



## **Criterion VII**

### **Institutional Values and Best Practices**



7.1.8 Annual report of the Institutional efforts/initiatives in providing an inclusive environment - tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and other diversities

(Academic Year 2019-20)

*Assessment Period (2016 - 2021)*



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2019-20
<b>Title of the event</b>	World Environment Day
<b>Date</b>	07.06.2019 13.06.2019 24.06.2019
<b>Organized by</b>	Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	<p>Department of Botany, Vimala College (Autonomous), Thrissur celebrated the World Environmental Day on 7<sup>th</sup> of June 2019 with the slogan “Beat Air Pollution”. Dr. Bindu G, Scientist at Nansen Environmental Research Centre India, led a seminar on “Air pollution and carbon sequestration”. On behalf of World Environmental Day celebrations, an Interschool Drawing Competition was held at Department of Botany, Vimala College on 12<sup>th</sup> June 2019. Students from various neighbouring schools participated in the competition.</p> <p>In connection with World Environmental Day, the Department of Hindi, organized a programme Paryavaran Divas-2019, on 24<sup>th</sup> June 2019.</p> <p>Department of Malayalam conducted a talk on Forests in connection with Environmental Day by Dr Abdul Basheer on 13.06.2019.</p>



*Assessment Period (2016 – 2021)*



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR



*Assessment Period (2016 – 2021)*



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2019-20
<b>Title of the event</b>	Reading Day
<b>Date</b>	19.06.2019 20.06.2019
<b>Organized by</b>	Department of Malayalam, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	In connection with Reading Week Celebrations commemorating Dr.P.N. Panikkar, the founder of Grandha Sala Sangham Department of Malayalam conducted a talk and interaction session with Malayalam writer and author of 'Susannayude granthapura' Sri Ajay P Mangatt on 20.06.2019 at College Auditorium. In connection with Reading Week Celebrations Department conducted a book Exhibition on 19,20.06.2019. College Principal Dr.Sr. Beena Jose inaugurated the Exhibition.



*Assessment Period (2016 – 2021)*





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2019-20
<b>Title of the event</b>	Yoga Day
<b>Date</b>	21.06.2019
<b>Organized by</b>	UGC Centre for Women's Studies, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	The International Yoga Day was celebrated in the college on 21 <sup>st</sup> June, 2019 by the UGC Centre for Women's Studies in co-ordination with the Field Information Bureau. The presidential address was delivered by Mr. George Mathew, Asst. Director, Field Information Bureau. Dr. Sr. Beena Jose, Principal, inaugurated the day's celebration. It was followed by the prize distribution for the essay writing competition conducted in connection with the Yoga Day. It was followed by a lecture on yoga and demonstration by the Thrissur Yoga Association.



*Assessment Period (2016 – 2021)*



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2019-20
<b>Title of the event</b>	Kargil Vijay Diwas
<b>Date</b>	26.07.2019
<b>Organized by</b>	NCC, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	Kargil Vijay Diwas 2019 was observed. Cmde R R Ayyar, VSM, Group Commander, Ernakulam Group, offered flowers at the Amar Jawan Jyothy set in the College Auditorium.



*Assessment Period (2016 – 2021)*



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2019-20
<b>Title of the event</b>	Mahakavi Vallathol Smrithi Day
<b>Date</b>	30.07.2019
<b>Organized by</b>	Department of Malayalam, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	Department conducted Vallathol Smrithi commemorating famous Malayalam poet Vallathol Narayana Menon on 30.07.2019. Sri Murali Puranattukara recited Vallathol Poems at Auditorium. In this function resource person Sr. Raveendranath presented a paper on the works of Vallathol.



*Assessment Period (2016 – 2021)*





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2019-20
<b>Title of the event</b>	Independence Day
<b>Date</b>	15.08.2019
<b>Organized by</b>	Department of Physical Education, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	The Department of Physical Education takes privilege and pride in organising the Independence Day every year. Special care is taken to incorporate activities elucidating patriotism and the supreme sacrifices of our freedom fighters. Patriotic songs and talks by the students are included to alert the values of freedom, peace and integrity within the people of the nation. The national flag is unfurled and the national anthem is sung. Sweets are distributed among all the staffs and students to replicate the joy of freedom.



*Assessment Period (2016 – 2021)*





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2019-20
<b>Title of the event</b>	National Sports Day
<b>Date</b>	29.08.2019
<b>Organized by</b>	Department of Physical Education, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	The National sports day, commemorating the birth anniversary of Indian hockey legend Dhyan Chand, was celebrated at Vimala College, spreading the message of 'FIT VIMALA FIT INDIA MOVEMENT' through a mass display on Dance Aerobics Programme. More than 200 students and around 10 teachers participated in the event. With the growing importance of staying fit the Department of Physical Education also conducting a Fitness Program for all the staffs and students of the college at the college Auditorium.



*Assessment Period (2016 – 2021)*



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2019-20
<b>Title of the event</b>	Teacher's day
<b>Date</b>	05.09.2019
<b>Organized by</b>	Department of Statistics, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	Teacher's day celebration was organized on 5 <sup>th</sup> September 2019 by the Department of Statistics. After the group song, a bouquet was presented to the teachers as a small gift and a video was played which showed the role of a teacher in shaping students' mind. Later, the photographs of all the faculties of each department were displayed on the screen. Ms. Swarna from the Department of Mathematics spoke a few words about her experience as a teacher since the past many years which was indeed a heart touching speech. The programme was concluded with a vote of thanks.



*Assessment Period (2016 – 2021)*



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2018-19
<b>Title of the event</b>	Wetland day
<b>Date</b>	19.09.2019
<b>Organized by</b>	Department of Botany, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	In this connection with Wetland day, an awareness programme on “- with special emphasis on Ponnani Kole Wetlands” was organized by the Department of Botany, Vimala College, Thrissur on 19.09.2019. Dr.C.C. Harilal. PI, SWAK Project and Associate Professor, Department of Botany, University of Calicut gave a brief description about the programme. The technical Session was handled by Dr. N.J. Manju, Assistant Professor, Department of Geology and Environmental Science, Christ College (Autonomous), Irinjalakuda. The Technical session was followed by a discussion session.



*Assessment Period (2016 – 2021)*





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2019-20
<b>Title of the event</b>	Hindi Day
<b>Date</b>	25.09.2019
<b>Organized by</b>	Department of Hindi, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	In connection with Hindi Day, the Department of Hindi, in Collaboration with Sree Sankaracharya University of Sanskrit Regional Centre, Thrissur organized a one day seminar on Current Status of Hindi and Inter University Hindi Fest on 25 <sup>th</sup> September 2019. The Resource person of the programme was Smt. Prabhavathy C.V, Assistant Director of Official Language, All India Radio, Thrissur.



*Assessment Period (2016 – 2021)*



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2018-19
<b>Title of the event</b>	150 <sup>th</sup> birth anniversary of Mahatma Gandhi
<b>Date</b>	01.10.2019 - 04.10.2019
<b>Organized by</b>	Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	<p>As a part of 150<sup>th</sup> birth anniversary celebrations of Mahatma Gandhi various departments organized the following programmes. the Department of History, in association with the Department of Economics, organized an essay writing competition on the topic “The legacy of Gandhi in Contemporary Times”. Department of Chemistry has conducted a Khadi visit- ‘Knowing Khadi’ to ‘Mulberry cocoon silk weaving Centre, Cheroor, a sister concern of Khadi Gramodyog Bhavan, Avanissery. on 01<sup>st</sup> October 2019. The department also organized a quiz competition on the topic ‘Gandhiji and Life’ on 03<sup>th</sup> October 2019. The Department of English Commemorated the 150<sup>th</sup> Birthday of Gandhiji at Amphitheatre on 3rd October, 2019. The program included street play, group song and a skit by the under graduate students. The students dished out bookmarks with Gandhian thoughts and distributed in the college. Department of Malayalam conducted Bappukavyanjali - Gandhiji related Malayalam poem recitation competition on 04.10.2019 in connection with Gandhi Jayanthi. Department of Zoology conducted elocution competition on the topic ‘Gandhiji- the man of Principle’ and Power point presentation on the topic ‘Life of Gandhi’. The Department of Home Science organized an inter-departmental dress designing competition using Khadi.</p>



*Assessment Period (2016 – 2021)*



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2019-20
<b>Title of the event</b>	World Food Day Celebration
<b>Date</b>	27.11.2019 to 28.11.2019
<b>Organized by</b>	Department of Home Science, Vimala College (Autonomous), Thrissur
<b>Report</b>	As part of World food Day celebrations Department of Home Science in association with State Nutrition Bureau (Directorate of Health Services), District Medical Office, Thrissur organized a two day Nutrition awareness exhibition and awareness classes on November 27 <sup>th</sup> and 28 <sup>th</sup> 2019. In the presidentship of Dr.Sr.Beena Jose, the programme was inaugurated by respected Mayor Ajitha Vijayan. Dr.Reena K.J (District medical officer, Thrissur) delivered message to the audience about nutrition. Chief Scientific Officer Ms.Tharakumari (State Nutrition Bureau, Trivandrum) was also present who delivered vote of thanks. Healthy Breakfast contest, Salad and snack making contest were the competitions organized. World Food Day is celebrated on October 16 <sup>th</sup> every year to commemorate the formation of United Nations Food and Agriculture Organization. The theme of World Food Day 2019 was <i>Prevention of hunger</i> . As part of World food day 25 Nutrikits were distributed to the students of standard 1-12 <sup>th</sup> of Govt.H.S.S.Villadom,Thrissur. The fund for the programme was contributed by all the staffs of Department of Home Science and some other teachers of Vimala College.



October 16  
 WORLD  
 FOOD DAY  
 celebration

Dr. Mini mol, Vice principal of Vimala College  
 distributed food kit to the students of Villadam HS  
 School



Assessment Period (2016 – 2021)





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2019-20
<b>Title of the event</b>	Kerala Piravi Day
<b>Date</b>	01.11.2019
<b>Organized by</b>	Department of Malayalam, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	Department of Malayalam celebrated Keralappiravi with various programmes. Conducted Malayaladinam on 01.11.2019 and Malayalothsavam on 07.11.2019.



*Assessment Period (2016 – 2021)*



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2019-20
<b>Title of the event</b>	Vigilance Day
<b>Date</b>	06.11.2019
<b>Organized by</b>	NSS Units, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	As a part of observing Vigilance week, the NSS units organised a session on 06.11.2019 at 10.30 am in Marian Hall. The class was handled by Mr. Mathew Kallikladan, DYSP of Thrissur, Vigilance Department. The class was very much interesting and thought provoking, which gave insights to the Volunteers for fighting against corruption and for maintaining integrity and honesty. Volunteers took Integrity pledge as part of vigilance week.



*Assessment Period (2016 – 2021)*



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2019-20
<b>Title of the event</b>	152 <sup>th</sup> Birth Anniversary of Marie Curie
<b>Date</b>	07.11.2019
<b>Organized by</b>	Department of Chemistry, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	Department of Chemistry celebrated the 152th Birth anniversary celebrations of Marie Curie, the eminent female Chemist on 07 <sup>th</sup> November 2019 at 8.45 am. Dr. Nancy Mathew welcomed the gathering and she gave a brief idea about Curie's inventions. A documentary named 'Marie Curie- Radium' was shown. The documentary was so inspiring and it focused light on the major inventions of her and the efforts taken by her and her colleagues to attain the great victories. The program came to an end by 9.45 am.



*Assessment Period (2016 – 2021)*





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Academic Year	2019-20
Title of the event	World Science Day Celebrations 'AGAHI 2K19'
Date	12.11.2019
Organized by	Department of Chemistry, Vimala College (Autonomous), Thrissur
Venue	Vimala College (Autonomous), Thrissur
Report	<p>As a part of World Science Day, 10<sup>th</sup> November, Department of Chemistry organised World Science Day celebrations, AGAHI 2K19 on 12<sup>th</sup> November 2019. <i>Agahi</i> is an Urdu word which means knowledge, cognition and awareness. The theme of World Science day for 2019 year is 'Open science leaving no one behind'. The formal function was inaugurated by Dr. T R Govindankutty, retired scientist, <i>Bhabha Atomic Research Centre (BARC)</i> and key note address was delivered by him. Students of various schools also participated. Dr. Sr. Beena Jose, Principal of Vimala College presided over the function. Formal session was followed by the interschool general science quiz competition. 6 teams from various schools participated in the final round. Dr. Srilakshmi P Bhaskar and Ms. Chithira S S were the quiz masters. An interschool elocution competition was also conducted for the students on the topic 'Role of science for a peaceful and sustainable societies'.</p>



*Assessment Period (2016 – 2021)*



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2019-20
<b>Title of the event</b>	Diabetics Day
<b>Date</b>	14.11.2019
<b>Organized by</b>	Red Ribbon Club and NSS Units, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	The NSS volunteers of our college participated in the Walkathon conducted by the National Health Mission, in connection with World Diabetes Day on 14 <sup>th</sup> November 2019. The program was organized in order to spread awareness on Diabetes among the public. The Walkathon was formally inaugurated and flagged off by the District Collector S. Shanavas IAS. Various clubs and forums of the district participated in the event.



*Assessment Period (2016 – 2021)*



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2019-20
<b>Title of the event</b>	Human Rights Day
<b>Date</b>	10.12.2019
<b>Organized by</b>	NSS Units, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	In connection with the International Human Rights Day, the NSS units of our college conducted a rally on 10 <sup>th</sup> December. The rally was flagged off by the college principal, Dr.Sr. Beena Jose. The activity focused on this year's theme, "Youth standing up for Human Rights". Volunteers prepared and displayed posters and placards on the theme to spread awareness on the day.



*Assessment Period (2016 – 2021)*





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2019-20
<b>Title of the event</b>	Christmas Day
<b>Date</b>	26.12.2019
<b>Organized by</b>	Jesus Youth, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	The music club in collaboration with the Jesus Youth groomed students for Christmas carol song, which was recorded on December 16, 2019 and telecasted in Shalom TV on 26.12.2019. It was also uploaded in Youtube <a href="https://www.youtube.com/watch?v=nCpNjsmjZwY">https://www.youtube.com/watch?v=nCpNjsmjZwY</a> .



*Assessment Period (2016 – 2021)*



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2019-20
<b>Title of the event</b>	Mother Tongue Day
<b>Date</b>	20.02.2020
<b>Organized by</b>	Department of Political Science, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	Department conducted a seminar on 'My language my Right' in connection with Mother tongue day on 20.02.2020. Dr Asha Rao, Head, Department of Social Work, Ms Swarna K L, Head, Department of Mathematics, Ms Anuja, Head, Department of Political Science were the resource persons. On this day teachers and students whose mother tongue other than Malayalam shared their thoughts songs, poems in their respective mother tongue languages.



*Assessment Period (2016 – 2021)*



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2019-20
<b>Title of the event</b>	International Women's Day celebration
<b>Date</b>	06.03.2020
<b>Organized by</b>	UGC Centre for Women's Studies, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	<p>The International Women's Day was celebrated at Vimala College (Autonomous), Thrissur on March 6, 2020 by UGC Centre for Women Studies, Vimala College (Autonomous), Thrissur. The Celebration began with a flash mob conducted on 5<sup>th</sup> March 2020. The formal inauguration of the programme was conducted on 6<sup>th</sup> March 2020 by Smt. Rema Sivaram, a social entrepreneur and former student of Vimala College. In the auditorium Dr. Sinto P Anto, Director, Centre for Women studies welcomed the gathering and Dr. Sr. Beena Jose, Principal, Vimala College delivered the presidential address. Vice Principals Dr. Sr. Beena T L and Dr. Minimol K felicitated the programme. A musical drama by the students of social work department tried to address different problems faced by women in the contemporary society. Students were also given opportunity to voice their opinions on being a woman by writing their thoughts on a canvas in front of the auditorium. The canvas became a platform for a plethora of ideas centring on women and her advancement in the field. A Street play at Pallimoola junction Cheroor with central theme "Children Rights". Forty students from the Social Work Department, volunteered to take various roles to effectively communicate the role of children in the society and the often reflected rights of children. The play was appreciated widely by the people present. UGC Centre for Women Studies Vimala College, (Autonomous) and Women and Child Welfare board organized various programmes in connection with women's day for local women in different Gramapanchayaths on 07.03.2020.</p>



*Assessment Period (2016 – 2021)*





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR



  
PRINCIPAL IN-CHARGE  
VIMALA COLLEGE  
(AUTONOMOUS)  
THRISSUR-680 009

*Assessment Period (2016 - 2021)*