



Vimala College (Autonomous) Thrissur

Nss Units : 43 & 120



തിരികെ



**ഉദ്ഘാടനം : ജില്ലാ കളക്ടർ
അർജുൻ പാണ്ഡ്യൻ, IAS**

സാന്നിധ്യം : സബ്-കളക്ടർ
അഖിൽ വി മേനോൻ IAS

**സ്ഥലം : സർക്കാർ വൃദ്ധ സദനം
രാമവർമ്മപുരം, തൃശൂർ**



11:00 am to 12:00 pm



19.09.2025

Programme Officers

**Dr. Smitha P S
Ms. Ann Maria Jose C**

Principal

Dr. Sr. Beena Jose

NSS Secretaries

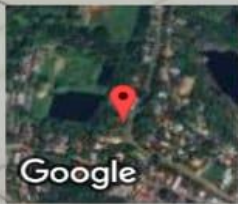
**Dilshana Shebin E
Fathima Sana P M**

The NSS Units 43 and 120 of Vimala College, Thrissur, organized a heartwarming community outreach program titled “THIRIKE” at the Government Old Age Home, Ramavarmapuram. The event was inaugurated by District Collector Mr. Arjun Pandian, IAS, and was graced by the presence of Sub-Collector Mr. Akhil V. Menon, IAS. The program aimed to spread joy, care, and companionship among the elderly residents, highlighting the NSS’s commitment to social service and community engagement. Volunteers from the college actively participated by organizing interactive sessions, cultural performances, and recreational activities, creating an atmosphere filled with smiles and laughter. The event also provided an opportunity for students to connect with the senior citizens, listen to their experiences, and understand their needs, fostering empathy and social awareness. The initiative “THIRIKE” successfully bridged generations, leaving a lasting impact on both the residents and the volunteers, and reinforced the importance of compassion, service, and human connection in everyday life.





GPS Map Camera



Thrissur, Kerala, India 

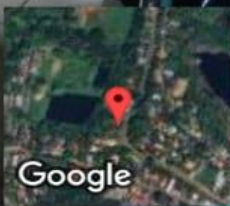
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Thrissur, Kerala 680631, India

Lat 10.560967° Long 76.238834°

19/09/25 12:28 PM GMT +05:30



GPS Map Camera



Thrissur, Kerala, India 

Ashabhavan Rd, Mannumkad, Ramavarmapuram,
Thrissur, Kerala 680631, India

Lat 10.560961° Long 76.238835°

19/09/25 12:48 PM GMT +05:30



Thrissur, Kerala, India 🇮🇳
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Kerala 680631, India
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19/09/25 12:15 PM GMT +05:30



Thrissur, Kerala, India 🇮🇳
Ashabhavan Rd, Mannumkad, Ramavarmapuram, Thrissur,
Kerala 680631, India
Lat 10.560955° Long 76.238834°
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GPS Map Camera



Google

Thrissur, Kerala, India 🇮🇳

Ashabhavan Rd, Mannumkad, Ramavarmapuram,
Thrissur, Kerala 680631, India

Lat 10.560935° Long 76.238831°

19/09/25 12:31 PM GMT +05:30



GPS Map Camera



Thrissur, Kerala, India 🇮🇳

Ashabhavan Rd, Mannumkad, Ramavarmapuram,

Thrissur, Kerala 680631, India

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19/09/25 12:28 PM GMT +05:30



GPS Map Camera



Thrissur, Kerala, India 🇮🇳

49, Milma Rd, Opposite Kangapadan Petrol Pump, Mannumkad,
Ramavarmapuram, Thrissur, Kerala 680631, India

Lat 10.560905° Long 76.23883°
19/09/25 12:05 PM GMT +05:30



VIMALA COLLEGE (AUTONOMOUS)
THRISSUR

UNIT: 43 & 120

NSS DAY CELEBRATION

“ജീവിതത്തെ മനോഹരമാക്കുന്ന
ഒരേയൊരു ഭാഷ സ്നേഹമാണ്.”



Christ villa poor home
Pallimoola



24 September 2025



2:00 pm - 3:00 pm

Program Officers:

Dr.Smitha PS
Ms.Ann Maria Jose

Principal:

Dr.Sr.Beena Jose

NSS Secratories

Dishana Shebin E
Fathima Sana PM

S A L I H V P

The NSS Units 43 & 120 of Vimala College (Autonomous), Thrissur, celebrated *NSS Day* with great enthusiasm and a spirit of service. The program was organized at Christ Villa Poor Home, Pallimoola, where volunteers interacted with the elderly and shared joyful moments, reflecting the theme *“ഓരോ വാക്കും പ്രണയമാണ്”* (The only language that makes life beautiful is love). The visit was filled with cultural activities, conversations, and gestures of care that brought happiness to the residents. The NSS volunteers performed songs, dances, and small skits, creating an atmosphere of warmth and togetherness. They also spent time listening to the life experiences of the inmates, which fostered mutual respect and understanding. The event not only brought smiles to the elderly but also reminded the volunteers of the value of compassion and social responsibility. It was a meaningful celebration that strengthened the bond between the younger generation and the senior citizens, truly capturing the essence of NSS.



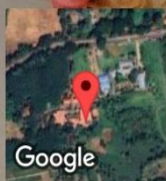


Thrissur, Kerala, India 🇮🇳

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680631, India

Lat 10.55868° Long 76.2334°
24/09/2025 03:16 PM GMT +05:30





Thrissur, Kerala, India 🇮🇳

Ramavarmapuram, H65m+x97, Mannumkad, Ramavarmapuram, Thrissur, Kerala 680631, India

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VIMALA COLLEGE (AUTONOMOUS)
THRISSUR

UNIT: 43 & 120

NSS DAY CELEBRATION

“ജീവിതത്തെ മനോഹരമാക്കുന്ന
ഒരേയൊരു ഭാഷ സ്നേഹമാണ്.”



സർക്കാർ വൃദ്ധ സദനം,
രാമവർമ്മപുരം, തൃശ്ശൂർ



24 September 2025



2:00 pm - 3:00 pm

Program Officers:

Dr.Smitha PS
Ms.Ann Maria Jose

Principal:

Dr.Sr.Beena Jose

NSS Secretaries

Dishana Shebin E
Fathima Sana PM

The NSS Units 43 and 120 of Vimala College (Autonomous), Thrissur, celebrated NSS Day at the Government Old Age Home, Ramavarmapuram, Thrissur, with the theme “ഓരോ വാക്കും ജീവിതം നല്ലതാക്കുന്നു” (The only language that makes life beautiful is love). Volunteers interacted warmly with the elderly, spending time in conversations and offering them moments of companionship and care. Cultural programmes, songs, and small activities were presented to entertain the residents and to bring cheer to their day. The programme created a meaningful bond between the volunteers and the inmates, reminding everyone of the importance of love, kindness, and compassion in life. The celebration turned out to be a memorable experience for both the students and the residents, spreading happiness and strengthening the spirit of service.





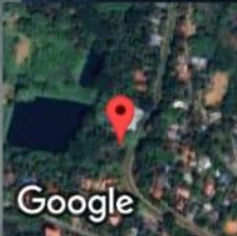
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GPS Map Camera



Thrissur, Kerala, India 🇮🇳

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GPS Map Camera



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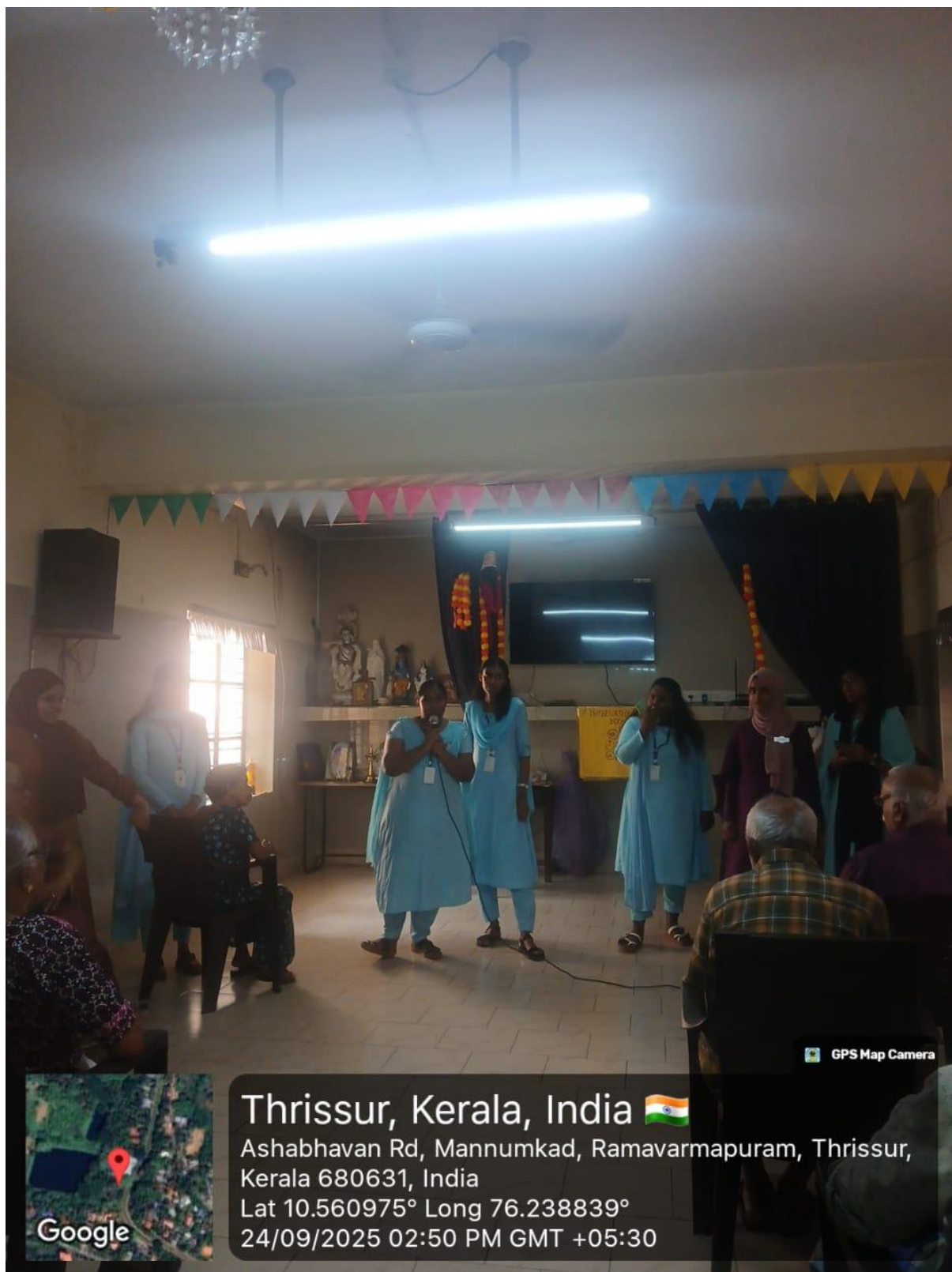
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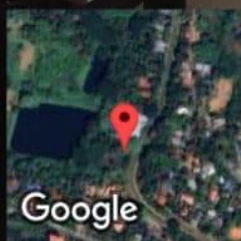
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GPS Map Camera

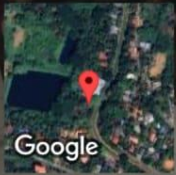


Thrissur, Kerala, India 

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Kerala 680631, India

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Thrissur, Kerala, India 🇮🇳

Ashabhavan Rd, Mannumkad, Ramavarmapuram, Thrissur, Kerala
680631, India

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GPS Map Camera



Thrissur, Kerala, India 

Ramavarmapuram, H65m+x97, Mannumkad, Ramavarmapuram, Thrissur, Kerala
680631, India

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24/09/2025 03:13 PM GMT +05:30



VIMALA COLLEGE (AUTONOMOUS) THRISSUR

NSS UNIT 43 & 120



CRAFTING NATURE'S TOUCH

TWIGS & TALES

AN ECO-CREATIVE EVENT AS PART OF VANAMAHOTSAV

Event: Creative Crafting using Leaves and Twigs



10am - 7pm



01/07/2025

**"WHEN WE CREATE WITH NATURE, WE DON'T JUST CRAFT
- WE CONNECT"**

**Principal
Dr Sr Beena Jose**

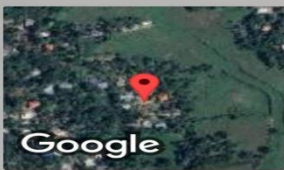
**Programme Officers
Dr Smitha PS
Ms Ann Maria Jose**

**Student Coordinator
Dilshana Shebin**

Creative Crafting using Leaves and Twigs

Date : 1st July 2025

As part of the Vanamahotsav celebrations, NSS Units 43 and 120 conducted a unique and eco-conscious event titled “Creative Crafting Using Leaves and Twigs.” The event aimed to foster environmental awareness while promoting artistic expression among the volunteers. Participants were encouraged to collect naturally fallen leaves, twigs, and other biodegradable materials from their surroundings and transform them into beautiful, meaningful craftworks. The volunteers enthusiastically took part in the activity, showcasing an impressive range of creativity and innovation. From intricate wall hangings and nature-themed artwork to miniature models and decorative items, each piece reflected the individuality and imaginative thinking of the participants. What made the event even more special was the strict adherence to eco-friendly practices — no synthetic or non-biodegradable materials were used. The final exhibition of crafts stood as a testament to the volunteers' deep respect for nature, their hidden artistic talents, and the power of sustainable creation. This initiative not only celebrated the spirit of Vanamahotsav but also served as a gentle reminder of the importance of living in harmony with the environment.



Karuvatta, Kerala, India

7cwp+rh5, Nh 66, Mannarashala - Thamallackal Rd,
Opp. Shanti Fuels, Karuvatta, Kerala 690517, India
Lat 9.296187° Long 76.43747°
01/07/2025 06:37 PM GMT +05:30



Thrissur, Kerala, India

G6xm+3jx, Manavazhi, Kuttumuck, Cheror,
Thrissur, Kerala 680008, India
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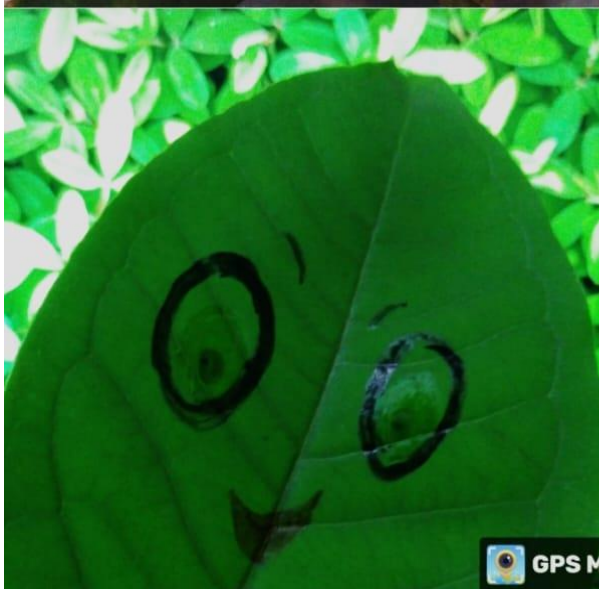


GPS Map C



Thrissur, Kerala, India

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GPS M



Thrissur, Kerala, India

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Cheror, Thrissur, Kerala 680008, I
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GPS Map Camera



Thrissur, Kerala, India

G6xm+3jx, Manavazhi, Kuttumuck, Cheror,
Thrissur, Kerala 680008, India
Lat 10.547155° Long 76.234008°
01/07/2025 07:30 PM GMT +05:30



GPS Map Camera



Chirakkakkode, Kerala, India

H76v+x39, Chirakkakkode, Kerala 680654, India

Lat 10.56352° Long 76.292352°

01/07/25 05:42 PM GMT +05:30

कुरुवानी का सिन्दूर

Inter-Collegiate Rangoli Competition

Theme:
TRICOLOUR IN ACTION

1st Prize:- 5000/-

2nd Prize:- 3000/-

3rd Prize:- 1500/-



23rd JULY, 2025



10: 00 am



**VIMALA COLLEGE
(AUTONOMOUS), THRISSUR**

[Click here to Register](#)

For enquiries:-

CDT Aarcha KS-7510472688, CDT Arathy VG-7356483120

Dear Participants ,

The NSS Units 43 & 120 , NCC under 7 Kerala Girls Battalion and Physical Education Department of Vimala College is conjointly organizing the artistic Inter-Collegiate Rangoli Competition, कुरबानी का सिन्दूर, in association with Kargil Vijay Diwas. This solemn event commemorates discipline, team work and patriotic spirit, bringing together the energy and excellence of three vibrant units. Join us to showcase your creativity and dedication.

Get ready to be mesmerized by a riot of colours!

Registration fees - 100/- (per team)

[Click here to Register](#)

**"This is where the canvas meets the soul:
where every grain of colour is an unspoken thought."**

Sponsored by.



<https://greentist.com>



<https://gileaddigital.in>

RULES & REGULATIONS

- *Each team consist of 4-6 participants.
- * Registration fee is 100/- per team.
- * Spot registration is also available.
- * Participants must report on time (10.00 AM).
- *Participants are responsible for arranging their own materials.
- *Participants can use their mobile phones for reference.
- * Unauthorized assistance is strictly prohibited.
- * Eco friendly materials are encouraged such as traditional rangoli colours.
- *The rangoli should go align with the theme.
- * The time limit is 1:30 hours (10.30 to 12:00).
- * The decision of the judges is final.
- * Last date for registration is 20/07/2025.



The NSS Units 43 & 120, NCC under the 7 Kerala Girls Battalion, and the Physical Education Department of Vimala College (Autonomous), Thrissur, jointly organized an artistic Inter-Collegiate Rangoli Competition titled “कुरबानी का सिन्दूर” in association with Kargil Vijay Diwas. Held at the college indoor stadium, the event served as a tribute to the brave soldiers of the Kargil War and aimed to instill values of discipline, teamwork, and patriotic spirit. The competition brought together the vibrant energy of three dedicated units and saw enthusiastic participation from students of various colleges. Beautiful and meaningful rangoli designs reflecting the theme of sacrifice and nationalism were created. To encourage and recognize creativity, cash prizes were awarded to the best entries, making the event both inspiring and rewarding.





GPS Map Camera



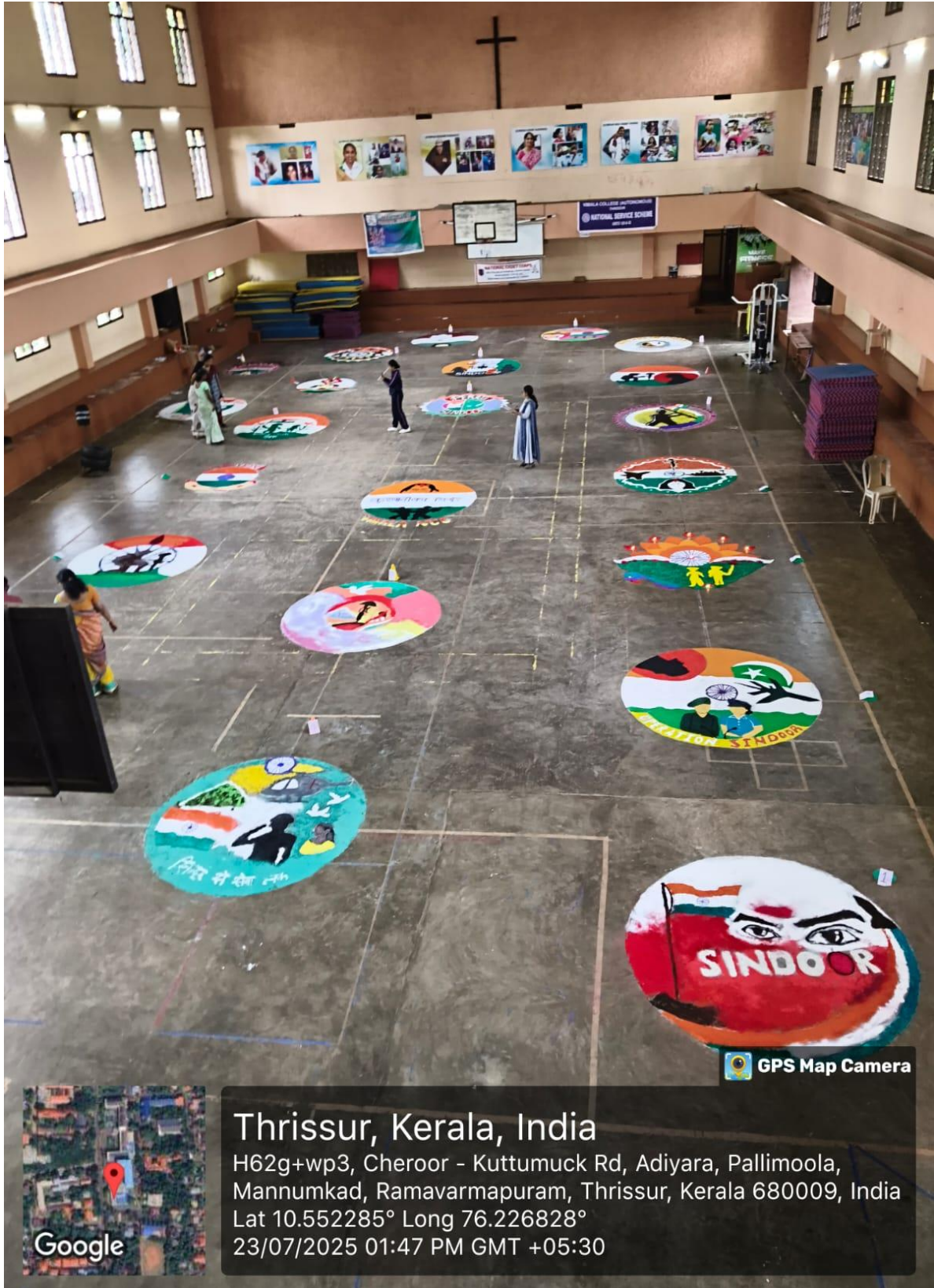
Thrissur, Kerala, India

H62g+hx2, Adiyara, Mannumkad, Ramavarmapuram,

Thrissur, Kerala 680631, India

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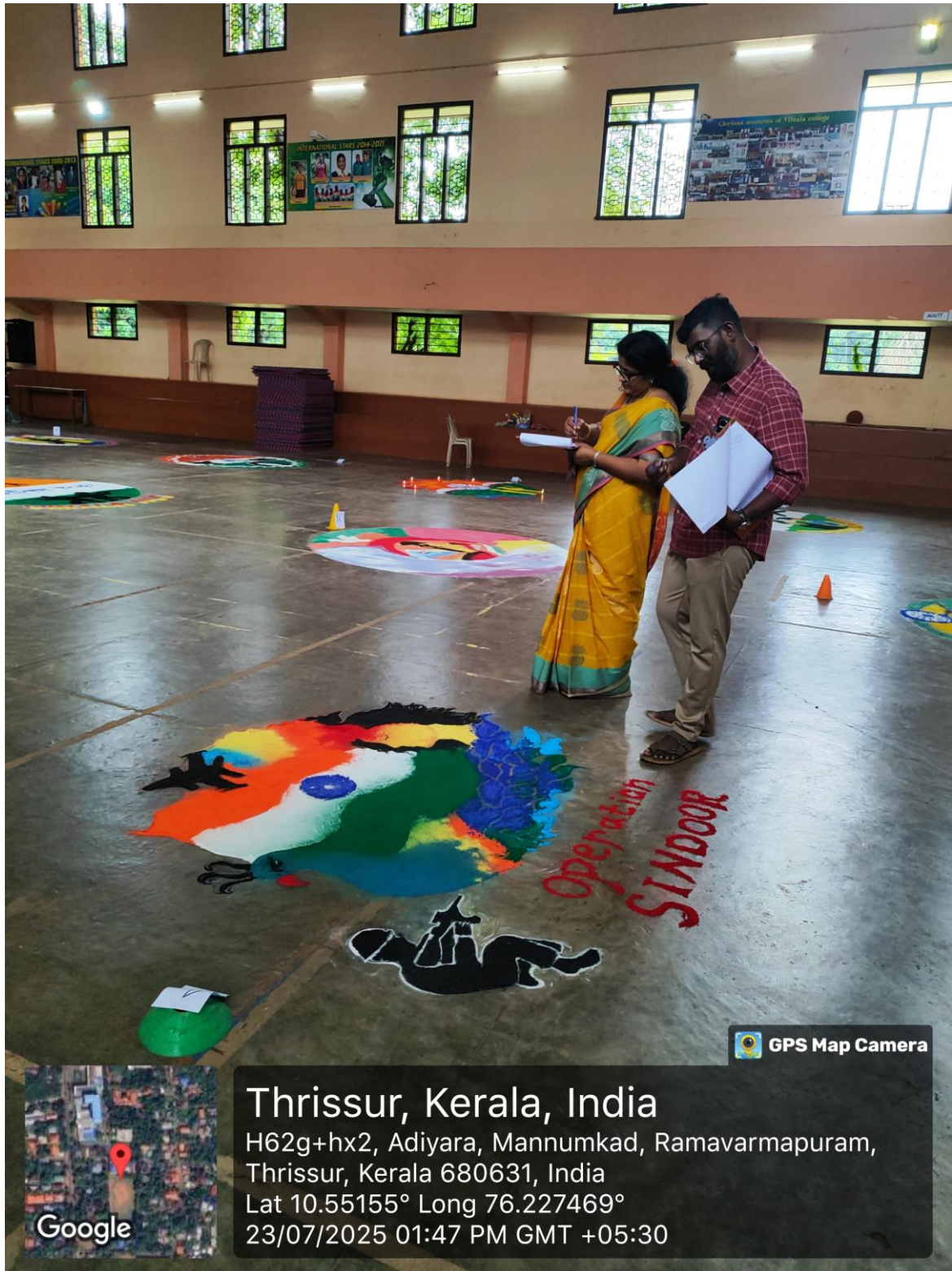
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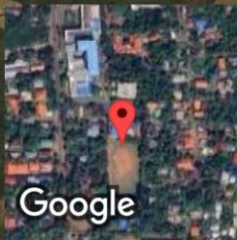
Thrissur, Kerala, India

H62g+wp3, Cheror - Kuttumuck Rd, Adiyara, Pallimoola,
Mannumkad, Ramavarmapuram, Thrissur, Kerala 680009, India
Lat 10.552285° Long 76.226828°
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GPS Map Camera



GPS Map Camera



Google

Thrissur, Kerala, India

H62g+hx2, Adiyara, Mannumkad, Ramavarmapuram,

Thrissur, Kerala 680631, India

Lat 10.55155° Long 76.227469°

23/07/2025 01:47 PM GMT +05:30



VIMALA COLLEGE (AUTONOMOUS) THRISSUR
NSS UNIT NO:120&43



JULY 28

WORLD HEPATITIS DAY

*"Healthy Beginnings,
Hopeful Futures"*

Event: Pledge For Life

28/07/2025

11:30 AM

: Infront of Auditorium

PROGRAMME OFFICERS

**DR. SMITHA PS
MS. ANN MARIA JOSE C**

PRINCIPAL

DR. SR BEENA JOSE

STUDENT SECRETARY

DILSHANA SHEBIN E

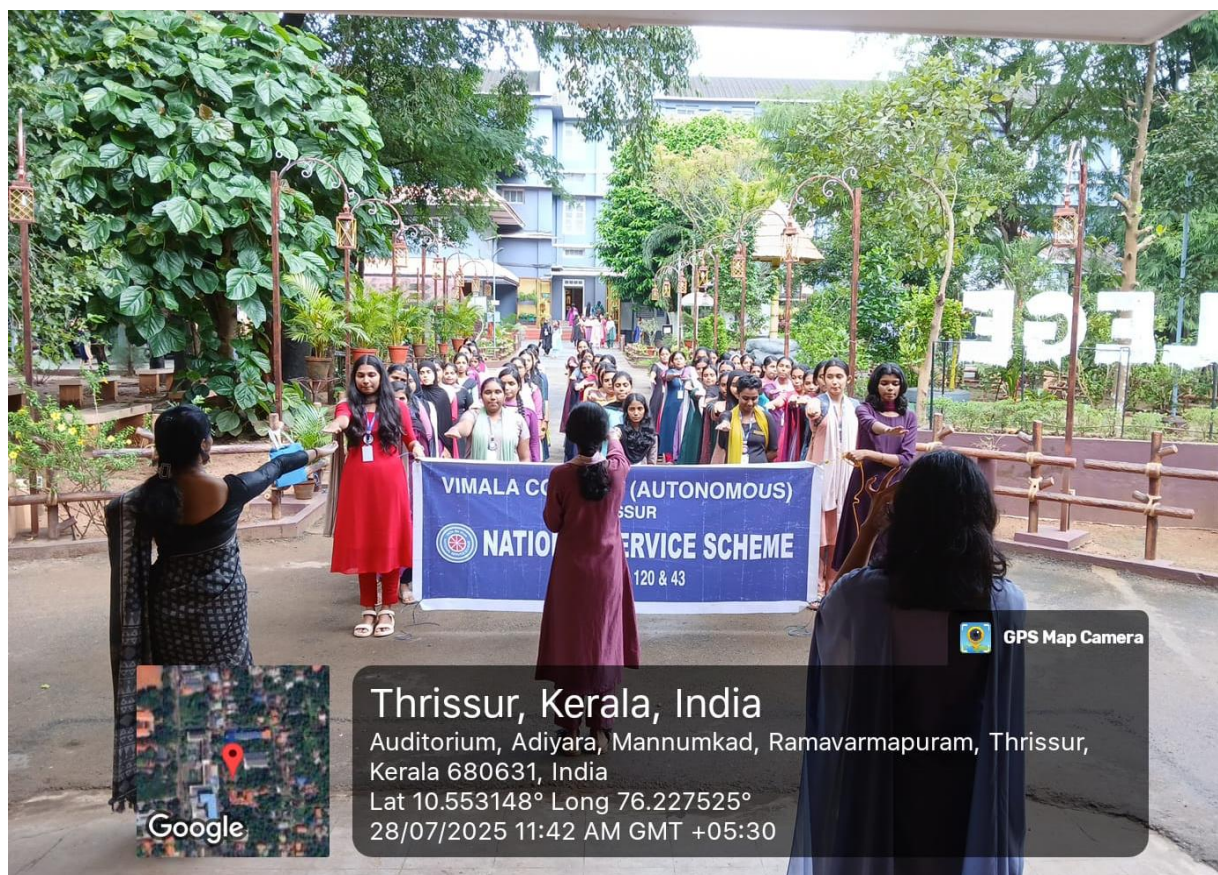
WORLD HEPATITIS DAY

Date : 28th July 2025

Place : Vimala College

Time : 11. 30 am

On 28th July 2025, NSS Units 43 and 120 jointly observed World Hepatitis Day to raise awareness about this serious liver infection and promote preventive healthcare among students. As part of the program, all NSS volunteers took a pledge to stand against Hepatitis, promising to spread knowledge about its causes, prevention, and early detection. A special awareness session was conducted where an expert speaker addressed the students, highlighting important facts about Hepatitis types (A, B, C, D, and E), its transmission, and the importance of vaccination and hygiene. Also encouraged regular health check-ups and educated the audience on how early diagnosis can save lives. The event was both educational and inspiring, helping volunteers understand their role in community health promotion. The session ended with a call to action for all participants to become youth ambassadors for health awareness in their respective communities.





Thrissur, Kerala, India

Auditorium, Adiyara, Mannumkad, Ramavarmapuram,
Thrissur, Kerala 680631, India

Lat 10.55322° Long 76.227599°

28/07/2025 11:42 AM GMT +05:30

Vimala College (Autonomous) Thrissur

NSS Units No.43 & 120



**നാഷണൽ സർവീസ് സ്കീമും,
ഗണിത ശാസ്ത്ര വിഭാഗവും
&**

OISCA ഇന്റർനാഷണൽ

**സംയുക്തമായി നടത്തുന്ന
മഞ്ഞൾ നടീൽ**



On 30.07.2025



@ 2:00 pm



Principal

Dr. Sr Beena Jose

Programme Officers

**Dr.Smitha P S
Ms. Ann Maria Jose C**

NSS Secretary

Dishana Shebin C

The NSS Units No. 43 & 120 of Vimala College (Autonomous), Thrissur, in collaboration with the Department of Mathematics and OISCA International, organized a joint turmeric planting programme as part of the institution's commitment to environmental sustainability and community engagement. This initiative was aligned with the vision of promoting eco-friendly practices and spreading awareness about the medicinal and economic benefits of turmeric cultivation. The event saw enthusiastic participation from students and faculty members, who actively took part in planting turmeric in the designated green spaces. The programme not only fostered environmental responsibility but also highlighted the importance of teamwork and social commitment.





Thrissur, Kerala, India

Auditorium, Adiyara, Mannumkad, Ramavarmapuram,
Thrissur, Kerala 680631, India

Lat 10.552998° Long 76.22792°

30/07/2025 02:30 PM GMT +05:30

GPS Map Camera



GPS Map Camera



Thrissur, Kerala, India

H63g+crw, Adiyara, Mannumkad, Ramavarmapuram,
Thrissur, Kerala 680631, India

Lat 10.553447° Long 76.227018°

30/07/2025 02:18 PM GMT +05:30



VIMALA COLLEGE (AUTONOMOUS) THRISSUR

UNIT NO. 43 & 120



National Service Scheme
in association with
Simons Eye Hospital
Organizes
Free Eye Check up
Camp



31.07.2025



College Auditorium



09:30 am - 02:30 pm



Principal

Dr. Sr. Beena Jose

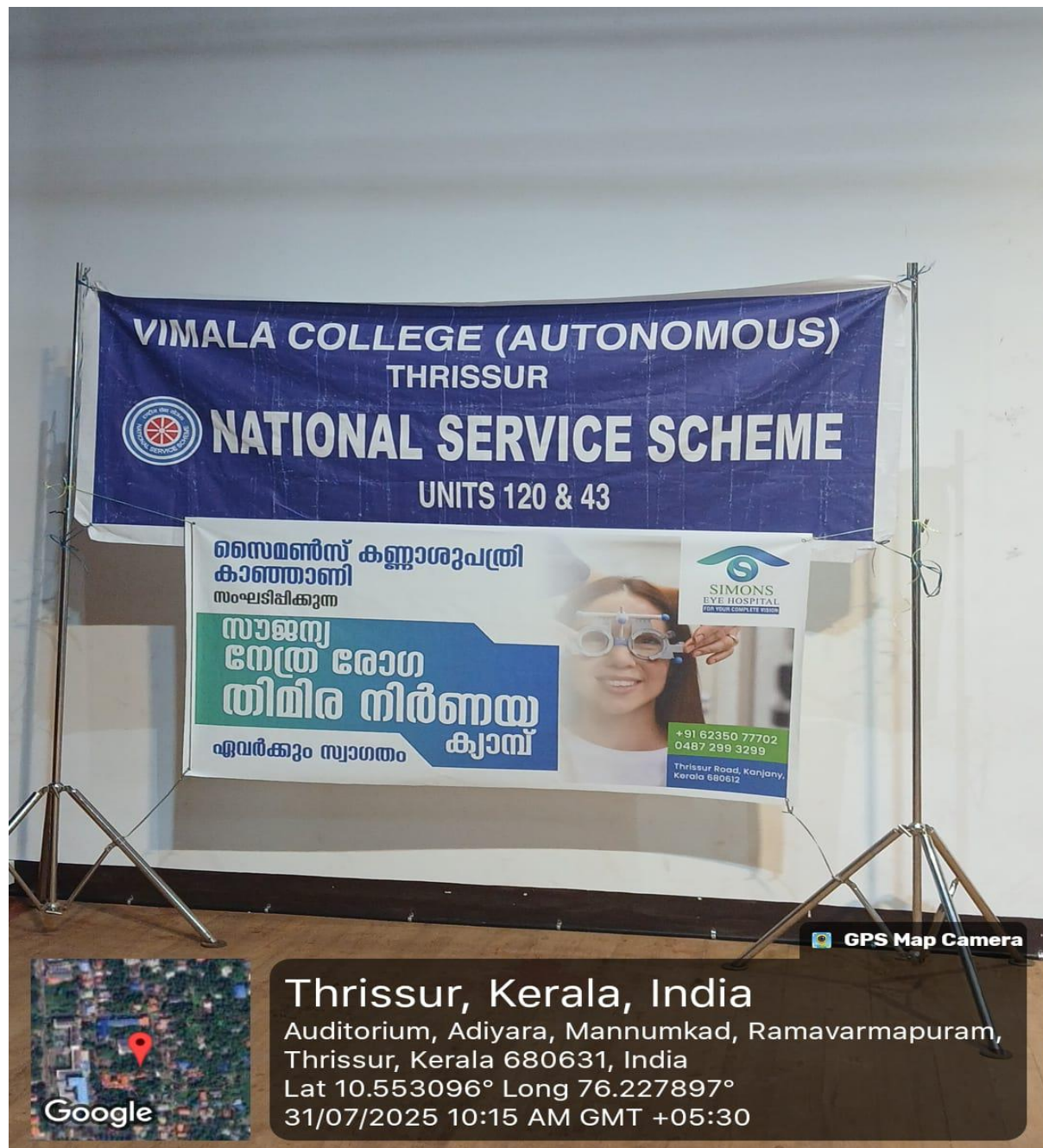
Programme Officers

Dr. Smitha P S
Ms. Ann Maria Jose C

NSS Secretary

Dilshana Shebin C

The NSS Units 43 & 120 of Vimala College (Autonomous), Thrissur, in collaboration with Simons Eye Hospital, organized a Free Eye Check-up Camp on campus as part of their health and community welfare initiatives. The camp aimed to promote the importance of regular eye check-ups and early detection of vision-related issues among students and staff. A dedicated team of ophthalmologists and support staff from Simons Eye Hospital conducted comprehensive eye examinations, screened for common eye problems, and provided consultations and prescriptions when needed. The camp witnessed active participation and appreciation from beneficiaries, many of whom received valuable advice on eye care and preventive measures. This initiative not only contributed to the well-being of the college community but also reinforced the NSS's role in fostering health awareness and social responsibility.





GPS Map Camera



Thrissur, Kerala, India

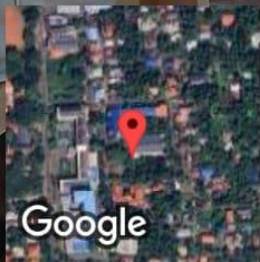
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Thrissur, Kerala 680631, India

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GPS Map Camera



Thrissur, Kerala, India

Auditorium, Adiyara, Mannumkad, Ramavarmapuram,
Thrissur, Kerala 680631, India

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Thrissur, Kerala, India

Auditorium, Adiyara, Mannumkad, Ramavarmapuram,
Thrissur, Kerala 680631, India

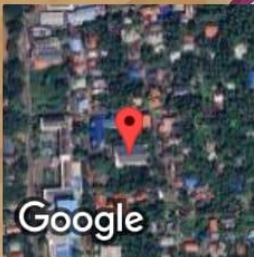
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GPS Map Camera



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Thrissur, Kerala, India

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Thrissur, Kerala 680631, India

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31/07/2025 10:25 AM GMT +05:30

VIMALA COLLEGE (AUTONOMOUS), THRISSUR

NAAC REACCREDITED (4th CYCLE)A+ GRADE WITH CGPA 3.45



National Disaster Response Force

DISASTER MANAGEMENT AWARENESS PROGRAMME AND HANDS ON WORKSHOP



**NCC under 7 Kerala Girls Battalion, NSS units 43 and 120
and Department of Physical Education conjointly
organises Disaster Management Awareness Class led
by NDRF.**

 **VENUE : Auditorium**

 **DATE : 05/08/2025**

 **TIME : 9:30am**

 **@vimala_ncc_**
 **@ncc_vimala**

**Principal
Dr. Sr. Beena Jose**

DISASTER MANAGEMENT AWARENESS WORKSHOP

Date : 5th August 2025

Venue : Vimala College

Time : 9.30 am

NSS Units 43 & 120, NCC units, and the Physical Education Department jointly organized a Disaster Management Awareness Workshop led by the National Disaster Response Force (NDRF). The program began with an introduction to the concept of disasters, their causes, and the serious impacts they can have on human life and society. The resource persons from NDRF explained various types of natural and man-made disasters and stressed the importance of preparedness, alertness, and quick response during such situations. The session also highlighted preventive measures and safety protocols that individuals and communities can adopt to reduce risks. A special focus was given to rescue methods and first-aid practices that are crucial in emergency times. Following the awareness session, a practical training was conducted where the participants were actively engaged in mock drills and demonstrations. This hands-on experience helped the students to understand how to remain calm and act effectively when faced with disaster situations. The workshop was highly beneficial as it not only spread awareness but also developed confidence and responsibility among the students to contribute towards disaster preparedness and safety in society.



GPS Map Camera



Thrissur, Kerala, India

Kodungallur Shornur Road, Ramavarmapuram,
Thrissur, Kerala 680631, India

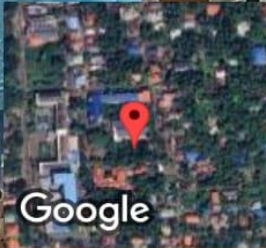
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08/05/2025 09:46 AM GMT+05:30

Note : Captured by GPS Map Camera



GPS Map Camera



Google

Thrissur, Kerala, India

Auditorium, Adiyara, Mannumkad, Ramavarmapuram,
Thrissur, Kerala 680631, India

Lat 10.553218° Long 76.227834°

05/08/2025 10:26 AM GMT +05:30



GPS Map Camera



Thrissur, Kerala, India

Ramavarmapuram, Thrissur, Kerala 680631,
India

Lat 10.553149, Long 76.227783

08/05/2025 10:36 AM GMT+05:30

Note : Captured by GPS Map Camera



VIMALA COLLEGE (AUTONOMOUS) THRISSUR
NSS UNIT NO:120&43



NATIONAL YOUTH DAY

NSS ORIENTATION PROGRAMME



Shri. Brahmanayakam Mahadevan
NSS National Youth Trainer



Venue: College Indoor



Date: 12-08-2025



Time: 1 - 3 PM

PROGRAMME OFFICERS

Dr. Smitha P S
Ms. Ann Maria Jose C

PRINCIPAL

Dr. Sr. Beena Jose

NSS SECRETARIES

Dilshana Shebin E
Fathima Sana P M

NATIONAL YOUTH DAY

Date : 12th August 2025

Venue : Vimala College

Time : 1 to 3 pm

NSS Units 43 and 120 celebrated National Youth Day with great enthusiasm and energy, marking the birth anniversary of Swami Vivekananda. The program was highlighted by an inspiring orientation session led by Shri. Brahmanayakam Mahadevan, NSS National Youth Trainer, who spoke on the values, vision, and importance of NSS in shaping youth into socially responsible leaders. His talk motivated the volunteers to realize the power of service and teamwork. The session was made more engaging with activities that included laughter exercises, dance, and interactive games, which brought a joyful atmosphere to the gathering. Volunteers also had the opportunity to mingle with peers from other classes, exchange ideas, and build new friendships, adding to the spirit of unity and togetherness. The celebration not only enriched the volunteers with knowledge but also left them with beautiful memories of joy, bonding, and inspiration.







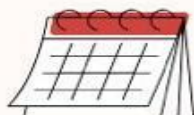
VIMALA COLLEGE AUTONOMOUS THRISSUR

UNIT NO: 120 & 43



ANTI DRUG MASS PLEDGE

Nasha Mukta Bharat Abhiyaan



13th August



12pm



Enquiry

Programme Coordinators

Dr Smitha PS

Ms Ann Maria Jose C

Principal

Dr Sr Beena Jose

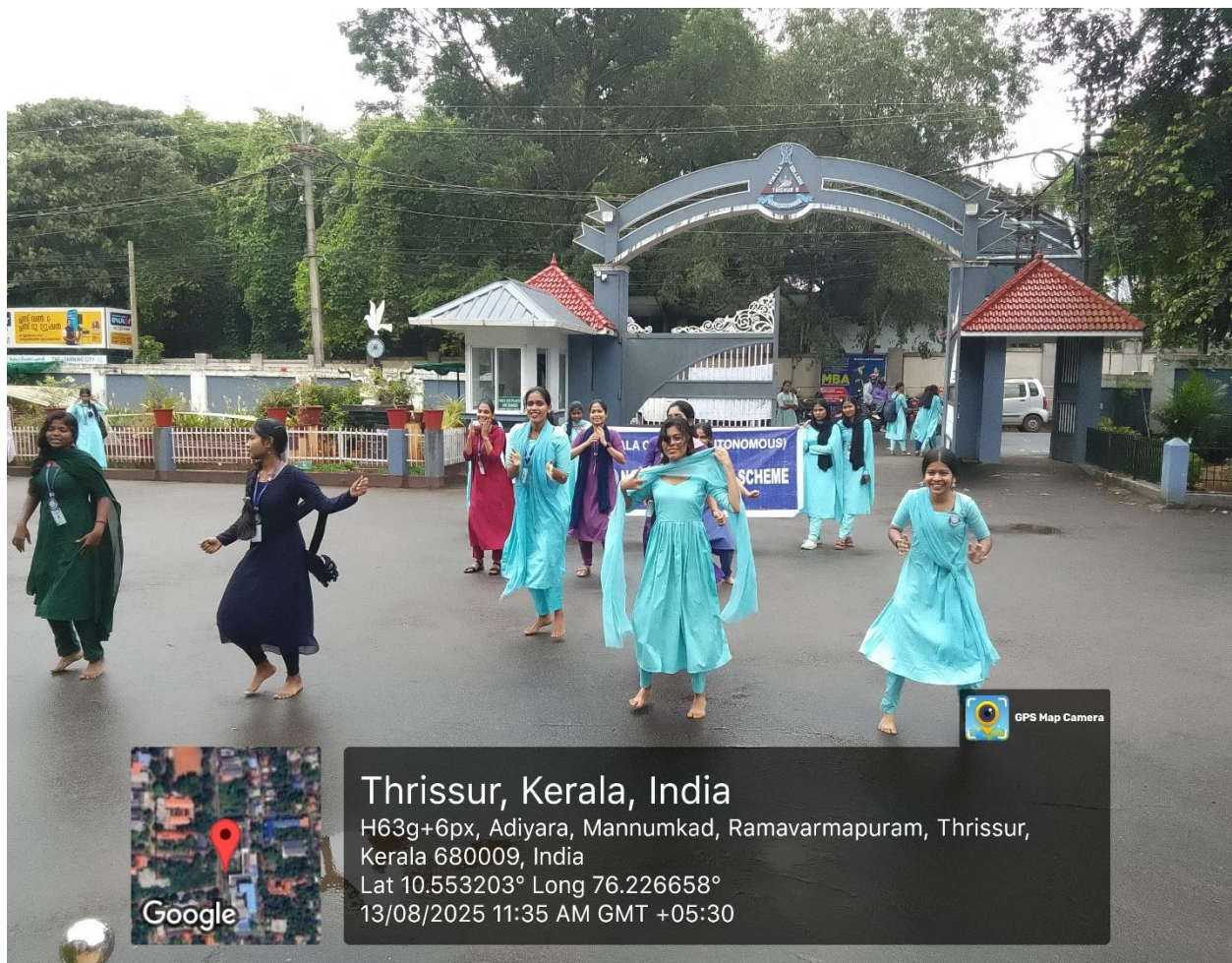
Student Secretaries

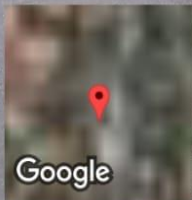
Dilshana Shebin

Fathima Sana PM



The NSS Units No. 120 and 43 of Vimala College (Autonomous), Thrissur, conducted a meaningful programme on 13th August at 12 pm as part of the *Nasha Mukta Bharat Abhiyaan*, with the focus on *Good Health and Well-being*. The event began with an *Anti-Drug Mass Pledge*, where students unitedly vowed to stay away from drugs and to spread awareness against substance abuse in their families and communities. This was followed by a small yet powerful dance performance, which symbolically conveyed the importance of a healthy, addiction-free lifestyle and the role of youth in shaping a better future. The programme created a strong sense of responsibility among students, reminding them that good health and discipline are the foundations of personal and social progress. Overall, the initiative served as an inspiring step towards building a drug-free campus and contributing to the vision of a healthier and stronger nation.





Thrissur, Kerala, India

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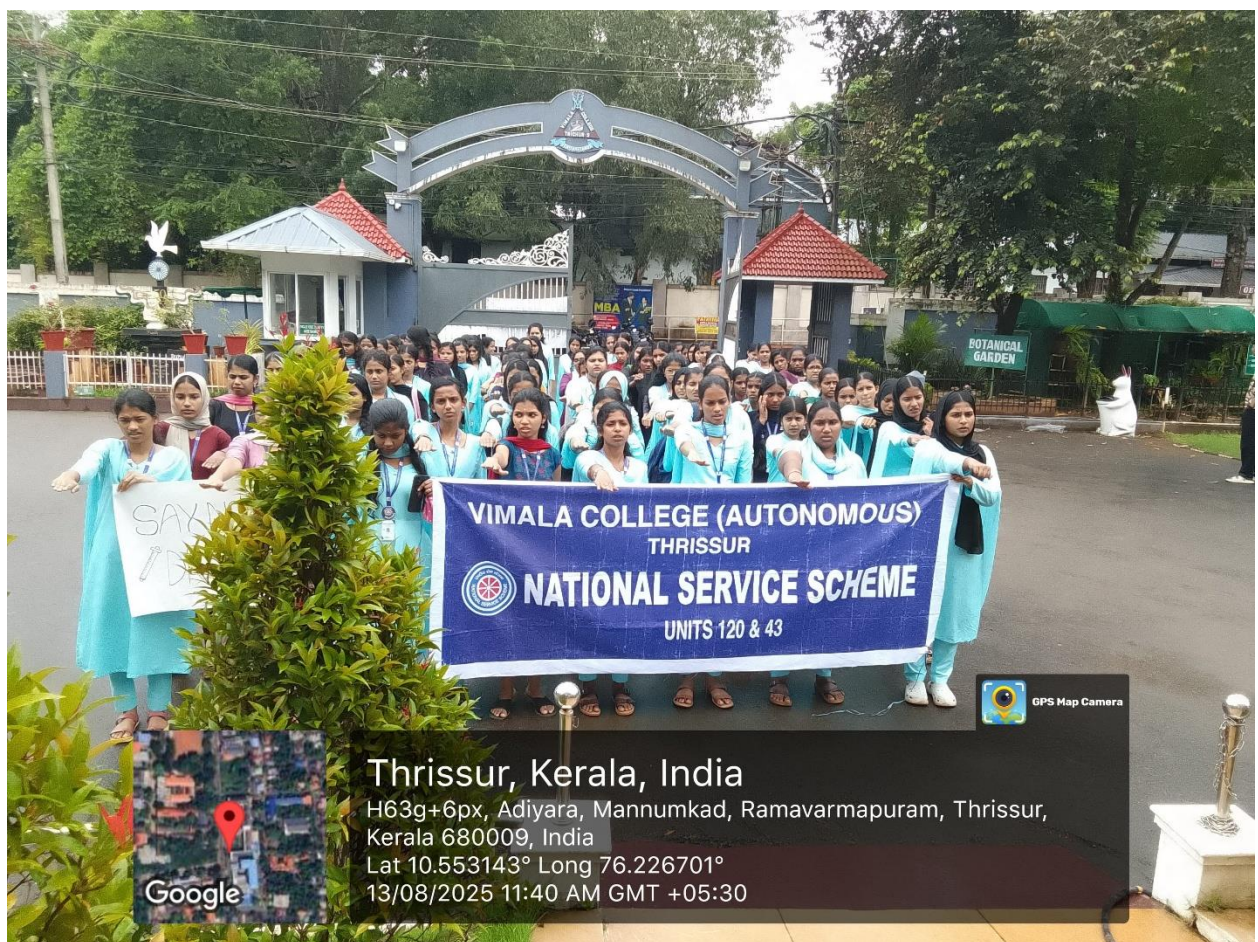


Thrissur, Kerala, India

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13/08/2025 11:38 AM GMT +05:30

GPS Map Camera





VIMALA COLLEGE (AUTONOMOUS)
THRISSUR



NATIONAL SERVICE SCHEME

Unit no: 43 & 120

Unity in Diversity FREEDOM WALL

Board where Students can write
their thoughts on

"What freedom means to Me"



Liesure Tower



9:00 onwards



14-8-25



Principal

Programme officers

NSS Secretary

Dr. Sr. Beena Jose

Dr. Smitha PS

Dilshana Shebin E

Ms. Ann Maria Jose C

Fathima Sana P M

VIMALA COLLEGE (AUTONOMOUS) THRISSUR



NSS UNIT 43-120

79th



INDEPENDENCE DAY CELEBRATION

TRICOLOUR GLORY - ELEGANT & PATRIOTIC WORKSHOP

JOIN US FOR AN ECO-FRIENDLY INDEPENDENCE DAY WORKSHOP
FEATURING HANDMADE DECORATIONS TO HONOUR OUR NATION'S

SPIRIT

WORKSHOP

EVENT 1 : SUSTAINABLE FLAG MAKING

EVENT 2 : ECO PAPER GLASS PAINTING

Date

14/08/2025

Venue

@LEISURE TOWER

Time

9.30AM-11.30AM

Unitedly we can step into a creative zone of patriotism where
creativity meets the colour of our nation!

Come!!! Let's paint our campus in saffron, white and green! 

PROGRAMME OFFICER

**DR.SMITHA P S
MS ANN MARIA JOSE C**

PRINCIPAL

DR.SR BEENA JOSE

STUDENT COODINATOR

**DILSHANA SHEBIN
FATHIMA SANA P M**



**VIMALA COLLEGE (AUTONOMOUS)
THRISSUR**



**NSS Unit Nos 43 & 120
&
Physical Education Department**



**79th Independence Day
Flag hoisting @ 9 am**

Programme Officers

Dr. Smitha P S
Ms. Ann Maria Jose C
Ms. Agibet Mathews

Principal

Dr. Sr. Beena Jose

NSS Secretaries

Dilshana shebin E
Fathima Sana P M

CELEBRATED INDEPENDENCE DAY

Date : 14th & 15th August 2025

Venue : Vimala College

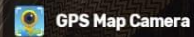
The NSS Units 43 and 120 of Vimala College (Autonomous), Thrissur, jointly celebrated Independence Day 2025 with a series of vibrant and meaningful programmes that reflected patriotism, creativity, and unity. On 14th August 2025, as a prelude to the Independence Day celebration, the volunteers organized a creative initiative titled “Freedom Wall”, where students enthusiastically expressed their reflections on the theme “What Freedom Means to Me” using natural dye colours, adding a unique and eco-friendly dimension to the activity. Alongside this, students also showcased their talent and environmental awareness through Sustainable Flag Making and Eco Paper Glass Painting, which beautifully combined artistry with responsibility. The official Independence Day celebration was held on 15th August 2025 in association with the Physical Education Department, beginning with the flag hoisting ceremony led by the Principal, followed by patriotic programmes. A special highlight of the day was the dance display performed by NSS volunteers and sports students, which not only captivated the audience but also emphasized the significance of freedom and the responsibility of cherishing it. The celebrations as a whole instilled in the students a deep sense of national pride, unity in diversity, and the values of sustainability and creativity.

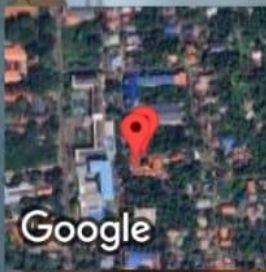


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GPS Map Camera

Thrissur, Kerala, India

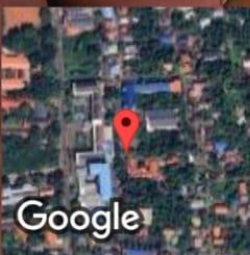
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GPS Map Camera



Thrissur, Kerala, India

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Thrissur, Kerala 680009, India

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GPS Map Camera



Thrissur, Kerala, India

H63g+6vh, Adiyara, Mannumkad, Ramavarmapuram,

Thrissur, Kerala 680009, India

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GPS Map Camera

Thrissur, Kerala, India

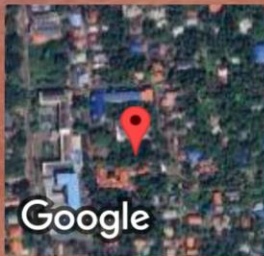
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Google



 GPS Map Camera



Thrissur, Kerala, India

Auditorium, Adiyara, Mannumkad, Ramavarmapuram,
Thrissur, Kerala 680009, India

Lat 10.553139° Long 76.227814°

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VIMALA COLLEGE (AUTONOMOUS)
THRISSUR
NATIONAL SERVICE SCHEME
UNIT NO:43&120

HAIR DONATION CAMPAIGN



13/8/2025 to 27/8/25



Fathima Sana PM -8891934064
Dilshana Shebin-8891104179

PROGRAM OFFICER
Dr.Smitha PS
Ms Ann Maria Jose C

PRINCIPAL
Dr Sr Beena Jose

STUDENT COORDINATORS
Dilshana Shebin
Fathima Sana PM

HAIR DONATION CAMPAIGN

Date : 13th August - 27th August 2025

Venue : Vimala College

NSS Units 43 and 120, in collaboration with Amala Hospital, Thrissur, organized a Hair Donation Campaign as part of their service-oriented activities with the objective of extending support to cancer patients undergoing chemotherapy. The program aimed at creating awareness about the struggles faced by patients, particularly the emotional impact of hair loss during treatment, and inspiring students to come forward with acts of compassion. The campaign witnessed enthusiastic participation from volunteers and well-wishers, many of whom generously donated their hair, which will be utilized by Amala Hospital to prepare wigs for cancer patients, thereby helping them regain confidence, dignity, and hope. The initiative not only reflected the true spirit of NSS in serving society but also stood as a symbol of kindness and solidarity, motivating others to engage in similar humanitarian efforts in the future.



VIMALA COLLEGE (AUTONOMOUS) THRISSUR
NSS UNIT NO. 43 & 120

എച്ച്. ഐ. വി. എയ്ഡ്സ്
ബോധവൽക്കരണ പരിപാടി

അലാമിക് കളി
വയനാട് നാട്ടുകൂട്ടം



22-08-2025



3:00 pm



സിൽവർ ജൂബിലി സെമിനാർ ഹാൾ



HIV AIDS AWARENESS PROGRAMME

Date : 22nd August 2025

Venue : Vimala College

Time : 3 pm

NSS Units 43 and 120 of Vimala College (Autonomous), Thrissur, in collaboration with KSACS, NACO, and the Department of Health Services, organized an HIV/AIDS awareness programme. As part of the event, a vibrant Alamikkali (folk art performance) by the Wayanad Nattukootam was presented, creatively conveying the importance of awareness on HIV/AIDS through cultural expression. Alamikkali, a traditional folk performance known for its rhythmic movements, colourful expressions, and community storytelling, effectively captured the attention of the audience and made the social message more relatable. The programme emphasized that early testing, safe practices, proper medical care, and eliminating stigma are key steps in the prevention and control of HIV/AIDS. NSS volunteers actively participated, ensuring the programme successfully inspired students to reflect on social responsibility, health consciousness, and community well-being.



Vimala College (Autonomous) Thrissur



NSS UNITS : 43 & 120



WORLD ENVIRONMENT DAY

In association with
Departments of Physics and Sociology Organizes

"Plant A Tree"

5th June 2025

@ 8.30 AM

The Campaign is graced by the Distingused Presence of



Dr. Raghavendra Bhatta

Deputy Director General
(Animal Science), ICAR



Dr. Venkitasubramanian

Director ATARI
Bengaluru



Dr. Jacob John

Director of EXTENSION KAU



Dr. Mary Regina

Programme Coodinator
KVK Thrissur

Programme Officers

Dr. Smitha P S
Ms. Ann Maria Jose C

Coordinators

Dr. Mini Krishna
Department of Physics (HoD)
Dr. Binu
Department of Sociology (HoD)

Principal

Dr. Sr Beena Jose

NSS Secretary

Dilshana Shebin E

The NSS Units 43 and 120 of Vimala College, in collaboration with the Departments of Physics and Sociology, organized a "Plant A Tree" campaign in celebration of World Environment Day. The event was graced by the distinguished presence of Dr. Raghavendra Bhatta (Deputy Director General, Animal Science, ICAR), Dr. Venkitasubramanian (Director, ATARI Bengaluru), Dr. Jacob John (Director of Extension, KAU), and Dr. Mary Regina (Programme Coordinator, KVK Thrissur). Together, they planted a tree, symbolizing collective responsibility for nature. The dignitaries emphasized the vital role trees play in sustaining life, improving air quality, and combating climate change, encouraging students to nurture a greener future.





Thrissur, Kerala, India

H63g+6vh, Adiyara, Mannumkad, Ramavarmapuram, Thrissur, Kerala
680631, India

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05/06/2025 09:24 AM GMT +05:30



GPS Map Camera



Thrissur, Kerala, India

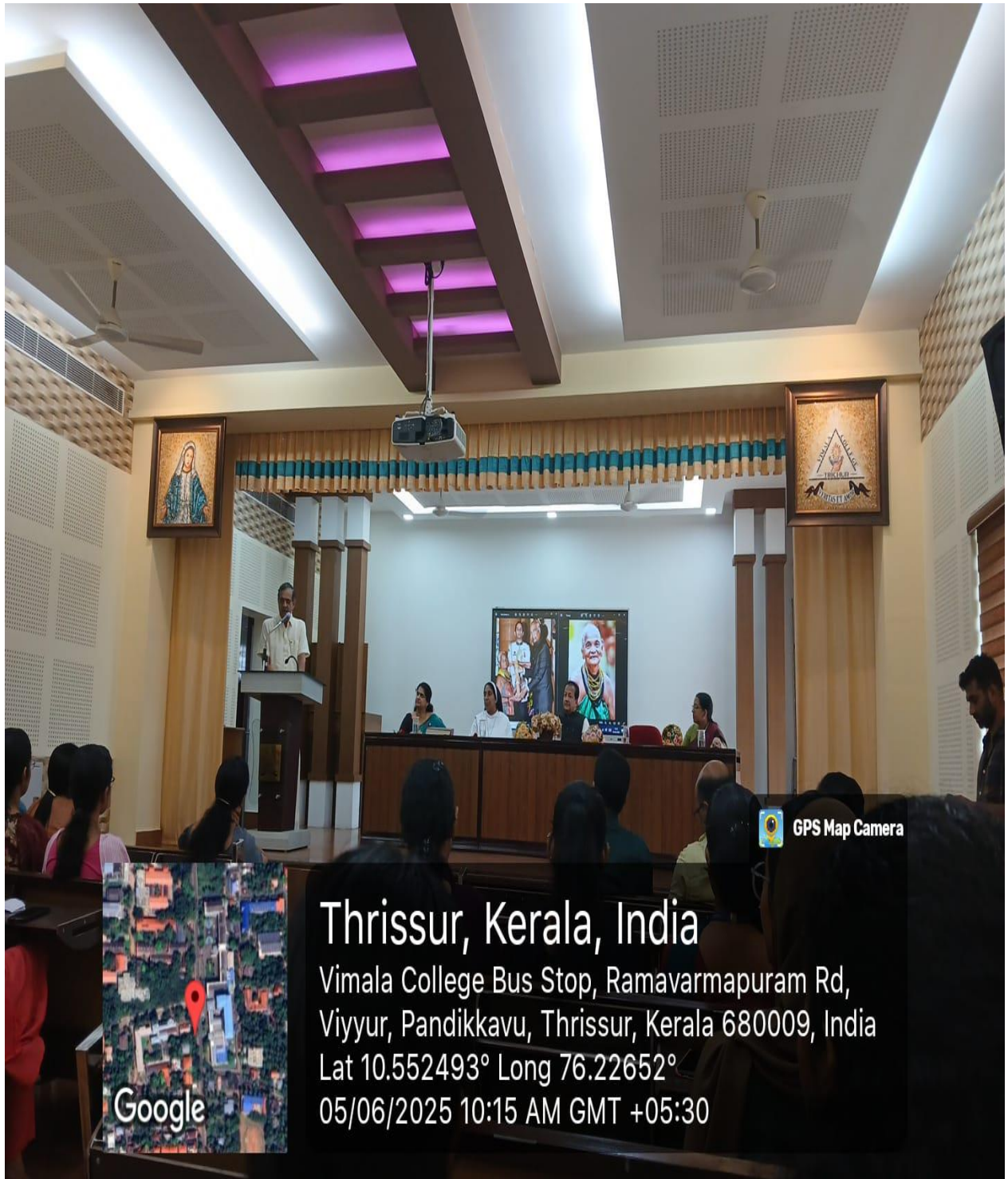
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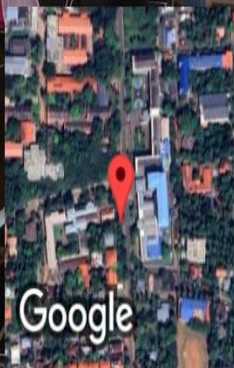


Thrissur, Kerala, India

Vimala College Bus Stop, Ramavarmapuram Rd,
Viyyur, Pandikkavu, Thrissur, Kerala 680009, India

Lat 10.552493° Long 76.22652°

05/06/2025 10:15 AM GMT +05:30



Google

GPS Map Camera



 **GPS Map Camera**

Thrissur, Kerala, India

H62g+xqr, Adiyara, Mannumkad, Ramavarmapuram, Thrissur, Kerala 680631, India

Lat 10.552426° Long 76.227108°

05/06/2025 09:33 AM GMT +05:30



VIMALA COLLEGE
(AUTONOMOUS), THRISSUR
NSS UNITS 120 & 43



Together for a Greener Tomorrow

An NSS green initiative to convert Vimala College roadside spaces into green zones with:

- Native ornamental plants
- Color-coded waste segregation bins
- Eco-awareness slogan boards

Why This Matters?

- Reduce urban carbon emissions through urban greenery
- Pollution filtration from air and soil
- Beautify and clean roadside environments
- Improved waste management and recycling
- Community awareness and pride

Join our green movement!

- Volunteer for our care and maintenance
- Help spread awareness in your local area
- Encourage schools, businesses, and families to participate

Contact Us:

- 0487 2332080
- Vimala College, Thrissur
- mail@vimalacollege.edu.in
- www.vimalacollege.edu.in
- nssvimalacollege_official

Official launch of the project

"Beautification of College Road under the 'Garbage-Free Kerala' Initiative"

By



Hon. Mayor Sri. M. K Varghese
Thrissur Corporation



June 5th 2025

@11.30 AM, Marian Hall

Sustainable Living, Better Future

Programme

Prayer: Ms. Vinaya

Welcome speech: Dr Smitha P.S, NSS Programme Officer

Presidential Address: Dr Sr Beena Jose, Principal

Inaugural Address: Mayor: Sri M K Varghese

Official Launch of the Project by Hon. Mayor

Felicitations:

Smt. Radhika Ashokan, Councillor

Adv. Villi Jijo, Councillor

Sri N. A Gopakumar, Councillor

Sri. Rajinesh Rajan, Programme Officer, Suchithwa Mission

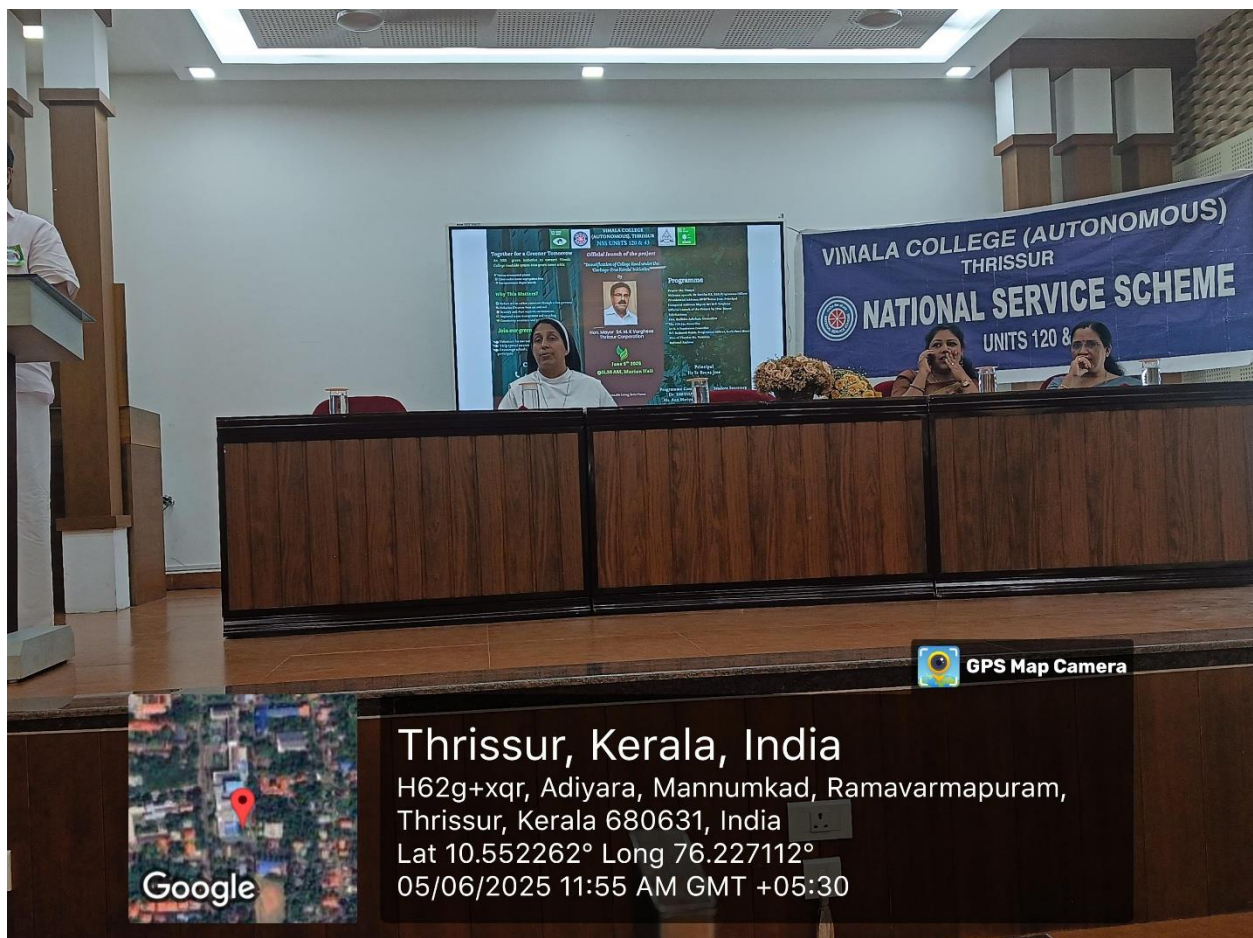
Vote of Thanks: Ms. Namitha

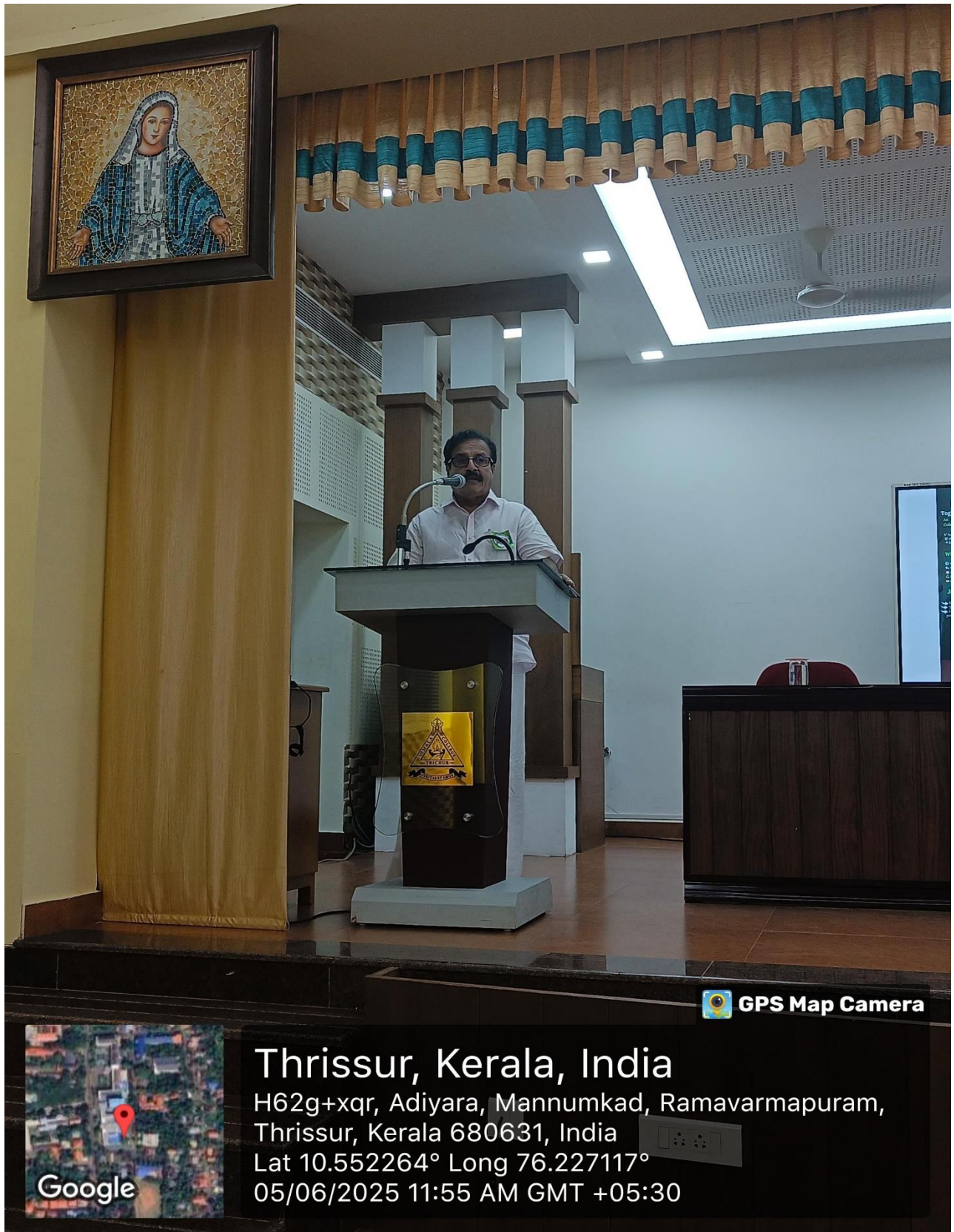
National Anthem

Principal
Dr Sr Beena Jose

Programme Coordinators Student Secretary
Dr. SMITHA P.S Dilshana Shebin C
Ms. Ann Mariya Jose C

The NSS Units 43 and 120 of Vimala College, in collaboration with the 'Garbage-Free Kerala' initiative, officially launched the project "Beautification of College Road" with the esteemed presence of Hon. Mayor Sri. M. K. Varghese of Thrissur Corporation. The Mayor inaugurated the event and praised the institution for its proactive approach towards environmental responsibility and civic engagement. He emphasized the role of educational institutions in setting an example for the community in promoting cleanliness and sustainability. Although the physical beautification work is yet to commence, the launch served as a symbolic and motivational beginning, laying the groundwork for future action. The project aims to transform the stretch of road adjoining the college into a clean, green, and welcoming space, thereby contributing to the broader vision of a garbage-free, environmentally conscious Kerala. The initiative also seeks to instil a strong sense of social responsibility and environmental awareness among the student volunteers and the local community.





 **GPS Map Camera**



Thrissur, Kerala, India

H62g+xqr, Adiyara, Mannumkad, Ramavarmapuram,

Thrissur, Kerala 680631, India

Lat 10.552264° Long 76.227117°

05/06/2025 11:55 AM GMT +05:30



VIMALA COLLEGE (AUTONOMOUS), THRISSUR
NSS UNITS 43 & 120



JUNE 5
WORLD
ENVIRONMENT DAY



PLANT A TREE TODAY FOR A BETTER TOMORROW

#BEAT PLASTIC POLLUTION

~NOT ME, BUT YOU

In connection with World Environment Day, the NSS Units 43 and 120 of Vimala College, Thrissur organized a green initiative titled “Plant A Tree For A Better Tomorrow.” As part of this program, NSS volunteers actively participated by planting saplings in their homes. The initiative aimed to spread awareness about environmental conservation, climate responsibility, and the importance of increasing green cover. By choosing to plant trees at home, volunteers highlighted how individual actions, even at a small scale, can contribute to a larger environmental impact. The campaign also encouraged family involvement and helped instill eco-conscious values among the community. Overall, the event was a meaningful step towards building a greener, healthier future.









GPS Map Camera



Thrissur, Kerala, India

G6mv+6xq, Mukkattukara, Thrissur, Kerala 680005, India

Lat 10.532955° Long 76.244626°

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 **GPS Map Camera**



Thrissur, Kerala, India

G6xm+3jx, Manavazhi, Kuttumuck, Cheror,
Thrissur, Kerala 680008, India

Lat 10.547236° Long 76.234132°

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India



06/06/2025



10.66963



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76.20898

Google



VIMALA COLLEGE
(AUTONOMOUS), THRISSUR
NSS UNIS 43 & 120



A Day of Care and Connection



"The best classroom in the world is at the feet of an elderly person."

- Andy Rooney

Event : Visit to Old Age Home

Time : 2:30 pm to 3:30 pm

Date : 25/06/2025

Venue : Christ Villa poor home

Programme Officers
Dr Smitha P S
Ms Ann Maria Jose

Principal
Dr. Sr Beena Jose

Student Coordinator
Fathima Sana P M

Visit to Old Age Home

Venue : Christ Villa Poor Home

Date : 25th June 2025

Time : 2.30 pm

On 25th June 2025, The NSS units 43 and 120 organized a compassionate and joyful visit to Christ Villa Poor Home, located in Ramavarmapuram, as part of their community outreach activities. The volunteers were warmly welcomed by the residents, and the atmosphere soon turned lively and cheerful. The day was filled with music, laughter, and heartfelt interactions as the NSS volunteers sang songs, danced, and engaged in meaningful conversations with the inmates. They listened attentively to the stories and experiences shared by the residents, offering companionship and emotional warmth. The volunteers also shared their thoughts and speeches, which brought smiles to the faces of everyone present. Through this beautiful exchange, the volunteers were able to spread happiness and foster a sense of belonging among the residents. It was not just an act of service but a day of mutual love, bonding, and unforgettable memories that reminded everyone of the simple joys of human connection.



ശ്രീകൃഷ്ണൻ വിദ്യാ പുസ്തകാലയം
രാമവർമ്മപുരം തൃശ്ശൂർ-680631 തൃശ്ശൂർ അതിരൂപത.

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Thrissur, Kerala, India

Ramavarmapuram, H65m+x97, Mannumkad,
Ramavarmapuram, Thrissur, Kerala 680631, India
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