

Report of webinar on Prospects in Psychology

A webinar was organised by psychology department of Vimala college on November 26,2020 from 7pm to 8pm. The main purpose of the event is to create more knowledge about psychology among students. It was very well planned webinar and many students participated in the webinar.

The webinar was conducted by the faculty coordinator Dr Sinto P Anto, Assistant professor and head department of Psychology, Vimala college. The webinar was started with welcome speech by Anjali Muraleedharan, the student coordinator from department of psychology. The resource person, Ms Ashwathy Prasad clinical psychologist trainee, Amritha Institute of Medical sciences, Kochi, gave informative speech about the prospects of psychology. She started her webinar section explaining what is psychology and shared her personal belief that psychologist frequently can be called innovators because they are engaged in evolving new approaches from established knowledge to meet the changing needs of people and organisation. Then she defined about the 3 domains of the prospect of psychology that is, academic, research and clinical practice. After that she explained about the 15 sub fields of psychology clinical, counselling, criminal/forensic, child, educational, cognitive, organizational, community, engineering, health, rehabilitation, sports, evolutionary, social and research psychology . Then explained about the difference between psychologist and clinical psychologist and made clear that there are certain rights and privileges for clinical psychologist in Indian scenario than a psychologist. Then she made a comment that specialised masters in psychology gives us good foundation for career. After that she explained about psychology in India, how to become a psychologist and the terms to understand to be a psychologist and she ended her webinar section after the explanation about the difference between the psychologist and a psychiatrists, that psychiatrists are trained medical doctors, they can prescribe medication and they spend as much of their time with patients on medication management as a course of treatment. Whereas psychologist focus extensively on psychotherapy and treating emotional and mental suffering in patients with behavioural intention. They also conduct psychological test, which is critical in assessing a person's mental state and determines the most effective course of treatment. Then the webinar was concluded by Amitha Ashraf with vote of thanks .After that an e-certificate was given to students for participation.

At the end of the webinar there was an interactive section between the resource person and students. As the end was approaching there was a self satisfaction for students after gaining knowledge about prospects of Psychology.

The screenshot displays a Zoom meeting interface. At the top, a banner indicates 'Aswathi Prasad is presenting'. The main content area shows a presentation slide with the following text:

The field: an overview

- ❖ Psychology—the science concerned with behavior.
- ❖ Both human and nonhuman animals—first appeared in the 1870s.
- ❖ A broad discipline having subject matter spanning over various fields.
- ❖ Clinical practice/ academics/ research domains in operation.

On the right side, the 'Meeting details' panel is visible, showing 26 people in the meeting. The 'IN CALL' list includes:

- Psychology Depa... (You)
- Anjali M Nair
- ANJANA KS
- Arsha John
- Aswathi Prasad
- aswathy k s

At the bottom, a grid of 12 video thumbnails shows participants: aswathy k s, Parvathy Thondattil, Anjali M Nair, Kripa Jose, Amitha Asharaf, Gadha KB, Rajitha C K, Aswathi Prasad, and Neenu S. A 'REC' indicator is present in the top left of the grid. The bottom right corner shows the time as 7:07 PM and a notification for 'ATHIRA AA and 16 more'.