



NATURE CLUB

VIMALA COLLEGE (AUTONOMOUS), THRISSUR

The Nature Club had a modest start in the year 1967 right from the inception of Vimala College, Thrissur. Since then the Club has been taking up sincere strides to propagate nature consciousness among the youth through a myriad of activities. The Club can boast of contributing a lot towards conserving nature and natural resources *via* conduct of nature camps, interactive sessions with famous environmentalists, nature exploratory trips, nature conservation activities, distribution and planting of tree saplings, participating in nation-wide campaign ‘Swachh Bharat Abhiyan’ and so on. The Nature Club of our college has specific core values that have enabled us to evolve a dedicated group of youth who understands the essentiality of nature for the survival of humanity. These core values contribute to the achievement of both the mission and the vision of our club.

Objectives

- To inculcate awareness and encourage interest in nature among the youth
- To promote and spread the message of nature conservation through various activities
- To co-operate and collaborate with other groups, NGOs having similar objectives in conserving nature
- To explore and study nature through nature exploratory trips
- To encourage study of natural environment by undertaking research projects

- To promote various educational outreach programmes in collaboration with various schools and colleges

Vision

Our vision is a world where the beauty of nature prospers, and people act to conserve nature for their own existence.

Mission

Our Mission is to mould a responsible younger generation devoted to conserve nature on which our entire life depends.

Faculty Coordinator



Smt. Smitha P.S

Student Coordinator



Atly P Jomon

What makes our Club unique?

Communicating with nature is an excellent way to enhance the overall psychological and physical well-being of a person. It can help reduce stress, improve concentration and increase time spent being physically active, according to the American Psychological Association. Hence nature club activities are designed in such a manner to encourage our students to learn and interact with nature apart from their academic activities. We provide numerous

opportunities to our members so as to make their time spent with nature more entertaining and educational. The core activities conducted by our club are:

➤ **Nature Based Art and Crafts**

Art and craft ideas allow students to explore their creative skills in making use of waste materials in and around their homes, which is an eco-friendly way to manage the waste materials and recycle our wastes. For example, students might use the waste cans, pots and newspapers at their home and transform it into very useful art and craft pieces that can be used as home decors, planting containers, and educational tools like files, bags, pencil boxes and so on. They sketch nature's expressions through their beautiful paintings and make collages based on nature conservation themes. They also take photographs of what they see in nature, and create a gallery to share with others through social media.

➤ **Gardening Activities**

Planting a garden enables the students to understand more about the characters of each plant group, what plants need to survive and how to tend and cultivate plants to promote their growth and production of fruits. Our club members could develop a beautiful kitchen garden inside the campus and produce different varieties of vegetables to cook.

➤ **Field Exploration**

We provide an opportunity for the Nature club members to learn about native plants and animals by visiting local nature preserves. A visit to a forest or grassland is another way for students to get up close and personal with nature. Exploring the outdoors is an integral part of our club, so going on a hike in a park, taking camping and trekking trips or doing meditation in an open environment are all great ways to encourage students to get out from their stress and enjoy the luscious beauty of nature.

➤ **Community-based Activities**

Apart from the above activities, our club members are dedicated in community services like cleaning up premises, educating community people about caring for nature, planting trees, setting up herbal gardens and community gardens in schools and health care premises.

How to get enrolled in this Club?

All those who are interested in joining this club can enroll themselves by submitting an online membership form. (link is provided in the college website).

For further clarifications: Please contact Club Coordinator- Smt. Smitha P.S

9400975042

Email: natureclub2k20vimala@gmail.com