



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

S222

Report

Academic Year 2020-2021

Name of the webinar: “Scientia” (Webinar Series by alumnae association of department of Home Science)

Date: November 25th 2020 to December 9th 2020

Venue: G Suite

Organized by: Department of Home Science

No. of Participants : 694

Day 1: Webinar on the topic, “Kerala- the Emerging Fashion Hub of India”

Date: November 25th 2020

Participants: 94(Students and Faculties)

The Alumnae Association of Department of Home Science organized an Alumnae Webinar Series “Scientia” from November 25th to December 9th. The inauguration was done by Mrs. Sheela Kochouseph, Managing Director of V-star creations pvt.LTD. Mrs Mony Geege, Assistant professor, (Secretary Alumnae Association of Department of Home Science) delivered the welcome Address. The presidential address was conveyed by Dr. Sr. Beena Jose, Principal of Vimala College Thrissur. Felicitations were conveyed by our former HODs of Home Science Department, Mrs.Yevonne Rodricks and Dr. Karuna M.S. The vote of thanks was delivered by Mrs. Betty Thomas, Assistant professor (Joint secretary, Alumnae Association of Department of Home Science).The inaugural session was followed by a webinar on the topic, “Kerala- the Emerging Fashion Hub of India” by Mrs. M.A Noushija, celebrity fashion designer; Managing Director Fatiz Garments and Events private limited, Mumbai .The Convenors for the event were Dr.Thomas Ruby Mariamma- Head of the Department, Mrs. Mony Geege and Mrs. Betty Thomas. The teacher coordinators were Suparna M.G and Jiya Mathew.



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Brochure



VIMALA COLLEGE (AUTONOMOUS), THRISSUR
NAAC Re-accredited (3rd cycle) A grade, CGPA 3.5 on a 4 point scale.
COLLEGE WITH POTENTIAL FOR EXCELLENCE.

ALUMNAE ASSOCIATION OF DEPARTMENT OF HOME SCIENCE PRESENTS

'SCIENTIA'
A WEBINAR SERIES BY OUR ILLUSTRIOUS ALUMNAE



The search for knowledge keeps every discipline vibrant and enlightened. The Alumnae Association of Department of Home Science envisions that this webinar series will provide an insight into new realms of knowing, thinking and practicing Home Science.

Inauguration: November 25th, 2020
Time: 2:00pm via Google Meet
Registration Link: <https://forms.gle/8RQoX29LDo6sddTB6>
Inaugural session will be followed by a webinar.

Principal : Dr. Sr. Beena Jose
Head of the Department : Dr. Thomas Ruby Mariamma
Convenors: Mrs.Mony Geege & Mrs.Betty Thomas
Coordinators :
Ms.Devyani Haridas, Mrs.Urmila Vijayan, Mrs.Rinu Thomas, Sr.Feble Thomas, Ms.Suparna Warriar, Mrs.Reny Simon, Mrs.Vidhya K.B, Ms.Jiya Mathew, Ms.Neenu Maria, Mr.Sakkeer Hussain, Ms.Neethu Elizabeth John, Ms.Rashmi Balakrishnan, Mrs.Sowmyamol K.C, Mrs.Honey S.Nair & Dr.Agey Pappachan.T.

PROGRAMME SCHEDULE
25 - 11- 2020

WELCOME ADDRESS
Mrs. MONY GEEGE
Assistant Professor
(Secretary, Alumnae Association of Department of Home Science)

PRESIDENTIAL ADDRESS
DR. SR. BEENA JOSE
Principal

INAUGURATION
Mrs. SHEELA KOCHOUSEPH
Managing Director of V-Star Creations Pvt.LTD

FELICITATIONS
1. Mrs. YEVONNE RODRICKS
Former HOD,
Department of Home Science
2. DR. KARUNA M.S
Former HOD,
Department of Home Science

VOTE OF THANKS
Mrs. BETTY THOMAS
Assistant Professor
(Joint Secretary, Alumnae Association of Department of Home Science)



OUR SPEAKERS

INAUGURAL SESSION
DAY 1 - TOPIC:- KERALA: THE EMERGING FASHION INDUSTRY HUB OF INDIA.
November 25th @ 2:30-3:30pm
SPEAKER : Mrs. M.A NOUSHIJA
Celebrity Fashion designer
Managing Director
Fatis Garments and Events private limited, Mumbai.
Passout year :2003



Day 2: Webinar on 'Nutrigenetics And Nutrigenomics: Recent Trends In Nutrition'

Date:26th November 2020 Time:3.30 pm

Venue: Google meet platform

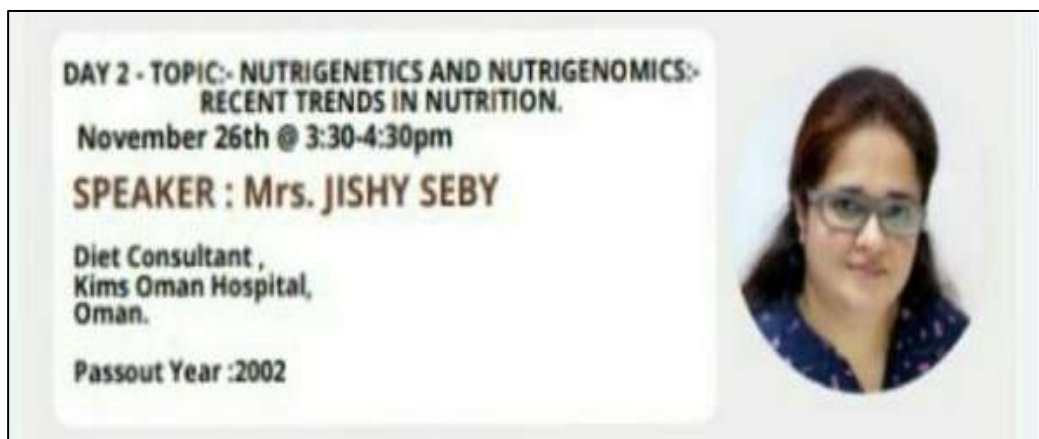
Organized by: Alumnae Association of Department of Home Science, Vimala College (Autonomous) Thrissur

No. of participants:69



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

The Alumnae Association of Department of Home Science conducted Scientia day 2 webinar series on “**NUTRIGENETICS AND NUTRIGENOMICS: - RECENT TRENDS IN NUTRITION**” on 26th November 2020. Mrs. Jishy, Diet consultant, KIMS Oman Hospital, Oman was the resource person for the webinar. The session started with a prayer sang by Ms Anna Johnson E, First M.Sc. Nutrition and Dietetics. The welcome Address was delivered by Ms Lakshmi Vishwanathan, Vimala alumnae, Research scholar in Bharatanatyam, Mysore University. The webinar was for a duration of one hour and commenced at 3. 30pm. The session was about the Nutrigenetics and Nutrigenomics recent trends in nutrition. And followed by an interactive question and answer session. Ms. Jasmine First year MSC Nutrition Dietetics delivered the vote of thanks. A total of 71 participants attended the session



Day 3 : Webinar on How to Tackle IAS Exam?

Date: 27-11-2020

Time: 2:00 pm - 3:30 pm

Organized by: Department of Home Science ,Vimala College

Collaboration (if any): Alumnae Association, Vimala College

Total No. of participants: 71

Resource person :Mrs.Chitra Chandran, Civil Services Faculty, IAS HOTSPOT Thrissur.

Report on the activity

Objective: To impart knowledge about Civil service and the ways to crack it



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The session was really inspiring for all the participants and everyone understood the importance of civil service, foundational values, syllabus and the myths related to the exam. Everyone realized that a person with any degree can appear IAS exam. She figured many civil servants. She concluded her class by saying that if you want to see the change in and around of you, then civil service is the right choice.



Day 4- Webinar on “From Meal Planning to Media Scope & Challenges”

Date : 28/11/2020

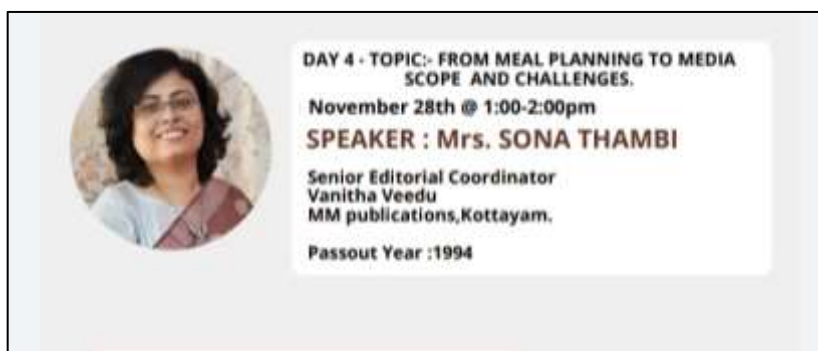
Time : 1.00 pm – 02.00 pm

Number of participants : 69

Department of Home Science, Vimala College (Autonomous), Thrissur, organized a Webinar on “From Meal Planning to Media Scope & Challenges” on 28th November 2020 at 01.00 pm – 02.00 pm. Mrs. Sona Thampi, Senior Editorial Coordinator, Vanitha Veedu, MM Publications, Kottayam was the Resource person for the day. Dr. Thomas Ruby Mariamma, Head of the Department, Ms. Mony Geege, Ms. Betty Thomas, Assistant Professors were the webinar Convenors. Ms. Honey S Nair and Ms. Neenu Maria Thankachan, Assistant Professors on contract were the webinar Coordinators. Ms. Annietta Mary Lonappan, Student, IV Semester M.Sc Textiles & Costume Science was the host of the webinar. Ms. Pournami Y S, Alumnae, Department of Home Science, introduced the resource person to the webinar participants. This was followed by an interactive session with Mrs. Sona Thampi. A token of gratitude was given by Ms. Megha Benny, Student, I Semester M. Sc Textiles & Costume Science



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Day 5: Webinar on “A Jolly Way of Life” Date: November 30th 2020

Date : 30/11/2020

Time : 4.00 pm to 5.30 pm

Number of participants : 113

The Alumnae Association of Department of Home Science organized an Alumnae Webinar Series “Scientia” from November 25th to December 9th 2020. Day 5- webinar on “**A Jolly way of life**” started with a silent prayer followed by the welcome address by Ms. Gopika Krishna and Mrs. Padma Vivekanandan, alumnae member, introduced the resource person Mrs. Jolly Roy Ex-.Senior Principal Dietitian Cecilia Makiwane Hospital, South Africa. Later she conducted a session on “A Jolly Way of Life”.The impact of positive mind and optimistic attitude in the day-to-day life was discussed in this session. The Speaker of the Session Mrs. Jolly Roy, presented the keynote address on “The Jolly Way of Life”. She discussed about her real-life experience and encouraged all participants to see life from a different perspective. She projected the importance of finding the things that makes everyone happy and the key role of positive uplifting friends. She emphasized on skills required by all of us to live peacefully with an optimistic behavior and shared many tips to create and strengthen a positive aura around us. The session ended with the discussion by the participants and the resource person. Ms. Angela Joshy proposed vote of thanks and concluded the program. Also, the feedback about the session was collected from all the participants and distributed participation certificates. The convenors of the event were Dr. Thomas Ruby Mariamma, Head of the Department, Mrs. Mony Geege and Mrs. Betty Thomas. The teacher coordinators were Mrs. Rinu Thomas and Ms. Neethu Elizabeth John. Ms. Juhiya C.B played a role as the student coordinator. The objective of the webinar was achieved. The overall session discussion benefitted the students and faculties. This webinar would help the participants to develop a positive mind within them and it would help them to expect the best and get it.

Assessment Period (2016 – 2021)



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DAY 5 - TOPIC:- A JOLLY WAY OF LIFE.

November 30th @ 4:00-5:30pm

SPEAKER : Mrs. JOLLY ROY

Ex.Senior Principal Dietitian
Cecilia Maklwane Hospital,
South Africa.

Passout Year :1979



Day 6 : Webinar on “Carbohydrate Counting in Type 1 Diabetes”

Date : 02-12-2020

Time :4.00 pm to 5 pm

Number of participants : 96

As part of ‘ ALUMNAE WEBINAR SREIES-SCIENTIA’ ,the Webinar “Carbohydrate Counting in Type 1 Diabetes” was held on 2nd December 2020, 3.00 pm-4.30 pm in Google meet.Respected Mrs.Shebni Hameed, Bariatric Dietitian,Seha Emirates hospital, Abu Dhabi was a resource person. Ms.Gadha venugopal (Alumnae,Homescience Department) started webinar with the brief introduction of the Chief Guest and Ms. Christina baby, (student representative) welcomed the participants.Nearly 100 participants were joined the webinar virtually. The webinar was structured in a PPT with visual impact. It was a very informative session which helped everyone imbibe knowledge about the Carbohydrate Counting in type 1 Diabetes.Many attendees participated in the interactive session with an intensive question/answer session at conclusion and also send their questions in the chat box during the session.Ms. Rshmi V Balakrishnan ,Assistant Professor, Department of Homescience, proposed the vote of thanks.Finally we collected feedback form also from the participants and E-certificates issued to the participants.

Day 7 : Webinar on : Nutrition and Dietetics : Path Ahead in India and USA

Date: 03-12-2020

Time: 6:30 pm - 8:30 pm

Total No. of participants: 101

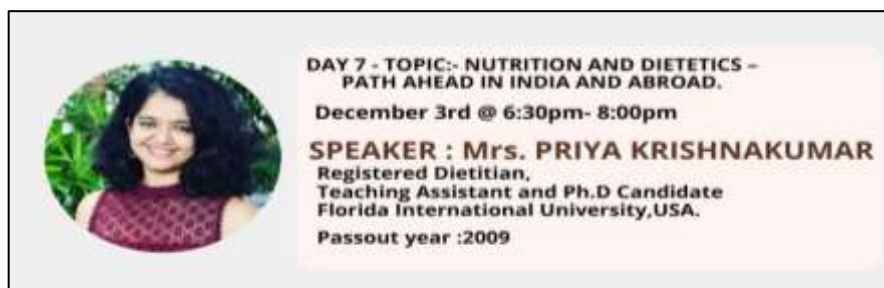
Resource person : Mrs. Priya Krishnakumar, Registered Dietitian, Ph.DScholar , Florida International University .

YouTubelink:<https://youtu.be/qNoYAS6LRbY>



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

The class was taken by Mrs. Priya Krishnakumar, registered dietitian, Ph.D. scholar at University of Florida, USA. She is an alumnae of our Home Science department during the years from 2006-2009. The class gave students an insight on the career aspects of nutritionist and dietitians at India and United States. The class was indeed helpful were students understood more aspects than the prerequisite knowledge which they had. The class was not at all like the other webinars; it was more like a friendly talk or a guidance regarding the two education policies of the same subjects in different countries. Mrs. Betty Thomas and Sr. Feble Thomas co-ordinated of the programme under the guidance of Dr. Thomas Ruby Mariamma (HOD). The students become aware on better opportunities and scholarships in the field of nutrition and it will be surely helpful when taking a decision about their career.



Day 8: Webinar on Importance of Early Childhood Education and Career Opportunities

Date :7/12/2020

Time :3.00 pm – 4.30 pm

Alumnae Association of Department of Home Science, Vimala College, Thrissur, organized a Webinar Series “SCIENTIA”, on 8th day the Topic was Importance of Early Childhood Education and Career opportunities on 7th December 2020 at 3.00 pm – 4.30 pm. Grace Ann Mathew , Research Scholar MG University , Msc in Child Development was the Resource person for the day. Sana Joseph one of our Student Coordinator introduced the resource person to the webinar participants. This was followed by an interactive session with Grace Ann Mathew . A token of gratitude was given by Bagya Sadhanandhan one of our student coordinator.

Day 9 : Role of national nutrition mission in creating a malnutrition free India

Date: 9-12-2020

Time: 3.pm to 4.30pm

No. of total participants: 81

Assessment Period (2016 – 2021)



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As a part of SCIENTIA-Alumnae Webinar Series the last webinar was on role of National nutrition mission in creating a malnutrition free India on 9th December 2020. There were 81 participants and the session was handled by Mrs Dhanya Radhakrishnan (consultant, health and nutrition mission, women and child development department, poshanabhiyan, Trivandrum). The session was started with prayer. Then Mrs Jyoti one of the classmate of the speaker gave an introductory speech about Dhanya mam. It was a very informative session. She gave a lot of information about the role of nutrition in every women and adult. She also suggested some nutrient rich food which we must follow in our life so as to stay healthy. The session was ended by a Question and answer cum discussion which gave added benefits to the participants. E-certificates were given to all participants.

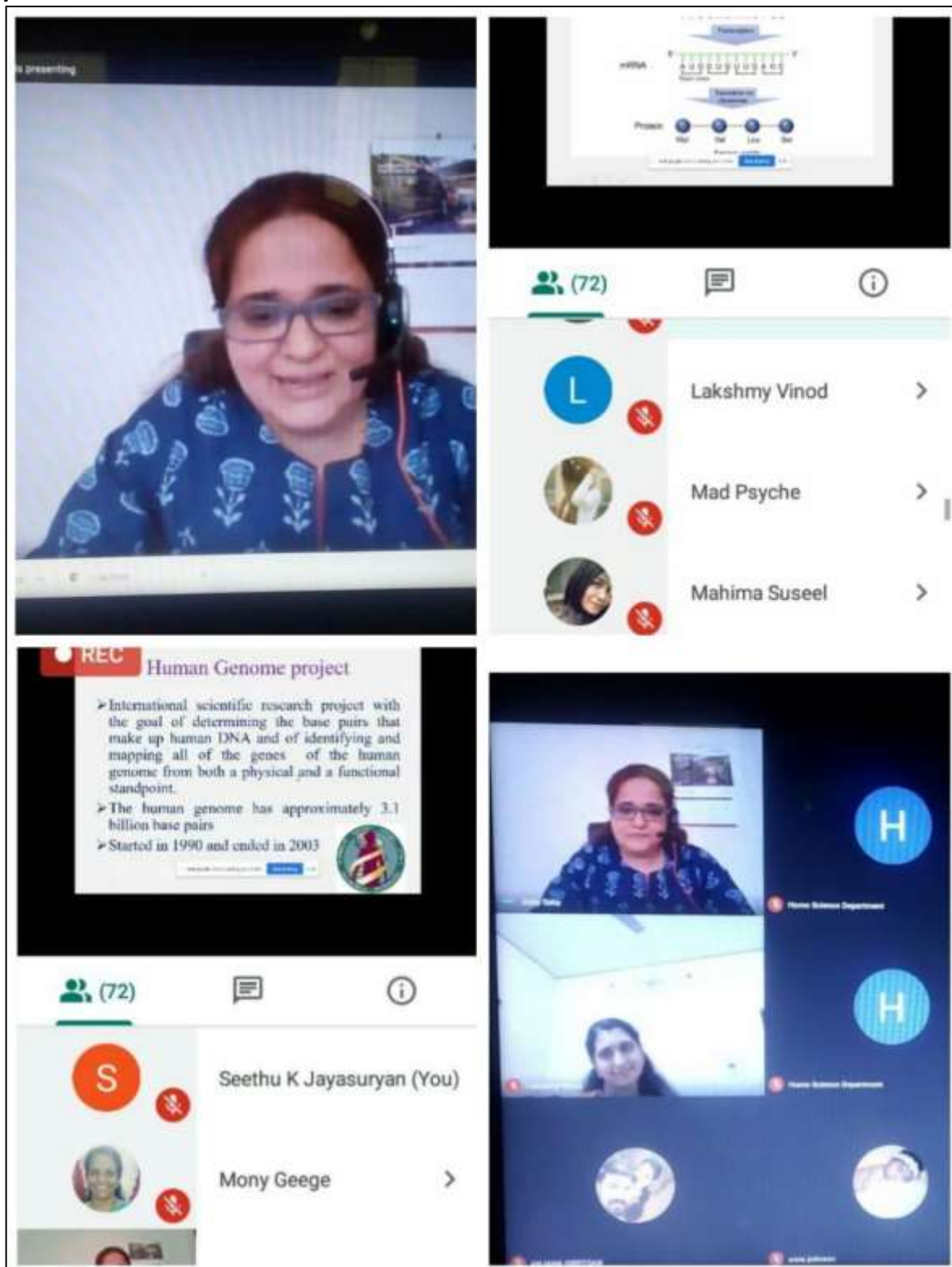
Day1 Photos





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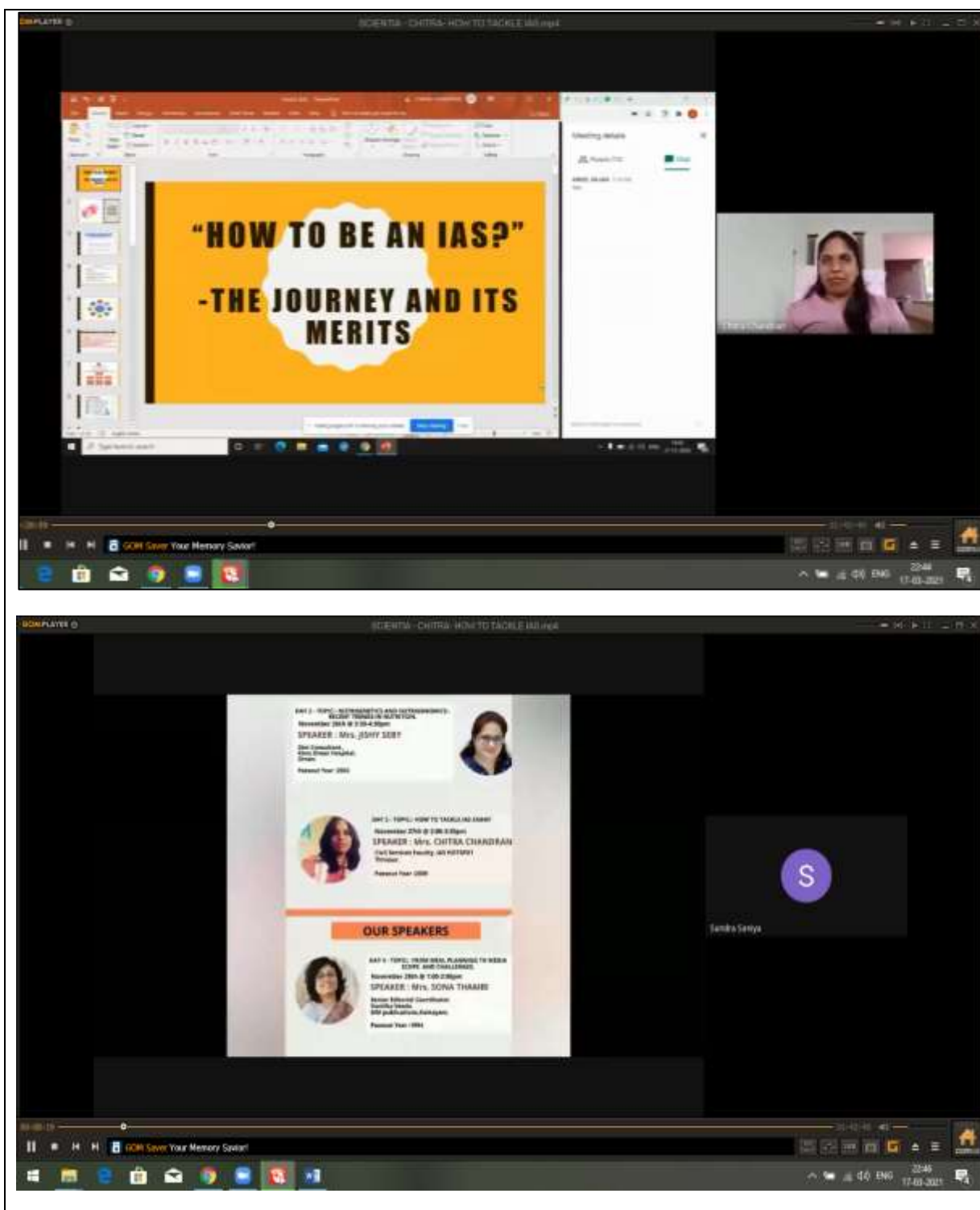
Day 2 Photos





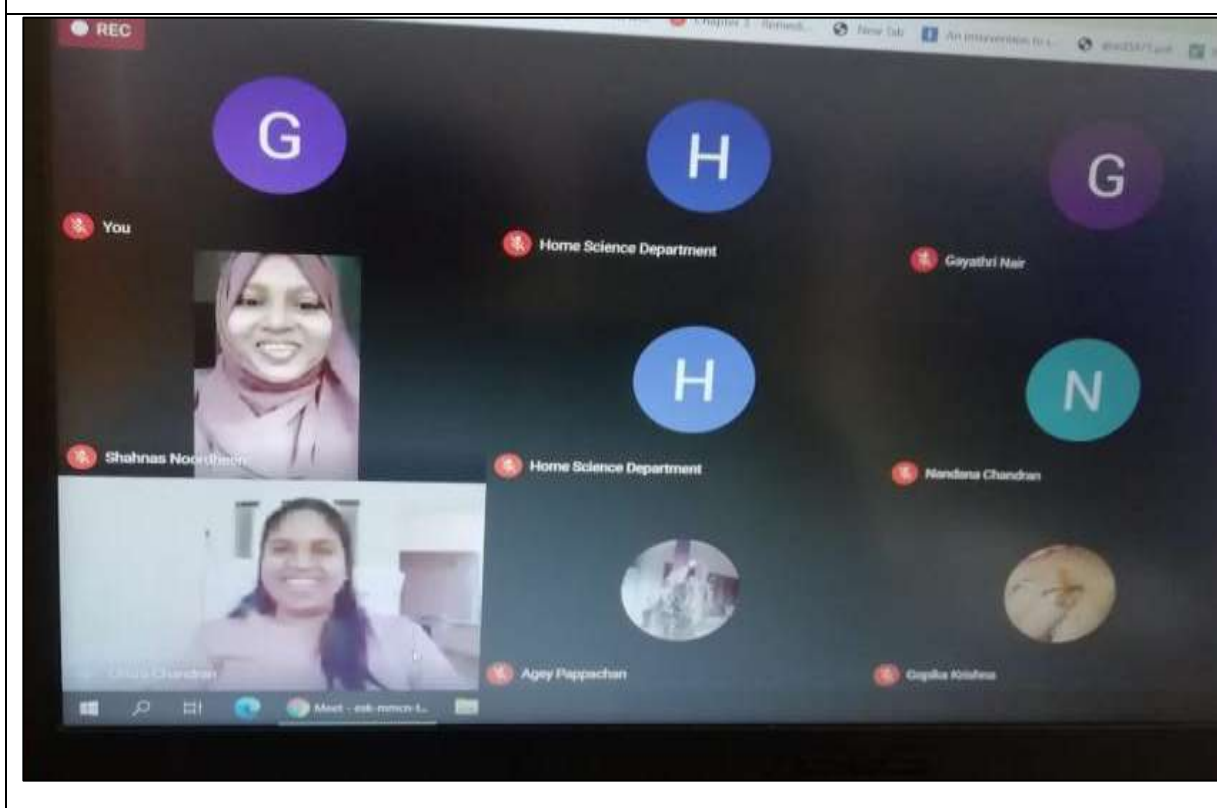
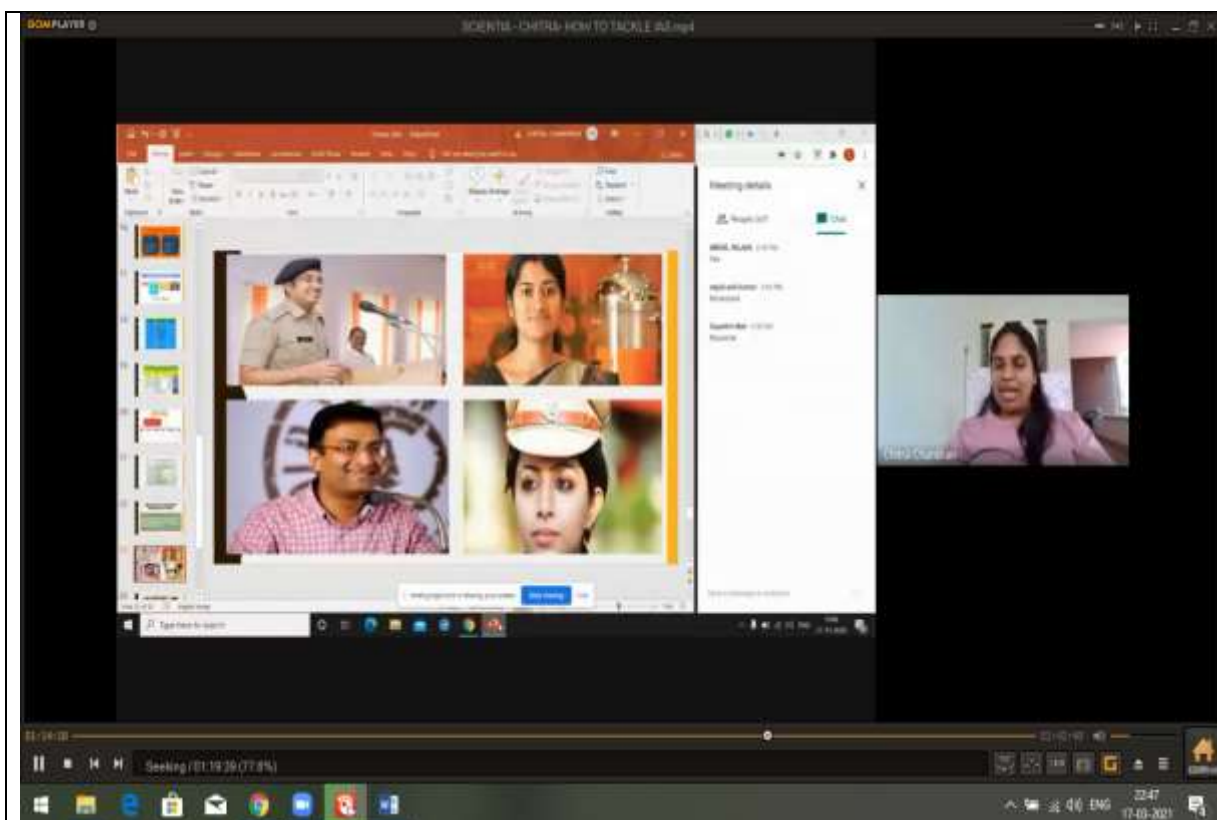
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Day 3 Photos





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Assessment Period (2016 - 2021)



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Day 5

REC A Aleyamma Roy is presenting and 80 more

"THE JOLLY WAY OF LIFE"

Mrs. Jolly Roy,
Ex- Senior Principal Dietitian &
Resource Person

I AM EXCITED ABOUT MY LIFE

Participants visible in the bottom grid:

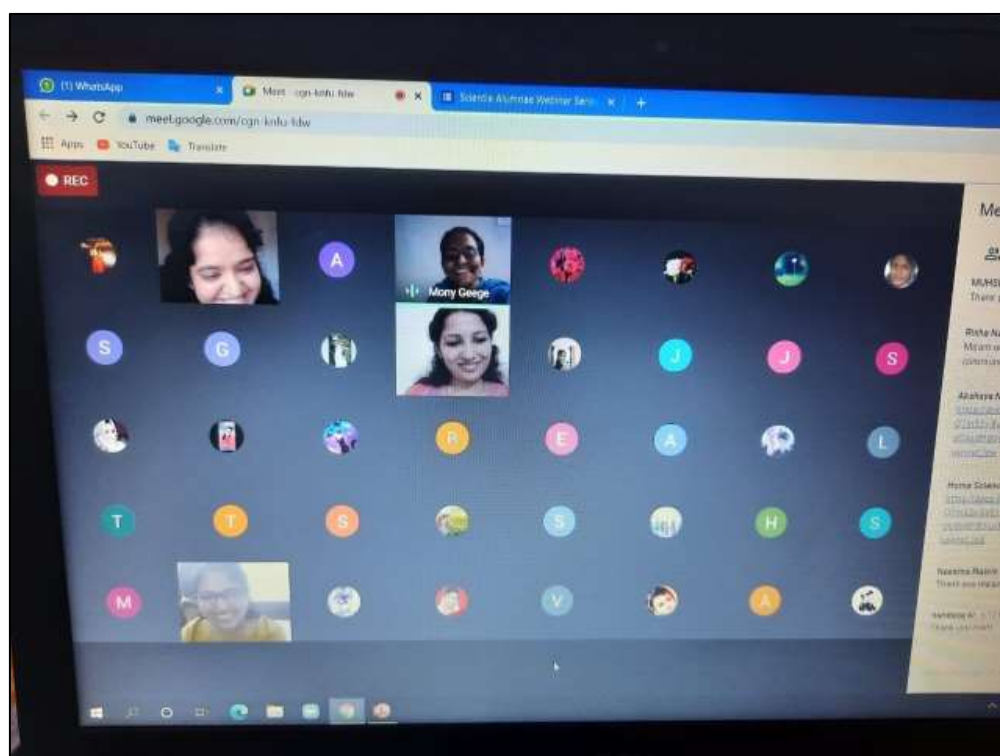
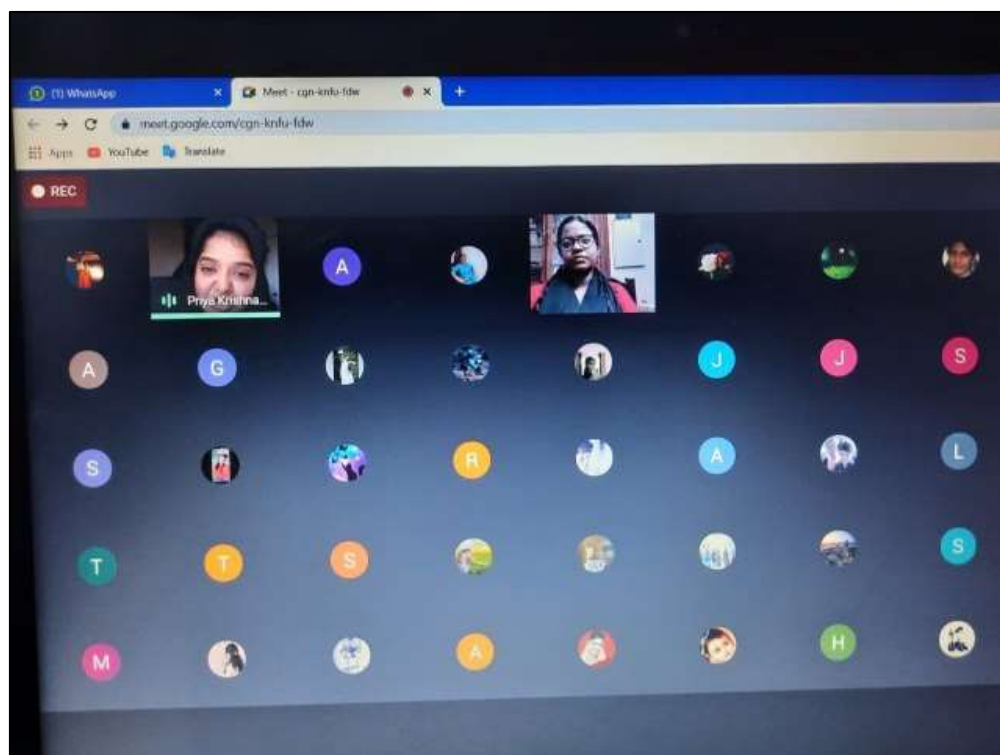
- Mony George
- Aleyamma Roy
- Lakrsshnan
- Radhamma Vasudevan
- Home Science Department
- Neethu Vipin
- Yvonne Eric

Assessment Period (2016 – 2021)



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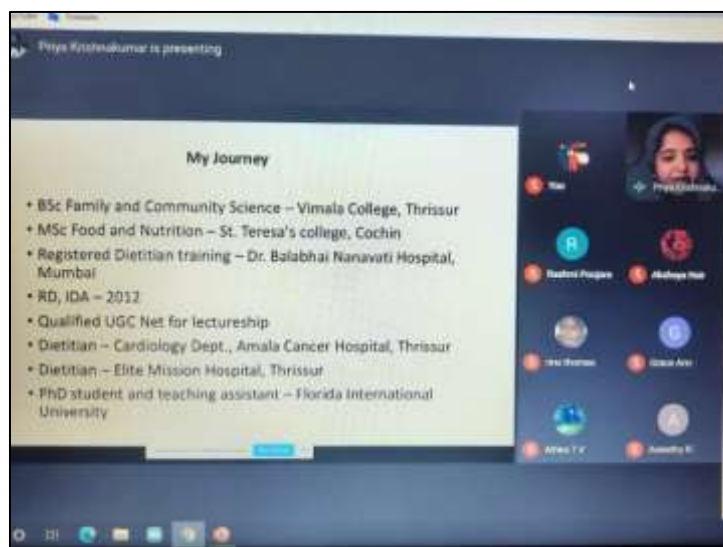
Day 7



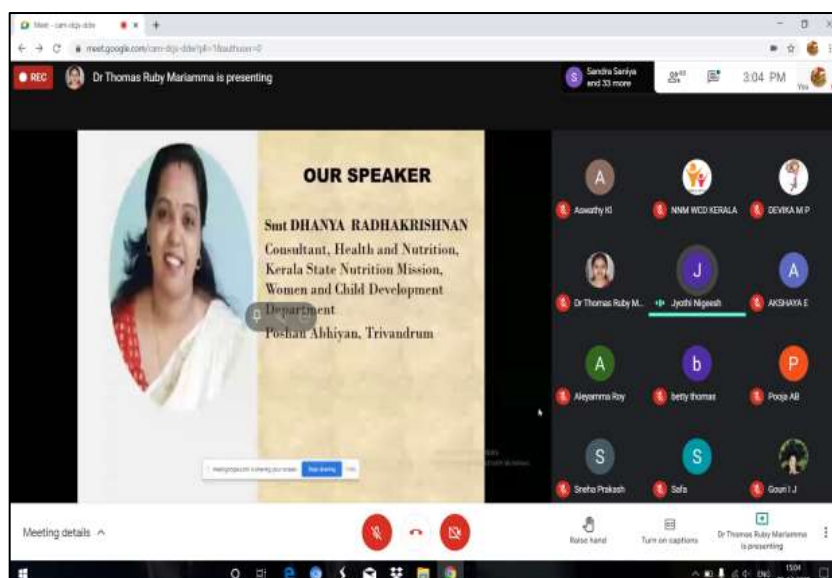
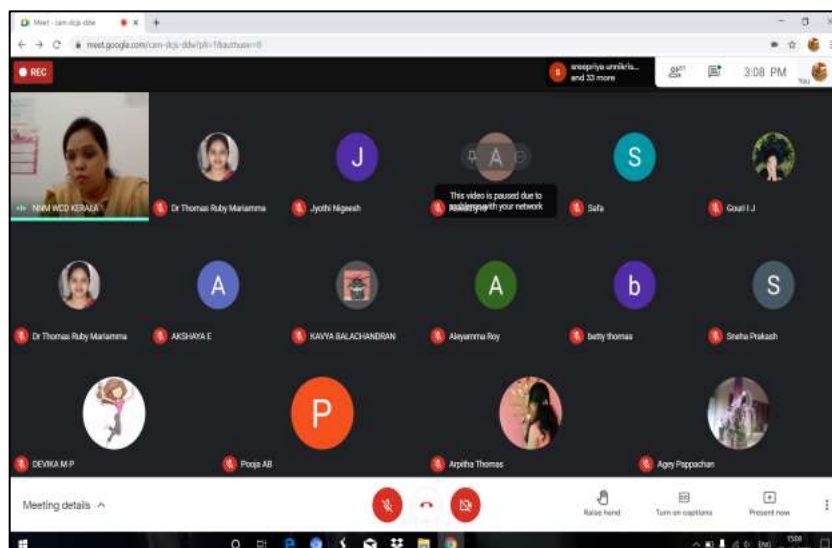
Assessment Period (2016 - 2021)



VIMALA COLLEGE (AUTONOMOUS), THRISSUR



Day 9



Assessment Period (2016 – 2021)



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Sample Certificate



Day 1

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Fiona Joseph	fionajosephc@gmail.com	Vimala College, Thrissur

Day2

Participants	Joined	left	Duration
1. Agey Pappachan	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
2. Akshara S	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
3. Aleyamma Roy	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
4. Anamika Ravindran	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
5. Angel Ann	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
6. Angela Joshy	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
7. Anjana Gireesan	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03

Assessment Period (2016 - 2021)



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

8. Anna Johnson	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
9. Annaafilin Thomasm	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
10. Aswathi P	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
11. Athulya K	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
12. B Voc Food Processing	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
13. Biniya Baby	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
14. Chriz 1204	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
15. Devika M P	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
16. Devika Suresh	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
17. Edweena Raju	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
18. Elsa Lijo	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
19. Fathima Nadeer	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
20. Fiona Joseph Chittilappily	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
21. Gana Radhakrishnan	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
22. Gayathri Nair	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
23. Gopika Krishna	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
24. Helen Maria Stanley	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
25. Jishy Seby	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
26. Jishy Seby Presentatio n	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
27. Juhiya C. B	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
28. Karthika 2000	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
29. Kripa Sabu	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
30. Lakshmy Vinod	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
31. Mad Psyche	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
32. Mahima Suseel	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
33. Malavika Rajeev	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
34. Mariya M.P	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03

Meera Mohan	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Megha V	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Naeema Nasrin	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Nandana Chandran	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Nandana Kp	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Neetha Pratheep	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Neethu John	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Neha E S	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Nihala Nilu	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03

Assessment Period (2016 - 2021)



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Noora Kasim	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Pooja Ab	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Priya Rajalekshmi	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Reena V	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Reshma Suresh	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Rinu Thomas	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Riya A R	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Rizwana Binyas	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Romy David Kittan	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Safna Haneef	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Sakkeer Hussain	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Samja Sabu	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Sandra Kurian	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Sangamithra Sunilkumar	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Sayana Vincent	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Seethu K Jayasuryan	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Shahu Shamz	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Sini Ks	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Sneha Prakash	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Sona Binu	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Sowmya Anilkumar	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Sreelakshmi K S	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Sreelakshmi P R	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Stiya Babu	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Thomas Ruby Mariamma	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03
Yevonne Eric	11-26-2020 15:52:42	11-26-2020 16:12:45	00:20:03

Day 4

Attendance for:	Class List
Date:	"2020-11-28": Meet id : "pij-uhjo-eoj"
Names	"2020-11-28"
1. Karthika 2000	" ✓ "
2. Lishaes 5823	" ✓ "
3. Aneesha A. A	" ✓ "
4. Sowmya Anilkumar	" ✓ "
5. Anjana	" ✓ "
6. Amisha Ashok	" ✓ "
7. Anitta A B	" ✓ "
8. Aleena Babu	" ✓ "



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

9. Reshmi Balakrishnan	" ✓ "
10. Hamna Beevi	" ✓ "
11. Megha Benny	" ✓ "
12. Sona Binu	" ✓ "
13. Athira Cherumukkil	" ✓ "
14. Irin Davis	" ✓ "
15. Yevonne Eric	" ✓ "
16. Seethal Es	" ✓ "
17. Lis France	" ✓ "
18. Mony Geege	" ✓ "
19. Susanne George	" ✓ "
20. Sakkeer Hussain	" ✓ "
21. Har Itha	" ✓ "
22. Deepthy Jayadevan	" ✓ "
23. Neethu John	" ✓ "
24. Christy Joju	" ✓ "
25. Aleena Jomy Aleena Jomy	" ✓ "
26. Mariya Lazar	" ✓ "
27. Aleena M.B	" ✓ "
28. Mariya M.P	" ✓ "
29. Meera Manikandan	" ✓ "
30. Minnu Manoj	" ✓ "
31. Angel Maria	" ✓ "
32. Thomas Ruby Mariamma	" ✓ "
33. Annietta Mary	" ✓ "
34. Unni Maya	" ✓ "
35. Swathy .S. Menon	" ✓ "
36. Nada Musthafa	" ✓ "
37. Honey S Nair	" ✓ "
38. Sreya.K.P. Nambeesan	" ✓ "
39. Amna Palakkal	" ✓ "
40. Agey Pappachan	" ✓ "
41. Hiba Parvin	" ✓ "

Assessment Period (2016 - 2021)



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

42. Anu Philip	" ✓ "
43. Neetha Pratheep	" ✓ "
44. Devika P R	" ✓ "
45. Swathi Rajagopal	" ✓ "
46. Malavika Rajeev	" ✓ "
47. Edweena Raju	" ✓ "
48. Nowrin Rizwan	" ✓ "
49. Aleyamma Roy	" ✓ "
50. Krishna K S	" ✓ "
51. Sangeetha C S	" ✓ "
52. Niya Saji	" ✓ "
53. Rahmath Shareefa Shareefa	" ✓ "
54. Dhriya Sunil	" ✓ "
55. Amalu Suresh	" ✓ "
56. Seethal T T	" ✓ "
57. Neenu Maria Thankachan	" ✓ "
58. Betty Thomas	" ✓ "
59. Feble Thomas	" ✓ "
60. Rinu Thomas	" ✓ "
61. Simla Thomas	" ✓ "
62. Aneena Titus	" ✓ "
63. Athira T V	" ✓ "
64. Megha V	" ✓ "
65. Stella Rose E V	" ✓ "
66. Sayana Vincent	" ✓ "
67. Neethu Vipin	" ✓ "
68. Alna Xavier	" ✓ "
69. Pournami Ys	" ✓ "
Help/more info:	" https://www.facebook.com/GoogleMeetAttendance/posts/209211534096819 "
This file was generated by the Google Meet Attendance extension: https://chrome.google.com/webstore/detail/fkdjflnaggakjamjkmimcofefhppfljd/publish-accepted?authuser=0&hl=en	



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

Day 5

← A Jolly Way of Life-Meet Atte... ⋮				
	A	B	C	D
1	Participants	Joined	Left	Duration
2	Home Science Departmentkeep_off	11/30/2020 16:07:49	11/30/2020 17:53:41	1:45:52
3	Aaranya Manoj	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
4	Agna Augustin	11/30/2020 16:07:49	11/30/2020 16:07:51	0:00:02
5	Akhila B Nair	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
6	AKSHAYA E	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
7	Aleyamma Roy	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
8	Aneesha Bastian	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
9	Aneeta Renny	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
10	Angela Joshy	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
11	ANJANA GIREESAN	11/30/2020 16:07:49	11/30/2020 16:07:51	0:00:02
12	annaafin thomasn	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
13	ASWATHY R B	11/30/2020 16:07:49	11/30/2020 16:07:51	0:00:02
14	ASWATHY VENUGOPAL	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
15	Aswini viswambharan	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
16	B Voc Food Processing	11/30/2020 16:07:49	11/30/2020 16:07:51	0:00:02
17	Chinchu V Joy	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
18	chriz 1204	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
19	clara jose	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
20	Delna V Gigi	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
21	DEVIKA M P	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
22	Dhanya Surendran	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
23	Edweena Raju	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
24	Elsa Lijo	11/30/2020 16:07:49	11/30/2020 16:07:51	0:00:02
25	EMILIN THOBAS OLAKKENGIL	11/30/2020 16:07:49	11/30/2020 16:07:51	0:00:02
26	feble thomas	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
27	FIONA JOSEPH CHITILAPPILY	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
28	Gadha venugopal	11/30/2020 16:07:49	11/30/2020 16:07:51	0:00:02
29	Gayathri Nair	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
30	Gopika Krishna	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
31	Gouri I J	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
32	Grace Ann	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
33	Helen maria Stanley	11/30/2020 16:07:49	11/30/2020 16:07:51	0:00:02
34	HELNA BIJU	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
35	Home Science Department	11/30/2020 16:07:49	11/30/2020 16:07:51	0:00:02
36	Irin antony	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
37	jaseera p s	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
38	Jisha Sajeev	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
39	Jishy Seby	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
40	Jitu Acharya	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
41	Juhiya C. B	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
42	Jyothilakshmi T S	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
43	Karthika 2000	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
44	KAVYA BALACHANDRAN	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
45	KAVYA SREENIVASAN	11/30/2020 16:07:49	11/30/2020 16:07:51	0:00:02
46	Krishna priya M S	11/30/2020 16:07:49	11/30/2020 16:07:51	0:00:02
47				
11302020 eevkus... Sheet1				



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

11302020 eevkus... Sheet1

	A	B	C	D
1	Participants	Joined	Left	Duration
46	Krishna priya M S	11/30/2020 16:07:49	11/30/2020 16:07:51	0:00:02
47	Lissy Sunny	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
48	Mad Psyche	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
49	madhumitha s nair	11/30/2020 16:07:49	11/30/2020 16:07:51	0:00:02
50	Nandana Chandran	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
51	Navya Sreerang	11/30/2020 16:07:49	11/30/2020 16:07:51	0:00:02
52	Neetha Pratheep	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
53	NEETHU JOHN	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
54	Neethu Vipin	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
55	Noora Kasim	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
56	P Vivekanandan	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
57	Pallavi Muraliedharan	11/30/2020 16:07:49	11/30/2020 16:07:51	0:00:02
58	Pooja AB	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
59	Radhamma Vasudevan	11/30/2020 16:07:49	11/30/2020 17:53:41	1:45:52
60	Rajana Ammu	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
61	Reshma Suresh	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
62	RESHMI BALAKRISHNAN	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
63	Rincy Cp	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
64	Roy Paul	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
65	Sakkeer Hussain	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
66	Sandhya Binu	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
67	Sandra Saniya	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
68	sandra sn	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
69	Sangamithra SunilKumar	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
70	santha john	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
71	Selby P Sam	11/30/2020 16:07:49	11/30/2020 17:53:41	1:45:52
72	Selvanayaki M	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
73	simla thomas	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
74	Sindu Francis	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
75	Sneha Jacob	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
76	Sneha Prakash	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
77	Sowmya Anilkumar	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
78	Sreetakshmi K S	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
79	sreetakshmi P R	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
80	SWETHA K G	11/30/2020 16:07:49	11/30/2020 16:07:51	0:00:02
81	Thomas Antony	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
82	Vidya devi	11/30/2020 16:07:49	11/30/2020 17:53:41	1:45:52
83	Vidya K B	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
84	Vismaya.k.v Vismaya.k.v	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
85	WINNY MARIA JOSE	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
86	Yevonne Eric	11/30/2020 16:07:49	11/30/2020 16:31:07	0:23:18
87	nandana kp	11/30/2020 16:07:50	11/30/2020 16:31:07	0:23:17
88	Agey Pappachan	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
89	Aiswarya P.a	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
90	Aleyamma RoyPresentation	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01



VIMALA COLLEGE (AUTONOMOUS), THRISSUR

← A Jolly Way of Life-Meet Atte... ⋮				
	A	B	C	D
1	Participants	Joined	Left	Duration
90	Aleyamma RoyPresentation	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
91	Anamika Ravindran	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
92	Angel Pauly	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
93	ARSHA MARIE	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
94	athira cherumukKI	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
95	Delisha Babu	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
96	Dhaya KM	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
97	Fiza Shireen	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
98	JOSHIYA P J	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
99	Lakshmi Bai Karath Ajith Kumar	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
100	maria m.p	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
101	Mini Jemson	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
102	Mony Geege	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
103	priya francis	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
104	reshmapb 2001	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
105	Romy David kattan	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
106	Safa	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
107	Sarika U	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
108	Sayana Vincent	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
109	Sruthi Tomy Chazhoor	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
110	Urmi Vijay	11/30/2020 16:31:06	11/30/2020 16:31:07	0:00:01
111	Sangeetha C S	11/30/2020 17:53:41	11/30/2020 17:53:41	0:00:00
112	Shali M	11/30/2020 17:53:41	11/30/2020 17:53:41	0:00:00
113				

Day 6

Participants
1. Home Science Department
2. Aaranya Manoj
3. Agey Pappachan
4. Aiswarya P.A
5. Akhila B Nair
6. Akshaya E
7. Aleyamma Roy
8. Aneesha Bastian
9. Aneeta Renny
10. Angela Joshy
11. Anjana Gireesan
12. Anjana Raghav
13. Annaaflin Thomasm

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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

14. Arsha Marie
15. Aswathy Venugopal
16. Aswini Viswambharan
17. B Voc Food Processing
18. Chinchu V Joy
19. Chriz 1204
20. Clara Jose
21. Delisha Babu
22. Delna V Gigi
23. Devika M P
24. Dhanya Surendran
25. Edweena Raju
26. Elsa Lijo
27. Emilin Thobias Olakkengil
28. Feble Thomas
29. Fiona Joseph Chittilappily
30. Gayathri Nair
31. Gopika Krishna
32. Gouri I J
33. Grace Ann
34. Helna Biju
35. Irin Antony
36. Jaseera P S
37. Jisha Sajeev
38. Jishy Seby
39. Jitu Acharya
40. Juhiya C. B
41. Jyothilakshmi T S
42. Karthika 2000
43. Kavya Balachandran
44. Lakshmi Bai Karath Ajith Kumar
45. Lissy Sunny
46. Mad Psyche
47. Madhumitha S Nair
48. Nandana Chandran
49. Navya Sreerang
50. Neetha Pratheep
51. Neethu John
52. Neethu Vipin
53. Noora Kasim
54. P Vivekanandan
55. Pooja AB
56. Radhamma Vasudevan
57. Rajana Ammu
58. Reshma Suresh
59. Reshmapb 2001

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VIMALA COLLEGE (AUTONOMOUS), THRISSUR

60. Reshmi Balakrishnan
61. Romy David Kittan
62. Roy Paul
63. Safa
64. Sakkeer Hussain
65. Sana Rp
66. Sandhya Binu
67. Sandra Saniya
68. Sandra Sn
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