

# Seminar on Introduction to Psychological Research

July 13, 2022

One day seminar was organized by the psychology department of Vimala College on July 13, 2022 from 1 pm to 3 pm. The main purpose of the event was to provide a clear knowledge about psychological research among students. It was a very well planned seminar. A total of 33 students of the psychology department from both 2nd and 3rd year participated in the seminar.

The seminar was conducted by the faculty coordinator Dr.Sinto P Anto (Head of department of psychology), Amritha Alex and Aparna Suresh were the assistant professors. Mohsina Ali and Parvathy Thondattil from the department of psychology were the student coordinators. Amitha Ashraf was the host emcee. The seminar started with prayer by Parvathy Thondattil. The gathering was welcomed by Vinusha Sankar T. The resource person was Bayana BOMS, psychologist and research scholar at the department of psychology, Prajyoti Niketan College, Pudukad, Thrissur. She gave a very informative talk about psychological research. She explained about the basic things students need to know before doing research. She started her seminar with the responses that we gave through a google form and explained to us about how to prepare the project, to select our topic and to select tools for that topic and to do it in a limited time frame. The resource person executed the time very well. The session was done in a workshop model, which made it even more intriguing and interactive. She assigned us into two groups and we discussed the basics of research under her guidance. After the session, we had clear idea to plan, and work on our research topics. All our doubts regarding the topic was cleared. The webinar was concluded with vote of thanks by Anjana K. S.



