



Criterion VI

Governance, Leadership and Management



6.5.2 Institutional reviews and implementation of teaching learning reforms facilitated by the IQAC



Promotion of Research



Research Promotion Initiatives of IQAC

- 1. Explorigate Webinar Series**
- 2. Spark**
- 3. V-TRACK (Tuning Research Aspirants towards Creating Knowledge)**
- 4. V-inspiration**
- 5. Vimala International Research Journals (VIRJ)— Two [Science, Humanities and Social Sciences] published annually and Reflections**
- 6. Research centres**
- 7. Incentives for research**
- 8. Teacher researcher award**
- 9. Drafting of Research policy and consultancy policy**



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

1. Explorigate Webinar Series – opportunity for UG/PG /PhD students to interact directly with the experts in the field

The quest for better knowledge keeps every discipline dynamic and alive. Research, beyond the constraints of academics, is a significant force of human advancement. The Internal Quality Assurance Cell (IQAC) of Vimala College and the Research and Consultancy Cell envision that this Research Webinar Series will touch upon the nuances of research in the sciences, social sciences and humanities, and also encourage the exchange of knowledge among diverse disciplines in the co-creation of positive academic discourses. Leading international and national figures will share their expertise and actively interact with faculty, researchers and students, setting the stage for novel ideas that will ignite newer pursuits of knowledge. "Explorigate" blends the words 'explore' and 'investigate', both being the central tenets of research.

Brochure

EXPLORIGATE RESEARCH WEBINAR SERIES Nine Eminent Resource Persons Speak on Research across Disciplines		EXPLORIGATE RESEARCH WEBINAR SERIES Nine Eminent Resource Persons Speak on Research across Disciplines	
 Inaugural Session 03.08.2020, 09:00 am - 10:30 am Discipline: Humanities Contemporary Issues in Research Dr. K. M. Sheriff Associate Professor & Head Department of English University of Calicut	 03.08.2020, 01:30 pm - 03:00 pm Discipline: Social Science Social Work Intervention Research Dr. D. K. Laldas Author, Academician and Research Consultant Former Principal & Research Director Roda Mistry College of Social Work Hyderabad	 08.08.2020, 11:00 am - 12:30 pm Discipline: Science Towards the Development of Promising Anti-Cancer Agents: A Drug-Free Intra Cellular Assembly Approach Dr. M. T. Jeena Post Doctoral Researcher Department of Chemistry, School of Natural Science, UNIST, Ulsan, Republic of Korea	 10.08.2020, 10:00 am - 11:30 am Discipline: Humanities Literature Review for Research in Social Sciences Mr. Thilak Venkatesan Assistant Professor Department of Commerce Presidency College, Bengaluru Karnataka
 06.08.2020, 09:00 am - 10:30 am Discipline: Science Pulsed Laser Ablation in Liquid: Nanomaterials to Thin Films and Applications Dr. Sadasivan Shaji Professor of Material Science Postgraduate Division Mechanical and Electrical Engineering Autonomous University of Nuevo Leon, Mexico	 07.08.2020, 02:00 pm - 03:30 pm Discipline: Science Academic Publishing and Research Prospects in Home Science Dr. Suman Deepak Mundkur Academic Research Consultant Visiting Faculty, Institute of Chemical Technology ICT, Amity University & National Institute of Fashion Technology NIFT, Mumbai	 10.08.2020, 10:30 am - 12:00 pm Discipline: Humanities സാങ്കേതിക മാനവിക വിജ്ഞാനം ഡോ. സന്തോഷ് എച്ച്. കെ. അസോ. പ്രൊഫ., വകുപ്പുമേധാവി മലയാള വിഭാഗം എസ്. എൻ. ജി. എസ്. കോളേജ് പട്ടാമ്പി	 10.08.2020, 10:30 am - 12:00 pm Discipline: Social Science Doing Qualitative Research Ms. Sheethal S. Kumar Assistant Professor Department of Sociology Mizoram University



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

EXPLORIGATE

RESEARCH WEBINAR SERIES

Organised by the IQAC & the Research and Consultancy Cell
Vimala College (Autonomous), Thrissur

ABOUT VIMALA

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Dr. Sr. Beena Jose
Principal

Dr. Minimol K. (IQAC Coordinator) & Maya Davi Chalissery
Coordinators

Coordinating Team: Dr. Rose V J, Dr. Nisha Francis Alapatt, Dr. Vimala M, Dr. Hemamalini M, Dr. Malini K A, Dr. Shinju V, Dr. Bijoy P Mathew, Dr. Thomas Ruby Mariamma

EXPLORIGATE

RESEARCH WEBINAR SERIES

Nine Eminent Resource Persons Speak on Research across Disciplines

11.08.2020, 2:30 pm - 04:00 pm
Discipline: Social Science

Framing Research Objectives and Selection of Suitable Statistical Tools
Dr. Mufliha S.
Assistant Professor
Department of Commerce
Thunchan Memorial Government College, Tirur

Changing and challenging times demand updated and optimal knowledge production-knowledge that problematises existing notions and offers solutions to the confounding questions of the times, thereby contributing to the advancement of the society at large. The Research Webinar Series is open to faculty members, practitioners, researchers, scholars and students. No registration fee. Interested participants may register for multiple sessions.

[Click here to register](#)

For further enquiries, contact +919495875418
Email queries to iqac@vimalacollege.edu.in

• List of talks (Explorigate) - Research Web Series

1. *Contemporary Issues in Research*
2. *Social work Intervention in research*
3. *Pulsed Laser Ablation in Liquid: Nano materials to Thin Films and Applications*
4. *Academic Publishing and Research Prospects in Home Science*
5. *Towards the Development of Promising Anti-Cancer Agents: A Drug-Free Intra Cellular Assembly Approach*
6. *Literature Review for Research in Social Sciences*
7. *Framing Research Objectives and Selection of Suitable Statistical Tools*
8. *Sankethika manavika vijnanam*
9. *Framing research objectives and selection of suitable statistical tools.*



• Reports of Explorigate - Research Web Series

1. Name of the Event: Explorigate: Research Webinar Series

Date: 03 August 2020

No. of participants: 151

Brief Report of the Event

"Explorigate: Research Webinar Series" organized by the IQAC and the Research and Consultancy Cell on the topic- **Contemporary Issues in Research**(Discipline: Humanities) was led by **Dr K M Sheriff, Associate Professor & Head, Department of English, University of Calicut** as the resource person. Dr Nisha Francis Alapatt, Assistant Professor, Department of English, Vimala College (Autonomous), Thrissur, coordinated the session.

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EXPLORIGATE
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Nine Eminent Resource Persons Speak on Research across Disciplines

Inaugural Session
03.08.2020, 09:00 am - 10:30 am
Discipline: Humanities

Contemporary Issues in Research
Dr. K. M. Sheriff
Associate Professor & Head
Department of English
University of Calicut

03.08.2020, 01:30 pm - 03:00 pm
Discipline: Social Science

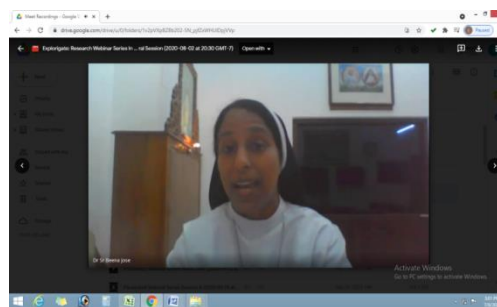
Social Work Intervention Research
Dr. D. K. Laldas
Author, Academician and Research Consultant
Former Principal & Research Director
Roda Mistry College of Social Work
Hyderabad

06.08.2020, 09:00 am - 10:30 am
Discipline: Science

Pulsed Laser Ablation in Liquid: Nanomaterials to Thin Films and Applications
Dr. Sadasivan Shaji
Professor of Material Science
Postgraduate Division
Mechanical and Electrical Engineering
Autonomous University of Nuevo Leon, Mexico

07.08.2020, 02:00 pm - 03:30 pm
Discipline: Science

Academic Publishing and Research Prospects in Home Science
Dr. Suman Deepak Mundkur
Academic Research Consultant
Visiting Faculty,
Institute of Chemical Technology ICT, Amity University & National Institute of Fashion Technology NIFT, Mumbai





VIMALA COLLEGE (AUTONOMOUS), THRISSUR

2. Name of the Event: Explorigate: Research Webinar Series

Date: 06 August 2020

No. of participants: 89

Brief Report of the Event

"Explorigate: Research Webinar Series" organized by the IQAC and the Research and Consultancy Cell on the topic- **Pulsed Laser Ablation in Liquid: Nano materials to Thin Films and Applications** (Discipline: Science) was led by **Dr Sadasivan Shaji, Professor of Material Science, Postgraduate Division, Mechanical and Electrical Engineering, Autonomous University of Nuevo Leon, Mexico** as the resource person. Dr Malini K A, Assistant Professor and Head, Department of Physics, Vimala College (Autonomous), Thrissur, coordinated the session.

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Contemporary Issues in Research
Dr. K. M. Sheriff
Associate Professor & Head
Department of English
University of Calicut

03.08.2020, 01:30 pm - 03:00 pm
Discipline: Social Science

Social Work Intervention Research
Dr. D. K. Laidas
Author, Academician and Research Consultant
Former Principal & Research Director
Roda Mistry College of Social Work
Hyderabad

06.08.2020, 09:00 am - 10:30 am
Discipline: Science

Pulsed Laser Ablation in Liquid: Nanomaterials to Thin Films and Applications
Dr. Sadasivan Shaji
Professor of Material Science
Postgraduate Division
Mechanical and Electrical Engineering
Autonomous University of Nuevo Leon, Mexico

07.08.2020, 02:00 pm - 03:30 pm
Discipline: Science

Academic Publishing and Research Prospects in Home Science
Dr. Suman Deepak Mundkur
Academic Research Consultant
Visiting Faculty,
Institute of Chemical Technology ICT, Amity University & National Institute of Fashion Technology NIFT, Mumbai



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

3. Name of the Event: Explorigate: Research Webinar Series

Date: 07 August 2020

No. of participants: 81

Brief Report of the Event

"Explorigate: Research Webinar Series" organized by the IQAC and the Research and Consultancy Cell on the topic- **Academic Publishing and Research Prospects in Home Science** (Discipline: Science) was led by **Dr Suman Deepak Mundkur, Academic Research Consultant, Visiting Faculty, Institute of Chemical Technology ICT, Amity University & National Institute of Fashion Technology NIFT, Mumbai** as the resource person. Dr Thomas Ruby Mariamma, Asst Professor, Department of Home Science, Vimala College, Thrissur, coordinated the session.

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Social Work Intervention Research
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Author, Academician and Research Consultant
Former Principal & Research Director
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Academic Publishing and Research Prospects in Home Science
Dr Suman Deepak Mundkur
Academic Research Consultant
Visiting Faculty
Institute of Chemical Technology ICT, Amity University & National Institute of Fashion Technology NIFT, Mumbai

06.08.2020, 09:00 am - 10:30 am
Discipline: Science

Pulsed Laser Ablation in Liquid: Nanomaterials to Thin Films and Applications
Dr. Sadasivan Shaji
Professor of Material Science
Postgraduate Division
Mechanical and Electrical Engineering
Autonomous University of Nuevo Leon, Mexico



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

4. Name of the Event: Explorigate: Research Webinar Series

Date: 08 August 2020

No. of participants: 95

Brief Report of the Event

"Explorigate: Research Webinar Series" organized by the IQAC and the Research and Consultancy Cell on the topic- **Towards the Development of Promising Anti-Cancer Agents: A Drug-Free Intra Cellular Assembly Approach** (Discipline: Science) was led by **Dr M T Jeena, Post Doctoral Researcher, Department of Chemistry, School of Natural Science, UNIST, Ulsan, Republic of Korea** as the resource person. **Dr Bijoy P Mathew, Asst Prof, Dept of Chemistry, Vimala College (Autonomous), Thrissur**, coordinated the session.

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08.08.2020, 11:00 am - 12:30 pm
Discipline: Science
Towards the Development of Promising Anti-Cancer Agents: A Drug-Free Intra Cellular Assembly Approach
Dr. M. T. Jeena
Post Doctoral Researcher
Department of Chemistry, School of Natural Science, UNIST, Ulsan, Republic of Korea



10.08.2020, 10:00 am - 11:30 am
Discipline: Humanities
Literature Review for Research in Social Sciences
Mr. Thilak Venkatesan
Assistant Professor
Department of Commerce
Presidency College, Bengaluru
Karnataka



10.08.2020, 10:30 am - 12:00 pm
Discipline: Humanities
സാമൂഹിക മാനവിക വിജ്ഞാനം
ഡോ. സുജാത എ. കെ.
അനന്തരം, വെങ്കട്ടശ്ശേരി
മലയാളം വിഭാഗം
എസ്. എൻ. ഐസ്. കോളേജ്
പൂർവ്വ



10.08.2020, 10:30 am - 12:00 pm
Discipline: Social Science
Doing Qualitative Research
Dr. Sheethal S. Kumar
Assistant Professor
Department of Sociology
Mizoram University



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

5. Name of the Event: Explorigate: Research Webinar Series

Date: 10 August 2020

No. of participants: 156

Brief Report of the Event

"Explorigate: Research Webinar Series" organized by the IQAC and the Research and Consultancy Cell on the topic- **Literature Review for Research in Social Sciences** (Discipline: Humanities) was led by **Mr Thilak Venkatesan, Assistant Professor, Department of Commerce, Presidency College, Bengaluru, Karnataka** as the resource person. Dr Vimala M, Assistant Professor, Department of Economics, Vimala College (Autonomous), Thrissur coordinated the session.

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Department of Commerce
Presidency College, Bengaluru
Karnataka



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Discipline: Humanities
സാങ്കേതിക മാനവിക വിജ്ഞാനം ഡോ.സന്തോഷ് എച്ച്.കെ. അസോ.പ്രൊഫ., വക്തൃപുരസ്കാരവിജേതാവ് മലയാള വിഭാഗം എസ്. എൻ. ജി. എസ്. കോളേജ് പട്ടാമ്പി



10.08.2020, 10:30 am - 12:00 pm
Discipline: Social Science
Doing Qualitative Research
Ms. Sheethal S. Kumar
Assistant Professor
Department of Sociology
Mizoram University



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

6. Name of the Event: Explorigate: Research Webinar Series

Date: 11 August 2020

No. of participants: 162

Brief Report of the Event

"Explorigate: Research Webinar Series" organized by the IQAC and the Research and Consultancy Cell on the topic- **Framing Research Objectives and Selection of Suitable Statistical Tools** (Discipline: Social Science) was led by **Dr Mufliha S, Assistant Professor, Department of Commerce, Thunchan Memorial Government College, Tirur** as the resource person. Dr Rose V J, Assistant Professor, Department of Commerce, Vimala College (Autonomous), Thrissur coordinated the session.

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11.08.2020, 2:30 pm - 04:00 pm
Discipline: Social Science



Changing and challenging times demand updated and optimal knowledge production-knowledge that problematises existing notions and offers solutions to the confounding questions of the times, thereby contributing to the advancement of the society at large. The Research Webinar Series is open to faculty members, practitioners, researchers, scholars and students. No registration fee. Interested participants may register for multiple sessions.

[Click here to register](#)

For further enquiries, contact +919495875418
Email queries to iqac@vimalacollege.edu.in

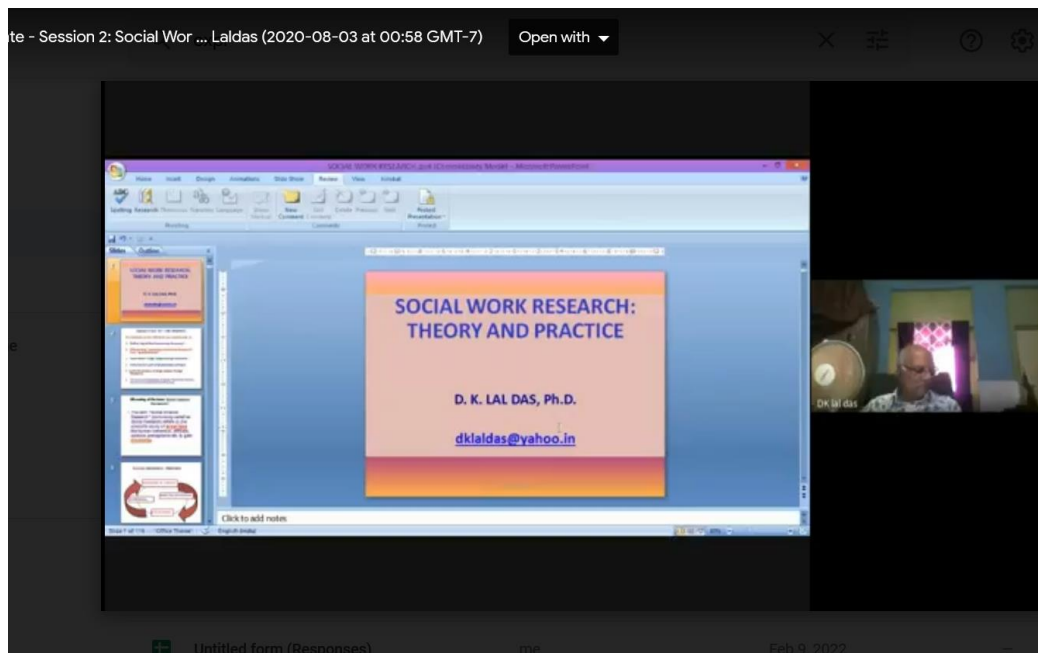


10. Name of the Event: Explorigate: Research Webinar Series

Date: 3 August 2020

Brief Report of the Event

"Explorigate: Research Webinar Series" organized by the IQAC and the Research and Consultancy Cell on the topic- ***Social work Intervention in research***, ***Dr D K Laldas***, Research Director , Roda Mistry College of Social Work , Hyderabad.





VIMALA COLLEGE (AUTONOMOUS), THRISSUR

2. Spark –Interdepartmental PG Project Presentation Competition

Spark PG project Competition is an initiative of Research and consultancy cell, IQAC, Vimala College intended to provide a platform for pass out batch of PG students to present the results of their project work in front of a panel of Experts. It is conducted for Science, Arts and Humanities and Social Sciences separately. The scrutiny and peer review of the dissertation work by the expert along with the interactions are really beneficial for the students. It also inspires the ongoing batch students to pursue an interest in research and learn more about the project presentations.



Spark Project presentation Competition





3. V-TRACK (Tuning Research Aspirants towards Creating Knowledge)

Background and Relevance of the Initiative

In the current academic context, the definition of a “Student” has transformed from a passive learner to a dynamic one who contributes to knowledge generation through constant inquiry and reflection. The competence to fulfil such a challenging role emanates only from self-initiated research utilising the immediate channel at one’s disposal. It is with an objective to unfurl such a scholarly pathway for the second year and final year undergraduates of the College, that the IQAC envisages V TRACK- Tuning Research Aspirants towards Creating Knowledge – a Students as Researchers Scheme. A team of students (3 to 4) Initiated from among second year and third year students of each Selected students can choose one or two supervisors comprising of both/either faculty or research scholars from their respective departments who will act as mentors. Interdisciplinary topics are to be given preference. department.

Aimed at co-creating a culture to ensure student research at the undergraduate level when they are best disposed towards exploration, V Track is deemed to be the need of the hour. This is a trajectory onto which aspiring students from each department can venture into, at the same time it endows the institution an avenue to track the students’ progression in the path of discovery, both at the personal and intellectual levels. Along with boosting up intrinsic motivation, this would enrich undergraduate experience and help to build confidence. Resourceful sessions on Research Methodology and Academic Writing. Research Excellence Award Opportunity to disseminate findings through Research Conclaves, Conferences and Journals.

<p>Vimala College (Autonomous) Thrissur established in 1967 is one of the pioneering higher education institutions in India. Vimala was accorded autonomy in 2015 and conferred the status of College with Potential for Excellence in 2016. The institution has been bestowed with three NAAC Accreditations, Five Star Status in 2001 and A Grade in 2009 and 2014. The College is a Mentor Institution under the UGC Paramarsh Scheme and is also supported by IUSA II, DST-FIST and DBT STAR College Scheme. The College is included in the list of top 100 Colleges in India as per NIRF 2020. Vimala strives to deliver the best in fields of academic excellence, research, contribution and the growth of the nation at large.</p> <p>Write to iqac@vimalacollege.edu.in</p>	<p>"Research is Creating New Knowledge" Neil Armstrong</p> <p>Dr Sr Beena Jose Principal</p> <p>Organising Team Dr Minamol K Jose Dr Hemamalini Dr Shiny V Dr Shasha P Dr Vinna Gopalan E Dr Prashika P</p>	<p>Students as Researchers</p> <p>VTRACK Training Research Aspirants towards Creating Knowledge</p> <p>IQAC Vimala College (Autonomous) Thrissur</p>	<p>Aimed at co-creating a culture to ensure student research at the undergraduate level when they are best disposed towards exploration, V Track is the need of the hour. This is a trajectory onto which aspiring students from each department can venture, endowing the institution an avenue to track the students' progression in the path of discovery. Along with boosting up intrinsic motivation, this would enrich undergraduate experience and help to build confidence.</p> <p>CRITERIA</p> <ul style="list-style-type: none"> A team of students (3 to 4) Nominated from among second year students of each department. Selected students can choose one or two supervisors comprising faculty and/or research scholars from the College who will act as mentors. Interdisciplinary topics are to be given preference. 	 <p>WE ARE THINKERS DREAMERS DOERS</p>	<p>In the current academic context, the definition of a “Student” has transformed from a passive learner to a dynamic one who contributes to knowledge generation through constant inquiry and reflection. The competence to fulfil such a challenging role emanates only from self-initiated research utilising the immediate channel at one’s disposal. It is with an objective to unfurl such a scholarly pathway for the undergraduates of the College, that the IQAC envisages V Track, Training Research Aspirants towards Creating knowledge – A “Students as Researchers” Scheme.</p> <p>HIGHLIGHTS</p> <ul style="list-style-type: none"> Resourceful sessions on Research Methodology and Academic Writing Research Excellence Award Opportunity to disseminate findings through Research Conclaves, Conferences and Journals.
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VIMALA COLLEGE (AUTONOMOUS), THRISSUR




It is with an objective to unfurl a scholarly pathway for the undergraduates of the College, that the IQAC envisages V Track, Training Research Aspirants towards Creating Knowledge – A "Students as Researchers" Scheme. A team of students (3 to 4) Nominated from among second year students of each department. Selected students can choose one or two supervisors comprising faculty and/or research scholar(s) from the College who will act as mentors. Interdisciplinary topics are to be given preference. Research seminars were conducted for students.

CRITERIA

- A team of students (3 to 4)
- Initiated from among second year and third year students of each department
- Selected students can choose one or two supervisors comprising of both/either faculty or research scholars from their respective departments who will act as mentors.
- Interdisciplinary topics are to be given preference.



V TRACK "Students as Researchers"- Webinar Series
Tuning Research Aspirants to Create Knowledge
 An Internal Quality Assurance Cell (IQAC) Initiative

Research Article Writing & Publication 2-6 NOV 2020

 Dr Priya K Nair Research Officer at KSHEC (on deputation) Assistant Professor of English St Teresa's College, Cochin	 Dr K K Jose Director, School of Mathematics Statistics and Data Analytics, MG University Adjunct Professor of Statistics, Kannur University Adjunct Faculty NHRIMH, Kurichy Kottayam	 Dr Sr Silvy Mathew Assistant Professor Department of Botany Vimala College (Autonomous) Thrissur
English 2/11 (Monday) from 1-3 pm	Maths/Statistics 3/11 (Tuesday) from 2-3 pm	Sciences 3/11 (Tuesday) from 5-6 pm

ABOUT V TRACK
Aimed at cocreating research culture at the undergraduate level, this is a trajectory onto which aspiring students from each department can venture into. It endows the institution an avenue to track the students' progression in the path of discovery.

V TRACK "Students as Researchers"- Webinar Series
Tuning Research Aspirants to Create Knowledge
 An Internal Quality Assurance Cell (IQAC) Initiative

 Dr C Adarsh Assistant Professor Department of Malayalam Sree Vivekananda College Kunnankulam Thrissur Malayalam 5/11 (Thursday) from 10-11 am	 Dr Maya M Assistant Professor of Sociology Department of Sociology and Social Work CHRIST (Deemed to be University) Bangalore, India Social Sciences 6/11 (Friday) from 2-3.30 pm
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The IQAC invites each research team to this e-research confluence led by prominent academicians

Principal
Dr Sr Beena Jose
 Coordinating Team
 Dr Minamol K Jose, Dr Hemamalini, Dr Shinju V, Dr Sheeba P, Dr Veena Gopalan E
 Dr Prathibha P, Dr Preethi John
Media team: Dr. Anitha, Dr. Anitha, Dr. Anitha, Dr. Anitha



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

V track Final Brochure with eighteen teams and the project titles



VIMALA COLLEGE
(AUTONOMOUS)
Thrissur, Kerala

VTrack

STUDENT AS RESEARCHERS

Tuning Research Aspirants towards Creating Knowledge

V TRACK - "Students as Researchers" Scheme, an innovative project of the IQAC of our College, is heading to its much-awaited final project presentation by the 18 selected teams from different disciplines. Launched on 26 August 2020, this initiative aimed at Tuning Research Aspirants towards Creating Knowledge will set in motion the result phase of this project exactly on the 6th-month mark, that is Friday, 26 February 2021 with the first presentation by 4 teams from the Science stream followed by Social Sciences and Languages. The detailed schedule of presentations to be covered in 4 consecutive working days (26 & 27 Feb and 1 & 2 Mar).

At different stages, we could conduct the following sessions for the benefit of young researchers:

- General Orientation wherein there was a common consensus to adopt an interdisciplinary approach to the various concerns surrounding COVID 19 so as to elevate the research to a socially relevant issue
- Discipline-wise orientation by the respective coordinators.
- Stream-wise Proposal Presentation and approval
- Discipline-wise External Sessions on "Research Article Writing and Publication" by five eminent resource persons Intermittent status update through mail.

The Google Meet link for the sessions are as follows:

Day 1 (Friday, 26 Feb '21)
4 teams (Chemistry, Physics & 2 teams from Computer Science)
Time: 1 pm to 2.30 pm
Link: <https://meet.google.com/qnc-tnhe-cfy>

Day 2 (Saturday, 27 Feb '21)
2 teams (Mathematics & Statistics)-
Time: 1.30 pm to 2.30 pm
Link: <https://meet.google.com/wnt-jcpd-gno>

Day 3 (Monday, 1 Mar '21)
6 teams (Malayalam, Economics and 2 teams each from Sociology & Commerce)
Time: 12.30 pm to 2.30 pm
Link: <https://meet.google.com/rgi-fvmt-dzg>

Day 4 (Tuesday, 2 Mar '21)
6 teams (English, Functional English, Botany, Zoology, PCB, TPL)
Time: 12.30 pm to 2.30 pm
Link: <https://meet.google.com/qjo-egqd-plb>

Teams
V TRACK
"Research is something that everyone can do, and everyone ought to do. It is simply collecting information and thinking systematically about it"
-Raewyn Connell

1

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5

Teams
V TRACK
"Research is to see what everybody else has seen, and to think what nobody else has thought"
- Albert Szent Gyorgyi

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Teams
V TRACK
"No Research without Action, No Action without Research"
- Kurt Lewin

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Teams
V TRACK
"If four things are followed- having a great aim, acquiring knowledge, hard work, and perseverance- then anything can be achieved"
- A.P.J Abdul Kalam

16

17

18

Dr Sr Beena Jose
Principal

Dr Minimol K Jose
IQAC Coordinator

Dr Prathibha P
V Track Coordinator



Activities conducted under V TRACK

- General Orientation wherein there was a common consensus to adopt an interdisciplinary approach to the various concerns surrounding COVID 19 so as to elevate the research to a socially relevant issue
- Discipline wise orientation by the respective co-ordinators
- Stream-wise Proposal Presentation and approval
- Discipline-wise External Sessions on "Research Article Writing and Publication" by five eminent resource persons

02/11/2020	Priya K Nair, Research Officer, Kerala Higher Education Council, Asst Professor, St Theresa's College, Ernakulam
03/11/2020	K.K Jose, Director, School of Mathematics, Statistics and Data Analysis, MG University (Adjunct Professor of Statistics, Kannur University)
03/11/2020	Sr Silvy Mathew, Asst Professor, Department of Botany, Vimala College, Thrissur
05/11/2020	C Adarsh, Asst Professor, Department of Malayalam, Sree Vivekananda College, Kunnankulam
06/11/2020	Maya M, Asst professor of Sociology and Social Work, CHRIST Deemed University, Bangalore

- Intermittent status update through mail



- **Final Presentation**

Day 1 (Friday, 26 Feb' 21)

- 4 teams (Chemistry, Physics & 2 teams from Computer Science)- Time: 1 pm to 2.30 pm

Link: <https://meet.google.com/qne-tnhe-cfx>

Day 2 (Saturday, 27 Feb' 21)

- 2 teams (Mathematics & Statistics)- Time: 1.30 pm to 2.30 pm

Link: <https://meet.google.com/wnt-jcpd-gno>

Day 3 (Monday, 1 Mar' 21)

- 6 teams (Malayalam, Economics and 2 teams each from Sociology & Commerce)- Time: 12.30 pm to 2.30 pm

Link: <https://meet.google.com/rgi-fvmf-dze>

Day 4 (Tuesday, 2 Mar' 21)

- 6 teams (English, Functional English, Botany, Zoology, FCS, TFT)- Time: 12.30 pm to 2.30 pm

Link: <https://meet.google.com/qjo-egqd-pbs>



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

List of projects carried out under VTRACK

Sl.No	Programme	Title of the Research Project	Faculty Mentor
1	BA Economics	A Study on the Impact of COVID-19 Pandemic on Consumption Expenditure of Households in Thrissur	Dr Sneha Gopeekrishna
2	BA English Language & Literature	Educational Renaissance -Reshaping the existing education system in post COVID pandemic era	Dr Mallika A Nair
3	BA Functional English	The Psycho - Social Impact of Mainstream Media on the Post-Pandemic Man	Lt Lovji K N & Ms Maya Davi Chalissery
4	BA Malayalam Language & Literature	രോഗവും മിത്തും	Dr Nisha Francis O
5	BA Sociology	Battling with COVID 19 Pandemic - Awareness and Attitude among college students & Influence of COVID-19 Pandemic on Family Relations: A Special Reference to Women And Children.	Dr Shinju V
6	BCom Finance (Aided)	Shift from Movement to Still : Impact of COVID - 19 on Physical and Mental Wellbeing of College students & Impact of COVID -19 on physical and mental well-being of college students	Dr Salini K
7	BCom Finance (Self Financing)	Impact of COVID-19 on Tourism Sector	Dr Shinju V & Ms Reshma Ravindran
8	BSc Botany	Efficacy of medicinal plants in imparting immunity during Covid-19 pandemic - A survey	Dr Manju Madhavan



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Sl.No	Programme	Title of the Research Project	Faculty Mentor
9	BSc Chemistry	Nanomaterial as Antiviral Agents	Dr Jiji Abraham
10	BSc Computer Science	Impact of COVID 19 On Student Engagement In Online Learning & COVID -19 Symptom Checker	Ms Sreekala M
11	BSc Home Science-Textile & Fashion Technology (Self Financing)	Developing comfortable and protective clothing for front line worriers	Ms Suparna M G
12	BSc Mathematics	A Statistical Study on COVID-19 Cases In Kerala & Impacts of COVID-19 Lockdown on Air Quality	Dr Preethi John & Dr Anamiya Baby
13	BSc Physics	Search for a New PPE Material	Dr Veena Gopalan E
14	BSc Statistics	A Statistical Study on COVID 19 Cases in Kerala & Impacts of COVID-19 Lockdown on Air Quality	Dr Preethi John & Dr Anamiya Baby
15	BSc Zoology	Persistence and Sequelae of SARS Cov 2 in Human Beings	Dr Feebarani John

All the team members presented their final report. The teams decided to publish the research in any reputed journal as a joint publication of mentor and the student team



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

4. V-inspiration- Vimalites Inspire

(An IQAC Initiative in Partnership with the College Students' Union)

The student fraternity has been the motivation for Vimala to forge ahead in the field of education – crafting and moulding generations of bold, excelling, successful women of character. A premier institution for women's education in the state, Vimala is dedicated to the vision of empowering young girls and aiding their development. All efforts are directed towards transforming them holistically into independent, capable, sensitised and responsible women who will be assets to the society and work diligently for the progress of the nation leaving their stamp of excellence on every endeavour taken up. The Internal Quality Assurance Cell (IQAC) announces the launch of **Vinspiration** – a venture that seeks to bring home the meritorious alumnae and arrange a platform for the exchange of ideas, thoughts and experiences. Graduands of Vimala who are currently enrolled in premier institutes across the world and different parts of the country would be invited to engage in brief sessions with the present student community, thereby enabling focussed, inspired and determined efforts from the part of the present students in achieving the laurels and heights scaled by their seniors. The vibrant alumnae community will thus partner with the College in opening up vistas of opportunities to Vimalites. 'Vinspiration' blends 'V' and 'inspiration', with 'V' referring to spirit of Vimala and the vibrance of Vimalites who have done their Alma Mater proud.

VINSPIRATION

Vimalites Inspire!

An IQAC Initiative in Partnership with the College Students' Union
Vimala College (Autonomous), Thrissur

Vinspiration is a venture that seeks to bring home the graduates of Vimala who are currently enrolled in premier institutes across the world for the exchange of ideas, thoughts and experiences.

Inaugural Session- Wednesday, 19 August, 2020
2:30pm-3:30pm

Inaugural Address	Speaker	Moderator
		
DR. SR. BEENA JOSE Principal	MS. SAROJ JOS MSW Student Visva Bharati University Santiniketan, West Bengal	MS. SAANJANA SANTHOSH S3 BA Sociology Vimala College, Thrissur



Meeting code: tpj-qwnc-cwg

Join by clicking on this link: <https://meet.google.com/tpj-qwnc-cwg>

Ms. Alinta Joy
Ms. Sanjana Sajan
(Student Coordinators)

Dr. Minimal K. Jose
Dr. V. Shinju
Ms. Maya Davi Chaliserry
(Faculty Coordinators)

Contact: 9495875418
Write to iqac@vimalacollege.edu.in

Vimalites Inspire!

VINSPIRATION

Chat with Alumna
Organised by the Department of English
Vimala College (Autonomous), Thrissur
(An Initiative of IQAC in Partnership with
The College Students' Union)

Resource Person:

Megha Varier



Megha Varier is a freelance journalist currently based in Germany. An alumna of UG batch 2011-2014 (Functional English, Department of English), she went on to pursue her Masters degree in Mass Communication (with specialization in Journalism) at Symbiosis Institute of Media and Communication, Pune. Subsequently, she worked with the news organisation The News Minute in Bengaluru before moving to Germany in 2018 to pursue a Masters in Childhood Studies and Children's Rights at the University of Applied Sciences, Potsdam.

11 September 2020
Time: 1.30 PM IST



Join the meeting using the link:
<https://meet.google.com/vyw-okoj-ydu>

Dr Nisha Francis Alapatt (Head of the Department)	Dr Minimal K Jose (IQAC Coordinator)	Dr Sr Beena Jose (Principal)
<p>Ms. Aleena P Vince Ms. Ayana B (Student Coordinators)</p>		

For any queries, write to: iqac@vimalacollege.edu.in, english@vimalacollege.edu.in

Assessment Period (2016 - 2021)

21



5. Research Journals of Vimala College Autonomous, Thrissur

The multidisciplinary journals of Vimala College, VIRJ modestly attempts to make deliberations in various disciplines of science and Humanities in its venture to lay bare the very fabric of research culture. The journals strive for quality and credibility in every aspect of research. The tiny ant proverbial for its hard work is our motto and inspiration in our endeavor to bring forth this research journal. The ant inspires us to climb the dizzy heights of research and explore the multiple facets of research with patience and determination.

Vimala International Research Journals (Journals with ISSN)





1. Vimala International Research Journal for Humanities and Social Sciences ISSN: 2348-4837

VIRJHSS publishes interdisciplinary research with a primary focus on original research or reviews in various disciplines of humanities and social sciences.

The Journal aims to promote multidisciplinary and interdisciplinary studies, bridge diverse communities of the humanities and social sciences in the world, provide a platform of academic exchange for scholars and readers from all countries and all regions. The journal is supported by an international Executive Editorial Board.

The Journal publishes research papers in the fields of humanities and social science such as, English, Economics, Education, Commerce, Sociology Geography, History, Political Science Industrial Relations, Information Science, International Relations, Law, Linguistics, Library Science, Media Studies, Methodology, Philosophy, Population Studies, Psychology, Public Administration, Social Welfare, Linguistics, Literature, Performing Arts (Music, Theatre & Dance), Anthropology, Business Studies, Communication Studies, Corporate Governance, Criminology, Cross cultural Studies, Demography, Development Studies, Religious Studies, Visual Arts, Women Studies and so on.



Aims & Objectives

- To promote original and quality research.
- To develop an interdisciplinary research culture.
- To encourage environment-friendly research promoting sustainable development.
- To provide a venue for the publication of Conference / Seminar/Webinar Proceedings.

Assessment Period (2016 – 2021)



2. Vimala International Research Journal for Pure and Applied science(ISSN No:2347-3835)

Vimala International Research Journal for Pure and Applied science [VIRJ] (ISSN No:2347-3835) is an international journal which offers authors the opportunity to publish articles in all the fundamental and interdisciplinary areas of science encompassing applied, theoretical and experimental research.

Aims & Objectives

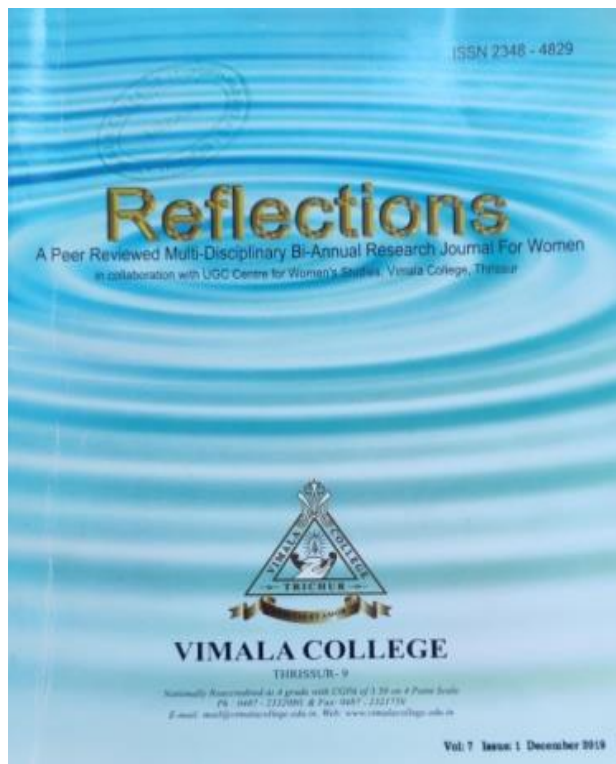
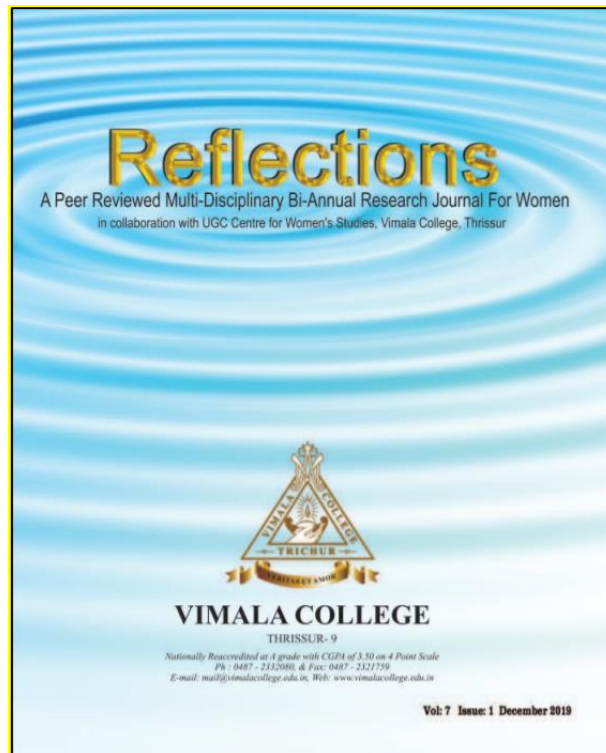
- To promote original and quality research in various disciplines of science.
- To develop an interdisciplinary research culture.
- To encourage an environment-friendly research promoting sustainable development.
- To provide a venue for the publication of Conference / Seminar Proceedings.





3. Reflections

Reflection is an ISSN journal of the institution to publish student research output in the form of paper publication





6. Research Centers

	Name of the Centre	Year of Establishment	No. of research guides
1	Vimala English Research Centre	1978	3
2	Chanakya Research Centre (Commerce)	2013	3
3	Vimala Physics Research Centre	2013	3
4	Research Department of Economics	2018	2
5	Social Work Research Centre	2017	2
6	Malayalam Research Centre	2019	4

Number of Faculty recognised as Research Guides in other centres : 13



7. Seed money and Incentives

In the Research Policy procedure for providing seed money is explained in detail. Based on the proposal submitted and subsequent approval by IQAC and research Committee, seed money is sanctioned. The policy and procedure was adopted from 2018-2019 academic year. Financial support was provided to teachers for attending conferences and seminars.

Incentives were also given to teachers publishing papers in peer reviewed journals.

8. Teacher Research Award

An award is instituted in the college for the 'Best Teacher researcher from 2019. It was awarded to Dr. Sr. Beena Jose in 2019 and Dr. Sr. Silvy Mathew in the year 2020.



9. Research and Consultancy policy