



## **Criterion VII**

### **Institutional Values and Best Practices**



7.1.9 Annual report of the activities for inculcating values for being responsible citizens as reflected in the Constitution of India (Academic Year 2016-17)



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	World Environment Day Celebration
<b>Date</b>	06.06.2016
<b>Organized by</b>	Department of Botany, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	World Environment Day celebration was organized by the Department of Botany on 06.06.2016. The chief guest of the programme Dr. Francis Xavier delivered inaugural address on 'Humans can be humane to the environment', and deliberated on the recent issues regarding the environment with special reference to Kerala and Athirapilly project. The department also organized essay, quiz competitions and sensitized students on the need of protecting our environment.





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	Reading Day - 'Vayanavaram' commemorating late P. N. Panicker, the founder of 'Grandhasala Sangham'
<b>Date</b>	19.06.2016
<b>Organized by</b>	Department of Malayalam, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	Department of Malayalam celebrated 'Vayanavaram' commemorating late P. N. Panicker, the founder of 'Grandhasala Sangham' on 19 <sup>th</sup> June 2016. C. Ravunny, the famous Malayalam writer inaugurated the function. Along with this a book exhibition by Green Books was also arranged.





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	World Anti-Drug Day
<b>Date</b>	01.07.2016
<b>Organized by</b>	Anti-Narcotic Cell and NSS Units of Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	World Anti-Drug Day is observed on 1 <sup>st</sup> of July 2016 to raise awareness against drug abuse and illicit trafficking. A poster making competition was conducted by NSS unit for all the interested students of the college. A rally was conducted on the same day with the support of Anti-Narcotic cell, Vimala College. It was headed by Dr. Sr. Maries V. L, Principal, Dr. Feebarani John, Assistant Professor, Department of Zoology, Dr. Mimi Mani Panakkal, Co-ordinator of Anti Narcotic cell.

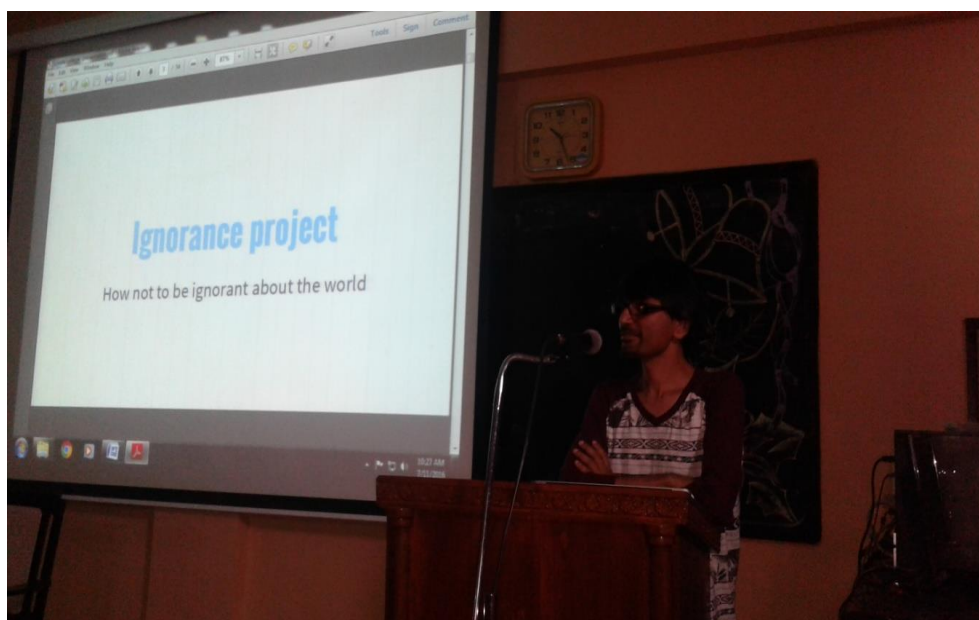






## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	World Population Day
<b>Date</b>	11.07.2016
<b>Organized by</b>	Department of Economics & Women Development cell, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	An international talk was organized by the Department of Economics and Women Development Cell on the topic 'World Population Day and the present status of Women' in connection with World Population Day on the 11 <sup>th</sup> of July 2016, at the Silver Jubilee Seminar Hall at 10.30 a.m. The speaker of the day was Professor Vineeth M.P from the United College, Japan. The speaker introduced the students to different indices for measuring human wellbeing and development such as the Good country Index and Happiness Planet Index. He stressed the importance of the status of women in the 21st century on a global scale. He also emphasized the importance of girls to become empowered in the present era.





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	Observance of Kargil Vijay Diwas
<b>Date</b>	26.07.2016
<b>Organized by</b>	NCC, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	Kargil Vijay Diwas was observed by the NCC unit of Vimala college. Dr. Sr. Maries V. L, Principal, lit the Amar Jawan Jyoti and all staff and students paid tribute to the soldiers offering flowers and lighting candles.





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	National Statistics Day Celebration
<b>Date</b>	29.07.2016
<b>Organized by</b>	Department of Statistics, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	<p>As a commemoration of the birth anniversary of the father of Indian statistics, Prof. P. C. Mahalanobis, the Department of Statistics celebrated the National Statistical Day on 29<sup>th</sup> July 2016. The inaugural speech was given by Ms. Annamma Thachil, Head of the Department. The chief guest, Smt. Dhidhika C, former student, and Research Officer, Dept. of Economics &amp; Statistics, Thrissur inaugurated the statistical association and addressed the gathering. She also took a one-hour technical session on Agriculture and farmers' welfare. The felicitation was done by Parvathy Varma. Further, a presentation on the relevance of statistics in today's world was presented by Meera Simon C, from which the students gained more awareness regarding the subject, making the program a success.</p>







## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	International Youth Day
<b>Date</b>	12.08.2016
<b>Organized by</b>	NSS, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	NSS organized the observance of International Youth Day. Various competitions and cultural activities were organized as part of the Youth Day celebrations held on 12 <sup>th</sup> August 2016.







## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	Independence Day
<b>Date</b>	15.08.2016
<b>Organized by</b>	NSS and NCC, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	The NCC and NSS units of the college organized the Independence Day celebrations on 15 <sup>th</sup> August 2016. The Ex-Service men from the Division VII of Thrissur Corporation were honoured in the ceremony.





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	Women's Equality Day Celebrations
<b>Date</b>	20.08.2016
<b>Organized by</b>	UGC Centre for Women's Studies, Vimala College, Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	As part of the Women's Equality Day on 26th August 2016, the UGC Centre for Women's Studies held celebrations of the same on 20 <sup>th</sup> August 2016. The celebration was inaugurated by Ms. Mony Geege, Assistant Professor, Department of Home Science. In the keynote address, she pointed out that this day marked a turning point in the history of the struggle for equal treatment of women and women's rights. Women's Equality Day commemorates the day when vote for women officially became part of the United States constitution.





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	Teachers' Day celebrations
<b>Date</b>	05.09.2016
<b>Organized by</b>	Department of Statistics, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	<p>Teachers' Day is celebrated every year on 5<sup>th</sup> September since 1962 to commemorate the birth anniversary of Dr. Sarvepalli Radhakrishnan. It is celebrated to acknowledge the challenges, hardships, and the special role that teachers play in the life of students. This day is observed to recognize the role of the teachers in the society and is being organized mainly by the students of the respective Institution in presence of the Teachers. Teachers' day celebration was organized by the Department of Statistics. The chief guest of the day was Prof. Thressiama (Retired teaching staff of Chemistry department, Vimala college) who is an eminent teacher with a wonderful personality. Prof. Thressiama shared her experiences as a teacher at Vimala College. There was also a special session in which teachers were given flowers and gifts by the students of their respective departments along with an energetic dance as a visual treat.</p>







## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	Onam Celebrations
<b>Date</b>	08.09.2016
<b>Organized by</b>	Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	The Onam celebrations 'Nirapoli' was organized with much splendour. The festivities were inaugurated by Malayalam film director Shri Kamal. The cultural performances by students followed. Traditional Onam games were also organized.







## VIMALA COLLEGE (AUTONOMOUS), THRISSUR





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	World Tourism Day
<b>Date</b>	14.10.2016
<b>Organized by</b>	Department of Commerce, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	<p>The department of Commerce in association with Tourism club celebrated Tourism day 'BANSURI 2K16' on 14.10.2016 at 1.00 pm in the College auditorium, highlighting the theme 'Tourism for All'. The program started with a prayer led by final year B.Com students and had colorful dance performances, which reflected various cultures and dance forms from all over India. Principal, Dr. Sr. Maries V.L felicitated the program and congratulated the staffs and student for organizing such a colorful and thought provoking program for celebrating world tourism day.</p>





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	Poet-Ezhuthachan Day
<b>Date</b>	24.10.2016
<b>Organized by</b>	Department of Malayalam, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	Department of Malayalam conducted a seminar on Ezhuthachan in collaboration with Thunjathezhuthacchan Malayala Sarvakalasala, Tirur, on 24.10.2016. The resource person for the day was Viju Nayarangadi (HoD, Department of Malayalam, Thunjan Memorial College, Tirur).







## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	Kerala Piravi celebration
<b>Date</b>	01.11.2016
<b>Organized by</b>	Department of Malayalam, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	<p>On November 1 2016, the Department of Malayalam organized 'Samskarika Ghoshayathra' in connection with the 60<sup>th</sup> birthday of Kerala state. College Principal Dr. Sr. Maries V. L inaugurated the function by lighting the lamp. Morning assembly prayer recited by Sr. Namitha Rose, the Head of the department of Malayalam paid tribute to the leaders who contributed to Kerala culture and civilization. Various cultural forms like Pulikkali, Kummatty, Unniyarcha, Chekavan, Pananar, Margamkali, Thiruvathirakali, Oppana, Adivasi dance, etc. were staged in the 'Ghoshayathra'.</p>







## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	Observance of Constitution Day
<b>Date</b>	25.11.2016
<b>Organized by</b>	Department of Political Science, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	In Connection with the Constitution Day on 26 <sup>th</sup> November 2016, the Political Science Department of Vimala College organized a series of programmes. The Principal led the Staff and Students of the College in taking the Pledge on 25 <sup>th</sup> November 2016. To promote the ideals given in our Constitution the Preamble and the Fundamental Duties were displayed in the Notice Board and through Posters. In each class, the Preamble and Fundamental Duties were readout. A Discussion and Debate was held on the topic “Do Fundamental Duties restrict our Fundamental Rights” was conducted.





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	World Aids Day
<b>Date</b>	01.12.2016
<b>Organized by</b>	NSS Units, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	In association with IMA Blood Bank, NSS unit observed World Aids Day on December 1 <sup>st</sup> at 8.30 a.m. Dr. Bindu Thomas, Deputy DMO, Thrissur inaugurated the programme. Principal Dr. Sr. Maries V L delivered the presidential address. Dr. V. Govindankutty, Director, IMA Blood Bank and programme officers Dr Mimi Mani Panakkal and Smt. Laveena Varghese led the programmes. Students presented group song and flash mob.





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	Observance of Computer Literacy Day
<b>Date</b>	02.12.2016 and 07.12.2016
<b>Organized by</b>	Department of Computer Science, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	As the world around is rapidly moving towards digitalization, it has become a necessity to have basic computer literacy. The Computer Literacy Day is observed to promote awareness about the computer and information technology. The students of the Computer Science department organized various quiz and presentation competitions for students of other departments. On December 2, 2016, organized a training programme on 'Basics of Computer' for the office and lab assistants of schools of the CMC congregation. Organized an exhibition 'Tech Voyage' as part of Computer Literacy Day and Scholastic Conclave on December 7, 2016.







## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Academic Year	2016-2017
Title of the event	Observance of World Human Rights Day
Date	10.12.2016
Organized by	NCC and NSS, Vimala College, Thrissur
Venue	Vimala College (Autonomous), Thrissur
Report	An awareness meet was organized by College NCC and NSS as part of World Human Rights Day on 10 <sup>th</sup> December 2016 in association with International Organization for Human Rights Protection - IOHRP. The students were informed about the need to stand up for someone's right in the present society.



*Assessment Period (2016 – 2021)*





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Academic Year	2016-2017
Title of the event	Hindi Day Celebration
Date	15.12.2016
Organized by	Department of Hindi, Vimala College, Thrissur
Venue	Vimala College, Thrissur
Report	In connection with Hindi Day, the Department of Hindi organized Hindi Gazal-2016 and Association Inauguration on 15.12.2016. The association was inaugurated by Sri. Manoj Kumar, Principal, Hindi Training Institute, Ramavarmapuram. Thereafter, the performance of the gazal was rendered by the renowned Singer Sri. Subhash Kunnath.



*Assessment Period (2016 – 2021)*



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	Ramanujan Day Celebration
<b>Date</b>	22.12.2016
<b>Organized by</b>	Department of Mathematics, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	Department of Mathematics celebrated Ramanujan Day on 22nd December 2016 and organized various programmes related to Mathematics. PG Department of Mathematics and IMS Thrissur jointly organized an Intercollegiate Mathematics Quiz competition for High school, UG, and PG students.



*Assessment Period (2016 – 2021)*



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	Christmas Celebrations
<b>Date</b>	23.12.2016
<b>Organized by</b>	Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	The Christmas celebrations were organized with much splendour. The festivities included Christmas message, Christmas carol and variety of competitions.



*Assessment Period (2016 – 2021)*





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR



*Assessment Period (2016 – 2021)*





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	International Day of Women and Girls in Science
<b>Date</b>	09.02.2017
<b>Organized by</b>	UGC Centre for Women's Studies, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	The UGC Centre for Women's Studies in connection with the International day of women and girls in Science conducted a Science exhibition on 9 <sup>th</sup> February 2017. The main objective of the day celebration was to achieve full and equal access to and participation in science for women and girls and further achieve gender equality and empowerment of women. The key objective of the exhibition was to bring out the hidden talents and ideas of students with a focus on creating more awareness of science, technology, and engineering. The Director of UGC Centre for Women's Studies, Ms. Mony Geege, Principal Sr. Maries V. L, and teaching faculties and students were present.



*Assessment Period (2016 – 2021)*



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	National Science Day Celebration based on the theme “Science and Technology for specially abled persons”
<b>Date</b>	02.03.2017
<b>Organized by</b>	Department of Physics, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College, Thrissu Vimala College (Autonomous), Thrissur r
<b>Report</b>	Department of Physics celebrated National Science Day on 02.03.2017, by organizing various programmes. Dr. Sr. Ritty J Nedumpara presided over the programme and conveyed the message that developments in science should be used for the benefit of society. The programmes were based on the theme “Science and Technology for specially-abled persons”. Students of the second year B.Sc. arranged a quiz programme emphasizing the technology for the specially-abled. There was a skit scripted by first-year B.Sc Physics students. Motivating videos were presented for the students on the life of Stephan Hawkings.



*Assessment Period (2016 – 2021)*



## VIMALA COLLEGE (AUTONOMOUS), THRISSUR

<b>Academic Year</b>	2016-2017
<b>Title of the event</b>	International Women's Day Celebrations
<b>Date</b>	08.03.2017
<b>Organized by</b>	UGC Centre for Women's Studies, Vimala College (Autonomous), Thrissur
<b>Venue</b>	Vimala College (Autonomous), Thrissur
<b>Report</b>	<p>The UGC Centre for Women's Studies organized a special programme to celebrate International Women's Day on 8<sup>th</sup> March 2017. Ms. Manju Warriar and other crew members of the movie "Zairabhanu" were the focus of the day. Representing the Centre for Women's Studies Ms. Anu P. P, Assistant Professor, Department of Malayalam gave a warm welcome to the crew members of "Zairabhanu", a women-centric film. She gave a call that all female student advocates should contribute their bit in achieving justice for women and asked the women advocates to support the cause of women and fight for their rights. Ms. Manju Warriar, a renowned cine artist, who was the Chief Guest of the function, in her message said that woman is the life-giver to the whole human race and it is the responsibility of everyone to give her a respectable status and honour in society. She advised women to empower themselves without waiting for any external agency to help them. She lauded modern women as they are prospering equally well along with men and competing with men in all fields. She also expressed her outrage over the molestation incidents occurring against women in the contemporary society. On the occasion of International Women's Day, on 8<sup>th</sup> March, UGC Centre for Women's Studies took out a mass Bullet rally at Vimala College Thrissur. The participants were the Workers of Pinnacle India. The girls participated in the rally in full swing and took oath at the top of their voices. Principal Dr. Sr. Maries V. L read the oath and the participants repeated it with vigour. The rally attracted a lot of attention from the general masses. Post rally there was a discussion on the general issues of women and its solutions.</p>



*Assessment Period (2016 - 2021)*





## VIMALA COLLEGE (AUTONOMOUS), THRISSUR



  
PRINCIPAL IN-CHARGE  
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