

REPORT

COMPETITIONS HELD IN CONNECTION WITH MENTAL HEALTH DAY



The Department of Psychology conducted various competitions in connection with ‘Mental Health Day’ which includes essay writing contest, story writing contest, photography competition and poster making competition.

The first prize for each competition were secured by, Hail Mary Geejo of the English Dept.(Essay writing contest), Devi Rahul of the English Dept.(Story writing contest), Marieath Kibithiya of the Commerce Dept.(Photography contest) and Thansiya Mujeeb of the FCS Dept.(Poster making contest).

The participants who took part each competitions are as follows,

ESSAY WRITING COMPETITION

TOPIC: “Importance of mental well-being in the modern world”

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| 1) AISHA MINZOOM V.A | S1 HOMESCIENCE (FCS) |
| 2) AYAHA LUTHFA | S1 HOMESCIENCE (FCS) |
| 3) HAIL MARY GEEJO | S1 ENGLISH |

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| 4) SANA AMAL | S1 CHEMISTRY |
| 5) SNEHA RAJEEV | S5 STATISTICS |
| 6) APARNA K.A | MSc COMPUTER SCIENCE |
| 7) TWINKLE ANTONY | MSc COMPUTER SCIENCE |
| 8) NIVYA SUSAN | S1 ECONOMICS |

STORY WRITING COMPETITION

TOPIC: "A Beautiful Mind: A Mental Health Portrayal"

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| 1) HELMI MARIYA | S5 COMMERCE |
| 2) AYSHA LUTHFA | S1 HOMESCIENCE |
| 3) SNEHA C.M | S5 ENGLISH |
| 4) DEVI RAHUL | S5 ENGLISH |
| 5) ANGEL BABU | S1 BOTANY |
| 6) AISHWARYA P.A | MSc COMPUTER SCIENCE |

PHOTOGRAPHY COMPETITION

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| 1) ANGEL BABU | S1 BOTANY |
| 2) SAFA SUBEER | S5 FE |
| 3) MARIEATH KIBITHIYA | S5 COMMERCE |

POSTER MAKING COMPETITION

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| 1) NIYA YESUDAS | S1 ENGLISH |
| 2) AYSHA LUTHFA | S1 FSC |
| 3) AFLA MOHD ELIAS | S1 FCS |
| 4) THANSIYA MUJEEB | S1 FCS |