Department of Home Science

Lab Facility
- Food and Nutrition Lab
- Nutrition and Dietetics Lab
- Nutritional Biochemistry Lab
- Textile and Clothing Lab
- Textile Testing & Wet Processing Lab
- Draping Lab

Internet facility
ICT enabled teaching
Library facility
Provisions of books and journals to the students.

Highlights
- Maintains an excellent academic record with cent per cent results.
- University ranks for various years
- Well equipped lab
- Engaging students in various activities
- Helping them to develop their skills.
- Information, Communication and Technology enabled teaching methods
- Highly qualified and experienced faculties.
- Assistance in placements and training.
- Experiential learning

Aims women empowerment through education.

If you are educating a man You are educating only him
But if you are educating a woman
You are educating a whole family

......truly the science in need for women,
Making her perfect in all aspects of life.
About the College

Vimala is a pioneer institution under the guidance of CMC management, Thrissur in Kerala, focusing to the overall development of society by providing quality education. As a full fledged institution affiliated to the University of Calicut Re-accredited (3rd Cycle) at ‘A’ Grade with CGPA - 3.50 by the NAAC in 2014. Vimala is one of the best women’s college in Kerala.

About the Home Science Department

The Department of Home Science was started in 1968. The department offers Under Graduate Programmes in B.Sc. Family and Community Science & B.Sc. Textiles & Fashion Technology, Post Graduate Programmes in M.Sc. Nutrition and Dietetics, Textiles and Costume Science, Post Graduate Diploma course in Nutrition and Dietetics. The department owns the prestige of securing university ranks consistently from the time of its inception.

What Do You Know About Home Science?

The father of our nation, Gandhiji cherished the objective that, education must meet the demands of modern life. With this view today Home Science has emerged as a unique academic subject. Home Science is a subject with multidirectional avenues. Hence, it may be a discipline, which can bridge the gap between science and its applications for the betterment of family living. But now, the subject has moved out of the homes to reach community and the nation. It integrates the application of knowledge synthesis from different sciences and humanities to improve the human environment, family nutrition, management of resources, child development and consumer competence. Thus this is the science, which makes women to live in a standard way in the community as a Dietitian, Nutritionist, Teachers, Researchers, Food analyst, Quality controllers etc.

Truly it is a Science For Women...

Courses Undertaken

- BSc. Family and Community Science
- BSc. Textiles & Fashion Technology
- MSc. Nutrition and Dietetics
- MSc. Textiles and Costume Science
- PG Diploma in Nutrition and Dietetics
- UGC Sponsored Add on Course - Food Science & Quality Food Production.

In addition to the above, the department is engaged in research programmes, conducting exhibitions, community development programmes, diet counselling etc.

Career Options

Family and Community Science


Nutrition and Dietetics


Textiles & Costume Science

- Costume Designer
- Theatre Costuming
- Display Designer
- Fashion Co-ordinator
- Fashion Designer
- Fashion Illustrator
- Fashion Journalist
- Pattern Maker
- Quality Controller
- Textile Designer &
- Textile Stylist.

Internship Opportunities

- Conducting internship programs in the following fields:
- Internship in various hospitals all over India
- Visit to research institutions & small scale units
- Visit to catering institutions & dietary departments
- Food industries
- Hotel visits and internships.

Extra Curricular activities

- Conducting counselling programs in hospitals
- Weekend trainings in hospitals
- Community nutrition camps
- Exhibitions and demonstrations
- Workshops
- Food Fest
- Community Development Programmes
- Nutrition Education Programmes
- Preparations of Therapeutic diets
- Training on table arrangements, menu preparations & Styles of Service.
- Conducting & attending seminars
- Conducting surveys of child rearing methods in the community
- Conducting surveys about women entrepreneurs
- Flower Arrangements