



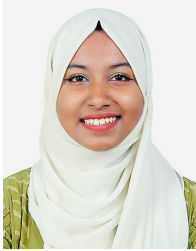




Santwanam – Pain and Palliative Care Club of Vimala College

Santwanam, the pain and palliative care club of Vimala College, aims at improving the quality of life of patients and their families who face problems associated with life-threatening illness. The members of the club conduct various activities to help the suffering and support them to have a quality life. The club conducts awareness programmes on palliative care. The members are trained by qualified personnel. Home visits are conducted to lend care and to spend quality time with the patients and their families.

Faculty Coordinators	Dr Binu Ann Kuriachan Assistant Professor Department of Economics	
	Dr Regina Jose Assistant Professor Department of Physics	
	Ms Jincy T P Assistant Professor Department of Mathematics	 <small>MS JINCY T P</small>
Student Coordinators	Ms Greena V Abraham UG English (2021-24)	
	Ms Fidha Farzin UG Family and Community Science (2023-26)	

ACTIVITY REPORT

Academic Year 2023-2024

Activity - 1

Name of the Event: Donating grocery to the inmates of Christ Villa Poor Home

Date: 22 August 2023

Organized by: Pain and Palliative Care Club

Brief Report of the Event:

In connection with Onam celebration the student volunteers of palliative club of Vimala College collected groceries and contributions from faculty and students and handed them to Rev Fr Ditto Koola, Director, Christ Villa Poor Home, Ramavarmapuram

Photo



Activity - 2

Name of the Event: One day Palliative Training Programme

Topic: One day Palliative Training Programme for Student Volunteers

Date: 11 December 2023

Time: 9:30 am to 3:00 pm

Venue: Lissieux Hall

Organized by: Pain and Palliative Care Club

Collaboration (if any): General Hospital, Thrissur

No. of participants: 54 Students + 2 faculties + 2 Health Staff

Resource Person: Dr Arsha Lohith, Medical Officer, Palliative Care-National Health Mission,
General Hospital Thrissur

Brief Report of the Event:

A one day palliative training programme for the student volunteers under the auspices of Thrissur Corporation was conducted by the palliative care club of Vimala College in association with the Palliative Care Unit of General Hospital, Thrissur on 11th December 2023. Dr Arsha Lohith, Medical Officer, Palliative Care-National Health Mission of General Hospital Thrissur led the session. Mrs. Rini, staff nurse palliative care unit of General Hospital, Thrissur talked about the palliative home care and demonstrated the patient care procedures. Students actively took part in the role play and discussions and get themselves equipped as volunteers for patient home care visits.

List of Attachments:


Brochure

VIMALA COLLEGE (AUTONOMOUS), THRISSUR
SANTWANAM PAIN & PALLIATIVE CARE CLUB


IN ASSOCIATION WITH
GENERAL HOSPITAL, THRISSUR
ORGANIZES

TRAINING PROGRAMME ON PALLIATIVE CARE

Resource Persons



Dr Mithun Rosh C K
Medical Officer in charge
Palliative Care Unit
General Hospital Thirissur



Dr Arsha Lohith
Medical Officer
Palliative Care National Health Mission
General Hospital Thirissur

DATE : 11/12/2023
TIME : 9:30 am TO 3:00 pm
VENUE : Lissieux Hall
No registration fees
Certificates will be issued
Lunch and refreshments will be provided

Faculty Coordinators Dr Binu Ann Kuriachan Dr Regina Jose Ms Jincy T P	Student coordinators Parvathy G Prakash Greena V Abraham
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Photos



Activity - 3

Name of the Event: Donating grocery to the families of palliative patients

Date: 21 December 2023

Organized by: Pain and Palliative Care Club

Brief Report of the Event:

In connection with Christmas celebration the student volunteers of palliative club of Vimala College collected groceries and contributions from faculty and students and prepared 15 kits including grocery items and cakes. Principal, Dr Sr Beena Jose handed over the kits to the health staff to be shared with the families of palliative patients.

Photos



Activity - 4

Name of the Event: Participation in District Level Awareness Rally - Palliative Care Day

Date: 15 January 2024

Organized by: District Medical Office (Health), Thrissur district

Brief Report of the Event:

In connection with Palliative Care Day observation, 35 student volunteers of palliative club of Vimala College participated in District level awareness rally on 15th January 2024 organized by District Medical Office (Health), Thrissur. The rally started from District Medical Office, Thrissur to Sakthan Thampuran bus stand.

Photos



Activity - 5

Name of the Event: Participation in District Level Awareness Programme - Palliative Care Day

Date: 16 January 2024

Time: 10:00 am to 12:00 noon

Venue: St Mary's College, Thrissur

Organized by: Thrissur Corporation and Pain and Palliative Care Society, General Hospital, Thrissur

Brief Report of the Event:

In connection with Palliative Care observation week (15-21 January 2024), 19 student volunteers of palliative club of Vimala College attended 'RANG 2024' held at St Mary's College, Thrissur on 16th January 2024. It was a meet of palliative care student volunteers aimed to give orientation on palliative care and club level activities.

Photos

