

DEPARTMENT OF BOTANY

HERBAL COSMETOLOGY

SYLLABUS

(Theory 20 hrs & Practical 10 hrs, Total: 30 hrs)

Course Outcomes

- To provide self-employability skills
- To gain more insights about the cosmetic properties of medicinal plants commonly used in Ayurveda

Course Content

Sl No	Topic	Hrs
1.	Introduction to herbal cosmetology, relevance, commercial aspects of herbal cosmetology, scope and applications	2 Hrs
2.	Plants commonly used in herbal cosmetics - For Skin, Hair & Face Aloe vera, Turmeric, Avocado, Almond, Amla, Henna, Sandal wood, Saffron, Licorice, Manjistha, Neem, Tulsi <ul style="list-style-type: none">• Common name• Parts used• Products that can be prepared with them• Method of preparation	15 Hrs
3.	Fruits that can be used in herbal cosmetology	3 Hrs
4.	Practical sessions (10 Hrs) <ul style="list-style-type: none">• Preparation cum Demonstration of herbal creams, shampoo, lotions and other cosmetics<ul style="list-style-type: none">• Aloe vera gel• Hair packs• Hair oils• Face packs (pimple face pack and regular face pack)• Herbal lipstick and herbal shampoo	