



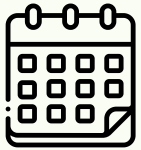
VIMALA COLLEGE (AUTONOMOUS) THRISSUR

DEPARTMENT OF PSYCHOLOGY

In Collaboration With

VAIDYARATNAM AYURVEDA HOSPITAL, OLLUR

ORGANISES ONE DAY SEMINAR ON THE TOPIC
"MENTAL HEALTH:THE UNIVERSAL HUMAN RIGHT"
AS PART OF WORLD MENTAL HEALTHDAY CELEBRATIONS



10/10/2023



**Silver Jubilee
Seminar Hall**

INAUGURATION



JOE MAROKY

Chief Operating Officer

VAIDYARATNAM AYURVEDA HOSPITAL

Keynote Address:-

Speak to Mind

Time:9:00-9:30AM

TECHNICAL SESSION 1:
AYURVEDIC SUPPORT IN
MENTAL HEALTH CARE

DR ADITHYA KS

MD(AY) PHYSICIAN

VAIDYARATNAM AYURVEDA FOUNDATION

Time: 9:30-11:30AM



TECHNICAL SESSION 2:
MENTAL HEALTH ;THE
UNIVERSAL HUMAN RIGHT

ASWATHI PRASAD

CONSULTANT CLINICAL PSYCHOLOGIST

NIYAMA DIGITAL HEALTHCARE PVT LTD

Time: 12:30-2:30PM



PRINCIPAL

Dr.Sr.BEENA JOSE

Faculty coordinators

Dr Sinto P Anto

(Head of the Department)

Aparna Suresh

(Assistant professor)

Sanjana N.R

(Assistant professor)

Hemanth N S

(Assistant professor)

Student coordinators

Shreya Sundar
(Association secretary, S3)

Irene Grace
(Joint secretary, S3)

Anjana Krishnan
(S1 BSC Psychology)

Shruti Suresh
(S3 BSC Psychology)

ALL ARE CORDIALLY INVITED