occasions that transformed the women of Kerala into the ambience of progression which has been beneficial to the society and the nation to a great extent.

As we complete fifty years of yeomen service what comes into my mind is that, success comes to those who work hard and stays with those who don't rest on the laurels of the past. Aristotle once said, "Educating the mind without educating the heart is no education at all."

The College has always endeavoured to accomplish its aim to provide women, quality education and a space for growth and learning .It has played a significant role since its inception in empowering women, nurturing their talents and grooming them to serve the society and the nation as a whole

Though we impart education to match with the advancement in technology and globalization, we ensure that our women march ahead with the ethos of VIMALA -Truth and Love.

For the end of wisdom is Truth;
The end of knowledge is Love.

Golden Sheaves is a milestone that marks our growth, unfolds our imagination, and gives life to our thoughts and aspirations.

I place on record that we are fortunate to have a committed and supportive management, dedicated and dynamic staff and cooperative parents who blend harmoniously, to create a meticulous campus.

Remembering all the stakeholders ...in gratitude, let me remain.

Principal
Dr. Sr. Marriette A. Therattil

FORMER PRINCIPALS

OUR STRONG PILLARS

Sr. STELLA MARIA
Founding Principal
(1967-1979)



Sr. PHILOMINE
(1979-1981)



Dr. Sr. SOBEL
(1996-1997)



Sr. CANISIA
(1981-1989)



Dr. Sr. CHRISOLOGA
(1989-1996)



Dr. Sr. OMER
(1998-2002)

This is to extend my hearty greetings on this auspicious occasion when you celebrate the Golden Jubilee of our prestigious temple of learning. May the good Lord shower His choicest blessings in abundance. Let me express my sincere gratitude to our Lord God for the manifold blessings he had been pouring throughout these years. I congratulate all the Principals and staff members, both the present and the past, for rendering their selfless service to build up and maintain the name and fame of our College. If I do not mention a word of thanks to the management for its continuous support to our institution, it will be a grave omission from my part. Education has to form the students intellectually, morally and spiritually and also make them realize the need of reaching out to the poor and the oppressed now and after leaving your beloved College.

Exalt the name of the Lord for the giant strides Vimala has made through these fifty years and specially, let me mention, from the silver to the golden. The expectations are for the diamond sparkle. The MSW which started, maybe, 25 years back has made an impact around the academic community in the neighbourhood and it was intended so. The management has always wanted to uphold the ideals of Jesus Christ and Mother Mary and thus uplift the poor around on all levels. Special greetings again for all those who are concerned. May the lord God bless us all the way and walk with us in such a way that we collaborate with His creativity with new insights. May the new generations come with new thoughts, new insights, new inventions and also moral upbuilding. The blessing of the Lord follows us all the way. Praise God. May Jesus' name be uplifted and Vimalamatha's.

Vimala has a glorious past to cherish. The visionary pioneers have laid a strong foundation for Vimala. I consider it a great blessing to have been a part of it for a long period. The Lord blessed me to be an instrument in His hand to lead the institution. I earnestly wish and pray that the latter splendor of this institution shall be greater than the former.

It is indeed highly amazing to learn the incredible progress Vimala is achieving in all fields of equipping their children in all areas of life being excellently enriched to offer their best for everyone everywhere thereby to enjoy to the maximum the fruits of Truth and Love, realizing in fullness the meaning of the motto in their lives. Hearty congratulations to the management, staff, students and PTA of the past fifty years for what God has achieved in them and through them. I prayerfully wish all the best in all their endeavours in the future.

Dr. Sr. LINA
(1997-1998)



Sr. ROSE DHEERA
(2002-2006)



I still cannot believe that God has blessed me so abundantly as to be the Principal of a college like Vimala. I believe I have given a bit of myself to Vimala and received in turn tons of love, care and comradeship. Let the flag of Vimala fly high forever.

Dr. Sr. LISSY JOHN IRIMPAN
(2008-2014)

It is with immense gratitude that I acknowledge the blessings bestowed on me by God Almighty to have been a part of Vimala College, Thrissur. Vimalamatha chose me for a small role in the history of this institution that makes me feel humble and grateful. May Vimala continue to prosper and cater to the holistic growth of young women for many more years.

Dr. Sr. LEKHA
(2006-2008)



Dr. Sr. MARIES V. L.
(2014-2017)

ഈ സുവർണ്ണ ജൂബിലി വർഷത്തിൽ വിമല കോളേജിന്റെ പ്രിൻസിപ്പൽ പദവിയിൽ ആയിരിക്കാൻ സാധിച്ചതിൽ എനിക്ക് ദൈവത്തോട് ഒരുപാട് നന്ദിയുണ്ട് വിമല അമ്മയാണ് എന്നെ ഈ സ്ഥാനത്തേക്ക് ഉയർത്തിയത്. കോളേജിലേക്ക് കടന്നുവന്നപ്പോൾ എന്റെ മനസ്സിലുണ്ടായിരുന്ന ഒരേ ഒരു പ്രതീക്ഷ, ദൈവത്തിന്റെ വാഗ്ദാനമായിരുന്നു. എല്ലാം ദൈവം നടത്തുന്നു, ദൈവം നടത്തുമെന്നുള്ള ആ ഒരു ഉറപ്പാണ് കോളേജിലായിരിക്കുമ്പോൾ അനുഭവപ്പെട്ടിട്ടുള്ള ഒരേയൊരു കാര്യം. എല്ലാ വിദ്യാർത്ഥിനികളുടെയും സഹപ്രവർത്തകരുടെയും മാനേജ്മെന്റിന്റെയും പരിപൂർണ്ണ സഹകരണം പ്രവർത്തനങ്ങൾക്ക് ഉണ്ടായിരുന്നു ഈ മൂന്നു വർഷവും അതിൽ വളരെ പ്രത്യേകമായി ഈ സുവർണ്ണ ജൂബിലി വർഷവും ഉണ്ടായി എന്നത് വളരെയധികം ചാരിതാർത്ഥ്യത്തോടെ എടുത്തു പറയാൻ സാധിക്കും. എല്ലാവരുടെയും പിന്തുണയോടെ എല്ലാ കാര്യങ്ങളും ചെയ്യാൻ ദൈവം എന്നെ സഹായിച്ചു.

ജൂബിലിയുടെ നിറവിൽ നിൽക്കുന്ന വിമല കോളേജിനെ ഓർക്കുമ്പോൾ എനിക്ക് ഒരുപാട് നന്ദിയുണ്ട്. കാലഘട്ടം മുതൽ ഞാൻ അതിന്റെ ഭാഗമായിരുന്നു. "കർത്താവിൽ വിശ്വാസമർപ്പിച്ചാൽ അവിടുന്ന് എല്ലാം നടത്തിക്കൊള്ളും" സങ്കീർത്തകന്റെ ആ പരിപൂർണ്ണമായ വചനം വിമല കോളേജിനെ സംബന്ധിച്ചിടത്തോളം അന്യർത്ഥമായിത്തീരുന്നു, ജൂബിലിയുടെ നിറവിൽ വിമല കോളേജുമായി ബന്ധപ്പെട്ട എല്ലാവരെയും കഴിഞ്ഞ 50 വർഷക്കാലം അതിനുവേണ്ടി അക്ഷീണം പ്രവർത്തിച്ച എല്ലാവരെയും ഞാൻ നന്ദിയോടെ ഓർക്കുന്നു. എല്ലാ നന്മകളും ആശംസിക്കുന്നു.



Sr. Mary Patience
(1964-68)



Sr. Borgia Olakengil
(1968-74)

Our Managers



Sr. Christopher
(1974-77)



Sr. Galgani
(1980-86)



Dr. Sr. Cleopatra
(1986-91)



Sr. Maria Terezine
(1991-94)



Sr. Felicita
(1994-2000)



Sr. Nirmala
(2000-03)



Sr. Nilus
(2003-09)



Dr. Sr. Omer
(2009- 15)



Sr. Anija
(2015-18)

OUR BEACON LIGHTS



VIMALA COLLEGE

A Brief History

Vimala College came into existence as a bifurcation from St Mary's College, Thrissur which was the first first-grade college for women in the district founded by the Sisters of the Nirmala Province of the Congregation of Mother of Carmel (CMC) in 1946. Establishing an institution for women at a time when higher education for women was restrained even in a State like Kerala called for great courage, dynamism and vision. Although the Kerala society was conservative and conventional, a College exclusively for women turned out to be a success. The College grew so rapidly that she could no more meet the increasing rush of students. To tide over the emergency, the senior sections of St Mary's College were shifted to Cheroor, a suburb of Thrissur, where the College had a hostel for students. A year after, on 15 March 1967, the order of sanction was issued by the Government with the consent of the University to have two separate colleges. Thus in 1967, out of the bifurcated St Mary's College evolved Vimala College.

The College was founded with very clear and defined vision, mission and objectives as laid down in the CMC Education Policy. True to the ideals and heritage handed over to the congregation by her founder St Chavara Kuriakose Elias, the College has its aim in the pursuit of intellectual and professional excellence, the total formation of girls as much for their own enrichment as for the service to society and the nation. The College has contributed very meaningfully to the education of women in the State which is acclaimed as having the highest literacy rate. As one

of the main objectives of the College is service to humanity and nation building, the curriculum is vibrant with plenty of extension services to the society, locality, women and the under privileged. The NSS and NCC wings of the College have been acclaimed as one of the best in the State, and active participation is ensured in all the Governmental initiatives to upgrade the quality of higher education. This aspect of the College has been particularly commended by all the three NAAC committees that visited the College for Assessment.

Ever since its inception, the College has been in the forefront of higher education in the State. The College offers 16 Undergraduate and 13 Postgraduate programmes, and is a Centre for Research in English, Commerce, Physics and Social Work. This multi-faculty Institution has an enrolment of 2537 students, 121 faculty members and 36 non teaching staff. The Institution was accorded autonomy in 2015 and conferred the status of College with Potential for Excellence in 2016. The three NAAC Accreditations bestowed on the Institution, Five Star Status(2001), A Grade with a CGPA of 3.3 (2008), and A Grade with a CGPT of 3.5 (2014). This year, the College was ranked 52nd in NIRF. All efforts are made to sustain and enhance quality through the synchronization of innovative measures and traditional values. Vimala has made re-markable strides in curricular, co-curricular and extracurricular activities to emerge as a centre of learning to be reckoned in the higher education map of the country.

Department of Botany

In the year 1967, the Department of Botany started functioning at Vimala with B.Sc classes. Mrs. Daisy Mani Panengaden (1967-1989) was the first Head of the Department, followed by Mrs. Pushpi Joseph (1990-1998), Mrs. Valsa Varghese (1998-2003), Mrs. Ratnam M.S.(2003-2008), Dr. Sr. Kochuthressia M. V. (2008-2015) and Dr Sheela George V. (2015 onwards).

Apart from the Heads; other illustrious faculty members of the Department till date are Sr. Alenso, Sr. Luciya, Dr. Sr. Alphonsa C. K., Dr. Regi Raphael K., Dr. Sheeja T. Tharakan, Mrs. Smitha P. S., Dr. Manju Madhavan, Ms. Anjana P. A., Dr. Sandhya Vincent Neelamkavil, Ms. Anitha M. A. and Ms. Jayalakshmi M.

In 2015, the Department traversed a milestone with the introduction of M. Sc. Botany. A plant tissue culture lab was introduced in 2012. The Department offered career- oriented one-year certificate course sponsored by UGC; Add on Diploma in Horticulture, Nursery management and Tissue culture from 2005 to 2010. As a harbinger of our commitment to wider surroundings; the efforts towards a sustainable environment started off from our immediate surroundings, the college campus. In 2007, an endangered medicinal plant garden was nurtured in the college premises fostered by the vision behind setting up of a Botanical Garden & Green House in 1980.

The Department is proud of its rich heritage of alumnae that includes Dr Sr Marriette A Therattil Principal, Vimala College Thrissur; Jamuna Ravishankar, Senior Manager, American Company, New Zealand; Leena Kumary P.C., Special Educator, Psychiatric Department, AIMS, Cochin; Lissy Varghese, Winner of Mathrubhumi Book Award; Ambika P.K., Senior Research Officer, Central Silk Board, Bangalore; Sheena Chacko Tharakan, Finance Manager, Pearls Flowers Ltd., Uganda; Swarnam Joseph, Ph.D Coordinator, Gotlieb Memorial Hospital, Midwest Institute for minimally invasive therapies (MIMIT); P. Sarala Devi, Councilor, Thrissur Corporation and Dr. Sr. Meena K. Cheruvathoor, Vice-Principal, St. Mary's College, Thrissur.

Department of Chemistry

In the year 1967, the Department of Chemistry started functioning at Vimala with B.Sc classes. Sr. Canisia (1967- 1981) was the first Head of the Department, followed by Mrs. Achamma Mathew (1981-2000), Ms. Santhakumari (2000-2001), Ms. Sathi M. (2001-2008), Ms. Julie T.A. (2008-2011), Ms. Sobha C.(2011-15) and Ms. Lucy Paul (2015 onwards).

Apart from the Heads; other illustrious faculty members of the Department till date are Ms. Thressiamma Thomas, Ms. Soosi Joseph, Ms. Mary Paul, Sr. Mary K.P., Dr.Sr. Treesa P.M., Dr. Sr. Beena Jose, Dr. Theresa C. J., Dr. Nancy Mathew and Dr. Nimmy Kuriakose.

M.Sc. Chemistry was introduced in the year 2012, which marked an epoch in the higher academic pursuits of the department. Dr. Sr. Beena Jose brought laurels to the department by securing International Fellowship Programme at Santa Clara University, USA.

The Department is proud of its rich heritage of alumnae that includes personalities like Justice P.V. Asha, High Court of Kerala and Smt. Najeema U, Kerala Agricultural University High School, Vellanikkara, Thrissur.

Department of Commerce

In the year 1975, the Department of Commerce started functioning at Vimala with B.Com classes. Prof. Mohanachandran was the first Head of the Department, followed by Dr. Jose K.G., Dr. Narayanankutty M., Smt. Thankamma P. C., Smt. A.G. Vijayakumari and Smt. Rose V. J.

Apart from the Heads; other illustrious faculty members of the Department till date are Dr. K. J. Antony (late), Dr. Abraham V. L., Dr. Lizzy E.A., Smt. Rema, Dr. K. T. Markose, Dr. Kamalakshy M. V., Smt. Mayadevi N. K., Dr. Sr. Lissy John Irimpan, Dr. Sr. Elsy P.A., Adv. Sukumaran M. P. (late), Sr. Teseena P. Emmatty, Dr. Preema Rose Nichlavose, Smt. Nisha Leela

Jose, Dr. Salini K., Sri. Jins C. G., Sri. Sojan Joseph and Smt. Jilu Varghese.

The Department has covered several milestones since inception. The M. Com course was introduced in the year 1980. The University raised the Department to the status of a Research Centre in 2013. The B. Com Self-Finance Wing started to function in 2013.

Dr Sr Lissy John Irimpan (Faculty and Alumnae) was promoted as the Principal of the College in April 2008. She was the vice-principal during 2006-2008. Dr. Sr. Elsy P.A. (Faculty & Alumnae) was the vice- principal of the college during 2008 -2013. Dr. Jose K.G. was awarded the prestigious “Ghani award” instituted by the University of Calicut for the year 2006-07. Dr. Lizzy E.A. (Faculty & Alumnae) served a term of five years (2000-05) as councilor of Thrissur Corporation. Dr. Preema Rose Nichlavose and Dr. Salini K were awarded Guideship for PhD Programme in 2016. Thus the department comprises of resourceful faculty who have always steered it towards greater heights.

The Department is proud of its rich heritage of alumnae that includes Olympian & Arjuna award winner Rosakutty K. C. (Pre Degree 1984-86) -Gloria Award Winner 2013 instituted by the Alumnae Association of the College; Arjuna award winner Sinimol Paulose; Olympian Jincy Philip; Anju Markose (Anju Bobby George) (Pre Degree 1992-94); Dr.Vasanthakumari M.Com. M.Phil., MBA, Ph.D, PDF, Department of Commerce, N.S.S. College, Ottapalom, Post Doctoral Fellow and External guide at the Vimala Research Centre; Smt. Laxmi Bai M- Assistant Commissioner of Income Tax; Smt. Reeja Raghavan - Supdt of Central Excise; Smt. Tanuja Nayar- Procurement Manager, Dept. of Treasury and Finance, Govt. of WA (Australia); Smt. Sonija M S -Manager E&OS, LIC of India; Sona Nair (B.Com 2002, 3rd rank holder) secured 25th rank for CAPE 11(Inter). Vidya M. (B.Com,2002, 1st rank holder) secured 39th rank (July, 2003) at the All India Level. Namita Das (2006 B.Com) 1st rank holder, cleared CA inter in the same year. Santhi S. who was a student of the department for seven years from 1991 to 1998,

rank holder for pre degree, B.Com and M.Com is the first female student of Thrissur District and the second female student of Kerala State to get A.C.S. (Associate Company Secretaries of India); Malavika Menon and Jyothi D. won State Level Quiz Competition sponsored by the Govt. of Germany in 2008 and Gayathri Suresh (2012-13) Cine Actor, Femina Miss Kerala 2014.

Department of Computer Science

In the year 1999, the Department of Computer Science started functioning at Vimala with B.Sc classes as a Self-financing course. It was regularized under the University of Calicut in 2010. Ms. Shiby Joseph was the first Head of the Department, followed by Mr. Paul Thomas, Mr. Biju Geevarghese, Ms. Seema Francis and Sr. Ani Davis K. Ms. Sareena Rose and Sr. Divya O.M are faculty members who, along with the Head, coordinates the activities of the department.

UGC Add on Course on Office Automation (Certificate/ diploma/ advanced diploma level) was initiated during 2005 - 2010. From 2011 Onwards, the department offers Multimedia Communication (Certificate/ diploma/ advanced diploma level).

The Department is proud of its rich heritage of alumnae that includes Asha Rajagopal, First Rank (Gold Medal Winner) -MCA, NIT Calicut, 2013; Varsha Vijayakumar, First Rank, M.Sc. Computational Science, Indian Institute of Technology & Management, Kerala, 2015; Vineetha, First Rank (M.Sc. CS), University of Calicut, 2009; Leela M. Antony, Third Rank (M.Sc. CS), University of Calicut, 2009.

Department of Economics

In the year 1967, the Department of Economics started functioning at Vimala with B.A. and M. A. classes. Rev. Sr. Philomine was the first Head of the Department, followed by Smt. Sathy A. (1980-1997), Dr. Clara M. D. (1997-2003), Smt. Mary K. V. (2003-2004), Smt. Rajalakshmy N. T. (2004-2008), Dr. Maithily K. (2008-2011), Smt. Lucy M. A. (2011-2015) and Dr. Vimala M. (2015 onwards).

Apart from the Heads; other illustrious faculty members of the Department till date are Rev. Sr. Lima, Rev. Sr. Anne Jissa CMC, Smt. Alice Manjooran, Smt. Sitara V. Attokkaran, Dr. Mary Thomas K., Dr. Sneha Gopeekrishna and Smt. Dhanya Sankar K.S.

In 2012, department setup a computer lab using PG Grant. Dr. Vimala M. secured Blood Donation Motivation Award instituted by IMA during 2010-11; Ms. Dhanya Shankar K.S. was selected for International Flair Internship to Britain initiated by Kerala State Higher Education Council. Dr. Vimala M. was recognised as a Research Guide of the University of Calicut in 2014.

The Department is proud of its rich heritage of alumnae that includes Smt. Vijayalakshmi P, IFS; Priya P. Nair- IES, Revenue Department, Delhi; Geetha N. R., Rtd. Principal, Victoria College, Palakkad; Smt. Prasanna N. P., Director National Saving Scheme; Sr. Ancilla- Manager, CMC, Kozhikode Province; Dr. Kanaka Pratap- A Well known Entrepreneur in Kerala (Shahanas); Anju Bobby George-Olympian; Jincy Philip-Olympian; Dr. Meera Bai- HOD & Research Guide, CUSAT; Sr. Vandana, Rtd. Vice Principal, St. Joseph's College, Irinjalakuda; Smt. Sony T.I. Asst. Professor, Govt. College, Best NSS National Award winner. Sr. Alphonse Betsy- Rtd. Principal, St. Mary's College, Thrissur; Sr. Philo James- Rtd. Principal, St. Mary's College, Thrissur; Sr. Chrislin- Principal, St. Mary's College, Thrissur; Sr. Ancilla- Rtd. Principal, Providence College, Kozhikode; Sr. Omer- Former Manager and Rtd. Principal, Vimala College.

PG Department of English and Research Centre

INTRODUCTION

Sacred Sanctum that embraces

Thousands of curious young minds

Entering it... **VIMALA**

One of its huge pillars

Towering in all magnificence

Without an inspiring touch of which,

Not a single Vimalite has ever blossomed...

YES....Unfurling before you a Department for creative retreat!!

THE BIG FAMILY...

THE PG DEPARTMENT OF ENGLISH AND RESEARCH CENTRE, also in its golden jubilee year...leafing through a few of its many cherished moments...

In the year 1967, the Department of English started functioning at Vimala with B.A. and M. A. classes. Rev. Mother Stella Maria was the first Head of the Department who saw beautiful dreams and transformed them into magnificent realities. She was succeeded as the Head by the artist, the perfectionist, Mother Mary Leo who touched a chord in many a heart. In a long line of prodigies who are a class apart, Dr. Sr. Cleopatra next adorned the position of the Head. Under her able guidance, the post graduate library was built up on a fresh foundation with a priceless collection of books and journals with affiliation to the Modern Language Association of New York, the English Association of London and the American Research Centre, Hyderabad. Sr. Cleopatra took her Ph.D. in 1976 and consequently became a Research Guide in 1978. The University raised the Department to the status of a Research Centre in 1979. Her successors at the helm of the Department, Smt. Lekshmikutty, Smt. Leela Menon, Smt. Molly Ittimany, Dr. Varghese Dolly, Dr. Joycemol Mathew, Dr. Krishnakumari M. P., Smt. Vijayalakshmi Nair, Dr. Anila Joseph, Dr. Krishnamayi A., Dr. Sherly M.D. and Dr. O. J. Joyce till date have contributed to uphold the tradition and standard of their predecessors.

Apart from the Heads; other illustrious faculty members of the Department till date, who have been steadfast in carrying forward the golden legacy while realizing the manifold responsibilities entrusted on their able shoulders are Sri. Gopala Menon, Smt. C. A. Regina, Dr. Sr. Chrisologa, Former Principal of Vimala College, Smt. Savithri Sahasranamam, Smt. Philomina Alex, Smt. Usha Paulose, Smt. Molly Paul, Smt. Beena Joseph, Dr. V. V. Rose, Smt. Thattil Sheeba, Dr. Nisha Francis Alapatt, Dr. Sr. Tency Varghese P. (Sr. Suma),

Smt. Ann Mary Thomas A., Dr. Mallika A. Nair, Smt. Sheeji Raphael, Smt. Lisa John Mundackal, Smt. Lakshmi C. M., Smt. Prathibha P., Smt. Maya Davi Chalissery, Smt. Divya C. D., Lt. Lovji K.N. and Smt. Ann Maria Jose C.

The Department of Functional English started to function as a Self-Finance Wing in 1997 and was regularized under the University in 2010. In 2012-13, ASAP, a joint initiative of the departments of Higher Education and General Education of the state was launched. Business English Certificate course was introduced in 2016. Annual Literary Competitions are held under the auspices of the Department for the much coveted Leo Trophy and the Dr. Sr. Cleopatra Literary Competition. The Department has produced several doctoral degree holders to add luster to the literary and research arena. An International collection of Poetry, *Poemlets*, was released in 2015 and 2016 under the auspices of the Department with Smt. Sheeba Thattil as the Editor, which included poems written by the faculty members of the Department among other renowned writers. Lt. Lovji K. N. was appointed as Associate NCC Officer after completing PRCN course at Gwalior with Gold Medal. Smt. Maya Davi Chalissery got selected for the FLAIR programme. The Department is actively engaged in Extension Activities like collaborating with local schools to provide Spoken English and Grammar classes to the students of Primary classes.

The Department is proud of its rich heritage of alumnae that includes Assistant Director Ms. Sreebala K. Menon, Playback Singer Ms. Gayatri Asokan, Entrepreneur Ms. Jyothi Warriar, Film Actresses Ms. Kripa C. and Ms. Oviya, Sports Star Ms. Archana Gupta and Rifle Shooter Ms. Jessy Abraham, Singer and Music Composer Ms. Serena Chacko, Guitarist of the Programme *Good English* in Kerala Vision, Ms. Rose Chacko, Calicut University kalathilakam Ms. Sreelakshmi Geetanandan etc. to name a few.

A team of eighteen, including the guest faculty, led by the vibrant Head of the Department Dr. O. J. Joyce, strives to accomplish great deeds in the vast

field of academia. As the golden Jubilee bells chime, it harbingers a new tomorrow, a wider horizon and a glorious future.

Department of Home Science

Department of Home Science was established in 1968 under the leadership of Smt. Eliamma George. From 1970 - 1997, Dr. Annie Oommen took charge of the Department and when she retired, Mrs. Yevonne Rodricks took the helm of affairs till 2004. It was during her tenure that the PG Diploma in Nutrition and Dietetics was started in 1997. Dr. Sr. Lina rendered all the spiritual support to the Department. When the present Head of the Department, Dr. Karuna M. S. took charge in 2004, M.Sc Home Science-Nutrition & Dietetics course was started. M.Sc Textiles & Costume Science and B.Sc Textiles and Fashion Technology were launched in 2015. On 16th August 2016, the Department installed three new laboratories - the Garment Construction and Draping Lab, the Computer Aided Design Lab and the Textile Testing Lab. Mrs. Thomas Ruby Mariamma and Mrs. Mony Geege along with the Assistant Professors on Contract are striving hard to lead the Department to greater heights.

Sheela Kochouseph, Managing Director of V-Star Creations, (from the house of V-Guard), Noushija, Franchisee/Owner, FATIZ International and Jolly Roy the first Indian dietitian in South Africa are some of the illustrious alumnae of the department. Besides being the Head of the Department, Dr. Karuna M. S. is the Research Guide for Bharathiar University, Coimbatore; Mother Theresa University, Kodaikkanal and Vinayaka Missions University, Salem.

Department of Malayalam

Malayalam department started in 1968 with BA Malayalam course for promoting our language and literature and also concentrated to generate language consciousness among other students through additional language. Sr. Mary Cruz was the **Founding Head** of the department and Prof. C. L Antony, eminent linguistic scholar was our visiting faculty during the first span of

the department. Now the department consists of 5 permanent faculties and 3 guest faculties. In 2012 we started our PG course as self financing and the course regularized with 15 students. Within a short span of time we brought home several remarkable academic and cultural achievements.

The Department has instituted 'Ujjwala Kavitha Puraskaram' - Inter University Poetry Competition in honour of Sr. Lekha Former Principal & Head of the Department and 'Lochana' - Inter University Quiz Competition for the memory of Sr. Mary Cruz - Founding Head of the Department.

Received the Best Malayalam Club Award in Kerala-THUDY-instituted by St. Joseph's College Irinjalakuda in the Academic year 2014-2015 and in the same year Smt. Anu P. P. received Dr. Ambedkar Seva Medal Award.

Chronological order of Heads- Rev Sr Cruz C M C (1967-1982), Ms Thressiamma Varghes (1983-1986), Smt C T Thressiamma (1987-2001), Rev Sr. Lekha CMC(2001-2008) who became the Principal in 2006, Smt Gisha Elizabeth Varghese(2008-2016) and Sr Beena T L (2016-). Along with them Dr. Nisha Francis O, Dr.Jancy K.A., Smt. Anu P.P. along with Assistant Professors on Contract run the Department.

Department of Mathematics

In the year 1967, the Department of Mathematics started functioning at Vimala with B.Sc classes. Ms. Malathikutty C. was the first Head of the Department, followed by Smt. Rema B., Smt. Gracy A. M., Smt. Nandini K. and Smt. Swarna K. L.

Apart from the Heads; other illustrious faculty members of the Department till date are Sr. Englebert co-founder of the department; Smt. Mary Joseph Anatty, Smt. Dolly Augustine, Smt. Thressiamma N. J., Smt. Beena P., Dr. Anjaly Kishore and Smt. Jincy T. P.

In 2015, M.Sc. Mathematics started as a self-financing course. The Department organised Mathematics Exhibition POLARIS in the College.

The Department is proud of its rich heritage of

alumnae that includes Smt. Viji Paul, NBHM Sponsored Nurture Programme; Smt. Vijayalakshmi Menon, Deputy Director, Staff training College, SBI; Dr. Sr. Rani George, Rtd. Principal, St. Mary's College; Smt. Nicy O. J., Asst. Manager, Catholic Syrian Bank, Mangalore; Smt. Pramada Ramachandran, Associate Professor, St. Paul's College, Kalamassery; Smt. Sreelatha M, Asst. Manager, IDBM, Thirupoor; Dr. Sr. Maggie Jose, Principal, St. Mary's College; Smt. Rashmi M.P., Asst. Professor, V.T.Bhattathiripad College, Palakkad and Smt. Sreena T D, Asst. Professor, S.N. College, Nattika.

Post Graduate and Research Department of Physics

Established in 1967, the Department of Physics has evolved into the first post-graduate Science discipline with a Research Centre at Vimala. The Department caters to the academic needs of hundreds of aspiring young minds who wish to leave a mark in physics. Right from its inception under the able leadership of Rev Sr. Aurea C M C, the Department steadily progressed to meet the curricular, co-curricular and extra-curricular demands of its students. Being a Department supplemented by essential research expertise (including three research guides and four faculties pursuing Ph.D), initiatives for research activities are encouraged and supplemented with all the available facilities in the Department and College. Equipped with a DST-FIST lab, the Department is able to carry out research oriented UG and PG projects, inter-departmental, inter-collegiate and university research collaborations and UGC and KSCSTE funded national seminars to inculcate scientific culture and thinking among the research and student community. UGC minor projects undertaken by faculty, science popularization programmes, biannual exhibitions (PHYSIGALA) and interactions with student achievers (CSIR-JRF, INSPIRE, PRATHIBHA IIT/NIT scholars) have contributed to and enhanced the progress of the department.

The Department has been shaped and moulded by able leaders like Rev Sr. Aurea CMC (1967-1981), Smt. Eliamma M. P. (1981-2000), Smt. Alphonsa Zacharia (2000-2003), Smt. Graceamma M. J. (2003-

2005), Smt. Annam K. O. (2005-2006), Smt. Rosily (2006-2008) and Dr. Sr. Ritty J. Nedumpara (2008-2016). Dr. Malini K.A has been leading the department since 2016. The Department was recognised as a Research Centre under the Calicut University in September 2013.

Department of Sociology

In the year 1967, the Department of Sociology started functioning at Vimala with B.A. classes. Rev. Sr. Samuel CMC was the first Head of the Department, followed by Smt. Sheela Antony, Smt. Seetha kutty, Sr. Rose Dheera CMC, Dr. Sara Neena T.T. and Dr. Sr. Maries V.L. Dr. Shinju V., along with the head, carries forward the legacy of the department dedicated to the overall empowerment of women so as to mobilize their strength for a better future.

Sr. Rose Dheera was promoted as the Principal during 2004-2006. Dr. Sr. Maries V.L. became the Principal during 2014-17. Dr. Sara Neena T. T. and Dr. Shinju V. have been recognised as Research Guides in the years 2010 and 2014 respectively.

M.A. Sociology was introduced in 2002. A UGC Sponsored-Add on Course on Entrepreneurial Development for Women started in 2006. The department also offers course on women entrepreneurship and self employment. The department was honoured as the best department of Sociology through an Award instituted by Carmel College Mala for PG and UG Depts in 2010-2011; Dr. Joseph Puthenkalam SJ Memorial Award for PG Dept; First Runner-up, Winner, Second Runner-up and Winner during the years 2009-10, 2010-11, 2012-13, 2017-18 respectively. Rev. Dr. Sr. Marie Cicile Ever Rolling Trophy for UG Dept Winner and First Runner-up respectively in the years 2014-15 and 2016-17.

The Department is proud of its rich heritage of alumnae that includes Olympian Rosakutty; Dr. Sr. Leony, Former Principal & NACC Peer Team Member; Smt. Sheethal S. Kumar, Assistant Professor, Central University, Mizoram; Smt. Maya Sreekantan, News

reader, Amritha TV; Smitha Kiran, NGO, Bangalore; Dr. Sr. Rose Mary, Principal, Carmel College Mala; Smt. Lekha, Asst. Professor S.N. college Chembazhathi, Thiruvananthapuram; Smt. Sini, Asst. Professor, KNM College, Thiruvananthapuram; Mt. Beena C.A., Asst. Professor, St. Joseph's College, Irinjalakuda; Smt. Deepa Mohan, Asst. Professor, Coporative College, Madai, Kannur; Dr. Sr. Rosy C.P, Former Principal Vimala College; Smt. Seetha Kutty, Former Head, Dept. of Sociology, Vimala College, Thrissur. Dr. Sr. Leony, Sr. Rose Dheera and Dr. Sr. Kochuthresia were illustrious alumnae who were appointed as Provincial and Vice Provincial as well as the Principals of the College.

Department of Social Work

In the year 1995, the Department of Social Work started functioning at Vimala with Post Graduate classes. Dr. Lizy James was the first Head of the Department, followed by Dr. Jaya Cherian and Dr. Asha P. Rao, Dr. Minimol K. Jose and Smt. Treesa T. Pulickal are faculty members working in the department committed towards producing socially-oriented individuals, ready to make a mark in the society. The department caters and supports the (VCEC) Extension centre of the College since its inception.

The department launched UGC Innovative Programme- PG Diploma in Therapeutic Counselling during 2005-2010 and a Certificate Course in Basic Counselling Skills from 2015 onwards. The department was raised to the status of a research centre in 2017.

Department of Statistics

In the year 1981, the Department of Statistics started functioning at Vimala with B.Sc. classes. Prof. E. K. Soudamini was the first Head of the Department, followed by Smt. Annamma C. C. (1999-2010), Dr. Sr. Alice Thomas (2010-2011), Smt. Annamma Thachil (2011-2017) and Dr. Divya P. R. (2017 onwards).

Apart from the Heads; other illustrious faculty members of the Department till date are Dr. Sherly Sebastian, Dr. Bindu.P.P. and Smt. Jismi Mathew.

UGC Add on course Computer lab jointly sponsored by VISTAA -Vimala Statistics Alumnae Association was inaugurated in the year 2014. UGC Sponsored Add-on course- “Certificate Course in Statistical Computing in Data Analysis” commenced in 2014. “VISTA 2K16 Statistics Exhibition” was organized in 2016. Smt. Bindu P. P., former faculty, secured Fellow Award of the Society for Applied Biotechnology, India (2010) and Women Scientist Fellowship of 10 lakhs (DST Ministry of Science and Technology, Government of India, September 2009- 2012).

The Department is proud of its rich heritage of alumnae that includes Noushida N.A, Director of National Sample Survey, Kerala; Smt Dhidika C, Senior Project Manager , KREA solutions Pvt Ltd; Ajitha Suresh, Scientific Assistant, Department of Community Medicine & Behavioural Sciences Faculty of Medicine, Kuwait University; Smt Roshin Paul, Research Officer, Reserve Bank of India; Dr.Gleeja V.L, Asst.Professor, Dept of Statistics, Kerala Agricultural University, Mannuthy; Smt.Praseetha Mohan, Ministry of Health, Dubai; Smt.Rajasree P, KPSC District Office; to name a few.

Department of Zoology

In the year 1967, the Department of Zoology started functioning at Vimala with B.Sc. classes in order to inculcate in students the attitude and attributes of a Zoologist and to make women’s health a priority for a healthy nation. Prof. Sr. Secunda (1967-1977) was the first Head of the Department, followed by Prof. Mary George (1977-1997), Mrs.Elizabeth Kurian (1997-2004), Dr. Tessy J. Mandy (2004-2006) and Dr.Kezia Kuruvilla(2006 onwards).

M.Sc. Zoology was introduced as a self financing course in 2013. Certificate courses like “Women and Health” (2013), “Hand Embroidery and Needle Work” (2014 onwards) were initiated by the department for the overall development of the students.

In connection with the Golden Jubilee Celebrations, the department organized an exhibition - 2016 and

also a Teacher’s Training Programme was organised in association with Kerala Satra Sahithya Parishat, Education Department of Kerala and Grama Panchayat in 2016. Dr. Feebarani John was awarded Indira Gandhi State Award for Best NSS Programme Officer in 2012.

The department actively involves in environment education and awareness programmes– Holistic Ecofriendly Sustainable Development of Vellangalloor Panchayat (Tie up with Salim Ali Foundation) in 2014, Lab to field programme (2009)- The department carried out scientific studies on the feed conversion efficiency of various breeds of chickens, duck, turkey and quail. The students conducted a statistical study on various poultry breeds to assess the most economical egg layers and meat producers under the guidance of Dr. Petrisia Joseph and Smt. Honey Sebastian and the information is transferred to poultry farmers. Water sample analysis conducted as part of consultancy every year. The department got special recognition from Indian Medical Association in the years 2009, 2010, 2011, and 2014 for organizing blood donation camp. A Street play on blood donation and blood group detection camp were also organised. A butterfly garden is set up in the campus. Animal Day celebration was held in collaboration with the state Museum and Zoo, Thrissur, in the context of wild-life week. Necessity to devise plans for conserving animals were communicated to the public through dances, skit and plays in 2015. Documentation of birds of Wayanad Wildlife Sanctuary was done in 2015, Asian wetland bird census was conducted in 2017. Mosquito diversity Index Study was also done to research on the wide-spread diseases posing health hazards.

The Department is proud of its rich heritage of alumnae that includes Dr. Mary Ittiachen, post doctoral fellow and pursuing research in conservation of butterflies; Dr. Roasamma Philip, Prof. and Head, Dept of Marine Biology, CUSAT; Smt.Shobha Menon, Vice-Principal, Chinmaya Vidhyalaya, Kolazhy, Thrissur; Dr. Sheena, Head, Dept. of Zoology, Sree Kerala Varma College, Thrissur.

Department of Hindi and Sanskrit

In the year 1967, the Department of Hindi started functioning at Vimala. Smt. Suseela Nambiar was the first Head of the Department, followed by Dr. Sr. Sobel (1990-1995), Smt. Usha Karunakaran (1995-2004), Dr. Jayasree P.D. (2004 -2007), Dr. Sr. Marriette A Therattil (2007 -2016) and Dr. Mimi Mani Panakkal (2016 Onwards).

In 1996, Dr. Sr. Sobel was transferred to St Mary's College as Principal. Dr. Sr. Marriette A. Therattil was transferred to St. Mary's College as Principal in 2016. In 2017, Dr. Sr. Marriette A. Therattil took the reins of Vimala College as the Principal she was the Senate Member of University of Calicut from 2012 to 2016.

Dr. Sr. Pastor and Dr. Parvathy K.N. have served as the Faculty Members of Sanskrit.

Department of Political Science, Psychology & History

The Department of Political Science with Ms. Sarama Thomas and the Department of History with Ms. Susan George commenced in 1967 and Psychology with Dr. Omana V G commenced in 1980. Ms. Sarama Thomas was followed by Dr. Sr. Omer in 1973 and when she became the Principal of the College in 1998, Ms. J. Anuja took on. Ms. Susan George was followed by Ms. Lissy C.J. and Dr. Omana V G by Dr. Sinto P Anto. These faculty members cater to the complementary courses of B.A. English, Economics, Sociology and MSW.

Department of Physical Education

“A Healthy Mind A Healthy Body A Healthy Society”

The Department of Physical Education has come a long way since its establishment in 1968. This Department based on the achievements and contributions to the society, is responsible for bringing fame and glory to the University, the state of Kerala and the nation. Former Heads of the Department, Ms. Annie Mary Verghese (1967 - 1998) & Dr. Mary Antony (1983 - 2015)

played a pivotal role in raising the Department to greater heights. The yeoman efforts and achievements culminated in bringing Annie Mary Varghese the Ghani Award instituted by the University of Calicut in honour of the best teacher. Besides competitive sports, teaching, research and sports for health and recreation have received great attention.

Illustrious Alumnae of the Department include:

- I. Anju Bobby George - Winner of Padmashree Award, Rajeev Gandhi Khel Ratna Award & Arjuna Award. She became the Golden Star of India who created History by becoming the First Indian to win a Bronze Medal in the World Athletics meet.
- II. Olympian Rosakutty A K - Arjuna Award Winner
- III. Olympian Sinimole Paulose - Arjuna Award winner
- IV. Olympian Jincy Philip
- V. Olympian Manjima Kuriakose
- VI. Olympian Bobby Aloysious

Vimala College witnessed the rise of four international sports stars - Anu R, Rahna C M, Neethu K V and Aswathy P R who represented India in various games like Athletics, Power lifting, Handball and Judo. Every year, around thirty players will represent Kerala State and the University of Calicut at the National level championship in various games. The Department has a competitive level beautiful swimming pool and Vimala College, has been the reigning champions in Swimming consecutively for the last ten years. We have strong contingency of international and national swimmers.

The inauguration ceremony of the Calicut University Intercollegiate Aquatics Championships





4 x 400 Relay Vimala College Team

Same is the case with Judo, Weightlifting and Athletics. Every year, students participate in ten to twelve games in the Calicut University Intercollegiate championships. The Department also organizes Intercollegiate championships in swimming, judo, weightlifting, fencing, yoga (Men & Women), kabaddi, handball, softball, tug of war etc.

Vimala College has been awarded the second and third best college in the Overall Outstanding Sports Performance under Calicut University for the last five years. The Department offers two courses - Open Course in Physical Education “Physical Activity Health and Wellness” and a career oriented add on course, “Holistic Approach in Yoga”. The Department also has a Health club, Recreation Club and a Yoga Club.

Health Club

Aim: To provide a holistic teaching and learning environment for nurturing a balanced growth among College students and women in line with the College’s effort in providing good, honest and quality education

Objectives: To promote Healthy Life style through exercise & to nurture the concern for a healthy environment

Recreation Club

Aims and Objectives: Help students engage in some physical activity during their free time that gives them enjoyment and satisfaction that is constructive and socially acceptable.

The Department of Physical Education has formed the Recreation Club in which all the students have been registered as members. Indoor and outdoor games were introduced last year, so that, students could engage in such activities during free hours.



Sports Stars of Vimala College



Winners of Intercollegiate Aquatics 2017-2018



Sruthilekshmi National Level Athlete



Vimala College won the Second place in Swimming

“Cycling inside the campus” with an aim to promote cycling and to make the body fit through aerobic type activity was begun this year. Students can use the cycle during lunch break and after College hours.

Yoga Club

Aims and Objectives: Yoga is skill in action. Harmonizing the system of development for the body, mind and spirit, yoga helps man evoke the hidden potentialities of man in a systematic and scientific way by which man becomes a fuller individual.

The modern era with the development of science and technology provides man more comforts for his basic necessities. But with these comforts man faces lots of problems, which cannot be solved with the said facilities. Now the time has come to think of a change in attitude and take a new dimension to solve the problems through yoga.

Vimala International Aquatics Academy

Vimala International Aquatics Academy was inaugurated on 14 Sept. 2015 at the Padukad Campus. Sri Therambil Ramakrishnan MLA inaugurated the function making Vimala’s long-cherished dream a reality. Bishop Emeritus Mar Jacob Thoomkuzhy blessed the pool. Sri M P Vincent MLA, Dr. Sr. Omer CMC, Manager and Provincial Superior and many other dignitaries were present to felicitate the occasion. The ace swimmers who were also the reigning National Champions took the first dip in the pristine waters with lamps in their hands. The occasion proved to be a spectacle of rarity and a celebration of perseverance. Vimala International Aquatics Academy proves to be

an arena of excellence for water sports and hosts many National and International Championships.



Vimala won the Calicut University Intercollegiate Weightlifting Championship

NATIONAL CADET CORPS



NCC unit of Vimala College is attached to the 7 Kerala Girls Battalion of the Army Wing. The unit consists of a strength of 52 cadets. It is a No. 1 coy and 3rd platoon unit under 7Kerala Girls Bn NCC. NCC has become a major youth organization in the College. The role it has played in inculcating discipline and developing leadership qualities among the youth is commendable, while its effort in the field of community development and national integration have been praiseworthy.

The cadets are given basic military training. NCC training is given through regular parades conducted at colleges. During parades, cadets are given training in drill, weapon training, firing, map reading and lectures on topics like history of Indian Military, general knowledge, leadership qualities and man management. Ceremonial parades are conducted on Republic day and Independence Day. Our cadets have participated in National level Shooting competitions, represented Kerala and Lakshadweep Directorate at the Republic Day Parade, participated in National Games and various adventure camps.

The unit is striving hard to achieve the aims of NCC and thereby develop qualities of character, courage, comradeship, discipline, leadership, secular outlook, spirit of adventure and sportsmanship and ideals of selfless services among the youth to make them resourceful citizens. Also included in the objectives is the goal to create a human resource of organized, trained and motivated youth, and provide leadership in all walks of life including the armed forces subsequently empowering them for the service of the nation. NCC gives special focus to creating a suitable environment to motivate youth to take up a career in the armed forces.

The unit is under the eminent Command of Col H Padmanabhan and Associate NCC Officer Lt. Lovji K N. Col H Padmanabhan was honoured with the Chief of Army Staff Commendation Card this year for his dedicated contribution towards the development of

NCC. Lt Lovji K N is the recipient of the Gold Medal from the Officers Training Academy for standing first in the Order of Merit during the Pre- Commission Course and Director General's Plaque of Honour for Overall Meritorious Performance at the Academy.

NCC has emerged as one of India's premier institutions for imparting training to youth covering a wide spectrum ranging from soft skills to military training. NCC Vimala College is reviewing its training philosophy every year to bring out a fresh approach towards training that will be adequate in the present and retain its relevance in the foreseeable future.

NATIONAL SERVICE SCHEME



The National Service Scheme of Vimala College includes 2 units under the NSS unit of Calicut University. Each unit contains 50 volunteers. Dr Mimi Mani Panakkal, Assistant Professor, Department of Hindi and Ms. Laveena Varghese, Assistant Professor, Department of Physics are the Programme Officers of unit numbers 43 and 120 respectively. The main aim of the scheme is to establish and maintain a link between the campus and the community. Socially relevant programmes are organized and executed by the volunteers. Every weekend, the volunteers conduct a programme *Mazhavillu* for the differently abled students of Villadom Higher Secondary School. The volunteers take care that the IED students are included in all the celebrations and special activities which make their day a special one during special occasions. NSS conducts the 'Snehaveedu' project which seeks to provide a safe shelter to a deserving under privileged student. The public library of Cheror was selected as a part of a NSS project and volunteers actively participated in cleaning the library and sorting the books in the library. Activities like maintaining the campus and its surroundings, organic farming, food packet distribution, plastic waste management, creating eco friendly campus, medical camps, hair donation for cancer patients are some of the regular activities.

Special achievements:

Best Programme Officer award: Dr. Feebarani John

Best Unit: 2011

UGC SPONSORED CENTRE FOR WOMEN'S STUDIES

During the Eleventh Plan, UGC granted the Centre for Women's Studies (order No .F.7-61 /2009 (WS) to Vimala College. On International Women's Day 8 March 2010, Mrs. Suganda Ramamoorthy, Director, Centre for Women's Studies, Lady Doak College, Madurai inaugurated Centre for Women's Studies. In the entire state of Kerala, the College holds the privilege of running the sole UGC-sponsored Centre for Women's Studies.

OBJECTIVES :

To conduct need based gender sensitization programmes

To create awareness among the students on women's rights, status and to critically analyze women's issues.

To undertake, promote and co-ordinate both fundamental and applied research on women and development.

To develop and promote in collaboration with other



Mother Theresa commemoration day 2016-17

institutes, training and action programmes for women and men of all segments of the society to facilitate gender sensitization.

To inculcate entrepreneurial spirit among girls, rural and urban grassroot women and promotes micro entrepreneurs

To provide better training programmes for students, parents and members of women's organizations

To organize awareness and capacity building programmes for students as a part of the certificate course in Gender Sensitization in collaboration with different institutes



Introduction to the activities of the Centre 2016-17



CAREER GUIDANCE AND PLACEMENT CELL

Established in 1998, the **Career Guidance and Placement Cell (CGPT)** at Vimala College (Autonomous) works under the direct guidance of the Principal of the College. CGPT facilitates and guides in choosing the right career path and conducts seminars and workshops. The Placement cell operates around the year to facilitate contacts between the companies and the students. The former Co-coordinators are Dr. Kamalakshy , Smt. Mayadevi , Dr. Rose V. V. and Dr. Mini Krishna K. at present, the cell is spearheaded by Dr. Feebarani John. A total of **678** students have been placed in various arenas in the past 10 years.

NATURE CLUB

Nature club in association with the Department of Botany conducts several programmes each year to fulfill its motto 'Conserve and Preserve'. The objectives of the programme include:

- To create awareness about current environmental issues
 - To organize and promote eco-friendly activities
 - To conduct and promote plantation programmes
 - To organize workshops, seminars, competitions on environment concern issues
 - To experience nature
- The major activities conducted during the tenure are
- World Environment day celebration
 - Distribution of seedlings to communities and nearby schools
 - Exhibition on nature and natural resources
 - Seminars on environment related topics
 - Various competitions for College students - quiz, essay writing, poster making etc...
 - Trips to various ecologically relevant places to have an experience with nature
 - To motivate students to value environment



Tummy Bits

Vimala College held a food fest in anticipation to the Golden Jubilee year and the profit made from the endeavour was utilized to cater to the Golden Jubilee humanitarian projects *Kanivu*, *Unarvu* and *Mizhivu*. The food fest spread the messages of love and care.



The Golden Jubilee Projects

The Golden Jubilee is a chapter in the history of any institution that calls for deep reflection and extensive innovation. It is a time to deliberate on where we stand and how we reached there. It is a time to initiate innovative measures to sweep the institution forward to tomorrows of excellence.

The Golden Jubilee was inaugurated in March 2016. A Golden Jubilee committee, in consultation with the students, parents, alumnae and well wishers resolved to commemorate the Golden Jubilee year of Vimala's glorious existence with a master plan itemizing an exciting almanac of events. The year long activities were categorized into six main domains: Educational, Social, Spiritual, Infrastructural, Cultural and Documentary. This was to ensure that all aspects of the College received attention this year. A brief outline of the activities is as follows:

I. The Golden Jubilee Scholastic Conclaves:

A day each was devoted to **Science, Humanities, & Social Sciences**. The main thrust of the event was to invite an internationally eminent figure from each of the above realms. Concurrently, academic activities befitting the events of the day like intercollegiate competitions, seminars, symposium, etc. were planned.

National Seminars and workshops

Being the Golden Jubilee year most of the depts organised national seminars and workshops.

- Dept of Social Work: National workshop in Quality Assurance in Social Work practice learning.

- Dept of Chemistry : UGC Sponsored National Seminar on Recent Trends in Chemistry
- Dept of Mathematics: UGC Sponsored National Seminar on Recent Trends in Mathematics.
- Dept of Computer Science: State level workshop on Android Programming in collaboration with Kerala Computer Science Association.
- Dept of Physics: KSCSTE Sponsored National Seminar on Recent Advancements in Photonics.
- Dept of Statistics: Recent Advances in Statistics.
- Dept of Economics and Commerce : Seminar on Banking Revolution with special reference to Financial Inclusion and Digitilization
- Dept of Home Science: State level seminar of Nutraceuticals, the new ERA of health care.
- Dept of Physics organised 'Eye to Sky' a star watch programme for two days with the support of KSCSTE. Students, teachers, and alumnae, school children and public enjoyed the night programme.

II. Legacy of Legends:

This was the celebration of women who have made a difference in the realms in which they operate. This event was organized in collaboration with the Centre for Women Studies and Women's Development Cell. The event was inaugurated by the famous Indian social activist and reformer, Smt. Medha Patkar.

III. Cultural:

A cultural fest was organized under the banner Vimalostav, in the month of December. This was a day for the students and staff to showcase their

talents. A Bridal Show was arranged with the support of Smt. Noushija, Fatiz International, Mumbai, a former student of the Home science Department.

IV. Spiritual:

A series of talks and workshops were organized for both staff and student

Social Commitment was the main focus of the Golden Jubilee programmes. Some of the projects are mentioned below:

- **Kanivu:** Scholarships to 50 students of the College whose parents are terminally ill.

- **Unarvu:** Financial assistance to 50 students to provide better learning facilities by distributing cycles. 50 cycles were distributed to the needy. This is to provide easier and safer travel facility for students coming from interior places.

Unarvu and Kanivu programmes were supported by parents, well wishers and students of the College.

- **Mikavu :** Financial aid to 10 students to motivate them for higher studies like ICWA, CSIR/ NET/IAS /Bank/PSC Coaching etc.

- **Mizhivu :** Financial assistance to 10 families belonging to the local ward to improve their basic amenities.

Mikavu and Mizhivu programmes were supported by retired and present teaching and non teaching staff of the College.

Niravu: House for one homeless in the locality. Being the Golden Jubilee Year the NSS members of the College through the project 'Snehaveedu' renovated a house of a College student.

The Ex-service men of this locality were honoured in the College Auditorium on 15 August under the leadership of NSS unit of the College.

On International Women's Day, a Blood Donation Camp was arranged where 69 of our students donated their blood. Students have also pledged to donate blood whenever possible.

VI. Infrastructure : To enhance infrastructure to meet the growing academic requirements, a new state-of-the art Seminar Hall was included. It was furnished partially with the support of the alumnae.

VII. Alumnae Meet

The Golden Jubilee Celebration gave much enthusiasm to the Alumnae of the College. A grand reunion was organized under the title Golden Leaf. More than thousand alumnae gathered here and it was a very joyful moment for former students. A cultural programme was also arranged by the Alumnae.

VIII. Moments in the Making

- **Green to Gold - Re-imagining the Past :** A short documentary on Vimala College, chronicling her genesis, growth and achievements was prepared.

- **The Golden Jubilee Souvenir :**
Commemorative volume .





Golden Jubilee Inauguration



Inauguration of the Golden Jubilee Year was marked with the Declaration of Autonomy status for the College. On 19 March 2016, when the College auditorium was packed with students of all 50 batches at 4.30 pm, Dr. K. Mohammed Basheer, Vice-Chancellor, University of Calicut, read out the UGC order of autonomy and declared the college, Autonomous. Mar Andrews Thazhath, Archbishop of Thrissur in his keynote address blessed the College to attain greater heights.

Adv. Nancy Akkarapatty, PTA President and Chairperson, welcomed the gathering. Shri. C. N. Jayadevan, MP and Smt. Ajitha Jayarajan, Thrissur Corporation Mayor, felicitated the occasion. Principal Dr. Sr. Maries V. L delivered the Vote of Thanks.

A special programme titled *The Chronicles of Vimala* that showcased a brief history and evolution of the college in the multi-faceted field of teaching and learning was staged amid great pomp and show.

The special invitees were the alumnae representing every batch since the inception of the College, who lit 50 lamps representing each glorious year in the history of the College.





Arts & Literature Scholastic Conclave

The first chapter of the Arts and Literature Scholastic Conclave was inaugurated by the renowned dubbing artist from the Malayalam film industry, Ms. Bhagyalakshmi. Having the honour and acclaim of being the most popular dubbing artist, Ms. Bhagyalakshmi has also etched her name as an actress and an activist. On the occasion of her golden jubilee, Vimala College had the privilege of having Ms. Bhagyalakshmi, the woman who holds the record of winning Kerala State Film Award the maximum number of times and a woman who has carved a niche for herself by her sheer fearlessness and determination. Ms. Bhagyalakshmi was a true inspiration as she shared her traversal over life's tribulations and her triumph over those trials. She spoke of her autobiography *Swarabhedangal* where she showcases herself as a doyenne of courage and boldness. Vimala was truly honoured

by the presence of this empowered woman whose activism spilled over into her words and kept the audience spell bound.

Vimala had the honour of having the renowned Indian painter and sculptor, and the winner of the prestigious Raja Ravi Varma award, Sri. M. K. Vasudevan Namboodiri as the chief guest for the second session of her Arts and Literature Scholastic Conclave. Famous for his own style of line sketches, Artist Namboodiri enthralled the audience by sketching out an image of





Jesus Christ in charcoal. The deft hands and the lines sketched spoke beyond words.

The third session of Arts and Literature Scholastic Conclave was inaugurated by the renowned children's writer and retired Professor of English, All Saints College Trivandrum, Ms. Khyrunnisa A, the price winning Indian author of children's fiction, speaker, academic and columnist and the creator of the eponymous *Butterfingers* series of novels. She was accompanied by her husband Sri. P. Vijayakumar, a former Professor of English and the grandson of Mahakavi Kumaran Asan. Ms. Khyrunnisa's accounts of Amar's slip grip method and his clumsy antics which earned him the nickname Butterfingers, set the mood light and filled the hall with laughter. The audience rendered all ears to the writer when she read out excerpts from her novel. They remained hooked to her stories built around the clumsiness and the hare-brained schemes of Amar and

his wide circle of friends. The writer shared with the students her love for sports and her passion for writing, which truly fattened up the legion of her fans. The audience experienced a fun-filled ride with the writer to the world of Butterfingers. Khyrunnisa's testimonies of her love for English literature were motivational. She urged the students to always do what their mind speaks. Hers was a voice of a woman who balances the roles of a writer, teacher, wife and a mother when she narrated anecdotes from her own life. The talk in the auditorium was followed by the inauguration of the Children's Literature section in the library by the author, followed by an interesting session of story narration, a demonstration on how to read and enjoy stories, by the students of the Department of English, Vimala College, to the students from Ramavarmapuram Government School, as part of the Department's outreach programme. An exhibition and sale of Khyrunnisa's novels was also organised in the library.



The fourth session of the Arts and Literature Scholastic Conclave was adorned by the presence of the popular playback singer Sri. P. Jayachandran and the renowned lyricist Sri. Unnikrishnan who mesmerized the audience with their melodies. It was a rare honour to have on the same stage, two marvels from the world of music.



ആത്മീയ പന്ഥാവിലുടെ

അമ്പതു വർഷത്തിന്റെ ആദ്ധ്യാത്മികചൈതന്യത്തിലാണ് വിമല ദീപ്തി പ്രശോഭിക്കുന്നത്. വിശുദ്ധ ചാവറ കുര്യാക്കോസ് ഏലിയാസ് അച്ചൻ തുടങ്ങിവച്ച വിദ്യാഭ്യാസ പ്രവർത്തനങ്ങളുടെ തുടർക്കണ്ണിയാകാൻ വിമല കോളേജിന് സാധിച്ചു. ക്രൈസ്തവ ആത്മീയതയുടെ നിറവിൽ സി.എം.സി. സന്യാസിനി സമൂഹത്തിന്റെ നേതൃത്വം ഈ സംരംഭത്തെ പരിപോഷിപ്പിക്കുന്നു. വിമല കുട്ടായ്മയുടെ ആദ്ധ്യാത്മിക വളർച്ചയ്ക്കായി സുവർണ്ണ ജൂബിലി വർഷത്തിൽ അത്യന്തം പ്രാധാന്യത്തോടെ നടത്തിയതാണ് അദ്ധ്യാപക-വിദ്യാർത്ഥി സമൂഹത്തിനായുള്ള ധ്യാനം. വളരെയേറെ ഉണർവ്വേകിയ ഈ ധ്യാനാനുഭവത്തിൽ മുഴുവൻ അദ്ധ്യാപക വിദ്യാർത്ഥികൾക്കും പങ്കെടുക്കാൻ സാധിച്ചത് വലിയ പ്രചോദനമായിത്തീർന്നു. ഫാ. റോബിൻ ചിറ്റുപറമ്പിൽ, ഫാ. ആന്റോ കണ്ണമ്പുഴ (വി. സി. സ്പിരിച്ചൽ ഡയറക്ടർ, ഡി പോൾ ഇൻസ്റ്റിറ്റ്യൂട്ട് ഓഫ് സയൻസ് ആന്റ് ടെക്നോളജി) ചേർന്ന് 2017 ഓഗസ്റ്റ് 18, 19, 20 എന്നീ ദിവസങ്ങളിൽ നടന്ന ധ്യാനം വിമലയുടെ ആന്തരികപ്രഭു വർദ്ധിപ്പിച്ചു.

വിമലാംബികയുടെ വരദാനങ്ങൾക്കായി കലാലയത്തിൽ സംഘടിപ്പിച്ച ജപമാലറാലി, മാർ റാഫേൽ തട്ടിൽ പിതാവിന്റെ നേതൃത്വത്തിൽ അദ്ധ്യാപക-അനദ്ധ്യാപക-വിദ്യാർത്ഥിനികളുടെ മുഴുവൻ സാന്നിധ്യത്തിൽ കലാലയ അങ്കണത്തിൽ നടത്തിയ ദിവ്യകാരൂണ്യ ആരാധന, തുടർന്ന് ആഘോഷമായി നടന്ന ദിവ്യകാരൂണ്യ പ്രദക്ഷിണം ഇവയെല്ലാം സുവർണ്ണ ജൂബിലി ആഘോഷങ്ങളെ കൂടുതൽ ആത്മീയ അനുഗ്രഹപ്രദമാക്കി സ്വാമി വിശ്വഭദ്രാനന്ദഗുപ്ത ഷോധി, ഫാ. റോബിൻ കണ്ണൻബിറ സി.എം.ഐ. എന്നീ ആത്മീയഗുരുക്കന്മാരും കലാലയത്തിലെ ഇസ്ലാം മത വിദ്യാർത്ഥിനി പ്രതിനിധിയും ചേർന്ന് നടന്ന സർവ്വമത സമ്മേളനം കലാലയചൈതന്യത്തെ വളർത്താൻ ഉതകുന്നതായിരുന്നു. ക്രൈസ്തവ മൂല്യബോധത്തിൽ ഊന്നിക്കൊണ്ടും സർവ്വമത സഹിഷ്ണുത പുലർത്തിയും വിമലാംബികയുടെ സാന്നിധ്യത്തിൽ വളരാൻ വേണ്ട ആത്മീയ ഊർജ്ജം വിമല കോളേജിന് കൈവരാൻ ഈശ്വരൻ അനുഗ്രഹിക്കട്ടെ.



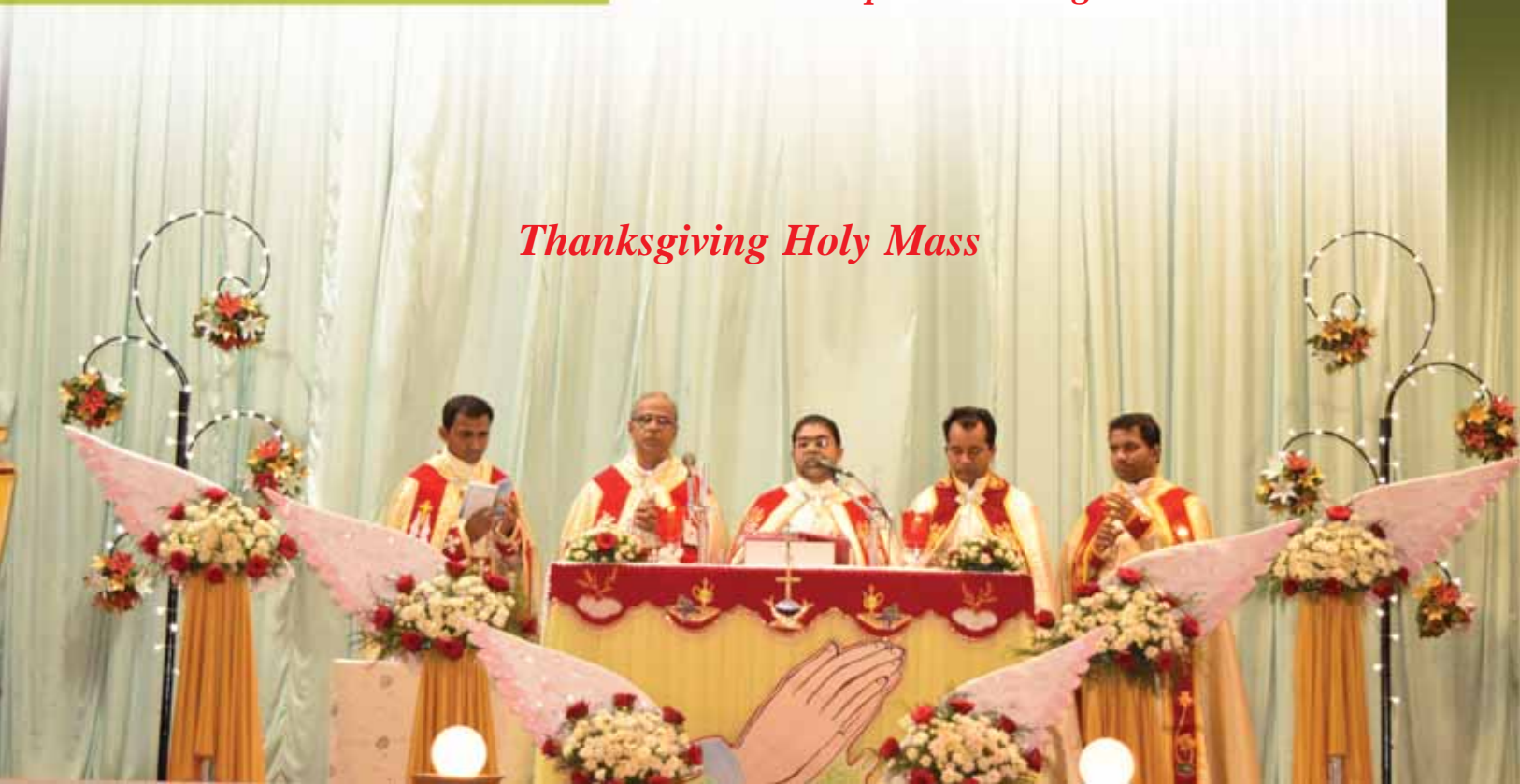
The Eucharistic Procession



Spiritual Enlightenment



Thanksgiving Holy Mass



Legacy of Legends

They say the best way to teach is to show how things are done; to present before inquisitive minds the process that explains the cause and effect; to exhibit the marvel of something being created out of nothing. Following the same principle, it can be held that the best way to inspire young minds is to bring before them personalities who are eminence personified, who are dedicated and passionate in the pursuit of all that they hold dear, who do not falter while facing challenges, who refuse to bow down before adversities. The Legacy of Legends was a series of interactive programme envisaged to bring before the Vimala fraternity, women who are renowned for their contributions to their respective fields of expertise.

The series was inaugurated by Ms. Medha Patkar, the celebrated social activist who infused into the auditorium thronging with awe struck young girls, the willingness to bring about social change. Ms. Patkar who is well known for her fight against social and political injustice, not only proved to be a true orator but left the crowd in absolute wonder at the undying enthusiasm and energy that she possessed. Highlighting the major causes that her organisation stood for and calling forth girls to use the power that they possessed to make a change, Ms. Patkar's zealous call for action permeated the atmosphere and left a lasting impression on all present. She led the College in an oath to work tirelessly towards the building of a better society that promised a brighter future.

Dr. Jancy James, the first Vice Chancellor of the state was the guest who enthralled the audience in the second edition of the Legacy of Legends. The first Vice Chancellor of the Central University of Kerala and

Former Vice Chancellor of the Mahatma Gandhi University, Dr. James has been the recipient of several prestigious awards for her academic and professional successes. In her address, she took the Vimala fraternity on a journey down her professional and personal life that has been eventful and gave much to ruminate and deliberate upon. Her understanding of life, the perspectives she held and her attitude reflected in every word she spoke. Her rise in the academic circles and the industrious efforts that shaped her into the highly respected individual that she is today proved to be a source of great motivation.

The third and final edition of the Legacy of Legends was graced by the celebrated entrepreneur who has carved an unparalleled name and brand image for herself in the highly competitive textile industry. Mrs. Beena Kannan, the force behind Seematti is one of the most well known sari designers of South India. It was her visionary zeal and spirited courage that propelled the dying Seematti forward. At the helm of a crumbling textile business, she took hold of the reins and moulded it into the vast empire that it is today. With her presence and interaction with Vimalites, the Legacy of Legends came to a classy and elegant close.

Vimala has always stood for the million possibilities that women possess, she has always focussed on guiding the potential that she sees in every student to fulfilment. Bringing together women who have contributed significantly to diverse fields, the Legacy of Legends sought to enhance these efforts and leave Vimalites with model personalities they can emulate and follow.



Dr. Abraham Joseph conducts the State Level Inter-Collegiate Science Quiz which brought together girl quizzers from different districts in an epic battle of wits, memory, speed and accuracy.



Department of Botany set up an exhibition of medicinal plants as a part of Science Gala.



The annual Physics exhibition Physigala was conducted in collaboration with the Science Gala for the Golden Jubilee year.



SCIENCE GALA
Eye to Sky, the sky watch programme organised by the Department of Physics in association with the KSCSTE and Kerala State Science and Technology Museum, Thiruvananthapuram attracted star gazers and moon watchers.



Mr. Xavier Elthuruth handles a live snake show as part of the awareness programme conducted by the Department of Zoology to spread knowledge about snakes, their venom and snake bite treatment.



The flame test experiment opens Chemclave organised by the Department of Chemistry as part of Science Gala



SCIENCE GALA
An array of activities launched by the Department of Computer Science in association with the Scholastic Conclave in Science including the exhibition titled Tech Voyage.



An enthralled audience is all ears to the words of Padma Bhushan Sri. Kris Gopalakrishnan, Co-Founder, Infosys.



An entire world of statistical theories and their applications were opened up to spectators at Vista 2K16 organised by the Department of Statistics in collaboration with the NSSO, Thiruvananthapuram.

Dr. C. V. Krishnan inaugurates Science Gala, an exhibition jointly organised by the Science Departments for school students.



SEMINARS & WORKSHOPS

The IQAC of Vimala College organised a NAAC Sponsored National Seminar on “Curriculum Designing and Academic Auditing” on 10- 11 August 2016. This academic venture was aimed at bringing together on a common platform, IQAC Coordinators, academicians, policy makers and practitioners to envision an academia that is globally competent and locally relevant.

The Department of **Computer Science** organised a one day workshop on “Role of Digital Technology in Democratizing Visual Media” on 6 October 2016. The orator was Dr. Sudesh Balan, IDC, IIT Mumbai. He also demonstrated various techniques to develop a short film. A State level workshop on “Android Programming” was organised by the Department in association with Kerala Computer Science Association. Faculty members from different colleges were the targeted audience. On 2 December the Department Celebrated Computer Literacy Day and organized a training programme on the ‘Basics of Computer’ for the office staff. The lab assistants of our college supervised the display of videos about new technologies on the LED board for the whole day and announced interesting facts about computers and softwares before each class hour.

Department of **Chemistry** organized a UGC sponsored National seminar on “Recent Advances in Chemistry” on 9 January 2017, inaugurated by Padmasri Prof. E D Jemmis (IISc., Bangalore). He gave the keynote address on the topic ‘Boron equivalent of fullerene and graphene’. Invited

lectures were given by Dr. N. Ponpandian (Prof. & Head of Dept. of Nanoscience and Technology, Bharathiar University, Coimbatore), Dr. Mary N. L. (Administrative director CRIST, Stella Maries College, Chennai), Dr. Radhika T (Scientist, C-MET, Thrissur). Almost 250 participants from various institutions attended the seminar. Oral and poster presentations were conducted in which Sindhu C. (Research Scholar, Dept. of chemistry, Vimala College) won the prize for best oral presentation and Dr. Digna Varghese (Asst. Prof., Christ College, Irinjalakuda) won the prize for best poster presentation.

“Seminar on Medicinal Plants” was organized on 8 February 2017 as part of the “Conservation of Medicinal plants for better future”, a project sponsored by KSCSTE under the ‘Science Popularization programme’, undertaken by the Department of **Botany**. A lecture on “Medicinal Plants of Western Ghats” was delivered by Dr. P.S.Udayan, Assistant Professor, Sree Krishna College, Guruvayoor. The seminar was an exhaustive explanation of the exotic and endemic flora of Western Ghats and also about tribal medicine. Dr. Miniraj N, Professor, Department of Plantation Crops and Spices, KAU, Thrissur handled a session on Family-wise Distribution of Medicinal plants.

The Post-Graduate & Research Department of **Physics** organized a two-day National Seminar on “Recent Advancements in Photonics” co sponsored by KSCSTE on 14&15 February 2017. Dr. V Kumar, Scientist F, C-MET, Thrissur inaugurated the Seminar and his inaugural address was followed by

invited talks on topics related to Photonics. The dignitaries who gave invited lectures at NSAP 2017 include, Dr. Santhosh Kumar M C, NIT Trichy - 'Growth of Metal Oxide Nano Structures and Fabrication of high speed ultra violet photodiodes, Dr. Jijo P Ulahannan, Government College, Kasargod on 'Breakthrough Technologies for the Future with Optics and Photonics', Dr. Gishamol Mathew, Maharajas' College, Ernakulam on 'Nano Plasmonics, The emerging new chip- Scale technology', Dr. Manu Punnan John, Union Christian College, Aluva on 'Chaos in Lasers' and Prof. P Radakrishnan, Emeritus Professor, International School of Photonics, Cochin University of Science and Technology - 'Fiber Optic Sensors'. Ms. Anju Paulson, Research scholar, Department of Physics, University of Calicut secured the best paper award.

A two day UGC Sponsored National Seminar on "Recent Trends in Mathematics" was organized by the Department of **Mathematics**, in association with Kerala Mathematical Association on 19th & 20th January 2017. The focal theme of the seminar was to highlight the recent developments in the field of Mathematics and encourage the academicians to pursue research in this area. The seminar inaugurated by Dr. A. Sunny Kuriakose (Dean of Student Affairs, FISAT, Angamaly & Secretary of KMA).

State Level Workshop on "Nutraceuticals: A New Era of Health Care" was organised by the PG and Diploma students of Nutrition and Dietetics, Department of **Family and Community Science** on 15 February 2017. Dr. Karuna M.S, Assoc. Prof and Head, Dept. of Home Science presided over the function and shared her thoughts on the importance

of nutrition in daily life. The first technical session was handled by Shri.Somasekharan, Secretary, Organic Trust Palakad and Shri.Linn Kannya Organic Director, on the topic "Importance of Millets". The second technical session was handled by Dr. Prasanna Venugopal, Yoga & Naturopathy Centre, on the topic, "Nutraceutical: A New Era Of Health Care" and described the use of nutraceuticals in naturopathy.

Two day -UGC National Workshop on "Quality Assurance in Social Work Practice Learning" organized by the Department of **Social Work** on 14&15 December 2016. It was inaugurated by Dr M.K.C Nair, Hon'ble Vice Chancellor, Kerala University of Health Sciences. The Key Note Address was given by Dr. Surinder Jaswal, Dean, Tata Institute of Social Sciences, Mumbai. Other sessions were handled by Dr M.J Joseph, Director, South India Operations, PRAXIS; Dr. Jose Antony, Sree Sankaracharya University of Sanskrit, Kalady; Dr Anish K.R, Rajagiri College of Social Sciences, Kalamassery; Mr Domini Mathew, Secretary, Centre for Education, Development and Research, Kozhikode; Mr P.O George, Chairperson, Child Welfare Committee, Thrissur ; Ms Ann Mary George, DB BREADS, Bangalore and Dr Minimol K, Vimala College, Thrissur.

A Seminar on "Contemporary Society: Issues and Challenges" was organised by the Department of **Sociology** on 17th March 2017. Rev. Fr. Dr. M. K. George SJ (Former Principal, Loyola College, Thiruvananthapuram) and Rev Fr. Dr. E. J. Thomas SJ (Professor and Research Guide, Former Head of the Department of Sociology, Kannur University) were the resource persons.

Holding the Vimala Family Together The Alumnae Association in the Golden Jubilee Year

Maya Davi Chalissery,
Assistant Professor of English & Association Associate Secretary

Every institution was once a dream of a great visionary. Vimala was set up brick by brick by the joint efforts and industrious labour of a group of educationists who believed in the power of knowledge and transformation. They believed that young girls could be moulded into the best women in whose hands, the crafting and shaping of the future would be safe. They held close to their heart a desire to propagate education among the people of a nation that was reeling under political and economic uncertainty. The founders of Vimala did

not see education as an industry or an arena; rather, they recognised the potential knowledge had in empowering that part of the society that would later go on to become significant in the setting up of generations. The past fifty years have given Vimala so much to celebrate. Academically, culturally, socially and spiritually, the laurels won and honours received have been innumerable. But the greatest wealth of Vimala has been and always will be the community of students who had made this College their home and have become a part of its rich and vibrant history.

In 1968 was set up the Alumnae Association, an enterprise established by the uncompromisingly sincere and meticulously attentive visionary - Dr. Sr. Cleopatra. It was under Sr. Cleopatra's loving care and guidance that the Association grew into a full-fledged organ that symbolised the success of Vimala as an institution set up in the service of youth. Today, the Association enjoys the support and patronage of thousands of Vimalites.



*The Golden Leaf being inaugurated on 9th July 2016 by
Sri. Kochouseph Chittilappily, Chairman, V-Guard Industries.*

It functions as the link between the past of Vimala that bequeathed a rich legacy to the successors and the present, made meaningful and worthier by the inheritance of all that has made this College a sought after destination in the city today. Not only does it provide a space for the gathering of former students and retired staff but also engages in various activities aimed at the development of the College and its pupils. The Alumnae Accolades, Leadership Programme, the Annual Reunion, Alumnae Bazaar and the Star of Vimala contest have cemented the role of the Association in the progress of the College. The Golden Jubilee year witnessed all these programmes conducted with greater enthusiasm and with greater pride for they fulfilled and made meaningful the spirit with which the Association was established.

The Golden Jubilee programmes of the Association began with a grand homecoming accorded to all former

Students of the 1967 batch being welcomed back home



students and retired staff members at the 50th Grand Reunion and Award Day - the Golden Leaf 2017. The programme was graced by the presence of the eminent industrialist and philanthropist, Sri. Kochouseph Chittilappilly, Chairman, V-Guard Industries who inaugurated the function. Along with the regular conferring of awards, the Golden Leaf also honoured the students of the first batch of Vimala. Their words moved all the present stakeholders of Vimala, as everyone paid heed to their account of a College in its infancy, that had only begun to take baby steps in directions which has since then been covered in leaps and bounds. They took a journey down memory lane as they walked around on campus. Much had changed, they agreed, and yet, they held that the essence of Vimala remained the same.

A moment of true inspiration was when former 'Star of Vimala' title winners were felicitated. Gracing positions of high repute and walking upon paths of glory, they were true embodiments of motivation for the present student fraternity. A matter of delight was the get together of the College Union of the Silver Jubilee year, 1992. Once again they came together and shared all the memories of those cherished days 25 years

ago when as young women, they had shouldered the responsibility of leading Vimala in all her endeavours - in the classrooms, on the stage and on the sports fields. The Alumnae Accolades held in Honour of Dr. Sr. Cleopatra witnessed the humble efforts of the College in conveying the deepest appreciation to former students who have been globally and nationally recognised. Also presented was the award for meritorious service to the Association.

The warmest scenes, however, were off the stage and bereft of the artificial sheen of the glaring lights. These were unfolding in the auditorium and in the corridors of the campus. Separated friends meeting up, life events being exchanged, profession and careers being jokingly compared, accomplishments being shared,

Star of Vimala 2017





When the College Union of the Silver Jubilee year met for the Golden Jubilee Celebrations

sorrows being lessened, promises of never losing touch again being given - all punctuated with expressions of love, joy, surprise and even disbelief.

The regular Annual Reunion on the second Saturday of October, leadership training programme for mothers of students organised in collaboration with the UGC Centre for Women's Studies and the Star of Vimala Contest to felicitate the best outgoing student of the

College were received with enthusiasm and excitement. 2017 proved to be a year of great memories for the Association as it joined in with the College in becoming a part of the historical celebrations of having completed 50 years since inception and relived each detail of the past that has helped script fifty beautiful chapters in the master book of Vimala College.





Unarvu Project





*Mizhivu
Project*



GRAND FINALE



മാർ പോൾ ആലപ്പാട്ട്
രാമനാഥപുരം ബിഷപ്പ്

ഗോൾഡൻ ജൂബിലിയുടെ അവസരത്തിൽ വിമല കോളേജിലൂടെ നമുക്കും സമൂഹത്തിനും ലഭിച്ചിട്ടുള്ള എല്ലാ നന്മകൾക്കായും ദൈവത്തിന് നന്ദി പറയാം. ഒരു സ്ഥാപനത്തെ സംബന്ധിച്ചിടത്തോളം മൂന്ന് തരത്തിലുള്ള Asset കളാണ് ഉള്ളത്. ഒന്ന് Dedicated Staff, രണ്ട് Motivated Students മൂന്ന് Energetic Parents. കഴിഞ്ഞ അമ്പത് വർഷമായി സി. സ്റ്റേല്ല മരിയ മുതൽ ഇന്ന് ഈ കാലമത്രയും ഈ മൂന്ന് Asset കളാൽ വിമല സമ്പന്നമായിരുന്നു. Dedicated Staff എന്നാൽ ആരോഗ്യവും, സമയവും, ശമ്പളവും നോക്കാതെ അധ്വാനിക്കുന്നവരാണ്. ക്യാമ്പസിനു പുറത്തും അകത്തും തികഞ്ഞ ആത്മാർത്ഥതയോടെ പ്രവർത്തിക്കുന്നവരാണ് ഇവിടുത്തെ അധ്യാപകർ എന്ന് എനിക്ക് വ്യക്തമായി അറിയാം. രണ്ടാമത്, വിമലയിലെ വിദ്യാർത്ഥികളെക്കുറിച്ച് അഭിമാനം തോന്നിയിട്ടുണ്ട്. ഇത്രയും വലിയ വേദിയിലെ നീണ്ടുനിൽക്കുന്ന പ്രഭാഷണങ്ങൾപോലും അക്ഷമരാകാതെ അച്ചടക്കത്തോടെ കേൾക്കുവാൻ മനസ്സു കാണിക്കുന്നവർ യഥാർത്ഥത്തിൽ വിദ്യാഭ്യാസത്തിന്റെ ലക്ഷ്യം എന്താണെന്ന് തിരിച്ചറിഞ്ഞിട്ടുള്ളവരാണ്. സമൂഹത്തിന് എന്നും നന്മയായി നിലനിൽക്കുന്ന Motivated Students വിമലയുടെ എക്കാലത്തേയും സമ്പത്താണ് മൂന്നാമതായി എനിക്കറിയാൻ സാധിച്ചിട്ടുള്ളത് കഴിഞ്ഞ അമ്പതു വർഷമായി ഇവിടെ നേതൃത്വം വഹിക്കുവാൻ അദ്ധ്യാപകരെയും വിദ്യാർത്ഥികളെയും പ്രോത്സാഹിപ്പിക്കുവാൻ നല്ല പി.ടി. എ. പ്രസിഡന്റും ടീമും ഉണ്ടായിട്ടുണ്ട്. ഇതെല്ലാം സമന്വയിക്കപ്പെട്ടപ്പോൾ ഇവിടെ ദൈവത്തിന്റെ കൃപ ഒഴുകി.

അതാണ് സത്യം. വിമലയുടെ ഇന്നത്തെ പ്രൗഢമായ ഈ വളർച്ചയുടെ കാരണവും ഇതുതന്നെ.

Dear Vimalites, ഞാൻ റോമിൽ പോയ അവസരത്തിൽ ലോക നേതാക്കളുടെ ഒരു യോഗത്തിൽ പങ്കെടുക്കുവാൻ സാധിച്ചു. അവിടെ ഉദ്ഘാടകനായ Bill Clinton (American President) ഇപ്രകാരമാണ് ആരംഭിച്ചത്; 20-ാം നൂറ്റാണ്ട് രണ്ട് വലിയ വ്യക്തിത്വങ്ങളെ ലോകത്തിന് സമ്മാനിച്ചിട്ടുണ്ട്. ഒന്ന് മഹാത്മാ ഗാന്ധി, രണ്ട് മദർ തെരേസ. ഞാൻ അഭിമാനം കൊണ്ടു. എന്താണ് ഇവരുടെ പ്രത്യേകത? ഇന്നുവരെ ഇന്ത്യാ രാജ്യത്ത് ഇത്രയധികം Spiritual Output കൊടുത്ത വ്യക്തികൾ ഉണ്ടായിട്ടില്ല. ഒരിക്കൽ ഗാന്ധി തന്റെ 'Young India' യിൽ പറഞ്ഞു വച്ച 7 Social Evils:

- Politics without Principles
- Riches without work
- Happiness without Conscience
- Wisdom without Character
- Commerce without morality
- Science without humanity
- Worship without Service

ഇന്ന് നമ്മുടെ രാജ്യത്തെ കൊണ്ടു നടക്കുന്നത് ഈ Social evils അല്ലെ നാം കാണുന്നത്. ഇവിടെ നാം ചിന്തിക്കേണ്ടത് ഈ തിന്മകൾ ഇല്ലാതാക്കുവാൻ ഞാൻ എന്തു ചെയ്യണമെന്നാണ്.

മദർ തെരേസ പറഞ്ഞു: "I am trying to look at thing not with the eyes of knowledge commerce but with the eye of heart."

നാം ഓർക്കണം, ജീവിത യാഥാർത്ഥ്യങ്ങളെ ഹൃദയത്തിന്റെ കണ്ണുകൊണ്ട് കാണണം. എനിക്ക് ഈ സമൂഹത്തിന് എന്ത് കൊടുക്കുവാൻ സാധിക്കും. എന്ന് ചിന്തിച്ച് തുടങ്ങുമ്പോൾ ഈ ഗോൾഡൻ ജൂബിലി കഴിഞ്ഞ് വരാനിരിക്കുന്ന പ്ലാറ്റിനം ജൂബിലി കൂടുതൽ കളർഫുൾ ആയി മാറും.



ജസ്റ്റിസ് കുര്യൻ ജോസഫ്
ജഡ്ജി, സുപ്രീം കോർട്ട്

2007-2010 വരെ കുടുംബകോടതികളിൽ 3000ത്തോളം കുടുംബപ്രശ്നങ്ങൾ കൈകാര്യം ചെയ്തിട്ടുണ്ട്. എന്റെ നയ മനുസരിച്ച് എല്ലാവരെയും കോടതിയിലേക്ക് വിളിക്കാറുണ്ട്. എല്ലാ പെൺകുട്ടികളോടും അവർ പഠിച്ച കോളേജിനെക്കുറിച്ചാണ് ആദ്യം ചോദിക്കാറുള്ളത്. കാരണം എവിടെ പഠിച്ചുവെന്നറിഞ്ഞാൽ കൈകാര്യം ചെയ്യാനുള്ളപ്പമുണ്ട്. ഭാഗ്യവശാൽ ഇന്നുവരെ വിമല കോളേജ് എന്ന് പേര് കേൾക്കാറിട്ടയിട്ടില്ല. അത് നിങ്ങൾക്കുള്ള അഭിനന്ദനമായി അറിയിക്കുന്നു.

എന്തിനു നമ്മൾ വിദ്യ നേടുന്നു. ഏതു കലാലയങ്ങളിൽ നേടുന്നു. ഈ വിദ്യകൊണ്ട് നമ്മൾ എന്തു നേടുന്നു. ഈ മൂന്നു ചോദ്യങ്ങൾ വളരെ പ്രസക്തമാണെന്നാണ് എന്റെ വിശ്വാസം. സ്ത്രീ ശാക്തീകരണത്തെത്തുറിച്ച് ഒരുപാട് നമ്മൾ കേട്ടിട്ടുണ്ട്. സ്ത്രീക്ക് ശക്തിയുണ്ട്. ആ ശക്തി തിരിച്ചറിയുക എന്നതാണ് പ്രധാനം. ഏതെങ്കിലും പരുഷന്മാരോ, സമൂഹമോ, സംവിധാനമോ നിങ്ങളെ ശക്തിപ്പെടുത്താൻ വരുകയോ അതു വഴി ശക്തിപ്പെടുകയോ ചെയ്യുകയില്ല. നിങ്ങളുടെ ശക്തി നിങ്ങൾ തിരിച്ചറിയുകയാണ് വേണ്ടത്. ആ ശക്തിയെ തിരിച്ചറിഞ്ഞ് ആ ശക്തി നിങ്ങളുടെ മഹത്വമാണെന്ന് എന്ന് നിങ്ങൾ അംഗീകരിക്കുന്നുവോ ഞാൻ അബലയല്ലെന്നും ദുർബലയല്ലെന്നും ഞാനും ഈ ലോകത്ത് ചരിക്കാനും ജീവിക്കാനും തുല്യ അവകാശമുള്ള ഭാരതത്തിലെ ഒരു പൗരനാണെന്നും ബോധത്തോടെ തലയുയർത്തി നെഞ്ചു വിരിച്ചു നിൽക്കാൻ കഴിയുന്ന ആ ഒരു ശക്തിയാണ് യഥാർത്ഥത്തിൽ സ്ത്രീക്കു വേണ്ടത്. എന്നാൽ ഈ തിരിച്ചറിവാണു് നമുക്ക് ഇല്ലാതെ പോകുന്നത്. ഒരു സന്യാസസമൂഹം നടത്തിപ്പോകുന്ന കലാലയ അന്തരീക്ഷത്തിൽ ഒരു പക്ഷേ കണ്ണടപ്പും മിണ്ടടപ്പും അച്ചടക്കത്തിന്റെ ഭാഗമായി പഠിപ്പിച്ചേക്കാം. എന്നാൽ ഇന്നത്തെ സമൂഹത്തിൽ നാം ആചരിക്കുന്ന അവസ്ഥയിൽ പക്ഷതയും അന്തസ്സും, Self-respect മാണു് പഠിച്ചെടുക്കേണ്ടത്. നിങ്ങളാണെന്നുള്ള തിരിച്ചറിയും അതുവഴി നിങ്ങളുടെ ശക്തിയും അങ്ങനെ സമൂഹത്തിൽ നിങ്ങൾ ഒരു വെളിച്ച

മായി തീരുകയാണ് വേണ്ടത്. അതാണ് യഥാർത്ഥത്തിൽ നമ്മിൽ നിക്ഷിപ്തമായിരിക്കുന്ന ഉത്തരവാദിത്വം. ഇന്ന് നാം കാണുന്ന ഏറ്റവും വലിയ സംഘർഷം എന്നത് ഏതാണ് ശരി, ഏതാണ് തെറ്റ് എന്ന് തിരിച്ചറിയുവാൻ കഴിയാത്തതാണ്. പണ്ട് ഇതിന് വസ്തുനിഷ്ഠമായ നിർവചനങ്ങൾ ഉണ്ടായിരുന്നു. എന്നാൽ പുതുതലമുറയ്ക്ക് നിർവചനങ്ങൾ ഉണ്ടായിരുന്നു. എന്നാൽ പുതുതലമുറയ്ക്ക് അവർ തന്നെയാണ് തെറ്റിന്റേയും ശരിയുടെയും വിധാതാക്കൾ എന്ന പക്ഷമാണ്. തെറ്റിനെ അംഗീകരിക്കുവാൻ തയ്യാറാകാത്ത സമൂഹമാണ് ഇന്ന് വളർന്നു വരുന്നത്. അവർ അതിനെ അംഗീകരിക്കുന്ന പക്ഷം 90 ശതമാനത്തോളമുള്ള പ്രശ്നങ്ങൾക്ക് അത് പരിഹാരമാകും. ഈ മനോഭാവം നമ്മെ എങ്ങും എത്തിക്കുന്നില്ല.

നമ്മൾ സമൂഹത്തിൽ, പ്രത്യേകിച്ച് കുടുംബജീവിതത്തിൽ രണ്ടു വ്യത്യസ്ത സ്വഭാവങ്ങൾ തമ്മിലുള്ള ഒരു കൂടിച്ചേരലാണ്. അത് എന്നേക്കും ഒന്നായിരിക്കുവാൻ ദൈവത്താൽ നിശ്ചയിക്കപ്പെട്ട കൂടിച്ചേരലാണ്. അത് കൂട്ടിക്കുഴയ്ക്കുമ്പോഴും കൂട്ടിക്കിഴിക്കുമ്പോഴുമാണ് പ്രശ്നങ്ങൾ ഉണ്ടാകുന്നത്. ഈ സുദ്യഭ്യമായ ബന്ധം വിജയകരമായി മുന്നോട്ടുകൊണ്ടുപോകുവാൻ സ്ത്രീകൾ വലിയ പങ്കുവഹിയ്ക്കുന്നത്.

ഇതിനാവശ്യമായ ആന്തരികവ്യക്തിത്വത്തെക്കുറിച്ച് എല്ലാ മതവിശ്വാസങ്ങളിലും വ്യക്തമായി പറയുന്നുണ്ട്. തെറ്റിനെയും ശരിയെയും തിരിച്ചറിയാനുമുള്ള വസ്തുനിഷ്ഠമായ സമീപനമാണ് (objective approach) വേണ്ടത്. ഈ വസ്തുത അംഗീകരിക്കുവാൻ തയ്യാറാകാത്ത പുതുതലമുറയെ നേർവഴിക്കു നയിക്കുവാൻ മുതിർന്നവർ പലപ്പോഴും പരാജയപ്പെടുന്നു. 'അടക്കാൻ ഞങ്ങൾ ശവങ്ങളല്ല, ഒതുക്കാൻ ഞങ്ങൾ വസ്തുക്കളല്ല എന്നതാണ് New Generation കവിത. എന്നാൽ യഥാർത്ഥത്തിൽ ഈ അടക്കവും ഒതുക്കവും ഓരോ വ്യക്തിക്കുമുള്ളതാണ്. ഈ അടക്കവും ഒതുക്കവുമാണ് നമ്മുടെ വ്യക്തിത്വത്തിന്റെ അടിസ്ഥാനം. അവ നമ്മെ നമ്മുടെ ജീവിതത്തിന്റെ ലക്ഷ്യത്തിലേക്കെത്തിക്കുന്നു. അതിനായി നമ്മൾ ഒരു പാട് Struggle നേരിടേണ്ടി വരും. ജീവിത ലക്ഷ്യത്തിലേക്ക് എത്തിച്ചേരുവാനുള്ള നമ്മുടെ ഓട്ടമാണ്, അതിനായുള്ള സമരമാണ് ഈ Struggle എന്നതുകൊണ്ട് ഉദ്ദേശിക്കുന്നത്. പ്രലോഭനങ്ങൾക്കും, സംവിധാനങ്ങൾക്കുമെതിരെയാണ് ഈ സമരങ്ങൾ. നല്ല ജീവിത ലക്ഷ്യങ്ങളിലേക്കെത്തുവാൻ ഈ സമരങ്ങൾ സഹായകരമാകുന്നു. അതിനുവേണ്ടത് അച്ചടക്കമാണ്.

**My discipline is my destiny
My destiny is in my discipline
My discipline is my dignity
My dignity is my Holiness**



ഡോ. ഷീന ഷുക്കർ
മുൻ പ്രൊ-വൈസ് ചാൻസലർ,
എം.ജി. യൂണിവേഴ്സിറ്റി

50 വർഷമാകുമ്പോഴേക്കും ഒരാൾ അഥവാ ഒരു സ്ഥാനം Touch Stone ആയി മാറുന്നു. വിമല ഒരു Touch Stone ആയി മാറിയിരിക്കുന്നു. എല്ലാ മേഖലകളിലും ഈ നേട്ടം നമുക്ക് കാണാൻ സാധിക്കുന്നു. ഇവിടെ ആരംഭത്തിൽ നടന്ന Invocation dance വരെ അതിന് ഉദാഹരണമായിരുന്നു. നമുക്കറിയാം. Education ന്റെ Fourth Pillar എന്ന് പറയുന്നത് എങ്ങനെ ഒരു സമൂഹജീവിയാകുവാൻ പഠിക്കാം എന്നതാണ്. ഇവിടെ ഓരോ കുട്ടിയും കൂടെയുള്ളവരെ പരിഗണിച്ച് ഒരുമയോടെ ചുവടു കൾ വച്ചപ്പോൾ നൃത്തം അതിമനോഹരമായി അതുവഴി വിമല എന്ന സ്ഥാപനം മുഖ്യാധിഷ്ഠിത വിദ്യാഭ്യാസം എന്നതിൽ എത്രത്തോളം വിജയിച്ചിരിക്കുന്നുവെന്നുമാണ് മനസ്സിലാക്കുവാൻ സാധിച്ചത്. നിറഞ്ഞ മനസ്സോടെ എല്ലാവരെയും അഭിനന്ദിക്കുന്നു.

Education has four pillars. That is knowledge, profession, learning to know, learning to be, learning to grow and learning to live together. The knowledge part is controlled by the University and its various instructions, classes, assignments, internal assessments and the final examination. That is the syllabus part. What about curriculum? Curriculum ആണ് ഏതൊരു കോളേജിനെയും ഏതൊരു എഡ്യൂക്കേഷണൽ ഇൻസ്റ്റിറ്റ്യൂഷനെയും വിലയിരുത്തുന്നത്. That is validated by looking into their alumints where are they palced? ഒരു പാട് diverse taughts ഉള്ള വിദ്യാർത്ഥികളാണ് വിമല കോളേജിൽ ഉള്ളത് എന്ന് പല അവസരങ്ങളിലായി മനസ്സിലാക്കുവാൻ സാധിച്ചിട്ടുണ്ട്.

പെൺകുട്ടികൾക്കു മാത്രമുള്ള ഒരു സ്ഥാപനം എന്ന നിലയിൽ അവരെ എല്ലാ മേഖലകളിലും മുന്നോട്ടു കൊണ്ടുവരാൻ വിമലക്ക് സാധിച്ചിട്ടുണ്ട്.

കേരളത്തിലൊരു Formal Education വന്നത് തന്നെ 1942യിലാണ്. അന്ന് മെഡിക്കൽ കോളേജ് രൂപീകരിക്കപ്പെട്ടു. അന്നുതന്നെ സ്ഥാപിതമായതാണ് സെന്റ് മേരീസ് കോളേജ്. ആ കോളേജിന്റെ ഒരു തുടർച്ചയാണ് വിമല കോളേജ്. വിമലയ്ക്ക് അതിന്റേതായ ഒരു പാരമ്പര്യം ഉണ്ട്. നമ്മുടെ ഓരോരുത്തരുടേയും ഉത്തരവാദിത്വം അതു disseminate ചെയ്യുക എന്നതാണ്. Higher education council ലിന്റെ Gender Justice Council അംഗമെന്ന നിലയിൽ പെൺകുട്ടികൾ നേരിടുന്ന പ്രശ്നങ്ങൾ എന്താണെന്ന് പലപ്പോഴും ചിന്തിച്ചിട്ടുണ്ട്. They are equal. They are having the capacity. But their voices are ofter unheard എന്നാൽ ഇന്ന് കുറെയധികം മുന്നോട്ടു വരുന്നുണ്ട്. കണക്കുകൾ തെളിയിക്കുന്നത് 30 ശതമാനത്തോളം വൈവോഴ്സ് കുടിവരുന്നുണ്ടെന്നാണ്. ഇതിനർത്ഥം പെൺകുട്ടികൾ അവരുടെ അഭിപ്രായങ്ങൾ പ്രകടിപ്പിച്ചു തുടങ്ങി, അവ

അഭിപ്രായ വ്യത്യാസങ്ങളിലേക്ക് കടന്നുവെന്നതാണ് ഇത്തരത്തിലൊരു Seperation അല്ല ഉദ്ദേശിക്കുന്നത്. ഇവിടെയാണ് Curriculum ത്തിന്റെ സ്ഥാനം. നാം പഠിപ്പിക്കേണ്ടത്. Peer group leaning ആണ്. അടുത്തിരിക്കുന്ന ആളിന്റെ Best Part, Best Talent എന്താണെന്ന് മനസ്സിലാക്കുക. അവരോടൊപ്പം നാമും അത് ആർജ്ജിക്കാൻ ശ്രമിക്കുക എന്നതാണ് വേണ്ടത്. ഇന്ന് 60% തോളമുള്ള ഇന്ത്യയിലെ വിദ്യാഭ്യാസ സ്ഥാപനങ്ങളിൽ ഇല്ലാതെ പോകുന്നതും ഇതാണ്. യു. എസിലും മറ്റ് വിദേശ രാജ്യങ്ങളിലും ഇത്തരത്തിലൊരു പഠന സമ്പ്രദായമാണ് തുടർന്നുകൊണ്ടുപോകുന്നത്. അത്തരത്തിലൊരു സംവിധാനമാണ് നാമും തുടരേണ്ടത്. ഇന്ന് Technology വളർന്നതിനാൽ വിരൽത്തുമ്പിൽ വിദ്യാർത്ഥികൾക്ക് അറിവ് ലഭിക്കും. അവിടെ അദ്ധ്യാപകൻ അവർക്ക് നല്ല മാതൃകകളും അവരെ പ്രോത്സാഹിപ്പിക്കുകയും, വഴി നടത്തുകയും ചെയ്യേണ്ട വ്യക്തികളായി മാറുകയുമാണ് വേണ്ടത്. ഈ സാഹചര്യത്തിൽ ഓരോ സ്ഥാപനവും അവരുടെ Infrastructure Maintain ചെയ്യണം. Institutional mechanism develop ചെയ്യണം. good quality Teachers ഉണ്ടാവണം. എല്ലാറ്റിനും ഉപരിയായി peer Group learning ഉണ്ടാവണം.

ഒരു വിദ്യാർത്ഥിതെറ്റു ചെയ്താൽ അവനെ/ അവളെ പുറത്താക്കുവാൻ നിയമമില്ല. എന്നാൽ അവരെ തിരുത്തുവാനുള്ള വലിയ ഉത്തരവാദിത്വമാണ് ഓരോ അദ്ധ്യാപകനും ഉള്ളത്. കാരണം നാം തിരുത്തിയില്ലെങ്കിൽ അവരെ തിരുത്തുവാൻ മറ്റാരും ഉണ്ടാവുകയില്ല. ഇന്ന് ഇന്ത്യയിൽ Area Education വന്നതോടെ ഒരു കുട്ടികളും ഒരു അദ്ധ്യാപകന്റെ കയ്യിലൂടെയല്ലാതെ 16 വയസ്സ് പൂർത്തിയാക്കുന്നില്ല.

ലോകത്തിലെ ഏറ്റവും മികച്ച അദ്ധ്യാപകരും, ഏറ്റവും മികച്ച വിദ്യാർത്ഥികളും ഫിൻലാൻഡിലാണ് ഉള്ളത്. അവിടെ എല്ലാ പഠനങ്ങളും eligibility test കൾക്ക് ശേഷം 5 വർഷത്തെ rigorous training ആണ് ഉള്ളത്. അങ്ങനെയൊന്നും നമ്മുടെ രാജ്യത്ത് ഇല്ല. നാളെ വേദനയോടെ ഓർക്കേണ്ടതാണ്. ഇന്ത്യയിൽ സിവിൽ സർവ്വീസിൽ മാത്രമേ ഒരു വർഷത്തേക്ക് അത്തരത്തിലൊരു rigorous training undergo ചെയ്യുന്നുള്ളൂ.

Plight of women നിയമപരമായും സാമൂഹികപരമായും, രാഷ്ട്രീയ പരവുമായുള്ള എല്ലാറ്റിന്റെയും ബുദ്ധിമുട്ടുകൾ അനുഭവിക്കുന്നത് സ്ത്രീകളാണ്. ഇന്നും പല Basic faulties പോലും സ്ത്രീകൾക്കായി പൊതുസ്ഥലങ്ങളില്ല. ഒരു rape victim താൻ ഏതു സാഹചര്യത്തിലൂടെ കടന്നുപോയി എന്ന് നിയമവും സമൂഹത്തിന്റെയും മുൻപിൽ നിരവധി തവണ നീതി ലഭിക്കുവാനായി പറയേണ്ടി വരുന്നു. ഇതിന്റെയെല്ലാം വലിയ പ്രശ്നം നമ്മുടെ വിദ്യാഭ്യാസ രീതിയിൽത്തന്നെയാണ് ഉള്ളത്. നമ്മൾ വെറും സിലിബസ് ആണ് പഠിക്കുന്നത്. കരിക്കുലം അല്ല. അതാണ് വ്യത്യാസം.

രണ്ടാമത്തെ പ്രശ്നമെന്നത് നാം ഇന്ത്യക്കാർ ഇന്ത്യയുടെ സംസ്കാരവും മൂല്യങ്ങളും മറന്നുപോകുന്നുവെന്നതാണ്. വിദേശരാജ്യങ്ങൾപോലും നമ്മുടെ പാരമ്പര്യങ്ങൾ പിൻതുടരുവാൻ ശ്രമിക്കുമ്പോൾ ഇവിടെ നാം അതിനെ യെല്ലാം അവഗണിക്കുന്നു.

Above all we need to equip the people to line together in the society

50 വർഷം തികഞ്ഞ 'Touch Stone' ആയ വിമല കോളേജ് നല്ല സമൂഹജീവികളെ ഉണ്ടാക്കുക എന്നതാണ് ഉത്തരവാദിത്വം. "Be bold for that change"

Thankyou

സുവർണ്ണപ്രഭാതി

ഒരുങ്ങി വിമല

മുരളീധരൻ കൊളത്തേക്കാട്
വൈസ് പ്രസിഡന്റ്
പി.ടി.എ, വിമല കോളേജ്



സാംസ്കാരിക കേരളത്തിന്റെ വളർച്ചയുടെ കാലഘട്ടത്തിൽത്തന്നെ തുടക്കം കുറിച്ച വിമല കോളേജ് ഇന്ന് സുവർണ്ണ ജൂബിലി നിറവിൽ ശിരസ്സുയർത്തി നിൽക്കുകയാണ്. ഒപ്പം, ഈ സ്ഥാപനത്തിൽ നിന്ന് പഠിച്ചിറങ്ങിയ പെൺകുട്ടികളും അവരുടെ മാതാപിതാക്കളും സത്യം, സ്നേഹം എന്നീ വാക്കുകളെ അവയുടെ പരിപൂർണ്ണമായ അർത്ഥത്തെ ഉൾക്കൊണ്ടുകൊണ്ട് കലാലയത്തിന്റെ മുഖമുദ്രയായി സ്വീകരിച്ചു. സാമൂഹികാഭിവൃദ്ധിക്കും കുടുംബക്ഷേമത്തിനും പരമപ്രധാനമായി പെൺകുട്ടികൾക്ക് നൽകേണ്ടത് വിദ്യാഭ്യാസമാണെന്ന് തിരിച്ചറിഞ്ഞതുകൊണ്ടാണ് ഇത്തരത്തിലൊരു കലാലയം ഉയർന്നുവന്നത്. ഈ ലക്ഷ്യത്തോടെ കലാലയായി കൂതരും അദ്ധ്യാപകരും വിദ്യാർത്ഥികളിലേക്ക് പകർന്നത് അറിവുമാത്രമായിരുന്നില്ല അനുഭവസമ്പത്തും ആത്മാഭിമാനവും കൂടിയിരുന്നു. ഇവ കൈമുതലാക്കി സമൂഹത്തിലേക്ക് ഇറങ്ങുന്ന ഓരോ പെൺകുട്ടിയും സമൂഹത്തിന്റെ വിവിധ തുറകളിൽ സ്വന്തം “വ്യക്തിമുദ്ര” പതിപ്പിച്ച് ജീവിത വിജയത്തിലേക്ക് മുന്നേറുമെന്ന് ക്രാന്തദർശികളായ കോളേജ് അധികൃതരും രക്ഷിതാക്കളും സ്വപ്നം കണ്ടു.

ഇന്ന് തിരിഞ്ഞു നോക്കുമ്പോൾ അവർ കണ്ട സ്വപ്നം യാഥാർത്ഥ്യം തന്നെയെന്ന് മനസ്സിലാക്കാൻ വിമലയിൽ നിന്നും വിദ്യാഭ്യാസം പൂർത്തിയാക്കിയ ഒരു പെൺകുട്ടിയോട് സംസാരിച്ചാൽ മാത്രം മതി. സംസാരത്തിനിടയിൽ അവർ ഒരിക്കലേങ്കിലും പറഞ്ഞിരിക്കും ഞാൻ വിമലയിലെ വിദ്യാർത്ഥിനിയാണെന്ന് അതും ഏറെ അഭിമാനത്തോടെത്തന്നെ.

വിമല കോളേജിന്റെ ഇത്രയും കാലത്തെ പ്രവർത്തനങ്ങളെ വിലയിരുത്തുമ്പോൾ ഒരു കാര്യം നിസ്സംശയം പറയാം ആ വളർച്ചയിൽ അതാതു കാലത്തെ പി. ടി. എ. ഭാരവാഹികളുടെ ആത്മാർത്ഥമായ പിന്തുണയും സഹായ സഹകരണങ്ങളും ഉണ്ടായിരുന്നുവെന്ന് ഇക്കാലമത്രയും വളരെ മനപ്പൊരുത്തത്തോടെ അദ്ധ്യാപകരും രക്ഷിതാക്കളും കൈയോട് കൈകോർത്ത് വരും തലമുറകൾക്ക് കൂടി ഗുണകരമാകുന്ന വിവിധ പദ്ധതികൾക്ക് രൂപം കൊടുക്കുകയും അത് പ്രാവർത്തികമാക്കുകയും ചെയ്തു. ആ ഗുണഫലങ്ങൾ ഏറിയ പങ്കും ഫയലുകളിൽ ഒതുങ്ങി തീരുകയായിരുന്നില്ല പകരം, നമുക്കും നമ്മുടെ കുട്ടികൾക്കും കാണാനും അനുഭവിക്കുവാനും കഴിയും വിധത്തിൽ തല ഉയർത്തി നിൽക്കുന്നവ തന്നെയായി മാറുകയായിരുന്നു.

പ്രഗത്ഭമതികളായ പല പ്രശസ്ത വ്യക്തികളും കോളേജിന്റെ പുരോഗമനത്തിനായി മാനേജുമെന്റിന്റെ കരങ്ങൾക്ക് ശക്തി പകർന്നുകൊണ്ട് കൂടെയുണ്ടായിരുന്നു. ഇപ്പറഞ്ഞവയ്ക്കൊന്നും പ്രത്യേക ഉദാഹരണങ്ങൾ ആവശ്യമില്ലെന്ന് മാത്രമല്ല അവയെല്ലാം ഈ കോളേജിനോട് ബന്ധപ്പെട്ട് പ്രവർത്തിച്ചിരുന്ന ഓരോരുത്തരുടേയും ഹൃദയത്തോട് ചേർന്ന് നിൽക്കുന്ന സംഭവങ്ങളും സംരംഭങ്ങളും തന്നെയാണ് എന്ന് എടുത്തുപറയട്ടെ.

സാമൂഹികമായും സാമ്പത്തികമായും പുറകിൽ നിൽക്കുന്ന വിദ്യാർത്ഥിനികളെ അവർക്ക് ഏറ്റവും ആവശ്യമായ തരത്തിൽത്തന്നെ സഹായിക്കുന്നതിന്

മാനേജ്മെന്റിന്റെ കൂടെനിന്ന് പ്രവർത്തിക്കുന്നതിന് എക്കാലവും പി.ടി.എ. താല്പര്യം കാണിച്ചിട്ടുണ്ട്. അത്തരം അവസരങ്ങൾ ഫലപ്രദമായി വിനിയോഗിക്കുകയും ചെയ്തിട്ടുണ്ട്. പഠനത്തിലോ പാഠ്യേതര വിഷയങ്ങളിലോ മിടുക്കികളായ നിർദ്ധനരായ വിദ്യാർത്ഥിനികളെ അവരുടെ ആത്മാഭിമാനത്തെ മുറിപ്പെടുത്താതെ നമ്മളോട് ചേർത്ത് നിർത്താനും വേണ്ടതായ സഹായങ്ങൾ നൽകാനും പി.ടി.എ. കൂട്ടായ്മ നിരന്തരം ശ്രദ്ധ ചെലുത്തുന്നു.

അമ്പതാം വാർഷികാഘോഷങ്ങളുടെ ഭാഗമായുള്ള പ്രധാന പ്രവർത്തനങ്ങളിൽ പി. ടി. എ. തങ്ങളുടെ സാന്നിധ്യം അറിയിക്കുകയുണ്ടായി. പരിമിതികൾക്കുള്ളിൽ നിന്നുകൊണ്ടുതന്നെ ആകുന്നവിധങ്ങളിലും മറ്റും സഹകരിച്ചുവെന്നത് ഏറെ ചാരിതാർത്ഥ്യം നൽകുന്നു.

മുത്തച്ഛന്മാരും അമ്മമ്മമാരും പേരക്കുട്ടികളോട് കുറെക്കൂടി സ്നേഹത്തോടെ അടുത്തിടപഴകുന്നതിലൂടെ സമൂഹത്തിൽ ഇപ്പോൾ കണ്ടുവരുന്ന പല അസ്വസ്ഥതകളും കുറയ്ക്കാനോ ഇല്ലാതാക്കാനോ കഴിയും. ഈ തിരിച്ചറിവിന്റെ ഭാഗമായി 2015 മുതൽ കോളേജിൽവെച്ച് Grand Parents Day ആഘോഷിച്ച് വരുന്നുണ്ട്. വളരെ സന്തോഷത്തോടെ സ്നേഹത്തോടെ ആ ദിവസം പേരക്കുട്ടികളോടൊപ്പം Grand Parents ചെലവഴിക്കുമ്പോൾ അദ്ധ്യാപകരോടൊപ്പം പി.ടി.എ. അംഗങ്ങളും അഭിമാനിക്കുന്നു. ഒരു നല്ല ഓർമ്മ പങ്കിട്ടു നൽകുവാൻ കഴിഞ്ഞതിൽ നന്ദിയുണ്ട്.

Award Day പി. ടി. എ. യുടെ നേതൃത്വത്തിൽ നടത്തപ്പെടുമ്പോൾ വളരെ സന്തോഷവും അഭിമാനവും തോന്നുന്നു. അർഹിക്കുന്നവരെ കണ്ടെത്തുമ്പോൾ അവരെ ആദരിക്കുമ്പോൾ വിലയോടൊപ്പം പി.ടി.എ. അംഗങ്ങളും അത് വിജയാഘോഷത്തിന്റെ ദിനമാക്കുന്നു.

വർഷത്തിലൊരിക്കലേകിലും സ്വന്തം വിദ്യാർത്ഥിനികളുടെ വീട്ടിൽ പോകണം എന്നൊരു അഭിപ്രായം യോഗത്തിൽ ഉയർന്നു. അവരുടെ സ്ഥിതി മനസ്സിലാക്കി ഏതെങ്കിലും തരത്തിലുള്ള ഒരു സഹായം അവർ അർഹിക്കുന്നുണ്ടെങ്കിൽ നമ്മളാൽ കഴിയും വിധം അവരെ സഹായിക്കാം എന്നതായിരുന്നു ആ യാത്രകൊണ്ട് ഉദ്ദേശിച്ചത്. നമ്മുടെ വിദ്യാർത്ഥിനികൾ പഠനമികവിലൂടെയും പാഠ്യേതര പ്രവർത്തനങ്ങളിലൂടെയും വിമലയുടെ യശസ്സ് വാനോളം ഉയർന്നിട്ടുണ്ട്. പക്ഷേ മാധ്യമങ്ങളിലൂടെ ഇത്തരം കാര്യങ്ങൾ കുറെക്കൂടി ഫലപ്രദമായി ജനങ്ങളിലേക്ക് എത്തിക്കേണ്ടതുണ്ട്. അതിനായി ഭാരവാഹികൾ ചില കാര്യങ്ങൾകൂടി ചെയ്യേണ്ടതുണ്ടെന്ന് തോന്നുന്നു. ഈ രണ്ടു വിഷയങ്ങളും അടുത്ത കമ്മിറ്റി ചർച്ച ചെയ്ത് വേണ്ടതായ നടപടികൾ സ്വീകരിക്കുമെന്ന് പ്രതീക്ഷിക്കുന്നു.

സാംസ്കാരിക തലസ്ഥാനമായ തൃശ്ശൂരിന്റെ അഭിമാനമായിക്കഴിഞ്ഞ വിമല കോളേജിന്റെ പുരോഗതിയിലേക്കുള്ള യാത്രയിൽ അഥവാ സ്ത്രീകളുടെ നിലവാരം ഉയർത്തിയാൽ അവരുടെ കുടുംബവും അതിലൂടെ സമൂഹവും അഭിവൃദ്ധിപ്പെടും എന്ന ചിന്തയെ പിൻതുടർന്ന് അതിന്റെ സാക്ഷാത്ക്കാരത്തിനായി പരിശ്രമിക്കുന്നവരോടൊപ്പം യാത്ര ചെയ്യുവാൻ അവസരം അനുവദിച്ചുതന്ന വിമല കോളേജ് മാനേജ്മെന്റിനോടും പ്രിൻസിപ്പൽമാരോടും സ്റ്റാഫ്ംഗങ്ങളോടും മറ്റും പി.ടി.എ. അംഗങ്ങളോടും അതിയായ സ്നേഹ ബഹുമാനങ്ങളോടെ നന്ദി അറിയിക്കുന്നു.

വരും തലമുറയ്ക്ക് അറിവായും അഗ്നിയായും സത്യമായും സ്നേഹമായും കരുതലായും പ്രശോഭിതയാകാൻ ഈ വിമലമാതയ്ക്ക് അഭിവൃണ്ടാകട്ടെ എന്നു മാത്രം പ്രാർത്ഥിച്ചുകൊണ്ട് സുവർണ്ണ ജൂബിലി ആശംസകളോടെ





My Encounter with Vimala College in the Cradle

Dr. Dolly John (née Varghese Dolly)
Department of English

Note: My attempt here is to record my understanding of the very beginnings of the institution from 1965 when I joined here as a pre-degree student until 2004 the year I retired. I do not intend to write a history of Vimala College but only some details pertaining to my experiences regarding the Department of English where I belong. Four decades I was an eye witness to the institution undergoing the throes of birth and growth and reaching the pinnacle of success, and for one decade, a soul witness observing the greater glory of Vimala College in absentia.

In 1965, I was enrolled as a pre-degree student in this College at Cheroor, a suburb about 5 kilometres away from Thrissur. The College then was known as 'Cheroor College' – an extension of the prestigious St. Mary's College, the celebrated institution in the heart of the town, renowned for its academic and cultural heritage. For want of space at St. Mary's College, some science batches were shifted to Cheroor. That was the time when bricks were laid on bricks here, and that makes me one of the oldest among those who stepped into this Institution. Every morning, students who had classes at Cheroor gathered in front of St. Mary's College and were brought here in an old bus painted new. Students enjoyed the trip because the bus broke down at a few places between the parent institution and the suburb. The driver was new to driving and new to a large vehicle, and so he was very patient. He also requested the students not to touch the sides of the bus because they would yield. There was only one bus and so the classes were from 11 a.m. to 5 p.m. for some batches. Later, during the monsoon season, the noon interval was drastically cut down to take the students back to the town as early as possible. Sister Aurea and a few other sisters were in charge of the Cheroor College at that time.

As I have already hinted, the College building was

under construction. The building was meant to be 'E' in shape – "E" for "education", we were told. But when we arrived it was an 'F' anticipating the 'E'. Instead of the stupendous library now, there was, in its place, a big well-kept *kozhikoodu* in use. In the place of the beautiful garden, there was a heap of construction materials. The walls were yet to wear their neat outfits. There were no containers for drinking water, instead a well with a bucket and rope to assist the drawing of water. Being educated at an exquisite Canossian Convent School at Fort Cochin, and taught by Italian sisters, I was shocked at the ambience of Cheroor College.

Two years later, I joined here again as a degree student. The infrastructure had begun to change. Earthen pots were provided for drinking water. Later, a water cooler sponsored by a parent was installed. A beautiful garden was being landscaped. My poetry teacher of the pre-degree class took charge as my tutor. Some of the great sisters of St. Mary's College had taken over. That very year itself, as per University Order, the Cheroor suburban wing had to be bifurcated from St. Mary's College, thus giving birth to a new Institution. The naming of the bifurcated part at Cheroor as "VIMALA COLLEGE" was highly acclaimed. Sister Stella Maria was appointed the Principal of the College. Competitions were held for naming the College magazine, composing the College anthem, and so on. There was vibrant participation from teachers and students. Though teachers emerged the winners, the very thought of competing with them was exciting.

I cannot forget my degree days, especially my experiences as the Student Chairperson of the College in 1969-1970. During those years, three of the sisters impressed me the most: (1) Rev. Mother Stella Maria, the Oxford-trained Founder Principal of the College – whose name is immortalized in "The Star of Vimala,"

competition (2) Rev. Sr. Mary Leo, the Head of the Dept. of English, – known to the present students under the banner of “The Poets’ Artists’ Day” and the much coveted Leo Trophy (3) Sr. Cleopatra – the US educated personality, the Head of the Dept. of English – known to the students as the inspiration behind the award, “The Best Literary Artist of the Year”.

After my degree days, I joined here once again as a postgraduate student. It is a fact that every ‘Vimalite’ then secretly cherished the thought that we are bearing witness to the making of history. As soon as my result was out, I received a postcard from Sister Leo, which I still preserve, saying, ‘If you are interested in joining Vimala College as a staff, come immediately.’ I rushed in with enthusiasm and found myself next to my teachers whom I tried to earnestly emulate.

After the bifurcation of the Kerala University in 1967, Vimala College was affiliated to the Calicut University. Right from then, Vimala College grabbed several University ranks every year. It needs to be noted that in the 25th year, the Silver Jubilee year, Vimala was blessed with 25 University ranks to the surprise and joy of all of us. In the University Arts Festival too, Vimala made her mark in every field every year. The Department of Physical Education needs special mention in this article because Mrs Anne Mary Verghese was part of the English Department before the commencement of the Physical Education Department. She proved herself a mega-sports star on her arrival at St. Mary’s College and then transferred the same spirit and vibrancy to the Vimala Campus as she captained the Dept of Physical Education, and reigned over the kingdom of sports and games. It needs to be recorded here that the College Games ’95, the First All Kerala Inter-collegiate Games for Men & Women, is a significant page in the chronicles of Vimala College, and the prize money, one lakh rupees, a covetable achievement for the Physical Education Department, for Vimala College and the then Principal, Dr. Sr. Chrisologa.

In 1979, Vimala College became a Research Centre, affiliated to the University of Calicut with Dr. Sr. Cleopatra as the first Research Guide and Supervisor.

In the year 2001, Vimala College was accredited by the UGC at the 5-Star level and granted Grade A. Later, at the second accreditation in 2008, Vimala emerged

successful once again with a creditable victory.

In the initial stages of the College itself, Vimalites had to endure the first ever retirement - that of Sister Mary Leo, the great founding Head and Professor of the Department of English. She was a superb teacher whom students loved for her sincerity in teaching and admired for her exquisite English cadence. In fact, we became conscious of the pain of separation only after she retired. A year later, Sister Leo wanted some books from the college library, but as a retired person she had no access to the library books as per the rules of the college then, and I had to take them for her in my name. The youngest member of the department doing it for the once supreme in the department, embarrassed me a great deal. Suddenly, I became conscious of people on this side and that side of retirement, and this predicament inspired me to write a poem, “Servers and Observers.”

Servers and Observers

On this side of the levee
Smiles were served and skill observed
Seasoned with reason, and garnished with varnish.

On that side of the levee
Skill was served and smiles observed
Seasoned with sense, and garnished with grace.

Servers this side
Did excel in skill when observers that side
Disliked taking sides with servers this side.

Observers that side
Did soar and glide when servers this side
Dared taking sides with observers that side.

The sandwiched levee
Seasoned with droughts; garnished with floods
Observed the servers and served the observers.

But this poem was published in the college magazine only about twenty-five years after it was written. When it appeared, there were several related questions. When a few students asked me the meaning of some lines, I quipped, “I really don’t know” and then repeating a great writer’s remark I added, “If I had known, I would have put it down for you precisely in the poem.”

The year Sr. Leo retired the department conducted a meeting to find out a relevant inter-departmental competition to be conducted in her name annually. A

brilliant postgraduate student, Anu Mamman, suggested the now popular competition, “The Poets’ Artists’ Day” and Dr. Sr. Cleopatra proposed “The Leo Trophy” for the best performing department.

Dr. Sr. Cleopatra took over as the next Head of the Department. She proved herself a clear-headed administrator in the Department, an efficient Vice-Principal of the college, a taxing guide in the Research Centre, and an optimistic Co-ordinator of the Alumnae Association. While in service, she was elected Mother Provincial of Nirmala Province of the CMC congregation in 1984, and later, Counsellor Superior at the CMC Generalate. Her election as the Vice-President of the National Conference of Women Religious in India made CMC Congregation proud, no doubt. In due course, the title of the Commission for the Religious and the Laity was bestowed on her, and her headquarters was CBCI, Bishop’s Conference at Delhi. After her service there, Sister was immersed in her life’s mission of raising Mother Euphrasia to the sacred altar of sainthood. She did succeed.

Dr. Sr. Cleopatra retired from Vimala College in 1989. All retirements were painful, indeed. I began feeling my retirement when Prof. Leela Menon retired. I told myself, “Your time has come,” and I was inspired to write the following poem in 1998:

Shall I Bid Bye?

Shall I bid bye to the maddening days I love,
To the sound of bells, to duties done and undone?

Shall I bid bye to the lively classrooms I love,
To the loving wards who lifted up my thoughts?

Shall I bid bye to the silent library I love,
To the books, I skimmed thru’ and hoped to?

Shall I bid bye to the long corridors I love,
To the smiling doors and nodding windows?

Shall I bid bye to the canteen aroma I love’
To the chit-chat momentum lost and won?

Shall I bid bye to the colleagues I love,
To those who left in and out of time?

Shall I bid bye to the proud profession I love,
To the smattering knowledge I could impart?

Shall I bid bye to the tit-for-tat meetings I love,
To the tete-a-tete that scorched the being?

Shall I bid bye to the burning moments I love,
To the pain I endured, and the joy I relished?

Shall I bid bye to the college days I love,
To the air I breathed in and out with love?

This poem received a lot of applause from students and staff alike. The practice of accompanying the retired staff to their homes on the very last day of the college has become a homely affair, a delightful event wherein a mini feast is served. Thus, retirements have become more organized and memorable because of the love and cordiality shared during the visit.

As I write this article, I am conscious of the decades-at-Vimala that have passed by. I should admit, they were decades of joy and decades of struggle. As teachers we did realize that to do justice to academic life, home life, and personal life involved a lot of stress and strain; we did enjoy the stress and the strain as well. As I recollect the past, I am filled with gratitude – gratitude to the management, to the teachers, my colleagues and to all my students. Right now, I feel like singing with the poet, Kahlil Gibran, “I know now what I did not know before.”

In conclusion, on behalf of all of us in the Department of English, let me thank the present and former Provincials, Managers, Principals, Heads of Departments, colleagues, students and all the people we have come into contact with, and those who have rendered meaning to our lives at Vimala. It is true that we have spent the spring and summer of our lives here. We have been fortunate in witnessing and participating the spring time of thousands of young ones. We have lived the best part of our lives here with them and enjoyed ourselves while serving them. What we have received from here is much more than what we have given. We the “past past” of Vimala love to record our feelings, here and now, but the whispers of our hearts do not take shape as syllables, and we are overpowered with silence, the language of the heart in pleasure and pain. Whether we are far or near, we will be enthralled by the success of Vimala and every Vimalite, and our hearts will vibrate in tune with the music of Vimala. May God Almighty and Vimala Matha be with you and with us to guard us and guide us, now and always! Let the great persons and the great souls, absent and present, join us in wishing Vimala College an overwhelming triumph in the years to come.

Thank you

നന്ദിയോടെ....



സി. ലിറ്റി റാഫേൽ
സിനിയർ ഓഫീസ് സൂപ്രണ്ട്
വിമല കോളേജ്

1984-ൽ വിമല കോളേജിൽ അഡ്മിനിസ്ട്രേഷൻ സ്റ്റാഫായി വരുമ്പോൾ മാതാവിന്റെ കാപ്പയ്ക്കു കീഴിൽ സുരക്ഷിതത്വം കണ്ടെത്തിയ ചാരിതാർത്ഥ്യമായിരുന്നു. കോളേജിന്റെ സിൽവർ ജൂബിലിയിലും ഗോൾഡൻ ജൂബിലിയിലും ഭാഗഭാക്കാകാൻ കഴിഞ്ഞത് വലിയ ഭാഗ്യമായി കരുതുന്നു.

വിമല, ഫൈവ്സ്റ്റാർ പദവി നേടിയപ്പോഴും സെക്കൻഡ് ആൻഡ് തേർഡ് നാക് വിസിറ്റിൽ 'എ' ഗ്രേഡുകൾ കരസ്ഥമാക്കിയപ്പോഴും ഏറ്റവും ഒടുവിൽ സെന്റർ ഫോർ എക്സലൻസ്സ് റേറ്റ് സ്വന്തമാക്കിയപ്പോഴും മനസ്സു നിറയെ അഭിമാനമായിരുന്നു; വിമലയുടെ ഭാഗമാകാൻ കഴിഞ്ഞതിൽ ചാരിതാർത്ഥ്യമായിരുന്നു. സി. സ്റ്റേല്ല മരിയ തുടങ്ങി സി. ജിൻസി മരിയ വരെയുള്ള പ്രിൻസിപ്പൽമാർ, ഓഫീസ് സ്റ്റാഫ് അംഗങ്ങൾ, കോളേജ് കോൺവെന്റ് സഹോദരിമാർ, മദർ സൂപ്പീരിയേഴ്സ്, മദർ പ്രൊവിൻഷ്യൽസ്, എല്ലാവരെയും നന്ദിയോടെ അഭിമാനത്തോടെ സ്മരിക്കുന്നു.

എല്ലാറ്റിലുമുപരി ഒരമ്മയുടെ വാത്സല്യത്തോടെ വഴി നടത്തിയ സി. ക്ലിയോപാട്രമ്മ. ആദ്യനാളുകൾ മുതൽ വി. എവു പ്രാസ്യയമ്മയുടെ വിശുദ്ധ പദവി പ്രഘോഷണ ദിനം വരെയും ആ സ്നേഹവാത്സല്യങ്ങൾ ആവോളം അനുഭവിക്കുവാൻ കഴിഞ്ഞു. എന്നിൽ വിശ്വസിച്ചു ഏല്പിച്ച ദൗത്യങ്ങൾ ആ കരുതലുള്ള സ്നേഹത്തിന്റെ തെളിവുകളായിരുന്നു. സിസ്റ്ററുമൊത്തുള്ള റോം യാത്ര മറക്കാൻ കഴിയുന്ന തല്ല.

സിനിയർ ഓഫീസ് സൂപ്രണ്ടായി വിരമിക്കുമ്പോൾ ഹൃദയത്തോട് ചേർത്തുവെയ്ക്കുന്ന ഒരുപാട് സൗഹൃദങ്ങളും

ബന്ധങ്ങളും കൂട്ടിനുണ്ട് എന്ന യാഥാർത്ഥ്യം സന്തോഷവും അഭിമാനവും പകരുന്നു.

പലരുടേയും പ്രതിസന്ധികളിൽ സാന്ത്വനമേകാൻ കിട്ടിയ

അവസരങ്ങൾ നല്ല തമ്പുരാൻ നന്ദിയോടെ സമർപ്പിക്കട്ടെ. ആയിരിക്കുന്ന അവസ്ഥയിൽ നല്ല തമ്പുരാനുവേണ്ടി ജോലി ചെയ്യാൻ കിട്ടിയ ഓരോ അവസരങ്ങളും നല്ല രീതിയിൽ ഉപയോഗിക്കാൻ ദൈവം അനുഗ്രഹിച്ചു. അഡ്മിഷൻ കോർഡിനേറ്ററായി സേവനം ചെയ്ത അവസരങ്ങളിൽ ഒരു പിടി നിർധന ജീവിതങ്ങളെ അടുത്തറിയുവാൻ സാധിച്ചു. നമുക്കു ചുറ്റിലുമുള്ളവരുടെ വേദനകൾ, തകർച്ചക്കിടയിലും പരിക്കുവാനുള്ള കുട്ടികളുടെ ആഗ്രഹങ്ങൾ, ഒരുപാട് വിദ്യാർത്ഥികളുടെ പ്രശ്നങ്ങൾക്കു പരിഹാരം കണ്ടെത്തുവാനുള്ള നിയോഗങ്ങൾ എല്ലാമെല്ലാം ഭംഗിയായി നിർവഹിക്കുവാൻ ദൈവം അനുവദിച്ചത് നന്ദിയോടെ ഓർക്കട്ടെ.

വിമലയുടെ ബാഹ്യസൗന്ദര്യത്തിന് മാറ്റ് കൂട്ടിയത് അതിലെ പുനോട്ടമാണ്. വർഷങ്ങളായി പുനോട്ടത്തിന്റെ കാവലാൾ ആകുവാനും നല്ല തമ്പുരാൻ അനുവദിച്ചു. എന്റെ മനസ്സിന്റെ പതിപ്പ് തന്നെ ആയിരുന്നു ആ പുങ്കാവനവും. അധ്വാനത്തിന്റെ ആലസ്യത്തെ ആത്മവിശ്വാസം കൊണ്ട് നിറയ്ക്കാൻ ആ തോട്ടം മതിയായിരുന്നു. തോട്ടത്തെ പുങ്കാവനമാക്കിയ സ്നേഹിതരുടെ (അപ്രേം, ക്ലാർ തുടങ്ങിയവർ) അധ്വാനത്തെ സ്നേഹത്തോടെ ഓർക്കുന്നു.

പുനോട്ടത്തെപ്പോലെ എന്റെ ഉന്മേഷം പകർന്നിരുന്ന ജോലിയായിരുന്നു കോളേജ് ബസുകളുടെ ഇൻചാർജ്ജ്. 'ബസുകളുടെ സിസ്റ്റർ' എന്ന വിളി എനിക്ക് ഏറെ അഭിമാനം തന്നിരുന്നു. ആദ്യനാളുകൾ മുതൽ ഇന്നോളം എത്തിനിൽക്കുന്ന ജീവനക്കാർ ഗോപി, പെരിയെൻ, ആന്റണി, ബേബി, അജിത തുടങ്ങിയ ഒരുപാടുപേർ - ഇവർ പകർന്നു നൽകിയ ആദരവ് സ്നേഹം എല്ലാം നന്ദിയോടെ ഓർക്കുന്നു.

കാലാകാലങ്ങളിലായി പി.ടി.എ. എക്സിക്യൂട്ടീവ് കമ്മിറ്റി അംഗങ്ങളുമായി ഒത്തൊരുമിച്ചു പ്രവർത്തിക്കാൻ സാധിച്ചത് സന്തോഷത്തിന്റെ മറ്റൊരു അനർഘനിമിഷങ്ങളായിരുന്നു. എല്ലാവരും എന്നോട് കാണിച്ച ഊഷ്മളസ്നേഹം, പരിഗണന, എല്ലാമെല്ലാം മനസ്സ് നിറയെ കൃതജ്ഞത നിറയ്ക്കുന്നു.

വിമലയെപ്പറ്റി പറയാൻ തുടങ്ങിയാൽ തീരില്ല. പാതിപറഞ്ഞുനിർത്തുകയാണ്. ജൂബിലിയുടെ നിറവിൽ നിറഞ്ഞുനിൽക്കുന്ന എന്റെ സ്വന്തം കലാലയം ഇനിയും ഒരുപാടു ഉയരങ്ങളിൽ എത്താൻ സർവ്വേശ്വരൻ തുണയ്ക്കട്ടെ. എല്ലാ ഭാവുകങ്ങളും നേരുന്നു.



വിമലകോളേജ് ഒരേത്തിനോട്ടം

ജെ.എഫ്. പൊറുത്തൂർ
മുൻ പ്രസിഡണ്ട്, പി.ടി.എ.



വിമല കോളേജിന്റെ ജൂബിലി ആഘോഷങ്ങളുടെ ഭാഗമായി കോളേജിനെക്കുറിച്ച് ഓർക്കുന്നത് വളരെ പ്രസക്തമാണ്.

തൃശ്ശൂരിന്റെ തിരുനെറ്റിയിൽ തിലകം ചാർത്തി നിൽക്കുന്ന വിമലകോളേജ് കേരളത്തിന്റെ സാംസ്കാരിക തലസ്ഥാനമായ തൃശ്ശൂരിന് എന്നും അഭിമാനിക്കാവുന്ന ഒന്നാണ്. വിമല കോളേജ് തൃശ്ശൂരിന്റെ തന്നെയല്ല, കേരളത്തിലെ ഏറ്റവും നല്ല കോളേജുകളിൽ ഒന്നാണെന്ന് നിസ്സംശയം പറയാൻ സാധിക്കും. 50 കൊല്ലത്തിനുള്ളിൽ ഇവിടെ നിന്ന് പഠിച്ചുപോയിട്ടുള്ള പതിനായിരക്കണക്കിന് കുട്ടികൾ ലോകത്തിന്റെ പലഭാഗങ്ങളിലും പല മേഖലകളിലുമായി അവർ ജീവിക്കുന്നു. ഒരു കുടുംബം എങ്ങിനെ നടത്തണമെന്ന് ഈ കലാലയത്തിൽനിന്ന് വിദ്യാർത്ഥിനികൾ അഭ്യസിക്കുന്നു. കുടുംബജീവിതത്തിൽ ആയിട്ടുള്ള മക്കൾക്ക് അവരുടെ കുടുംബജീവിതം സുന്ദരമാക്കാൻ - ഭാവിയെ ഭാസുരമാക്കാൻ വിമലകോളേജിൽ പഠിക്കുന്ന കാലയളവ് ധാരാളം മതിയാകും. പഠനരീതി, സ്വഭാവ രൂപവൽക്കരണം, ദൈവ വിശ്വാസത്തിൽ അധിഷ്ഠിതമായ അന്തരീക്ഷം ഇവയെല്ലാം വിമല കോളേജിന്റെ സ്വന്തമാണ്.

ബഹു സിസ്റ്റേഴ്സും അദ്ധ്യാപകരും ഒന്നുപോലെ യത്നിച്ചു കുട്ടികൾക്കുവേണ്ടി അഹോരാത്രം അദ്ധ്വാനിക്കുന്ന യാഥാർത്ഥ്യമാണ് 1999 ൽ തൃശ്ശൂർ ജില്ലയിലെ ഏറ്റവും നല്ല കോളേജ് ആണെന്ന ബഹുമതി ലഭിച്ചിട്ടുണ്ട്. വിമലയിലെ ലൈബ്രറി കേരളത്തിലെ നല്ല ലൈബ്രറികളിൽ ഒന്നാണ്. വിദ്യാർത്ഥിനികൾക്ക് വളരെയേറെ പ്രയോജനപ്രദമാണ് ഇവിടുത്തെ ലൈബ്രറി. 2002 ലാണ് ആർ ശങ്കർ അവാർഡ് മികച്ച ബെസ്റ്റ് കോളേജ് എന്ന നിലയ്ക്ക് വിമലയ്ക്ക് ലഭിച്ചത്. 2001ൽ ഫൈവ് സ്റ്റാർ കോളേജായി ഈ സ്ഥാപനത്തെ ഉയർത്തുകയുണ്ടായി. തുടർന്ന് 2009, 2014 എന്നീ വർഷങ്ങളിൽ യു.ജി. സി. നാക് ടീം 'എ' ഗ്രേഡ് അക്രഡിറ്റേഷൻ ലഭിച്ചിട്ടുണ്ട്. ഈ കോളേജിൽ റാങ്ക് കിട്ടുന്ന കുട്ടികളെ പി.

ടി.എ. വർഷവും ഉപഹാരങ്ങൾ നൽകി ആദരിക്കുന്നത് വളരെ പ്രോത്സാഹനജനകമാണ്. കായിക രംഗത്ത് മികവ് പ്രദിപിച്ചിട്ടുള്ള കുട്ടികളേയും പ്രത്യേകം ആദരിക്കാറുണ്ട്. 2015ൽ വിമല കോളേജ് ഒരു സ്വയംഭരണസ്ഥാപനമായി അംഗീകരിക്കുകയുണ്ടായി. 2016 ൽ സെന്റർ ഫോർ പൊട്ടൻഷ്യൽ എക്സ്പീരിയൻസ് എന്ന പദവിയിലേക്ക് കോളേജ് ഉയർത്തപ്പെട്ടു. ഇന്ത്യയിൽ ഉള്ള കോളേജിൽ വെച്ച് 52-ാമത്തെ റാങ്കിന് വിമല അർഹയായി. 16 കൊല്ലമായിട്ടും കാലിക്കറ്റ് യൂണിവേഴ്സിറ്റി അത്ലറ്റിക് ചാമ്പ്യൻഷിപ്പ് വിമല കോളേജിന്റെ സ്വന്തമാണ്. ഇങ്ങനെ പാഠ്യ - പാഠ്യേതര പ്രവർത്തനങ്ങളിൽ വിമല കോളേജ് അടിക്കടി ഉയർന്നു കൊണ്ടിരിക്കുകയാണ്. ഇവിടുത്തെ അദ്ധ്യാപകരെല്ലാം തങ്ങളെ ഏല്പിച്ചിട്ടുള്ള ദൗത്യം വളരെ ഉത്തരവാദിത്വത്തോടെ നിർവ്വഹിക്കുന്നുണ്ട്. സ്വന്തം മക്കളെപ്പോലെയാണ് അദ്ധ്യാപകർ കുട്ടികളെ ശ്രദ്ധിക്കുന്നതും. ബഹു. പ്രിൻസിപ്പാൾ റവ. സി മരിയറ്റ് ജെ. തേറാട്ടിലും ബഹു. സിസ്റ്റേഴ്സും അദ്ധ്യാപകരും ഒന്നിച്ചുള്ള പ്രവർത്തനങ്ങളെ എത്രത്തോളം പ്രശംസിച്ചാലും അധികമാകയില്ല.

വിമല കോളേജിലെ പി.ടി.എ. വളരെ ഭംഗിയായി പ്രവർത്തിക്കുന്നുണ്ട്. ഇന്നും പ്രസിഡന്റും, വൈസ് പ്രസിഡണ്ടും മറ്റു അംഗങ്ങളും നന്നായി പ്രവർത്തിക്കുന്നു എന്നറിയുന്നതിൽ അതിയായ സന്തോഷമുണ്ട്. മുൻ പി.ടി.എ. പ്രസിഡണ്ട് എന്ന നിലയിൽ വിമല കോളേജിന് എല്ലാവിധ ഭാവിയും ഭാസുരതയും ഉണ്ടാകട്ടെ. നാൾക്ക് നാൾ ഈ സ്ഥാപനം വളരട്ടെ, ഉയരട്ടെ, പടർന്ന് പന്തലിക്കട്ടെ എന്ന് ആശംസിക്കുന്നു. സർവ്വോപരി സർവ്വശക്തനായ ദൈവത്തിന്റെ അനുഗ്രഹം ഈ സ്ഥാപനത്തിന് ഉണ്ടാകട്ടെ. പരിശുദ്ധ കന്യകാമറിയത്തിന്റെ നാമധേയത്തിലുള്ള ഈ സ്ഥാപനത്തെ - അമ്മയുടെ അനുഗ്രഹത്താൽ പൂർണ്ണ വളർച്ചപ്രാപിക്കട്ടെ.



Recollections

Mary Abraham



“Great peace have they who love Your law, and nothing can make them stumble.” (Psalms 119:165)

A sojourn to Vimala College down memory lane!!!

At the outset, I wish to express my gratitude to Rev. Sr. Mariette, for giving me the opportunity to pen these few lines for the Golden Jubilee Souvenir.

Yes, that is what it is going to be: A sojourn to Vimala College down memory lane!!!

The College by itself does not need any introduction, as this Institution, under the able guidance of Nirmala Province Carmelite nuns and of course, by Divine Providence has galloped along with laurels in education, sports and games, cultural activities and commitment to society, which includes financial support to economically underprivileged students. The authorities have always brought in balance to the education system in all areas. Excellent standards have been maintained throughout by all the Principals and staff who have been working tirelessly for the common benefit.

I was a student of English Literature during the late sixties and early seventies, when Rev. Sister Stella Maria was the Principal of the College and Rev. Sister Leo, the Head of English Department (both have since gone to their heavenly abode). It will be in place to mention here the strong support we received from Sr. Stella Maria in studies, sports ...etc., not forgetting Sr. Leo's contribution.

As I was almost finishing the first year degree, I remember Sister Leo, requesting the then College President to come and call me from our hostel to play Badminton. The only credential I had was that of my sister Chris being a good player (in her college days, she represented the college!). The team was very good already: slowly and steadily under the excellent support of Mrs. Annie Varghese, our Sports Director, I made it to the Team. I have some fond memories of our time with Mrs. Annie Varghese and the team mates (Pankajam, Vatsala, Shyamala, Omana, Leena and Alphonsa, the last two my juniors). We were looked after like Royalty and the nostalgia still gets to me when I talk to my friends about this.

As a student and later on in life, I was blessed to be associated with Rev. Sr. Cleopatra (again gone to meet the Master!). She is remembered for her kindness, understanding and support. Her depth of analysis of a situation and the advice given originated from her integrity and great love of fellow beings.

How can I go on without mentioning the lovely professors Mrs. Lakshmikutty and Mrs. Leela, Mrs. Rosieto whom I am indeed grateful for the love and knowledge they imparted as well as to Mrs. Dolly and Mrs. Tara (my seniors). As I write this, many names and faces line up in memory of those who have helped me along with acts of kindness and charity. It is my privilege to mention here Mother Philippini and Rev. Sr. Canisia (both with the Master) Rev. Sr. Anija (the current Provincial), Rev. Sr. Nylus and Rev. Sr. Omer (interestingly both my batchmates!), Rev. Sr. Lissy, Rev. Sr. Litty, Rev. Sr. Rani, Rev. Sr. Divina, and Sr. Benno. The list of names is endless...

Woe to me if I forget the canteen with its special masala dosas and parippu vadas! Believe it or not, during one of my visits, I requested for these and had the pleasure of tasting them again! The central figure of Sharada working vigorously in the canteen to meet the demands and those cheerful chechis and young girls working in the hostel kitchen to feed us on time, are etched in my memory for ever.

Those days, parents felt safe about their children being in the College and the Hostel. I am sure this continues till date. Our freedom was not infringed, but at the same time, we were supervised efficiently.

Vimala College stands out for its wise management, great moral standards, excellent administration, dedicated staff and facilities to the students, while equipping them for a better tomorrow.

Being Sr.Chrisologa's sister I have been a part and parcel of this Institution for a very long time. My days in Vimala have been a strong influence on my thought process and way of life.

Vimala College with its motto of Truth and Love, under the auspices of Nirmala Province, Kolazhy, have been a home away from home to the students who are spiritually nurtured above all. I am sure those who enter the portals of Vimala have a legacy to carry forward.

Grateful to the Management and Teachers for lovingly, but firmly leading us, thus steadying our feet to face the unknown.

Grateful for the emphasis laid on Christ as the Corner Stone of our lives!

Grateful for the constant enlightening of our minds as to what is right and wrong through the moral teachings.

Grateful indeed for the eco-friendly campus and infrastructure provided even though the College was making it through the foundational years then.

Grateful to Saint Euphrasia Centre Community for providing a tranquil and prayerful atmosphere for the ones seeking solace.

When I look back at the college days, the Statue of Our Lady gracing the Main entrance of the College almost come alive. Hail Vimala. . . under Her Mantle!



A Year in Golden Letters

Amalendu V. Joseph
Chairperson, College Union



It was raining when I came here for the first time. Holding the certificates close, seeing “The Vimala” for the first time in the drizzling drops under the grey sky, in magnificent green glory and the shady thick grey painted main block building - that was a moment!! The choice was finalized at the grandeur of that very view. This atmosphere, these surroundings, the very feel of this campus make me fall in love with Vimala again and again. Our first year memories are filled with expectations of autonomy and the excited wait for the Golden Jubilee year. The close of the first year was marked by the declaration of autonomy and the inauguration of the Golden Jubilee Year.

Campus days play a significant role in shaping our destiny. It's the time when we are the most enthusiastic and energetic, the most innovative and vibrant - the time when we are engaged in constant efforts of rediscovery. And being a part of a College with a rich legacy of 50 golden years and celebrating the glory of the golden jubilee year is indeed a privilege. In a society, where a woman's code of conduct and her freedom is still a topic of heated discussion, the Golden Jubilee of Vimala is a celebration of 50 years of an empowering space that stands for the enrichment and celebration of womanhood. As for us - it is an inspiration and a feeling that binds us all together! For generations, Vimala has provided open platforms to build strong and independent individuals and not merely predefined “ideal women”.

The celebration of the Golden Jubilee Year was a different experience for us students; with morning entrances to the campus marked by the enthusiasm born out of an excitement laden suspense of the programme for the day and who the guest would be to

the extent that not having a programme led to a hundred questions and required a thousand explanations. It was a time when students got to know each other better outside the confines of departments and semesters, each and every moment being filled with vibes and colours. We were privileged to be a part of that time of the College when people from the names and sheets of yesterdays were brought back to the present, with nostalgia and memories, collected moments and milestones. To experience it was to feel proud of the legacy that had been bequeathed to us - inheriting the joy of being the students of a College that has held its head high and has been teaching many women to do so for fifty long years. And the year of celebration gave us so much: meetings and interactions with eminent personalities, celebrations of knowledge and wisdom - it was a year par comparison. From the renowned activist Ms. Medha Patkar to the celebrated economist Prof. Jayathi Ghosh, scholars and celebrities from various fields, people who have made a difference graced our campus and filled our minds with ambition and direction. The homecoming of the former students of the past fifty batches was nothing less of a wonder. Getting to know students, teachers and people from different generations, bringing together the family of Vimala, this year went down in history in golden letters.

This year revealed another face of Vimala that possessed the charm of fifty years and the vibrancy to last an eternity. May Vimala be able to continue its golden sail of remoulding young women who will be able to spread the light they receive, wherever they go and let this temple of knowledge, wisdom and strength retain and remain in her glory forever.





Through the Sands of Time

The Documentary Committee

The soft golden radiance spreading afar anticipates the slow approach of dawn. Soon, shafts of sheen shall spread around, and the glorious sun will ascend the radiant East like a halo on Nature, signifying the birth of a new day. The story of Vimala is conceived in one such moment of epiphany, when a few dynamic women resolved to respond spontaneously to the need of the hour.

The CMC Congregation, inspired by St Chavara Kuriakose Elias, responded to their commitment to the Apostolate of Education and founded St Mary's College in the heart of Thrissur in 1949. The College steadily soared to be acclaimed as one of the best colleges in South India. Numbers swelled. St. Mary's could no longer contain the augmenting onrush of students seeking admission. And so, on the wild untrodden grounds of Cheroor village, two miles away from

Thrissur, in 1964, in a half constructed edifice, a few classes were accommodated under the principalship of Rev Sr. Anunciata assisted by Rev. Sr. Stella Maria. On the 15th of March 1967, the University of Kerala issued an Order for bifurcating St Mary's College into two separate entities. The Pre-degree section was retained at St Mary's with Rev. Sr. Anunciata as the Principal. The UG and PG sections were shifted to Vimala College, recognized as a First Grade College with Rev. Sr. Stella Maria as Principal. Thus was born Vimala!! Not as an infant but with a historic consciousness, heritage of a rich legacy, dreamt to existence by a team of inspired minds envisioning a glorious future. She was already a fostering mother to a thousand young girls aspiring for degree in English, Economics, Sociology, Zoology, Botany, Chemistry, Physics and Mathematics, and also, Masters in English

and Economics. She already possessed a well-equipped library with separate resources for the PG section. A new auditorium adorned the backyard of the College proclaiming the indefatigable industry and courage of a visionary Management and Principal, goodwill of staff and students and generosity of well-wishers and benefactors. The College had a crèche, nursery section and a welfare institution for women and children with constant social work programmes envisioned to fulfill one of the primary objectives of the institution, which is to kindle the spirit of charity in the young minds and commit their lives to service to the country and humanity. The hostels catered to the residential requirements of students from afar. Believe it or not, a clear cut Education Policy, a meticulously designed Coat of Arms, a clear motto that encapsulates the vision and mission of the institution and responds to the challenges of the time, a college magazine entitled *Vimalarasmi* and even an Alumnae Association were all part of the magnificent plan. The College had a strength of 1054 students, with half the number residing in the hostels. The infrastructure included laboratories, canteen, college buses and well-equipped class rooms. There were 53 teaching and 33 supporting staff. The Physical Education department was right from the beginning a jewel in the crown of achievements. The Head of the department, Ms. Annie Mary Vargheese deserves special mention. There were teams for shuttle badminton, basketball, ball badminton and athletics. The first Manager was Sr. Patience who supervised the construction and shifting of the campus. She was succeeded by stalwarts like Sr. Borgia, Sr. Christopher, Sr. Chrysantha, Sr. Galagani, Dr. Sr. Cleopatra, Sr. Maria Terezene, Sr. Felicita, Sr. Nirmala, Sr. Nylus, Dr. Sr. Omer and Rev. Sr. Anija.

The Coat of Arms, designed by Rev. Sr. Mary Leo, is a lighted lamp held in a hand within a triangle crowned by the monogram AM (Ave Maria) over which shines a diadem of 12 stars, the motto being *Veritas et Amor*. The emblem is symbolic of all that the college cherishes and desires to achieve. The triangle represents the Godhead, the most Holy Trinity. The flame held up is the flame of Truth and Love in one. While truth

enlightens the intellect and dispels the darkness of the soul, love warms up the heart and kindles the innermost recesses of it, endeavouring to radiate its joy, awakening rays around. The College is ever indebted to Sr. Leo for composing the Vimala Anthem and setting it to music, and Dr. Sr. Cleopatra who established the Alumnae Association. Truth and Love were chosen as the motto of the institution, because only Truth will prevail and only love will conquer

Sr. Stella Maria, the founder Principal had a long span of administration till she retired in 1979 to go on to be elected the Superior General of the Congregation. Vimala was acclaimed a lead college and Sister became a member of the Senate, the Syndicate and the Academic Council of the University. Her acumen and proficiency raised Vimala's name to envious eminence and she became a much sought after destination for higher studies in the region. Sister had the opportunity to do various courses in Oxford, Rome and London, and the experience and exposure instilled in her a wide horizon of thinking. As the founder-architect of the College, she shaped and designed the formative stage by initiating an explosion of activities. She labored assiduously to set up high performance criteria in sports and academics which catapulted Vimala to a prominent position. A young College in possession of a research centre in English is a rare achievement. She garnered the support of the local bodies, State Government and UGC for the development of the College. She was conferred several prestigious awards like the Lakshmi Award. She truly epitomized the cliché that well begun is half done! A powerful presence behind the administrative competence of Sr. Stella Maria was Rev. Sr. Aurea, who may also be numbered as one of the pioneering architects of the college

Rev. Sr. Philomine, her successor, was no less vibrant. With her magnetic personality, comprehensive and speculative vision combined with captivating enthusiasm, Sister Philomine inspired the world around her. Vimala, under her administration, witnessed an unforgettable and unique period of throbbing activities and achievements, both curricular and co-curricular. The amazing vitality, undying optimism and matchless

organizing ability brought Vimala to the zenith of her glory. She completed the construction of the indoor stadium and personally supervised the building of “Aradhyam” a common prayer hall for all students. Sister’s respect for all religions and secular thinking is manifested in the very shape of the prayer hall with an engraving of folded hands, and the emblem of the risen sun inside. Sister believed in universal brotherhood while remaining firmly grounded in Christ. The introduction of the Commerce programme and establishment of the Vimala Community Extension Centre made Sister’s short tenure a milestone in the chronicles of Vimala. Incidentally, she was also the first staff-in-charge of the NSS.

While Sr. Stella Maria and Sister Philomine negotiated the college through its formative years, Sister Canisia, the next Principal, steered the college to unprecedented academic glory. Vimala bagged ranks in almost all the disciplines in the range of 17-20. There were years when all the departments had at least one rank to their credit. So also, the College sustained excellence in sports and games and won championship at the University all through the tenure of her principalship. She also completed the construction work begun during the time of her predecessors like

the roofing for the auditorium, providing water resources, and so forth. Her dream was to start a computer science programme and establish an audio-visual studio, both of which have been realized today.

Dr. Sr. Chrisologa was renowned as the praying Principal. Her love for language and literature, empowerment of women, inculcation of values, awe for the unfathomable Indian cultural heritage and dignity of woman, negotiated the initiatives she took as the head of the institution. She launched the Social Work department in the college, introducing the MSW programme and executed the groundwork for the Functional English programme and the Language Lab. Her tenure also witnessed major infrastructural expansion that included a fitness and a health club, the Bible Study Room, the Silver Jubilee seminar hall and the Chavara Block. It is no mere coincidence that during the hectic silver jubilee year of the College, Vimala had to her credit 25 University ranks! Sports and Games continued to thrive under her care. No wonder Sister was bestowed the prestigious Theomathias National Award for the Best Principal.

Dr. Sr. Sobel became the Principal in 1996 and was transferred to St Mary’s College as Principal in 1997.

Vimala in 1967



It is not possible to go by the span of time where Sr. Sobel is concerned. She was completely in charge of the hostels and the Arts Festival. Her love for the fine arts is well known and Vimala won coveted prizes at the D Zone and Inter Zone Arts Festivals under her leadership. The PTA played a very active role during her time. The PTA Award Day has been rightfully instituted in her name. The Department also introduced a competition for Handwritten Magazine. The Language Lab and the Functional English Course materialized during her time. Sister also supplemented the infrastructure with a formal Enquiry and a tennis court.

She was succeeded by Dr. Sr. Lina whose tenure was also brief but eventful. Sister was very academically oriented and introduced the PG Diploma Course in Home Science. The Golden Jubilee of Indian Independence was another memorable event during her time. She gave special attention to extension work and community service. The Women's Cell became vibrant and active with Sister's motivation. Sister Lina was also the recipient of the Theomathias National Award. During this period, community service was in full swing, adult education being a major focus.

Dr. Sr. Omer's tenure is yet another signpost in the history of the institution, for it is during her time that the College submitted itself to the first NAAC Accreditation. The College was accredited with the then highest Five Star Status, thus featuring Vimala on the national academic map. She introduced new academic programmes like M.Sc. Physics, B.Sc. Computer Science and reinstated B.A. Functional English. The IQAC was constituted by sister in accordance with the NAAC requirement. Infrastructural expansion during her time included a new library complex, computer laboratory, intercom, leisure tower, aerobics hall, fitness centre and separate staff rooms for Malayalam, Hindi and Statistics. She also ensured the use of technology in administration and institutionalized documentation of all aspects of the institution. The College also won the much coveted Shankar Award for the Best College and the Theomathias Award for Innovative College Principals. Dr Sister Omer retired as Principal in 2003

Sr. Dheera, the Principal who succeeded Sr. Omer, had a crucial role as the Vice Principal during the NAAC visit. Sister introduced PG in Sociology and a new PG Diploma Course in Therapeutic Counselling and six UGC sponsored Add On Courses. As far as infrastructural

Vimala at 50



expansion goes, Sister focused on renovation and completion. She also ensured comfortable space for all the departments, Cells and Units. She also provided computer to all the departments ensuring the use of technology in documentation. Sister also took up the cumbersome task of filling up vacancies which were considerable in number.

Dr. Sr. Lekha who took charge in 2006 began the process for the 2nd NAAC accreditation. She added a humane touch to the campus and the major festivals like Onam and Christmas were celebrated with aplomb. The campus became creative and filled with fun and frolic. A new UGC sponsored hostel is a major infrastructural highlight in her tenure. She set up the unique *Nakshtravanam* and redesigned the College garden giving the campus a facelift. The *Sasneham* outreach project appreciated by the NAAC Committee, is her brainchild.

Dr. Sr. Lissy John, the tenth Principal, inherited office during the hectic preparation for the 2nd NAAC visit and stepped down just after the 3rd Reaccreditation. Two NAAC visits are nothing short of a catharsis, and the college has still not forgotten how beautifully she maneuvered the event and claimed for the college the highest grades. Sandwiched between the two Accreditations were huge reforms and innovations being implemented in the domain of higher education like semesterization, curriculum redesign, evaluation reforms, innovative teaching techniques, and so forth. The new academic programmes introduced during the period are M.A. Malayalam, M.Sc. Zoology and M.Sc. Chemistry, and a UGC sponsored Centre for Women's Studies. The huge rush for the Commerce discipline was managed by starting a self financing batch. The period also witnessed a huge number of Add on courses, some of which were sponsored by the UGC and some initiated by the departments. Yet another remarkable achievement during Dr. Sr. Lissy John's tenure is the upgradation of the Commerce and Physics departments as research centres. The DST- FIST laboratory gave an impetus to research in Science. The infrastructure expansion

included the Lisseux Block, Conference Hall, guest rooms, extension of the Chavara Block, Multimedia Lab, HT Connection, a transformer, smart classrooms, a new block that accommodates a branch of the South Indian Bank and an international aquatic complex in the making.

Dr. Sr. Maries V L took over the charge from Sr. Lissy John Irimpan in 2014. It was a time of hectic changes and adjustment. The Institution was struggling to cope with semesterization, evaluation reforms and changes in curriculum design, when the government proposed autonomy. Sister braved the challenges and geared the college to accept autonomy. This was immediately followed by the College being conferred the status of College with Potential for Excellence by the UGC. Sister personally monitored the process of autonomy and CPE, and the achievement is solely due to her unstinting effort. The College won the second prize in the Swach Bharath campaign in connection with the Swach Bharat Abhiyan of the Central Government. New academic programmes introduced during the phase were M.Sc. Botany, M.Sc. Mathematics and M.Sc. Textile & Costume Science, and B.Sc. Textile and Fashion Technology. The inauguration of the international aquatic complex is yet another feather in the cap for sister who also supervised the construction of the seven storey Lisseux Block. The College also took active part in all the Government ventures in higher education like ASAP, Walk with the Scholar, Student Support Programme, and so forth.

Ever since its inception, the College has been in the forefront of higher education in the State. Currently, the College offers 16 Undergraduate and 13 Postgraduate programmes, and is a Centre for Research in English, Commerce and Physics. This multi-faculty institution has an enrolment of 2483 students, 121 faculty members and 36 non-teaching staff. A documentary on Vimala cannot be complete without mentioning the support of the PTA down the years. Besides providing advice on academic and extra-academic matters, the Association has made remarkable contribution to the infrastructural expansion and the welfare of sports.

All efforts are made to sustain and enhance quality through the synchronization of innovative measures and traditional values. Vimala has made remarkable strides in curricular, co-curricular and extracurricular activities to emerge as a centre of learning to be reckoned in the higher education map of the country. Consistency in academic and extracurricular excellence is evident through the laudable number of ranks, high pass percentage, negligible dropout rate, and the prizes won in various cultural and co-curricular competitions. Excellence in sports and games is one of the major strengths, and the College has to her credit five Olympians as her alumnae besides several other international stars. Several laudable awards mark the list of achievements. These include the NSS Unit being awarded the Best in the State with Dr. Feebarani John as the Best Programme officer; Smt. Thressiamma

N.J. and Smt. Lovji K.N., the NCC coordinators, who were conferred the rank of Lieutenant, and most importantly, an impressive list of illustrious alumnae which has always been the pride of Vimala.

We can only look back with pardonable pride and contentment into the glorious history of Vimala College. If immense sacrifice and insurmountable difficulties were part of the adventurous effort, sweet are the reminiscences today. The College has amply justified its existence. From Green to Gold, each page in the Vimala chronicles was scripted with genuine labour. Each milestone was crafted by common pursuit guided by the motto of Truth and Love. All thanks to God who made us part of this beautiful plan. Let us exult His name together as we hopefully aspire the diamond sparkle.





Milestones of the College



- 1967 Inception of the College
- 1967 Sr. Stella Maria takes charge as the first Principal
- 1968 Completion of the College Auditorium
- 1968 Publication of the Inaugural Issue of the College Magazine
- 1968 Introduction of B. A. Malayalam and B. Sc Home Science
- 1969 The first NCC unit takes form
- 1970 Introduction of the book binding section
- 1971 Introduction of the NSS
- 1972 Establishment of the Community Extension Centre
- 1973 Implementation of COSIP (College Science Improvement Programme in Vimala)
- 1973 Construction of the College Health Centre
- 1974 Introduction of new Vocational Courses- Journalism, Secretarial Practice and Certificate Course in Home Making
- 1974 The Health Centre begins functioning
- 1975 Introduction of B. Com
- 1975 Institution of the Leo Trophy in honour of Rev. Sr. Leo, the Vice Principal of Vimala
- 1976 Vimala holds its first Convocation

- 1977 Selected by the University for “Quality Education and Leadership”
- 1978 Selected as the ‘Lead College’ by the UGC
- 1978 Inauguration of the College Library
- 1979 Construction of the Indoor Stadium
- 1979 Introduction of the PDC Commerce Batch
- 1979 The Department of English recognized as Research Centre affiliated to the University of Calicut
- 1980 Foundation stone laid for the Prayer Hall ‘Aradhyam’
- 1980 Introduction of M. Com
- 1981 Inauguration of the Indoor Stadium
- 1981 Introduction of B. Sc Statistics
- 1981 Institution of Sr. Philomine Trophy
- 1982 Introduction of the National Adult Education Programme
- 1990 Introduction of the ‘Best Literary Artist of the Year’ award in honour of Dr. Sr. Cleopatra, the retired HOD of English
- 1991 Launch of the Silver Jubilee Year
- 1991 Inauguration of the Silver Jubilee Seminar Hall
- 1992 Pope John Paul II imparts his apostolic blessings on Vimala on the occasion of Silver Jubilee
- 1992 Institution of the Sr. Canisia Rolling Trophy
- 1995 Implementation of the tutorial system as per the UGC codes
- 1996 Blessing of the Chavara Block by Bishop Mar Joseph Kundukulam
- 1996 Dr. Kiran Bedi IPS inaugurates the new course - MSW
- 1996 Institution of the ‘Star of Vimala’ contest in honour of Sr. Stella Maria
- 1997 Inauguration of the Vimala Computer Academy
- 1998 Introduction of M. Sc Physics
- 1998 Family Counseling Centre Inauguration
- 1999 Introduction of B. Sc Computer Science
- 1999 Inauguration of the New Library Extension Block and the Centralization of the Post Graduate Departmental Libraries
- 2000 The Self Study Report of the College submitted to the NAAC
- 2000 A Non Residential Centre set up for the students
- 2000 The new Creative Centre begins functioning
- 2001 NAAC honours Vimala with Five Star accreditation
- 2002 Formal launch of the CASP Project
- 2002 Vimala publishes its first Quarterly Newsletter “Vimala Rhythms”

- 2003 Rev. Fr. E. J. Thomas, Rtd. Principal, Loyola College Trivandrum inaugurates MA Sociology
- 2003 Total Computerization of Vimala Library with Bar Code System
- 2004 Dr. Usha Chandrashekhar of Avinashilingam Deemed University inaugurates the M. Sc in Nutrition and Dietetics
- 2004 The Governor His Excellency R. L. Bhatia inaugurates the Sociological Conference of Kerala Sociological Society at Vimala
- 2004 Inauguration of the Legal Aid Clinic
- 2004 Hon. Speaker Therambil Ramakrishnan inaugurates Childline
- 2005 The CD of Vimala Anthem is released by playback singer SayanoraThe CD of the Campus Film “Jalagangal” is released by Hon. Corporation Mayor Sri Radhakrishnan
- 2005 Dr. V. A. Joseph, Chairman and C. O. of South Indian Bank, inaugurates the new UGC Add-On Courses
- 2005 Hon. Vice Chancellor of Calicut University, Dr. Abdul Iqbal Hussain, inaugurates the Innovative Programme ‘Therapeutic Counseling’
- 2005 Inauguration of the Red Cross Society Unit
- 2006 Hon. Speaker Therambil Ramakrishnan launches the Ruby Jubilee Year Celebration
- 2008 Inauguration of Nutritional Biochemistry Lab (Dept of Home Science) & Tissue Culture Lab (Dept. of Botany)
- 2008 Onsite visit of NAAC Peer team for 2nd Reassessment
- 2008 SAARC Theatre Festival
- 2009 Reaccredited with A Grade, CGPA : 3.30 on a 4 point scale by NAAC
- 2009 Initiated the Education and Charitable Trust Corpus Fund
- 2013 Inauguration of the Commerce Research Centre
- 2013 Inauguration of the Physics Research Centre & DST-FIST Lab
- 2013 Sr. Marriette A Therattil was elected as Senate Member of The University of Calicut.
- 2014 NAAC Peer team Onsite visit
- 2014 Reaccredited with A Grade, CGPA : 3.5 on a 4 point scale by NAAC
- 2015 Inauguration of Vimala International Aquatics Academy
- 2016 Launch of the Golden Jubilee Year
- 2016 Conferred the Autonomous Status
- 2016 Secures the status of College with Potential for Excellence (CPE)
- 2017 Grand Finale of Golden Jubilee Celebrations
- 2017 Academic and Administration Audit
- 2017 Inauguration of Social Work Research Centre

CHAMBER OF EMINENCE

- 1973 Vimala wins the Aggregate Sports Championship for the first time
- 1974 Vimala wins the Aggregate Sports Championship
- 1978 Vimala selected as the 'Lead College' by the UGC
- 1980 Lakshmi Award to Sr. Stella Maria for her outstanding socio, cultural and educational achievements
- 1982 Vimala's athlete Leelama Thomas participates in the Asiad Games
- 1985 Vimala wins the 'Best College' Award in Spots and Athletics
- 1987 Vimala's sports star Dolly K. Joseph wins the Bronze Medal for India in Jakarta
- 1988 Vimala is awarded the Aggregate Sports Championship for the 10th year in succession.
- 1990 Vimala adjudged the 'Best College in Sports' in Kerala
- 1991 Bini Abraham represents India in Junior Asian Games in China
- 1991 Ancy Joseph represents India in Athletics at China
- 1992 Vimala bags 25 ranks during the Silver Jubilee year
- 1992 Dr. Sr. Lina, Reader, Dept. of Home Science, receives the Theo Mathias Award for the most innovative teacher
- 1993 Lekha Thomas wins the Bronze medal and Bobby Aloysius the fourth place in the Junior Asiad at Delhi
- 1993 Mother Stella Maria receives the AIACHE Silver Jubilee Award for the Eminent Ecumenist Educationist
- 1994 Rajeena Beegum, Mini M. R., and Bini K. Abraham represent India in the Hand Ball Championship at China
- 1995 Vimala wins the Kerala State Inter Collegiate Overall Championship in College Games
- 1995 A choir of two thousand singers took part in the opening ceremony of the College Games
- 1995 Principal Dr. Sr. Chrisologa wins the Theo Mathias Award for her distinguished performance in Academic and Social Commitment
- 1997 The Xavier Board of Higher Education in India confers Sr. Hedwigs Award 1996-97 on Vimala for conducting programmes on spiritual welfare and value formation
- 1997 Smt. Annie Mary Varghese wins the Ghani Award for the Best Teacher in Physical Education

- 1998** Kerala Citizens' Forum confers on Vimala the Rajiv Gandhi Memorial Trophy 1997 for the Best College in Calicut University
- 1999** Vimala receives the Trophy for the Best College in the district in connection with the closing of the Golden Jubilee Celebration of Indian Independence
- 1999** Vimala selected second best from 74 nominations for the Rajiv Gandhi Award 1998-99 by the State Committee of Rajiv Gandhi Campus Cultural Forum
- 2000** Vimala wins the Aggregate Sports Championship for the year 1999- 2000
- 2001** NAAC honours Vimala with Five Star accreditation
- 2001** Dr. Sr. Omer, the Principal was awarded the Theo Mathias Award for innovative college principals
- 2002** Vimala wins the R. Shankar Award instituted by the Govt. of Kerala for the Best College
- 2003** Vimala wins the "Fr. Thannipara Award" for the Best Women's College in Kerala for the year 2002- 2003
- 2003** Vimala felicitates former outstanding sports stars of the college Anju Bobby George, Jincy Philip, Rosakutty K. C. Bobby Aloysius and Manjima Kuriakose
- 2004** Vimala felicitates Gayathri Asokan, former student of the Department of English, for winning the State Award for the Best Playback singer
- 2006** Vimala wins the Overall Athletic Championship
- 2006** All India Commerce Congress 2006 conducts an International Seminar on "Changing Scenario of International Trade Regime and Developing Countries" at Vimala
- 2009** Vimala College Reaccredited with A Grade, CGPA : 3.30 on a 4 point scale by NAAC
- 2009** VC acclaimed the Second Best Women's College under Calicut University
- 2010** VC secured aggregate Third position in Calicut University D Zone Competition
- 2013** VC adjudged Best Women's College in Calicut University D Zone Competition
- 2013** Women Development Cell awarded the 'Best Women Cell Unit' in Calicut University
- 2013** The VC ASAP Unit bestowed Five Star Rating
- 2014** VC secured the First position among Women's Colleges in Sports and Games & Third among all the colleges
- 2014** Vimala College Reaccredited with A Grade, CGPA : 3.5 on a 4 point scale by NAAC
- 2016** Declaration of Autonomous Status
- 2016** College conferred the status of College with Potential for Excellence
- 2017** Intercollegiate Aquatic Championship
- 2017** Overall Championship in Athletics, Handball, Judo, Kabadi and Weightlifting.

Golden Jubilee Seminar Hall





Vimala College (Autonomous)
Thrissur - 680 009